

Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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NEWS

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Tenth annual Scotty's Ride

"In the name of one child, we ride for many." For ten years now, participants in Scotty's Ride have taken great pride in this motto. The participants' main focus is raising awareness and giving support to families of children with life threatening illnesses and ongoing medical financial struggles. On September 26th, bikers of all kinds will gather together to ride for this cause at the 10th Annual Scotty's Ride.

Scotty's Ride was created in 2006 by Kerry Shorb and Valerie Rhoderick in an effort to raise funds to contribute to their great nephew, Scott Harbaugh's, medical bills. Harbaugh was diagnosed with an inoperable brain tumor. After Scotty's passing it was decided that the funds from the ride would be donated to families in the surrounding communities that struggle with paying medical bills for their children.

The ride grows larger each year. By the time engines are running and have left the parking lot, there are 200 or more riders participating. Riders will be able to register for the cause on the day of the ride at Jubilee Foods in Emmitsburg. Registration will be open from

7:30 a.m. to 9:45 a.m. Riders will start their engines at 10 a.m.

Each year the riders participate in a Poker Run. Throughout the ride there are five stops at different locations. At each stop, riders draw a playing card. At the end of the ride, three cash prizes are awarded to the 1st, 2nd, and 3rd place poker hands.

This year's stops will include Blue Ridge Sportsman Association, Mountain House, Greenwood Tavern (formerly Bobby A's), Dave and Jane's Crab House, and the final stop, Kerry and Valerie's home for the after party. The location is at 11322 Harney Road in Emmitsburg, and the party begins at 3 p.m. The ride will be held rain or shine, as it has been in the past.

This party is open to everyone. Those who do not participate in the ride can still support the cause. With your \$25 dollar donation, you can enjoy live entertainment, great food, prizes, and great company. Admission for children ages 7-12 is \$10. Children age 6 and under have free admittance. Shorb explained, "We usually invite the families that we have donated to so they can come out and enjoy the party."



Participants of Scotty's Ride holding the check presented to St. Jude Children's Research Hospital.

Guests will enjoy music from the band Redline. In addition to door prizes, this year's participants will have the chance to win a new Indian Motorcycle or \$10,000. Anyone can purchase tickets for \$10 apiece; a total of 2,500 tickets will be sold. If you wish to buy or sell tickets, contact Kerry at 301-471-2045 or 301-447-6600.

Scotty's Ride began as a fundraiser to support one family. As of last year, the organization has helped more than 30 families. Shorb said, "I am excited that it is our 10th

year, and it's great to see how far we've come!"

In July, Kerry, Valerie, and friends from Scotty's Ride made the trip to Tennessee to deliver a \$10,000 check to St. Jude Children's Research Hospital. Including this donation, the couple says they have donated more than \$90,000 to children and their families in need.

For more information about the cause and how to get involved, visit their website, www.scottys-ride.org.

Pippinfest, something for everyone

Huge crowds are expected once again as the 35th Annual Pippinfest gets underway. This year's dates for the fun filled weekend are September 26 and 27 in Fairfield. The festival began over three decades ago and is organized by the Fairfield Borough Pippinfest Committee. Historically, the earliest apple tree brought from England and cultivated in the colonies was the Pippin apple tree, grown by George Washington and Thomas Jefferson. In 1982, at the 200th Anniversary of the Fairfield Inn, a Pippin apple tree was planted behind the inn - the tree still stands today, and bears fruit every fall.

Featured on Pippinfest Saturday will be over 30 local yard sales in and around Main St. with a wide variety of craft vendors from all over the region. The Fairfield Fire Hall is hosting an old fashioned "Corn Bingo" starting at 4:30pm - play 51 games for just \$25! There will be "self-guided" walking tours with free brochures at the information booth in front of Fairfield Village Hall. Additionally, there will be a quilt show with demonstrations by Stitch 'N Peace from 10-4pm.

Sunday is the big day at Pip-

pinfest with entertainment from Crystal Groves, the Gettysburg Dance Troupe, Generations, and The Defendants. A favorite, the Fairfield High School Show Choir and Jazz Band will perform at the Fairfield Fire Hall. Fellowship Baptist Church is hosting a hymn sing in Metz's Hardware parking lot. Waterfield will also perform on the lawn in front of Village Hall. Children's games and inflatable rides will be located on Steelman Street.

From 9-4pm, the "Cruise-In Car Show and Swap Meet" will be located beside Fairfield Fire Department. Antique autos, hot rods, vintage race and muscle cars, street rods, motorcycles and trucks will be on display for all to admire! There is no entry fee for the Auto Show - although donations will be accepted.

Take in a bit of local culture and visit the beautiful display of Pippinfest Pottery; enjoy a root beer float watching a Mr. Lincoln reenactor at Honest Abe's Root Beer Float stand, and don't miss the apple dessert contest on Sunday. With over 100 craft and food vendors, no one will go home without having a treat! Linda Sites, volunteer

and member of the Pippinfest Committee said "this committee has worked hard to make this year's festival bigger and better than ever. We look forward to seeing everyone at the festival."

For over three decades, Pippinfest, which literally means "apple festival" is still going strong. The festival has grown and offered attendees a memorable weekend full of fun and entertainment for all ages. Volunteers from the local community work year round to bring this amazing event to people near and far. From school and musical groups, to local charities, Boy



The organizers of this year's Pippinfest are aiming for it to be the best yet.

Scouts, and church groups, Pippinfest, from its earliest days to the present, has been a town-wide celebration of community, the harvest, and tradition. For activity, event times and locations, visit www.pippinfest.com. (See related article on page 25).

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NEWS

Doughboy repair update

Repairs to the Historic Doughboy statue which was knocked off of its stand in June by a vehicle are slowly moving forward. As the statue is located in Emmitsburg's Historical District, the town was required to retain the services of a state-approved conservator to inspect and give recommendations for the repair to the monument's surface. Wellman Conservation was contracted to assess the damage.

According to Wellman Conservation, the statue and plaque had been completely restored in 1984, so at the time they were struck, they were still in relatively good condition. According to Wellman's report, the statue appeared to have only minor damage.

The conservator's report was broken down by repairs for each part of the statue. For the sculpture, the seams of the Doughboy will need reshaping, the paint smears on the plaque need to be removed, and some of the letters on the plaque need to be reshaped.

A protective coating sprayed on the plaque in 1984, to keep the brass from aging due to weather, was damaged in the accident, noted the con-

servator, and a coat of microcrystalline wax was recommended for the repaired areas on the plaque.

Though the report stated that a few of the letters in the names of the veterans on the plaque had been damaged, it confirmed that the letters were still clearly legible and could easily be reshaped - "...by careful chasing and hammering." Wellman stated that he saw no need to replace the existing plaque with a new one. Instead he recommended that town officials repair the plaque and reattach it to the base as before - thereby relieving tax payers of a very costly replacement.

For the masonry repairs, the Wellman indicated that the town could reuse the stones that made up the base the statue stood on, or replace the damaged stone with a new matching stone. If the town chose to use the existing stones, all it would have to do, according to Wellman, is "reset the four base blocks on the foundation with appropriate setting mortar and reset the existing die on the base."

The damage to the die's edges, Wellman report stated, was aesthetic

only and can be repaired by carving out the damaged areas and filling it in with an appropriate color-matched masonry restoration mortar.

As soon as the town received the conservator's report, it began asking for bids to make the repairs. Contrary to the conservator's recommendation to simply repair the plaque, the town bid request appears to include an option to replace the entire plaque. When asked about inclusion of a plaque replacement option on the bid request, the conservator stated that the town had appeared to misinterpret his report and that it was his recommendation that the original plaque simply be repaired and 'replaced' back on the monument.

Town officials failed to return calls requesting clarification of their potential misinterpretation of the conservator's recommendation related to the repair of the plaque. The unnecessary replacement of the plaque would easily double the cost to town residents of the statue's repair and significantly lengthen the time it will take to restore the statue to its rightful place on West Main Street.

The town council will take up review of the all bids received at their Sept 9 meeting.

Emmitsburg town election

On September 29, Emmitsburg will hold an election for two Board of Commissioner seats.

Both Commissioner Tim O'Donnell and Commissioner Clifford Sweeney's terms are up this year and both have indicated they will be running for re-election. The deadline for submitting candidacy applications was August 31st.

In spite of repeated requests by this paper, the town refused to release a list of individuals who have filed to run for the open seats as of the August 29, which is a significant break from past town precedent of releasing candidacy information as soon as applications are filed.

Commissioner O'Donnell cur-

rently serves as the President of the Board of Commissioners. O'Donnell has served on the board for six years now, and currently in his second term. "It is my hope to continue serving our community," O'Donnell said.

Commissioner Sweeney serves as the Vice President of the Board. Sweeney has served on the board

A new year begins at the Mount

This year, Mount St. Mary's University welcomed 528 new freshmen to its campus. The new students moved in on August 21st and then participated in their orientation weekend. Students were treated to food and games on Friday night as they got to know their fellow Mountaineers with whom they will learn and grow over the next few years. The student then received an official welcome from the University's new President, Simon Newman, on Saturday morning.


The Class of 2019 is the second largest incoming class in the University's history. The class of 2018 originally held this title with 510 students.

The Class of 2019 has already made its mark at the Mount and they've only just begun to settle into the campus. This year's freshmen class is comprised of students from 325 different high schools, which is the second largest number in the university's history. In 2013, the Class of 2017 ranked as the second largest minority class that the University had seen. The Class of 2019 now has the largest percentage of domestic minority students at 37%.

The University is welcoming students from 25 states and the District of Columbia. 59% of the freshmen class is Maryland residents, and

20 students are citizens of countries outside of the United States. For the sixth year in a row, the University welcomed 40 transfer students. More than half of these students are transferring into the Mount from local community colleges. 50% of these transfer students will be entering the Mount with their Associates Degrees.

Vice President of Enrollment at the Mount, Michael Post, is excited to have such an impressive group of students joining the school. "I am really impressed with the students we have recruited for the incoming Class of 2019," Post explained. "Given the environment of having some wonderful colleges for students to choose



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for 17 years. Sweeney said he is excited at the prospect of what is to come for the town and its residents. "I'm looking forward to the next three years. A lot of things are going to happen and there will be

a lot of big changes for the town." Sweeney says.

Polls will open at 7am and will close at 8pm. The election will be held at the Emmitsburg Police station located at 22 East Main Street.



Mount Resident Assistants help freshmen move into their dorms in Sheridan Hall on Move In Day.

from, we have more than 520 students who value the distinctiveness that is Mount St. Mary's University."

As the year begins and the Class of 2019 settles in to their new home, the

University is excited for them to experience the newest additions to campus. The Mount has added Starbucks to the menu, as students can now order their favorite Starbucks drinks from the Mount Café. This is just one of the new additions that students will get to enjoy this year. The new study lounges that have been added to the library will surely prove to be a popular addition to the Mount's campus. There are some other areas on campus that have received "facelifts," according to Leona Sevick, Dean of Students at the Mount.

The first week of classes kicked off on August 24th. Students and faculty started off their year by attending the University's annual Convocation Mass. Welcome back to returning students, and welcome to Emmitsburg, Class of 2019!

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Lefebber withdraws bid for school board

Fairfield Area School District board member Bruce Lefebber has withdrawn his name from this November's school board election race. The withdrawal comes after a complaint was filed with Adams County District Attorney Shawn Wagner that Lefebber had not personally collected all of the necessary signatures to appear on the ballot as an independent. After reviewing the issue himself, both Wagner and Monica Dutko, director of the Adams County Office of Elections and Voter Registration, had an informal conversation with Lefebber

about potential election code violation involving his petition. After which, it was confirmed that Lefebber had filed his withdrawal paperwork. Board member Pamela Mikesell, district residents Ian Strahler, Rebecca Bequette, Gregory Murray, and Kelly Mays will have little competition for four of the five four-year terms. Melissa Cavey will also be on the ballot for one open two-year seat. Lefebber could not be reached for comment.

In other news, newly hired Superintendent Karen Kugler shared the results of the district's four-

day administrative retreat held in late July. "Our focus during the retreat was to find ways to improve the safety, security, and the processes that go with them," said Kugler. Reviews of current policies, security protocols and procedures resulted in revisions being made to the cyber handbook, the emergency contact forms, and the crisis coverage map.

"Our lockdown procedures are obsolete," Kugler said. "We still follow the old philosophy that you lock down and stay in place and that's no longer true." Kugler said that over the years many things

have been learned through the tragedies of past school shootings. "As soon as you can get out there where the shooter is, if you are in an opposite part of the building, get out." When the new security techniques are approved and implemented, training will begin in the district. "We will be looking to bring effective training to our faculty and change how we do things," Kugler said.

Kugler is also developing a parent survey which ranges in topics from bullying, illegal drug use and prevention, school climate, security, and even gang violence. "We

are working on developing this survey for parents, and that will be part of our comprehensive plan information," Kugler said.

She said the next step will be meetings held in September at the building level - after which data will be presented at the district level and integrated into district level goals. The comprehensive plan is set to be completed by November 2016.

Kugler assured parents that they would know how to safely retrieve their children in an emergency situation and once the plan has been put into place those crucial steps would be public knowledge. The next meeting is September 14 at 7:00 pm.

Hamiltonban area news briefs . . .

No official actions were taken during the August Hamiltonban Parks and Rec Commission meeting as Autumn Arthur had recently resigned and two additional members were absent due to one giving birth and the other member caring for a child that was recovering from a snake bite. This caused a lack of a quorum and a subsequent discussion about creating a joint recreation commission with Fairfield. Present were Chairwoman Teresa Scripture, Treasurer Dave Jones, Fairfield Liaison Dean Thomas and Supervisor Coleen Reamer.

Supervisor Reamer stated that the

township and Fairfield Borough have joined in creating a joint comprehensive plan and a joint recreation plan, and their Subdivision and Land Development Ordinances "just mirror one another." "The only thing we don't have is a joint Rec Commission," she said.

Reamer also said that because the borough lacks of a recreation commission, it may block borough efforts to spend developer impact fees. One of the few impact fees municipalities are allowed by state law to assess on developers is a recreation fee. The fee is allowed provided it is used to improve recreation facilities to accommodate

the population increase that comes with more residences.

In other news, supervisors voted to approve the defined areas of responsibility for Fairfield Fire and EMS and the surrounding emergency services with a new set of "box cards." The changes were made largely due to Wellspan's decision to end their support of Adams County paramedics.

That move resulted in the formation of the Adams Regional Emergency Medical Service, which now has advanced life support equipment and personnel in Gettysburg and surrounding townships in the Adams County area. "We've changed the way we

do business, too," Fairfield Fire Chief William Jacobs explained - "We're not waiting for a medic," he said. "We're assessing the patient and getting them to the hospital."

At the onset, Adams County Emergency Services will break down the ranges, but the "box cards" separate Fairfield Fire and EMS responsibilities into ten areas, they determine which station and equipment is first assigned to respond to fire and medical calls.

"Fairfield Fire Company covers 75 percent of the land mass in Hamiltonban," Jacobs said; the remaining areas of the township are covered by Fountindale and South Mountain

fire companies, but without an ambulance, the new services will be a welcome to the stations and peace of mind to the surrounding communities. "What Fairfield has done now is contract with AREMS (and Biglerville) for the paramedics," said Hamiltonban Township Supervisor Robert Gordon.

Hamiltonban Township wants residents to know that Moritz/Jack Road Bridge will be closed for two weeks in late September or early October. An email will be sent to residents as to the exact dates the bridge will be closed once those dates have been determined. For more information, contact the Township office at 717-642-8509 or 866-956-8509. Or, go to their web page at www.hamiltonban.com

Carroll Valley area news briefs . . .

At the August borough council meeting, the board of supervisors approved a request for proposal (RFP) for the planned facility, which will replace the existing building with one that includes the mayor's office, borough offices, and the Carroll Valley Police Department. In addition, it will house conference rooms, a space for a branch of the Adams County Library, and a reconditioned parking lot.

The previous budget was originally estimated at approximately \$2.2 million. However, Council President Ken Lundberg said the borough would be seeking the maximum of \$3.5 million in financing. "We don't

expect the building to be that expensive, under any circumstances," he explained, also noting that "whatever is in excess of the loan will be paid back to the bank and bringing this down to the level at which we're going to finally finance."

Borough Solicitor Sam Wisner further explained to the group attending, that "It's set up as a draw-down line of credit," adding that "you only draw what you need and you only pay interest on what you need, so it wouldn't be like taking down the full lump sum."

Borough Manager Dave Hazlett reported that the status for the borough's grant applica-

tion from the Pennsylvania Redevelopment Assistance Capital Program (RACP) was "very positive," after having met with the RACP representative. Hazlett went on to say, "They were nice enough to come out and do a sight visit, the gentleman was flabbergasted by the condition of our facilities, so I'm very confident that we're going to get good news."

Also approved was the Carroll Valley trap-neuter-return (TNR) program. Council member Sarah Skoczen said the idea to create a trial program came after the July seminar was held, when representatives from the Nobody's Cats Foundation instructed residents

on how to trap feral cats in an effort to have them neutered, vaccinated and returned to the wild.

Skoczen requested that the budget for the exploratory program would be \$500, and that it would cover 20 cats at \$25 each. She explained that a specific colony of cats within the borough would be targeted, adding that the program would likely be conducted in mid-September and would rely on the services of volunteers, including veterinarian Lisa Wolkind, who coordinated the Carroll Valley seminar.

In other news, Mayor Ron Harris presented Chief Richard Hileman with a certificate of appreciation for coordinating Na-

tional Night Out, which was held August 7. Harris said that this year's event was the largest turnout since its inception in 2006 - with over 400 people in attendance.

Mayor Harris also reported that there is a property tax/rent rebate program available for property owners and renters who are either 65 and over, disabled or widowed with income under \$35,000 through the PA Department of Revenue. Originally expiring June 30, it was extended to December 31. The rebates range from \$650 to \$950 for qualified home owners. For eligibility and application information, contact the Pennsylvania Department of Revenue at 1-888-222-9190 or download it at www.revenue.pa.gov.



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"Check Out All The Listings On My Mobile App"

- David L. Sites, Associate Broker -

NEWS

Thurmont receives grants for revitalization project

Ever since joining the Maryland Main Street Community program in 2005, the citizens of Thurmont have been hard at work revitalizing the downtown area. The town has added all new sidewalks, curbs and gutters on East Main, West Main, and North Church Streets. New decorative, energy-efficient streetlights were installed on these streets as well. The revitalization project also included the addition of new benches, new bicycle racks, and trash receptacles to the downtown area.

While great strides have been made to date, the town's Chief Administrative Officer, Jim Humerick, admits there is still more

work that needs to be done.

At the August 4th town meeting, Humerick announced that the town had received three grants in July, totaling \$162,800. These grants will help the town in its effort to finish the revitalization of the downtown area.

A Community Development Block Grant for \$125,000 will be used to replace the sidewalk on Water Street. The replacement is necessary to bring the town into compliance with the Americans with Disabilities Act. The sidewalk in the Water Street area will be completely replaced and all new curbs will be added.

According to Humerick, this is the last of the sidewalk construction planned in the downtown area. Humerick hopes that the sidewalk project will be completed before the events the town has planned this coming fall and winter, such as Colorfest and Christmas in Thurmont.

Two grants of \$18,900 each from the Maryland Department of Natural Resources will be used to build two half-basketball courts in Woodland Park and Pleasant Acres.

Humerick wrote and submitted the grant application for the basketball courts in 2014. The application is currently under review by the town's Board

of Public Works, and upon final approval, work will begin on the courts shortly thereafter. According to Humerick, the goal for final completion of this project is in early spring of next year.

The courts will be placed in the two parks that are located in large subdivisions. The addition of these courts will provide residents in these neighborhoods with more space for recreational activities.

The town is also waiting on the final word regarding an additional grant from the Maryland Energy Administration. If granted, these funds will be used to purchase new lighting

fixtures for Water Street and other spots in the downtown area. Humerick did not want to "jinx" the town's chances of receiving the grant by discussing the grant amount, but he said it looks promising that the town would receive the grant.

The majority of the revitalization project has been centered in the downtown area, however the town will also be doing some renovations in residential areas. These renovations will include the addition of new LED street lights in some of the subdivisions in town. Humerick says this will continue until they have the energy efficient lights in all subdivisions.

Thurmont to enforce temporary parking restrictions

The Thurmont Police Department has drafted a proposal to eliminate long-standing parking issues within the town limits. Chief Gregory Eyer presented this proposal to the Board of Commissioners at the August 11th town meeting. Eyer described the issue as "controversial" and stated that he wanted to make

the Board and town residents aware of the issues and what is being done to resolve them.

The first problematic area, according to Eyer, is North Church Street. The current sidewalk renewal project has resulted in the street being narrowed by two feet to allow for a safety zone for workers. A significant loss

of parking spaces has been a result of the placement of construction equipment. In addition, emergency vehicles are unable to maneuver their way around the construction, especially with the added obstacle of larger trucks driving through the area. For the duration of the sidewalk project, Eyer has proposed the prohibition of

parking in the area.

Eyer is also proposing parking changes during Colorfest in October. With the busy yard sales and festivities of Colorfest attracting visitors from towns near and far, parking is always difficult during this annual event. A few of these roads, such as Apples Church Road and Eyer Road, become blocked completely from the parking as a result of these yard sales.

To alleviate the problem this year, Eyer proposed that the town posts "No Parking" signs on the right side of Apples Church Road, from Carroll Street to Eyer Road, from Friday, October 9th to Sunday, October 11th. The department will be assigning an officer to patrol that area on Friday, and there will be an officer patrolling North Carroll Street from

Apples Church Road to Woodside Avenue as well.

As in previous years, parking on one side of Moser Road will be closed and an officer will be on duty in that area to enforce the parking restrictions. Eyer says any vehicle parked in these areas will not be towed but will be asked to move.

Eyer is aware there will be some controversy over the new regulations but says this is a "public safety issue" that needs to be addressed. The Town Council agreed that these restrictions need to be enforced. The department plans to send all of the town residents formal notices of the new restrictions via e-mail. The restrictions will also be available to view on the town's website (www.thurmont.com) and on Channel 99.

Thurmont town elections

The nominee convention to nominate candidates for this year's Thurmont town elections will take place on September 29th. Those who wish to run in the election are invited to attend. Self-nomination will be accepted at the convention as long as second nominations are present. The convention will be held at the Municipal Offices at 7pm.

Commissioner Bill Buehrer and Commissioner Wes Hamrick's terms are up this year, leaving those two seats on the board open. To be eligible for commissioner, a candidate must be a registered voter in Thurmont, and must have lived in the town for at least one year. Thurmont commissioners serve four-year terms, meet every Tuesday, and are paid \$5,500 per year.

Though it is not official and won't be until the nominee convention, both Commissioner Bill Buehrer plans to run again and hopes to be able to continue serving the community. Commis-

sioner Wes Hamrick says he is leaning towards rerunning for his position on the board for another term.

Buehrer has served the community for four years. He was elected for the position in 2011. During Buehrer's time on the board he initiated the ordinance that made it illegal to use, possess, or sell synthetic drugs in the Thurmont area. He has been a big supporter of the community's Senior Center. He was responsible for getting the center funds from Frederick County.

If reelected Buehrer hopes to help the community receives grants and funding for projects to enhance the community. Buehrer plans to continue encouraging businesses to locate in Thurmont. He hopes to continue his efforts to improve the community's economic development. "I am a strong supporter of economic development," says Buehrer.

Commissioner Hamrick took his seat on the board in 2014. He took over

the seat for John Kinnaird when he was elected Mayor in October of that year. He has been serving for almost two years now. Hamrick hopes to be able to continue his work serving the community. Hamrick hopes to be able to continue bringing bright ideas and perspective to the position especially the business side. For Hamrick it is about serving the community, "it is a privilege to serve the good citizens of this town and avail myself for open two-way dialogue with the citizens of Thurmont and proudly represent them on the board."

Election Day will be October 29th at the Guardian Hose Activities Building. Polls will be open from 7am to 8pm. The newly elected commissioners will officially be sworn into office on November 1st, Thurmont residents can register to vote for the election at town hall from 8 a.m. until 4 p.m. weekdays. September 29th will be the last day to register to vote.

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100 years ago this month

September 3

Death of An Old Resident

Mr. Alexander Breighner, of Mt. St. Mary's, died August 29. He was in his 90th year. The deceased was one of the oldest settlers of this section coming here in the early 40s. He was well known throughout the entire county for his kindness and deep interest in his fellow man. He was ever ready to extend sympathy to all and always ready to help anyone in need. Mr. Breighner was loved and respected by all who knew him.

For Extension of Trolley

A delegation of Emmitsburgians, 15 in number, appear before the executive committee of the H. & F. Railroad yesterday in the interest of the extension of the trolley from Thurmont to Emmitsburg. There was no meeting of the above committee prior to its departure for Frederick, nor were there any presentation by this delegation on any definite plans for suggestions for trolley extension. The hearing was entirely informal and the discussion general. The need for better railroad facilities, the increasing demand for a trolley road, and the feasibility of an extended service were brought to the attention of the railroad executives who listened attentively and promised to go into the matter fully. The route of the proposed extension would likely pass would be visited by a party made up of engineers and members of the board.

Thurmont High School Ready

The new Thurmont high school building is about completed, and will be ready for occupancy when the schools reopened on September 8. The building is modern in every respect, and the cost, including the site, was about \$36,000.

Bridge Repairs

Repairs have been made to the little bridge at the west end of town. They heavy rainfall of a few weeks ago washed away the ground on either side of the structure and this has been filled in with a cement coping erected to prevent a similar occurrence.

September 10

Autocar Traffic

Taking advantage of the ideal autocar weather, more autocars than were ever seen here before in a single day passed through Emmitsburg on Sunday, en route to Gettysburg, Pen-Mar and other interesting points. In addition to the many cars from Maryland and Pennsylvania there were some from Michigan, Indiana, Kansas, Delaware, Ohio, Illinois and New York

Boozer's Embrace Hobo

An Itinerant Italian musician

visited this place last week. The young musician display great talent on the accordion and was greeted with considerable hospitality by residents of this place, especially by the members of the Former-Former Boozer's Association. At the encouragement of the Boozer's the Hobo's filled the night air of Square with old time drinking songs, the lyrics to which the thoroughly boozed Boozer's gleefully added with all the volume men of their nature could muster. While the shrill voices of prohibitionist could be occasionally heard in the early morning hours calling for an end to the revelry, the Boozer's seemed un-phased, especially after Constable Glass joined them after being asked to quiet them by nagging womenfolk in town. The festivities only came to an end with the first beams of bright morning sunlight - which proved too much for the eyes of those still able to stand up.

Bike Trip From Baltimore

Mr. Lawrence Baker, 13-year-old son of Mr. and Mrs. Charles Baker, of Baltimore, formerly of Emmitsburg, enjoyed a bicycle trip to Emmitsburg last Thursday. The young man left Baltimore Thursday morning 8 AM and reached Emmitsburg at 7 PM. While in Emmitsburg he was the guest of Master Raymond Dukehart.

Mill For Sale

Maxell's Mill at Four Points has been put up for sale by Henry Martin of Stoney Branch, its present owner. The mill is 40 foot by 60 foot, and four-stories high. It has a 5 barrel sifter system, three choppers, a circular saw mill, good water power and dam; grocery store attached. It sits on 14 acres, and includes a seven-room house, stable, and all the necessary out-buildings.

September 17

School Reopens

The public school reopened on last Wednesday morning with 95 pupils present. Miss Eva Rowe, teacher of the old Clairvaux School, has been added to the local teaching force, the Clairvaux School having been consolidated by the county school board. The prospects for larger enrollment at the Emmitsburg school are exceedingly bright, and, at least one third as many students as are now enrolled are expected to come in by the fall term, which will show a total of approximately 130 students.

Ice Cream Festival

Mrs. Albert Patterson's Sunday School class will hold a cake, candy and ice cream festival on the lawn of the Lutheran church to-

morrow, Sunday, beginning at three o'clock and continuing throughout the evening.

Dancing Lessons

One of Baltimore's best dancing masters, Prof. Kenneth Marx, wishes to form a class in modern dancing in Emmitsburg. All the latest dances will be taught in a correct and dignified manner. Charges will be based upon the number in class, but will not be over \$.50 a lesson, payable each lesson night.

Speed Mania

You got to be an acrobat these days, when crossing streets or ambling country ways. Autocars seem to be speeding about everywhere these days, and they do not care a penny, for buggies, teams, or pedestrians. Speed is the game of the day, and nowadays it is not unusual to see autocars going almost 12 miles an hour in town! A funeral looks much like a joyride, the autos in procession shoot and glide, and never do you know, just the way they're going to go - your faith may be like his - the hearse inside.

September 24

Serious Accident Averted

Taking a right angle turn at 30 miles an hour may be an easy feat to perform on a motorcycle on ordinary occasions, but to do so when two autocars are trying to do the same thing at the same time and place from the opposite direction is a trifle difficult. At least Harry Ashbaugh found it so that Sunday afternoon. At Tollgate Hill a battered telephone pole bears a testimony to Ashbaugh's narrow escape from an untimely death. Fortunately, however, the Twin Indian made more impression on the pole than Harry did. The latter escaped with a few cuts and bruises. He was able to continue on to Emmitsburg, a mile distance, but the machine had to be pushed in.



—and, Son, Just One More Word

LIKE all red-blooded men, you have a natural desire for stimulants. I'm fifty-five years young and all my life I've drunk beer—temperately. That fact is largely responsible for my present rugged constitution.

I want you to pattern after me. Walk into a beer saloon whenever you feel the need of a mild stimulant and get your glass of beer. It's the drink of real temperance. Those people you meet up with in life who tell you total abstinence is Temperance are deceiving themselves. They're the kind that close the decent tax-paying beer saloons and foster the speak-easy and blind pig.

Steer clear of those dives, my boy, and you'll never cultivate an appetite for strong drinks. You've got a perfect right to drink beer moderately, but do it aboveboard, son—in the beer saloon, where decent men are ashamed to drink to excess. I won't fear the caliber of the companions you meet there.

—Advertisement



Annan Heads Republican State Central Committee

The newly elected Republican State Central Committee met in the jury room in the Frederick County courthouse Tuesday afternoon and organized by electing J. Stewart Annan, of Emmitsburg, chairman. Following the meeting the chairman stated he was well pleased with the outlook and that the Republican Party was stronger now than it has been for years. The committee is planning an active campaign for the November elections.

Moving Pictures To Be Resumed

The educational motion pictures that were enjoyed by many of Emmitsburg's people last winter, in St. Euphemia's hall, will be resumed on Friday evening.

This week's program promises much entertainment and instruction and from all indications the hall will be filled. The following films will be shown: Old Woman On The Streets Of New York, Rush Hours In New York, The Man Who Learned, Police Force Of New York City, And Daniel Boone.

Steam Laundry

The Waynesboro steam laundry has established their Emmitsburg Agency at Addlesburger's stove store, where laundry may be left. Collections in town and county on Tuesday, deliveries on Friday. Expert work, courteous service.

To read past editions of 100 Year Ago this Month visit the History section of Emmitsburg.net.



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FROM THE DESK OF . . .

County Councilman Kirby Delauter

This month I am writing about some changes that I think we should consider for the newly formed Charter of Frederick County. Some of the procedural issues I see are a lack of communication and a lack of clear meeting agendas as well. Councilman Billy Shreve and I have both stated that we think there should be public comment at the beginning of the meetings. A lot of people come to meetings to speak about various issues either on or not on a particular agenda. Why should we make them sit through 2, 3 or 4 hours of a meeting in order to give their comments? In this case, a lot of people just won't show up since they may not be able to stay throughout the meeting. Some meetings allowed public comment at the beginning but the standard has seem to have been set to not allow this. My opinion is, (just as we did in the last

Young BoCC) we allow public comment before and after each meeting. Anything less just tells taxpayers you really don't care about their opinions.

Another issue I see that should be changed is that during the second reading of the Bill, which is the public Hearing on the Bill, the Council cannot answer specifics from people raising questions at the hearing. While I agree there should not be an open dialogue, which tends to get the meeting off track and off topic there should however, be answers from Council members to specific questions from public comment. Currently, as you may have seen in the English as the official language public hearing, the room was full, we had a lot of public comment, yet the Council was not allowed (by the Council President) to answer questions while the public was still in the room. Instead, the room was

cleared, we went on to another issue, then we were allowed to speak at the end of the meeting during Council comments after most, if not all people in attendance, had gone. This is useless and does not allow for open and transparent government which is what we should be about.

Another change that should be made is that we should vote on the issue at the public hearing. This is when things like public comment are fresh in everyone's mind and when you can have the debate with concerned residents. As it currently stands, we vote at the third hearing which could be as much as a month from the date of the public hearing. That makes it very difficult to remember all of the information gathered at the hearing and one thing

you lose in particular is the emotion that people had at that hearing. Even if you take copious notes, it's still difficult a month later to capture all items of importance that the hearing displayed.

This last issue deals with having our own legal counsel and budget officer. As of now, we rely on the County Executive to "allow" a County Attorney that works for the Executive, along with the Budget Officer, that also works for the Executive, to give us information and legal advice. As you may have seen with the Aurora situation, we find ourselves in a predicament where the Executive wants to sue Aurora and withhold their funding, while the Council may not. That places the Attorney represent-

ing the Council (that works for the Executive) in a very tough spot. Although the Counsel we have does an outstanding job, it would be far better if we had our own Council Attorney separate from the Executive advising us. Same for the Budget Officer, if the Executive doesn't want certain budget items looked into, she simply could have the Budget Officer stall the answers to Council members until a few hours prior or even after a hearing. Don't think that can't happen, because it has, especially in the case of Council member Shreve and myself.

These are just some issues I see that could be changed to make the process more open and to let people know that they are heard. You have to keep in mind, we're not elected forever so how would we want a meeting to run if we were on the other side of the dais.

County Councilman Billy Shreve

Council President Bud Otis voted with the Democrats ... again. This time it was to repeal the Ordinance that stated Frederick County Government will conduct Business in English.

The vote was 3 Republicans (Delauter, Shreve, & Chmelik) to keep English as the Official County Language, and 3 Democrats against keeping English as the Official Language. Bud Otis voted last ... He knew it was a tie vote ... and consciously decided to vote with the Democrats to repeal the Frederick County Official English Ordinance.

What is next? Does he want Frederick County to be a sanctuary County? Does he want to reverse the efforts of Sheriff Chuck Jenkins?

The cost to the taxpayer ... In FY2008 the total cost for County interpretation services was \$8,183.26. In FY2015 the total cost was \$61,744.79. That is a 655% increase in 7 years. The costs continue to go up and they need to be controlled.

When the Blaine Young Board

of County Commissioners enacted the Official English Ordinance in 2012, the costs of interpretation were \$52,848.96. The next 2 years, after the Official English Ordinance, the costs were less. The first year costs decreased to \$42,489.21 or a 20% savings to the taxpayer. The second year costs continued to be less than before the ordinance, at \$48,455.68 or an 8% savings to the taxpayer.

Elections have consequences

... In the year Bud Otis and Jan Gardner were elected the cost of Interpretation Services for the County Skyrocketed to their highest level in History, \$61,744.79. That is a cost increase to the taxpayer of almost 17 %. Wait ... there's more ...

Will Bud Otis vote to make Frederick a Sanctuary County? There is a rumor that is the next step.

If Sherriff Chuck Jenkins brings forward laws making things tougher for Illegal Immigrants will Bud support the Sheriff? To date, Bud Otis has not supported any critical Republican issues.

Bud Otis has voted in lock step with the Democrats on every critical vote. He ran for office as a Republican with the Slogan "I share your values". Let him know if he Shares your values.

Things need to change. You can make a difference.

Contact Bud directly at 240-397-0353, or B0tis@FrederickCountyMD.gov. Share your thoughts via email at to all the Council Members at CouncilMembers@FrederickCountyMD.gov.

Billy Shreve can be reached at billy@FrederickCountyMD.gov or 301-639-4763.

PUBLIC NOTICE

Town of Thurmont Election for two (2) Commissioner positions.

Notice is hereby given of the upcoming Town of Thurmont Election for two (2) Commissioner positions. The Nominating Convention will be held on September 29, 2015 at 7:00 p.m. at the Thurmont Municipal Office, 615 East Main Street, Thurmont, Maryland. The General Election will be held October 27, 2015 at the Guardian Hose Activities Building. Polls will be open from 7:00 a.m. until 8:00 p.m. Persons in line at the time of closing shall be permitted to vote. Absentee Ballot Applications will be available Friday, October 2, 2015. The last day to register to vote in the Town Elections is close of business on September 29, 2015.

THE COMMISSIONERS OF THURMONT
James C. Humerick, Chief Administrative Officer

TOWN OF EMMITSBURG
ELECTION DAY

Tuesday, September 29

22 East Main Street

7 a.m. - 8 p.m.

Last day to register to vote at Frederick County is August 28.

Registration applications can be obtained at the Town office located at 300A South Seton Avenue.

Candidates must file written application for candidacy with the Town Clerk no later than August 31. Financial disclosure forms are due to Town Clerk no later than August 31.

All candidates will be posted on the Town bulletin board in the way in which it appears on the certificate.

Two Commissioner Seats are open.

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GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

County Executive Jan Gardner

It's that time of year again! It is hard to believe that the dog days of summer are quickly coming to an end and a new school year has begun. Over 40,000 students and their families are busy with new classes, back to school nights, and fall sports.

I am so proud of our talented students. A remarkable team of Frederick County students is among 35 finalists nationwide for the premier InvenTeams Lemelson-MIT program. These Computer-Aided Design students from the Frederick County Career & Tech Center are working on technological solutions to real world problems. Students on the team represent Catoclin, Oakdale, Middletown, and Frederick High Schools. Congratulations to advisor Mr. Phil Arnold and his team of students for their creativity, innovation, and success. They invented a better way to help rural Africa transport water. This invention will save women and children an incredible amount of time and allow more children to attend school. Meeting these super smart and inventive students provides great assurance that we have a bright future.

Ground had broken and construction begun on the new Frederick High School. Many Frederick County residents hold fond memories of their high school years at this school since at one time this school served a large portion of Frederick County. While the school was loved, it was in dire need of repair and renovation. This project is important for the community who advocated for over a decade! While the new school has been designed to incorporate many of the exterior features of the original school building, the inside will include all the modern technology and features of a 21st century school.

There are a lot of good things happening in agriculture! Agriculture is a vital part of Frederick County's economy and quality of life. I am excited to share that Frederick County received a \$1.1 million Rural Legacy grant which the county will use to preserve additional acres of farmland. I am proud that Frederick County ranks among the top ten counties in the country for success in agricultural land preservation with over 50,000 acres permanently preserved. These programs are all voluntary and we appreciate the landowners who participate in our land preservation programs to ensure a legacy of agriculture for future generation.

But, that's not the only good news. We know we need to keep agriculture economically viable. I am proud to deliver on my campaign promise of restoring the Agriculture Business Development Specialist position to our Office of Economic

Development. After a very competitive selection process with many qualified candidates, and with input from the Ag Business Council, I am pleased to announce the selection of Katie Albaugh to this position. Among Katie's priorities will be working to revitalize our Homegrown campaign, promote agribusiness and agritourism in Frederick and help farmers with the planning and permitting process.

Frederick is also fortunate to have Elle Grossnickle, from Myersville, representing Frederick County as the Maryland Dairy Princess. She will share first-hand experiences about working on her family farm and help children understand where their food comes from. Don't forget to take some time to visit the Great Frederick Fair. We have the best fair in the State of Maryland!

I have been actively out and about promoting Frederick County and all we have to offer. There is a lot of action in economic development and I want everyone to know that I mean business when it comes to job creation. AstraZeneca is expanding and adding 300 new jobs, Ford Motor Company is opening an office off MD 85 and bringing 35 new jobs, Flying Dog Brewery is considering a new \$50 million expansion, and we have several other existing and new businesses looking to grow in Frederick. A Frederick County Economic Development effort has changed its fo-

cus on growing jobs. I am out meeting with local businesses, both big and small, to hear what's happening, how we can help, or how we can stay out of the way. Most recently I toured Canam Steel in Point of Rocks, with over 300 employees, making steel beams and structural components for bridges. They have work all over the country and business is booming. They are looking for welders and to assist we are working with the community college and workforce services to support training and workforce needs.

I am excited to share a fabulous new Frederick County promotional video that was developed in-house by county staff. Please watch and share it with your friends and family. Here is the link: https://www.youtube.com/watch?v=PgyHQf8Kd_E&feature=youtu.be

There is truly something for everyone in Frederick County!

Postscript: Almost every month you will read one or more columns with negative assertions about Frederick County government and my administration. Rest-assured that little to none of this information is accurate or truthful. It is my intent to continue to share positive information and work hard for the betterment of our community. I will leave the nay saying to others. You can always contact me directly for information or answers to questions at jgardner@frederickcountymd.gov or at 301-600-3190.

Construction begins on new US 15 interchange at Monocacy Boulevard

The intersection of US 15 and Monocacy Boulevard is undergoing a major change that will benefit thousands who travel through this area daily. Construction is underway and is scheduled to be completed in spring 2018.

Nearly 45,000 drivers travel through this area each day and traffic is projected to increase by 15,000 additional drivers by the year 2035. The \$59 million project will provide direct access to US 15 and a 400-space ride-sharing facility in the northeastern corner of the interchange that will connect to MTA Commuter Bus line #515.

Construction of the US 15 / Monocacy Boulevard interchange also involve widening and deck replacement of the northbound and southbound US 15 Bridges over Tuscarora Creek to accommodate acceleration/deceleration lanes at the interchange; realigning Thomas Johnson Drive from Byte Drive to the east to create a T-intersection with Christophers Crossing; creating a cul-de-sac at Hayward Road and closing the median opening on US 15.

Crews will also reconfigure the US 15 / Willow Road intersection

to restrict U-turns or left turns, except for emergency services vehicles. Lengthening the deceleration and acceleration lanes for traffic making U-turns from northbound US 15 to southbound US 15 at Biggs Ford Road will also improve safety, along with resurfacing US 15 from south of Hayward Road to Willow Road. Once complete, the new interchange will allow SHA to close the existing at-grade US 15 / Hayward Road intersection. In the next few weeks, crews will install barrier walls along the US 15 median; this work will require nighttime lane closures.

As part of its efforts to maintain works zones for crews and drivers, automated speed enforcement cameras will be deployed along US 15 beginning Tuesday, September 8. A 21-day warning period will follow, and the Maryland State Police will authorize citations starting Tuesday, September 29. The speed limit in the work zone will remain at 50 mph for southbound US 15, and at 55 mph for northbound US 15. Drivers excessively speeding by 12 or more miles over the speed limit, or 62 and 67 mph or more, face a \$40 civil citation.



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FROM THE DESK OF...

Carroll Valley Mayor Ron Harris

On August 4th the 2015 National Night Out event was held at Carroll Valley Commons. The purpose was to strengthen the relationship between the citizens and first responders. Over 450 adults and children were in attendance. The Good Samaritan Lodge #336, Free and Accepted Masons of Gettysburg assisted by Mike Reynolds of Tyrian Lodge #205 in Emmitsburg issued 72 child ID kits that night which is a new record.

Adams County SPCA gave 26 rabies shots and 3 microchips. Boy Scout Troop #76 prepared 106 hotdogs and chips for the 12 and under crowd. The Penn State Hershey Medical Center's Life Lion helicopter, which provides state of the art medical evacuation, paid the crowd with a visit. Fairfield Fire and EMS demonstrated their water rescue abilities with their new equipment, Boat #2. Adams Electric was back with their terrific display of electricity safety. In addition, many more Adams County community organizations came together to share how they can help our local residents.

The winners of the Carroll Valley Police Department (CVPD) Scavenger Hunt were: Ragan Gass age 6; McKenzie McLaughlin age 10; and Aleah Jacobs, age 6. Special thanks goes to our Carroll Valley Borough Police Secretary, Jo Ann Myers (the event coordinator),

our Police Chief Richard L. Hileman II, and the Carroll Valley Municipal Services. I would like to thank the following who met with our residents: Representative Dan Moul, Adams County Constables Association, Adams County Sport Handgunners Association, Cub Scout Pack#76 who held the Bike Rodeo, Girl Scouts in the Heart of PA, the Battlefield Harley Owners Group, Western MD L-9 Search and Rescue, PA Counseling Service Collaborating for Youth, Children's Advocacy Center, Safe Kids, the Adams County Sheriff James Muller, Adams County Constables, Excalibur Towing for the wrecked vehicle, Liberty Mountain Resort Sign Shop, the police departments of Carroll Valley Borough, Cumberland Township, and Liberty Township Sanders Square for the ice cream prizes, Katie Myers for the Zumba dance demonstration and Dr. Lisa Wolkind, DVM for helping out in the Rabies Clinic. To see the pictures of the event, go to www.ronsphotos.net and select the NNO 2015 galley.

The month of September brings with it a time to honor the American worker on September 7th. On a somber note, September 11th is a time to reflect on the lives lost during a terrorist attack on our homeland during the morning of September 11, 2001. Nineteen militants hijacked four planes. Two

planes hit the north and south towers of the World Trade Center in New York (2,606 victims). One plane hit the Pentagon in Washington D.C. (125 victims). And, the fourth plane crashed in Shanksville, Pennsylvania (40 victims) because of the heroic efforts of the passengers. It was thought that the fourth plane's target was the Capitol Building in Washington D.C. I encourage you to take a moment on September 11th to reflect on this horrible event and say a prayer for the victims who died and their families, especially the children.

School has started which means school buses will be on the road again. Let us partner with the parents, teachers, administrators, and transportation personnel to keep our young residents safe when they are being transported to and from school. How do we do that? Follow the law. According to the Pennsylvania's School Bus Stopping Law, when you meet or overtake a stopped school bus with red signal lights flashing and stop arm extended you must stop. When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm extended, you must stop. You must stop at least 10 feet away from the school bus. You must wait until the red lights have stopped flashing and the stop arm has been withdrawn before moving. And most important, do not move until the



CVPD Administrative Assistant JoAnn Myers and Chief Richard Hileman II.

children have reached a place of safety.

The Pippinfest is being held in Fairfield this coming September 26th and 27th. The Fairfield Fire and EMS organization is hosting an Old Fashion Corn Bingo on Saturday, September 26th. Fifty-one (51) games of bingo will cost \$25. Doors will open at 4:30 p.m. and bingo starts at 6:00 p.m. Children 12 and under entry fee will be \$10. Also on the September 26th you can turn in your unused or expired medication under the Drug Take Back Program being held at the Fairfield Fire House from 10:00 a.m. to 2:00 p.m. Mark Oct 17th (Saturday) on your calendar to attend the Cash Bash (Cash prizes) event being held at the Fairfield Fire and EMS Fire House. Doors will open at 5:00 p.m.

with dinner served at 6:00 p.m. Menu includes Pulled Pork and Pit Beef. Tickets are \$20. Children 12 and under ticket will go for \$10. This is a fund-raiser for the 2016 Fireworks fund. We need your continued support. Hope you and the family will be able to attend.

Borough meetings to be held in September are: Planning Commission (Sept 8th), Public Safety Committee (Sept 14th), Council Borough (Sept 15th), Parks/Recreation (Sept 23rd) and Sewer/Water Authority (Sept 28th). Please reduce your driving speed when you are in the Valley and watch out for our young citizens walking to and from school. If you have any questions call me at 301-606-2021 or email me at MayorRonHarris@comcast.net.

State Senator Richard Alloway

As the legislature continues to wait for Governor Wolf to address the budget impasse, it is imperative that everyone understands fact from fiction.

Fact Number One: I voted for the budget because it was balanced, it increased the state's share of education funding to the highest level in Pennsylvania's history and — above all else — did not raise your taxes. The legislature passed a \$30.18 billion zero-tax increase budget that increased spending by about \$1 billion over last year's budget. This is a 3.6 percent increase over last year's spending plan. We accomplished this by identifying unencumbered funds in various departments within state government and maximized the use of those dollars. Something we should always be doing.

Wolf vetoed that budget. Additionally, the legislature developed plans that would address the long-standing pension crisis, the state's involvement with the liquor industry, and education funding formulas. Wolf rejected those plans.

My colleagues in the Senate and I have offered compromise after compromise to our Governor, only to be told that we must accept his plan in its entirety or he will veto...which he did.

Wolf's response to our compromise was to self-fund a political action committee designed to churn up the warfare rhetoric that most Pennsylvanians are tired of, and to send mail pieces containing misinformation all over the state. It's a mystery.

Fact Number Two: Out of the 400

budget line items, two-thirds were funded at the same or higher level than Wolf proposed in his spending plan. This includes state funding to non-profit organizations that provide necessary services to nearly every community in Pennsylvania.

Instead of doing what every governor has done since the 1970's and line item vetoing individual portions of the budget with which he disagrees, he vetoed the entire budget. This approach removes any doubt that Governor Wolf is unwilling to negotiate away any portion of his \$4 billion tax increase budget proposal. A proposal that couldn't muster up a single vote from either Republicans or Democrats when considered in the House of Representatives earlier this summer. Governor Wolf remains fixated on massive income

and sales tax increases that the majority of Pennsylvanians have told us they cannot afford.

Fact Number Three: A recent report issued by the National Association of State Budget Offices (NASBO) indicates that of the more than \$3 billion in net tax increases planned by all 50 states, Governor Wolf's proposal is the largest of all the recommended tax hikes...combined. That is a mind-boggling fact to consider.

Fact Number Four: In the budget that passed the legislature — and was vetoed by Wolf — higher education funding was boosted by \$50 million.

This includes funding for the PA Higher Education Assistance Agency and its college grant funding.

As legislators, we are tasked with finding funding solutions that are reasonable. Adequately funding education is a priority for everyone, but must be ensuring that each tax dollar is spent wisely and that we are implementing the necessary reforms to ensure efficiency. Despite the one-sided rhetoric you may have heard, there were funding hikes for major educational institutions and agencies, again — without raising your taxes. For example, community colleges, the PA State System of Higher Education (PASSHE), state-related universities, and adult and family literacy programming received millions of dollars in funding lifts. Additionally, Penn State University, the University of Pittsburgh, Temple, Lincoln University, the PA College of Technology and Thaddeus Stevens College of Technology all received enhanced levels of funding.

Governor Wolf rejected that proposal. Why? Yet again, another mystery.

Fact Number Five: Recognizing that education spending is a priority for Pennsylvanians, the budget recently passed by the legislature increased Basic Education funding by \$100 million, increased Special Education funding by \$20 million, increased Pre-K Counts funding by \$25

million and boosted support for Head Start programs by \$5 million. Overall, this is a total of \$150 more for education. This means that every school district would have received more basic and special education funding than they received last year, under the budget plan that Governor Wolf recently vetoed.

Fact Number Six: Eight months into office, Gov. Wolf is stuffing the mailboxes of Pennsylvanians with attack mailers instead of attempting to work with me and my colleagues in the General Assembly.

This time, he's using a Washington, D.C., partisan political group to lecture taxpayers on the wonders of his record tax hikes and reckless spending increases. This D.C. group's junk mail contains the usual deceptions: fabricated "newspaper headlines" and tiresome rhetoric. It features one glaring omission: there is no defense of Wolf's tax hikes. There is no defense of the governor's short-sighted veto of a proposed budget I voted for that would have boosted support for schools without his massive tax increases.

There is no explanation for vetoing the entire budget — something no governor has done in 40 years — even when there was bipartisan agreement on two-thirds of budget. Wolf's D.C. operatives never explain the governor's veto of \$5.3 billion for school construction, his elimination of a \$50 million increase in higher education funds and his trashing of \$130 million in help for veterans.

Why is Gov. Wolf turning to out-of-state operatives to support his actions? Maybe it's because his approach continues to be rejected by working families and taxpayers here in Pennsylvania.

My colleagues and I are open to compromising with Governor Wolf. But he has not extended us that same courtesy. I remember hearing the promises during the campaign that told us Governor Wolf would be a different kind of Governor, I just didn't think this was what he meant.



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 40 Moritz Rd., Orrtanna, PA 3 BR, 2 BA, 33.89 ac, apple orchard, new windows & wiring, shed, barn, carport. \$369,500	 44 Edgewood Circle, Chambersburg, PA 3 BR, 3 BA, 77 Ac., fully equipped kitchen, 2 fireplaces, 2 car garage, move-in ready! \$359,900	 22 Kern Tr., Carroll Valley, PA 2400+ sq. ft., 2 car attached garage, cul-de-sac, in-law qtrs on lower level. \$259,900	 17 Main Tr., Carroll Valley, PA 4 BR, 2 BA, 0.45 ac, updated kitchen, patio w/ fire pit & built in grill, 2 car garage. \$249,900	 901 Railroad Lane, Orrtanna, PA 3 BR, 2 BA, Cape Cod, Lovely Views. \$249,900
 Woodward Tr., Carroll Valley, PA 4 BR, 2.5 BA, 1 Ac., move-in ready, vaulted ceilings, full kitchen w/ island & breakfast bar. \$199,900	 6028 Fairfield Rd., Carroll Valley, PA Spacious 2 Br, 3 Ba, 2 unit building, neighboring Carroll Valley golf course. \$189,900	 265 Martina Dr. Chambersburg, PA 3BR, 2BA, 2 car garage, central ac. \$184,900	 1045 Old Rt. 30, Cashtown, PA Gorgeous, 4 BR, 2 BA, wood floors, fenced yard, porch, deck, .289 ac. \$169,500	 101 Thunder Rd., Fairfield, PA 3 BR, 3 BA, 1.26 ac, pavilion, deck, granite counters lower level can be 4th BR. \$164,900
 135 Steelman St., Fairfield, PA Great income property 4 BR, 2 Full BA, 2 units. \$155,000	 37 Bluebird Tr., Carroll Valley, PA .52 ac., well req., perc appr., septic & storm water design complete. \$6,500 11 Deer Tr., Carroll Valley, PA .46 ac., well req., perc appr., close to golf & ski resort. \$9,000 5 Tate Tr., Carroll Valley, PA .52 ac., well req., perc appr., wooded lot, away from traffic. \$15,000 5 Oak Ridge Tr., Carroll Valley, PA .50 ac., well req., perc appr., wooded sac, priced to sell! \$14,900 122/124 Janet Tr., Carroll Valley, PA .45 ac., perc appr., 2 adj. lots \$18,900	 30 Pine Hill Tr., Carroll Valley, PA .45 ac., PRICE REDUCED! Mature trees, near ski & golf resort \$9,900 64 Meadowlark Tr., Carroll Valley, PA .92 ac., well req., perc appr., double lot, close to ski & golf resort. \$29,900 23 Janet Tr., Carroll Valley, PA .65 ac., well, perc appr., everything ready to build. \$35,000 69 Shirley Tr., Carroll Valley, PA 2 ac., well req., perc appr., wooded, Liberty Township. \$52,900 23/25 Gladys Tr., Carroll Valley, PA 1 ac., well req., perc appr., \$59,900	 6195 Fairfield Rd., Carroll Valley, PA 3 BR on 1.5 Ac. needs TLC \$119,900	 55 Robin Tr., Carroll Valley, PA .32 ac., well req., low perc rate, smaller sandmound. Near ski & golf resort. \$17,900

GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Jim Martin

Recently I was invited to a reception held to welcome presidential candidate and Wisconsin Governor Scott Walker to south central Pennsylvania. Those in attendance were rewarded by a very heartfelt and enlightening presentation given by Governor Walker. It was as if I was attending a mini leadership conference. He shared how he led Wisconsin to a brighter future by maintaining a steady course of reform in the face of vehement protests and even threats of death and physical harm to himself and his family.

Governor Walker changed the course of Wisconsin through a three-legged platform. It was centered upon Reform, Growth, and Safety. In the face of opposition he held true to his platform. In summary he led Wisconsin out of a huge financial deficit to a major surplus and significantly improved school performance by instituting teacher merit pay. Governor Walker said he remained fully committed to his platform because he knew a better future for his state and for generations to come was at stake. His three pronged platform has and continues to produce a successful governorship and was the reason for his re-election.

I am not intending to put the current board of Adams County Commissioners on an equal plane with Governor Walker, but there are reassuring similarities we have adopted that parallel the successful Walker model. We found

out, as did Governor Walker, reform does not come easily. It is like the old adage of trying to change the course of a huge cargo ship heading into harbor.

The present board of Adams County Commissioners has and is changing the course of Adams County for a better future. As did Governor Walker, the board realized that to be on the right course, Reform, Growth, and Safety were keys to a better future for Adams County. I regard these as being vital to moving Adams County forward.

To move the county forward, we began reform in various departments by the reorganization of operations. We regarded this as necessary to increase productivity and to provide more efficient services. This began with the merger of Ag. Preservation and Rural Resources with the County Planning Department. This provided the county with greater resources to advance business and economic growth. Also methodology was developed through this merger to more efficiently and effectively utilize our Ag Preservation funds and balance agricultural preservation and commercial growth. Included with the reorganization was the goal to establish greater cooperation and coordination with Adams County Economic Development Corporation (ACEDC).

The cooperative and joint efforts with the ACEDC began a resurgence of activity under the Adams County Industrial Development Authority

(ACIDA). We enabled the ACIDA, through a short-term County Loan, to improve three lots at the Commerce Park. We determined that the lots were not sellable without considerable excavation work. As a result of this action, two lots are now under contract. The short-term county loan is in the process of being repaid, now that the improved lots are eligible for an already approved state grant. This is an excellent example of what can be accomplished through reform and a parallel goal to stimulate growth.

The same basic efforts that initiated the Commerce Park lot improvements ended the stalemate that left the former REDDI site on N. Stratton Street a community eye sore. This site, now known as Gettysburg Station is now developer ready. The County again provided the short-term loan to enable the ACIDA to facilitate the site demolitions and excavation. The Commissioners saw this languishing project and blighted conditions as an obstacle to potential business growth and improvement to downtown Gettysburg. Our Planning Department is continually promoting this property to attract prospective developers.

Another success story was the sale of the Schindler property. The sale came about with promotional and research efforts that the County Planning Department personnel did in coordination with the ACEDC. This activi-

ty and the site improvements discussed provide the avenue to economic growth and a broader tax base. We are always looking for opportunities for success and building stronger communities. A 17-year county resident told me that in that period of time she has never seen a board of commissioners as engaged, committed, and community minded as the present board. We commissioners need your votes on November 3rd to stay in office and keep our goal of building a stronger Adams County economy alive.

The third leg of Scot Walker's platform was Safety. One of the fundamental elements of a community's quality of life is the safety of that community. The lack of safety does not bode well for the reputation of a community. A dependable emergency radio system is a crucial tool to provide first responders with protection and effective response. That brings me to what I call the "10 ton gorilla in the room" that is the county-wide Emergency Digital Radio Project. That "gorilla" was waiting for us as we took office.

Boards before us understood the need, but no project was approved. Day after day we gather the best information available and worked on the least burdensome means to finance the project. To help finance the project we had a literal sweat shop of individuals and consultants preparing an application for the largest possible

state grant. The final product was an approximate 18 inches thick application that was hand delivered to Harrisburg. Through this application we were awarded a \$3.2 million grant; our commitment paid dividends. We had hoped for more funding, but we were truly grateful for what was approved.

That project is near completion with testing just around the corner. The equipment is performing as designed, but the true test will be the field test of the entire county, grid by grid. The guaranteed standard that must be met is 95% coverage, 95% of the time. Also our system was designed to go beyond in-street capable to in-building capable. Not all systems across PA are in-building capable. We went to achieve in-building capable because the added protection to our first responders and residents are well worth the added expense. I look forward to providing a more detail report on the radio project next month.

As another item of safety, we are approaching the forest fire season. The loss of trees is more than a missing tree; trees are the natural guardians of our watersheds and the habitat to most wildlife. Stay abreast of the Fire Danger Rating before you do any burning, and whenever you burn, please take the precautions to do so safely. Remember, we can enjoy the natural beauty of Adams County as long as we are responsible caretakers. Have a safe and wonderful Labor Day weekend; the ball is in your court.

State Representative Dan Moul

The Second Amendment to the U.S. Constitution guarantees all citizens of this nation the right to keep and bear arms to protect themselves against enemies – foreign and domestic. These rights represent a coveted freedom and are among those important priorities that have enabled this country to remain free and democratic.

If you think about the words of our forefathers, and the history that made this language necessary, it is easy to understand why we must work hard to protect our Second Amendment rights.

We have heard and read news accounts of gun violence in schools, movie theaters, and perpetrated against police officers. We cannot minimize the tragedies that have occurred in this country at the hands of criminals and mentally ill individuals who have used guns to commit crimes and kill innocent people. These events are shocking and have caused intolerable anguish for the families and friends of those who have fallen victim to these senseless crimes.

There is no single cure for gun violence and new laws are not the answer. Pennsylvania law already prohibits the ownership or purchase of a firearm by anyone with mental illness. In fact, many do not know that Pennsylvania has a restrictive set of gun laws and regulations that were established under the Uniform Firearms Act in 1995. Previously, only persons who were convicted of violent crimes could be prohibited from purchasing a firearm. The act made sweeping changes to state law relating to the

sale, possession, lending or giving of firearms, expanding the list of offenses prohibiting gun ownership to 37, including violent and serious non-violent crimes.

Clearly, we have strong gun laws

in place. We must do more to enforce the laws that exist and to address the needs of the mentally ill. Unfortunately, the senseless tragedies that have played out in communities all across our nation are being used

to fuel anti-gun sentiment, both in Washington, D.C., and here in Pennsylvania. However, I believe the framers of our Constitution were thoughtful and wise in their drafting and passage of the Second Amendment and our country is stronger for it.

Today, we are facing the threat

of an ever-expanding, powerful and intrusive federal government, and we have foreign enemies intent on killing as many Americans as possible. For those reasons and more, I am a staunch supporter of Second Amendment rights and I will continue to guard against any attempt to diminish those rights.

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FROM THE DESK...

County Commissioner Randy Phiel

The Board of Commissioners have a wide range of responsibilities; but protecting Adams County resident's health, safety and welfare is our most important responsibility. Since this Board of Commissioners took office in 2012, and pulled the proverbial trigger on a much needed upgrade to the Adams County's emergency 911 radio system, we have been awaiting the day the new digital system with improved reception and interoperability between agencies will be turned on. That day is scheduled to be October 20 when Adams County police departments will be switched to the new system. The old system will run parallel to the new

system for a period to time to assure that all systems are working properly. The same protocol will be conducted with EMS and Fire at later dates. The entire system is expected to be up and running by December 31.

Beginning in early September, three test groups will go out and begin to test each of approximately 2200 grids across the county. They will use GPS equipped vehicles to go the center of that grid. Once on location a series of testing will be done to establish that appropriate reception has been achieved. It is anticipated this process will take about three weeks and volunteers are being sought to assist county and tech-

nical staff with the testing.

The Board is proud to have been proponents of this critically important project that will benefit Adams County residents for many years. We would like to give a loud shout out to our emergency services administration for their long-time efforts and diligence to make this substantial project happen. If you are interested in assisting with the radio reception testing process as a volunteer - please contact Adams County Emergency Services Director John Eline or Assistant Director Mary Bowers at 717-334-8603.

Veterans mark your calendars. Adams County Veterans Affairs Director, Stan Clark, will be hosting a Veteran's Town Hall Meeting on September 30 from 6:30 PM - 8:30 PM at the Gettysburg American Legion Post located at 528 E. Middle Street, Gettysburg. There will be representatives there from both the Veterans Administration Medical Center in Lebanon, PA and the VA Regional Office in Philadelphia. They will be available to answer questions on all aspects of Veteran's benefits and services that are available. If you would like to attend, please RSVP to Stan Clark at Ext. 337-9835 Ext 320 or sclark@adamscounty.us.

The Veterans Affairs Office would like to welcome Michelle Schaffer from Berwick Township to the office. Michelle comes to Adams County from the Victims Witness Assistance Unit in Carroll County, MD. She will also be assisting in the Commissioner's office in Special Projects and programs. Michelle will be attend-

ing the Veterans Service Officer Accreditation Course in September and will be a significant asset to our Veterans Affairs Department and the 9,300 Veterans and their families that reside in Adams County.

During the County Commissioners Association of Pennsylvania Summer Conference in Pittsburgh, myself along with Commissioner Jim Martin, and IT Department staff members Loretta Weaver and Chip Guise accepted the CCAP Excellence Award for County Electronic Newsletters. The Adams County IT Department takes the TGIF that I author every other week and makes it a visual pleasure. The newsletter is distributed to approximately 500 staff and many community leaders and organizations. It is also put on the Adams County Home Page for all residents to view. At the August 12th commissioners workshop the Board of Commissioners presented the award to the Adams County IT Department to hang proudly on their wall.

On Wednesday afternoon August 12th, the Adams County Farmers Market Association, celebrated Produce Month in Pennsylvania by highlighting the achievements of one of the state's most progressive farmer's markets. All three commissioners attended a ribbon cutting of the market's new location on Culp Street beside the Heritage Center. It was also announced the FMNP/SNAP voucher was doubling. This is an example of tying together tourism and agriculture - and showing how farmers markets contribute to a healthy

lifestyle. Presentations included remarks by PA Secretary of Agriculture Russell Redding. As a side note, I walked away as a happy customer with a dozen ears of fresh bi-color corn and a peck of those old time favorite Sun High peaches - that were the only ones my grandmother and mother would can. I had the corn for dinner and it was outstanding.

On August 13 all three commissioners had the pleasure of touring Apple Valley Creamery near East Berlin and AG COM in New Chester outside New Oxford. It is always our pleasure to get out around the county to see businesses and meet with Adams County business owners.

Apple Valley Creamery is a small, family-owned dairy farm, creamery, and home delivery service located in East Berlin, PA. They began their current business in 2005 with a commitment to carrying healthy and safe products that we would be proud to feed our family. They are committed to reducing the use of antibiotics, pesticides, and genetically modified crops in American agriculture. Apple Valley Creamery also believes in the benefits of products from animals that are treated ethically and allowed to freely roam and forage on large pastures. Apple Valley Creamery is the only creamery in the state of Pennsylvania that provides both pasteurized and raw milk from pastured grass-fed cows with the Animal Welfare Approved certification.

Ag Com Inc. is a diversified agricultural commodities company. Their feed mill at Granite Station in Gettysburg specializes in the custom manufacture of all natural feeds for large animals in south central Pennsylvania. All natural soybean meal processing also commenced in the mid 1990's and would become a key component in future years as Ag Com began to specialize in feed made naturally. The company continues to off load the many feed commodities providing logistical advantage to its customers. The fertilizer blend plant still provides nutrients for the corn, wheat and soybeans that supply the operations, which was the plan from generations ago. Today, the fourth and fifth generation of the Sharrer family remain exceedingly proud that the old flour mill that runs by the Conewago Creek in New Chester is still grinding flour, with superior ratings.

I hope you made it to the South Mountain Fair. If not the National Apple Harvest festival is just around the corner. Sometimes we locals take our community for granted. At the postponed reenactment several weeks ago, in just one row of cars, I counted license plates from 24 states including Alaska and three from Ontario Canada. That caught my attention. No matter what you do - get out there and experience all the historical, recreational, agricultural, natural and historical opportunities that beautiful Adams County has to offer.

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GOVERNMENT—NORTH OF THE MASON-DIXON LINE

County Commissioner Marty Qually

Over my past three years as Adams County Commissioner there has been an elephant in the room every time we talk about reducing county expenses. Not just any elephant, but a big pink dancing elephant. The 2015 Adams County budget projects court costs for processing, enforcement, and monitoring offenders for drug and alcohol and DUI crimes amounting to in excess of \$7 million, or over 15% of Adams County's general fund budget.

To understand the importance of this number one must first understand a few other principles. 1) All county departments and elected officials are divided into two groups, "The Courts" and "The County". 2) The General Fund budget represents your Adams County tax dollars, as opposed to the entire Adams County budget which also includes fees, State and Federal funds, and other revenues and expenses. When residents want to know the bottom line of how county costs effect their taxes, it is best to discuss general fund dollars. 3) There is no single solution or magic wand to stop drug and alcohol offenses from occurring. With prudent budget increases and fiscal management court and county offices can reduce the costs to our families, society, and our county.

Most people view county government as a simple monolithic entity; that is far from the whole picture. County government is a complex collection of interrelated or unrelated departments providing services to the residents and businesses of our county. For the purposes of this article let's

assume that there are two parts to County government, "the county" and "the courts".

The county offices are responsible for administering the staff and the services of the County, such as Human Resources, Maintenance, Planning, etc... The courts are all of the departments dedicated to the administration of justice, such as Magisterial District Justices, the Public Defender and District Attorney, the Adult Detention Center (Prison), Sheriff, etc.

The county does not administer justice, the courts administer justice. When you take all of the court offices focused on criminal justice, just those dedicated to serving people who have been accused of crimes and/or those found guilty of crimes, you have what I would categorize as the "criminal justice" departments. To complicate it further all of these departments don't necessarily report to the same person and some are independent elected officials.

Within this group you have an elected Sheriff, Clerk of Courts, Magisterial Judges, Court of Common Pleas Judges, District Attorney, and appointed Public Defender, all of which have some semi-autonomy from the President Judge. This may mean that while the Sheriff is charged with transporting prisoners to and from Court, the President Judge decides all policies within the courtroom.

Or another example, while the Public Defender and District Attorney are independent of the Court, their conduct in the courtroom is controlled by the Judge. Working together, these criminal justice departments and elect-

ed officials this year will administer over \$14 million County tax dollars for everything from failure to pay parking fines to homicide cases.

When it comes to understanding the County budget, it is also helpful to divide the budget into two parts, the general fund and everything else. This is a gross oversimplification; so instead of outlining all of the state and federal programs, departmental fees, grants, and other income sources, let's just proceed with the understanding that general fund dollars are your county taxes.

Some people believe that criminals pay enough in fines to cover the cost of their crime. That is not always the case. Fines are mostly set by Federal and State law, and while the county does get some revenue from fines, it is not enough to cover the cost to administer justice. This point cannot be overstated, crime costs all of us, not just in the pain and suffering of the victims of crime, but all of us as tax payers.

In the case of DUI and Drug and Alcohol crimes, it costs County tax payers over \$7 million a year. For every dollar you spend on taxes at least 15 cents goes to pay for drug and alcohol related crimes. In 2014 alone there were over 4,900 hearings related to DUIs: not 4,900 cases of DUI but every arraignment, pre-trial hearing, trial, sentencing, etc. This caseload is not only costing you money, it is costing our society by tearing apart families, harming businesses, and wasting our potential. More punishment will not solve this problem, if we do not take a more proactive role in curbing DUI and drug and alcohol crimes, we will spend more tax dollars and still lives will be wasted.

We need to become more creative and open to new solutions, if we ever intend to reverse this costly situation.

Over the past three years I have employed three courses of action to reduce our rising costs to process criminals. By working with the courts, our Children and Youth Services Department, and with the Prison Board (on which I sit) we are creating change. The best long term deterrent for crime is to help those most at risk to commit crime from ever getting into trouble in the first place. Youth living in unhealthy homes or dealing with physical, sexual, or mental abuse are more likely to turn to drugs and alcohol to cope with their problems.

On a good day being a teenager can be rough, compound that the unanswerable questions of abuse or neglect and it is no surprise that some children turn to drugs and alcohol for support. These children eventually become adults and throughout their journey run the risk of committing drug and alcohol related crimes. We have been increasing funds to our Children and Youth Department in an attempt to improve services, it may be time to increase our efforts yet again. While this may be the best long term course of action, it is also the toughest to see results in the near term.

Another avenue we have pursued is with the Prison Board hiring a licensed clinical drug and alcohol counselor and funding the creation of clinical space within the prison. There have always been drug and alcohol classes in the prison and there have always been a transition plans for drug and alcohol abusers as they exit prison. It is diffi-

cult for many people to comprehend the difficulty for a user to transition from prison back into the real world. It is wrong to assume that a user, having spent 6 months or a year in prison, is "sober". We all have patterns in our lives and if your pattern to deal with stress is to drink or use drugs, the hard landing of post prison life often jars people back into old habits. In fact, over half of our current Adams County prisoners have been to our prison before. Softening that landing by providing clinical drug and alcohol counseling in prison will help to reduce our recidivism rate and result in lower expenses.

While in our modern world, much can be accomplished via phone or internet, being able to physically visit case managers does matter. My goal is to have MH-IDD staff co-located in Adams County with our Domestic Relations office, Probation services, and Children and Youth Services. This won't just benefit MH-IDD staff and clients, but it will increase the ease in which a client from any office is about to communicate with staff from another office. A referral to help a family will be as simple as a walk down the hall. It is that one-stop-shopping which we need to better serve our families.

I ask you to continue to have faith in me and my vision for Adams County: I ask for your vote on November 3rd. You have two votes in the General Election and can vote for any two candidates, I'd be honored if you cast one of your votes for Marty Qually.

If you have any questions or would like to help on my campaign, feel free to contact me at 339-6514 or marty-qually@gmail.com.

Candidate for County Judge Christina Simpson

Mediation In Family Law Cases

When potential clients consult with me about family law matters, they often assume that litigation in court is the only option to resolve the conflict. In some circumstances, litigation is the best option, but I always inquire whether they have considered mediation. Litigation is adversarial whereas mediation is collaborative.

Before you decide which path to take, you should obtain advice from a lawyer who practices in the jurisdiction where you are located because laws and procedures vary.

You need to be aware of the current law and its impact on your situation before you mediate or go to court. Although some mediators are also lawyers, they must remain neutral and refrain from giving legal advice.

If you choose mediation, you have more control over the agenda, process and resolution than in litigation. Your children can have a voice in the process too. You can include other family members and professionals such as attorneys, accountants, clergy, and appraisers to offer input. The mediator guides the participants in the conversation so that everyone's voice is heard, with a goal of creating a resolution that works best for them. In the context of child custody, this process sets a positive exam-

ple of peaceful conflict resolution for children. It helps to maintain a civil relationship between coparents in future interactions, which alleviates stress and psychological damage to children.

Communications made during mediation sessions are confidential and typically not admissible in court. This enables people to speak freely with one another about the issues and needs that are important to them. In litigation, communications are filtered through attorneys and are governed by the rules of evidence and the final outcome is controlled by a judge. In mediation, the disputants control the outcome.

Mediation can be challenging and

time-consuming, but it can give disputants the reward of having more control over the process and resolution than in litigation. It can reduce stress and promote peaceful relationships going forward. Most importantly, it reduces stress for children, who are reassured that they can depend on both parents to make good decisions for them. No matter what path one chooses, it is always vital to obtain qualified legal advice and make informed decisions about your particular situation. Mediators have varying professional qualifications and fee structures. You should investigate and obtain references to find one with the appropriate expertise.

When the mediation process is

successful, it can be a valuable and healing experience with long-term benefits.

Christina Simpson is an attorney and mediator in Gettysburg and is a

candidate for

Judge of the Adams County Court of Common Pleas. To learn more about Christina visit www.SimpsonforJudge.com.



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COMMENTARY

Words from Winterbilt

The Supreme Court said what?

Shannon Bohrer

Recently the Supreme Court decided a case and issued a ruling that made the news, then became the news and then divided the country. Of course we all know the country was divided before, so maybe the decision is a justification for our continued division. Maybe, or do we really disagree and are we really that different?

The decision I am referring to confirmed the “Affordable Health Care Law”, or as many say; “Obamacare.” Early comments about the decision included; “I disagree with their decision. I believe Obamacare’s bad for the county, bad for Americans” by Senator Marco Rubio. Another one in the press; “The objective remains the same. We’ve got to repeal a law that the American people don’t like, and we’ve got to replace it” by Representative Bill Flores from Texas. It would be helpful if those that tell us how bad it is for the country, tell us why and what would replace it. Maybe it is that bad, but just saying it’s bad – does not make it so. Tell us why.

The comments were not unexpected since the Republicans have voted to repeal the affordable care act over 50 times. Right, wrong

or just indifferent, the Republicans have been against the affordable care act since its inception and it seems they can’t change directions. I do find their intractable position a little puzzling since in the past the Republicans introduced legislation for universal health care. It has been reported that the idea for their legislation was created and built by the conservative think tank, the Heritage Foundation. And the concept for universal health care actually goes back to Teddy Roosevelt. That was part of his Bull Moose Party platform, so it is not a new idea.

In 1989, that’s right; 1989, the Heritage Foundation put forth a proposal for universal health care. The proposal outlined problems within the medical industry such as cost and contained some specific suggestions. One suggestion was to tax the health care insurance payments that employees receive. Currently, any health care benefits that individuals receive from employment are not taxable. Later in the publication some tax credits were also suggested. Another key proposal was a mandate for all households to obtain health insurance. Also the government would help those who cannot afford protection.

Does this sound familiar?

Since several of the components

of the Heritage Foundations proposal are similar to the “Affordable Health Care Law” one can see why similarities are drawn. Following the Heritage Foundations suggestions for universal health care, the Republicans twice introduced health care bills that contained an individual health insurance mandate. On November 20, 1993 the Consumer Choice Health Security Act (SB 1743) was introduced, sponsored by a Republican and cosponsored by 24 Republicans. The bill required employers to withhold insurance monies from wages, to be applied to the employee’s medical insurer. Then on November 23, 1993 the Health Equity and Access Reform Today Act (SB 1770) was introduced and it was also sponsored and supported by Republicans. The bill required every citizen to be covered under a health plan of January 1, 2005.

As already stated, some politicians have commented that the blue print for the “Affordable Health Care Law” was created and built by the conservative think tank, the Heritage Foundation. And while the origins of the “Affordable Health Care Law” are often attributed to the Heritage Foundation, there are also individuals that say the proposal by the Heritage Foundation is different.

The Heritage Foundation recommendations included:

State-based exchanges that would exist where residents may compare and purchase private insurance policies that meet minimum levels of coverage. The objective of these exchanges is to drive down premium costs by increasing competition, and provide policies with similar levels of coverage for ease of comparison.

A guarantee issue, meaning consumers cannot be denied coverage due to pre-existing health conditions.

Subsidies for lower-income households. The proposal included subsidies for lower income individuals, to ensure affordability.

Mandatory participation in a health care program.

The “Affordable Health Care Law” includes:

Required participation, meaning everyone must have health insurance.

State based exchanges, where individuals can shop and purchase health insurance. The objective of these exchanges is to drive down premium costs by increasing competition in the free markets.

Individuals with pre-existing conditions cannot be denied coverage.

The government provides subsidies for lower income individuals, with subsidy percentage dependent upon the level of income.

While I have only listed some major points, the differences are almost as striking as the similarities. It is no wonder so many are confused. Of course on the positive side we are not really that different in our perspec-

tives. It appears that both sides want the same thing, at least they did in some point in time.

In Maryland we had a Republican Governor that proposed gambling at the race tracks to help the racing industry. The proposal was soundly defeated by the Democrats. When the governors’ officer later turned democratic, the idea of gambling then looked good and it passed. Of course they left out the race tracks! If, either the Consumer Choice Health Security Act (SB 1743), or the Health Equity and Access Reform Today Act (SB 1770) (both introduced by the Republicans in 1993), passed, would the Democrats would have opposed them? Sometimes acceptance of a proposal is dependent upon who proposes it, if that makes sense - and it doesn’t.

The politicians are elected to run the country for everyone, not just their party. You would think that since both parties have proposed almost identical solutions for universal health care, they would be able to compromise. Being against something that resembles what you initially created and proposed, is like driving real fast when your lost, because you don’t want to be late. If the “Affordable Health Care Law” is ever repealed, I am sure it will be replaced with the same thing, but we will be told it is different.

To read past editions of Words from Winterbilt visit the Authors section of Emmitsburg.net.

Common Cents

Out of bounds

Ralph Murphy

Death on land and at sea are the upshot of a pan European Union initiative to accept refugees from war stricken Muslim and East European nations into Western Europe. In 2014 over three thousand drowned in the Mediterranean Sea from departure points in North Africa. As of April of this year, 1727 have been reported dead as they attempted the perilous crossing bound for camps in Italy, Spain, and Greece where they don’t speak the language, don’t have the needed work skills, and now live in dangerous squalor.

The Mediterranean Sea crossings have the world’s highest fatality rate compared to land border crossings, but the land routes include former Soviet bloc nations of Eastern Europe. They also channel asylum seekers from the Balkan region and the Middle East. War stricken Syria and Iraq have the highest number of the desperate displaced at over a million people to each nation. Somalia and Sudan are very close to that level and their nationals also “wash ashore” onto the beaches of Italy and France.

All the North African departure points are in Muslim nations and most of the drowned are Muslims. Refugees from the Central African Republic, South Sudan and West Africa- including Nigeria and the Cameroon, funnel through war-torn and

factionalized Libya. There is very little control as to boat access or the journey across the Mediterranean. The unwitting refugees are packed into poorly maintained vessels which routinely capsize offshore even in favorable weather conditions.

Despite the number of deaths- the sheer number of refugees is rising. Spain saw a 70% increase from 2013 to 2014 with 12,549 Africans from Nigeria, Mali, Central African Republic, Cameroon, Sudan and South Sudan trying to enter through the Melilla and Ceuta, Moroccan gateways. Spanish unemployment stood at 22.5% in April this year and the nation has historic animosity towards and little tolerance for Muslims. Italy is the primary destination for Libyan, Tunisian, and Egyptian refugees, but Italy’s unemployment currently stands at 12.4% and there are serious debt issues with these countries.

Greece also took in many refugees, but the camps were poorly managed, overcrowded and currently often lack clean water or basic sanitation. Greece is in economic recession with unemployment at 25.6% this past April. The European Union average for unemployed is 9.6% in 2015 amid arbitrary, binding economic policy and currency ties. It is even higher at 11.1% in the shared currency Eurozone. While the Mediterranean nations are getting most of the attention due to the high profile deaths- the number of asylum seek-

ers in the wealthier nations of Germany, United Kingdom and France is much higher. Berlin recently allowed In 571,685 for a total, non-citizen presence of about 8.5 million. France 210,207 and Britain 193,510. There has been violence at checkpoints to include Calais near the Chunnel, and car burnings with clashes most everywhere the Muslims have settled in France.

The EU had a lofty strategic vision to let in asylum seekers, but didn’t address the reality of the needs of a competitive, often pernicious grouping of Muslims and Soviet vestiges who produce very little, but sow much destruction. The violence is similar, but the operational networking differs. Muslims have more religious impetus, Russian-linked attacks appear economic penalty and culturally based. The EU organ FRONTEX allowed about 89 million Euros in 2013, but it is security billing and limited aid provision. Much of the help at present is from host refugee nations or unofficial support, but the camps are poorly managed and the money for the largesse is just not there.

It’s likely no coincidence that there is no effective democracy in any Quran-based nation, and economic dealings to such a group is very primitive beyond commodities. Syndicate-linked Russia also produces virtually no high technology goods for export that aren’t linked to foreign producers. They have however previ-

ously been able to draw vast resources from western sources such as the IMF and the EU’s European Central Bank - until this past year’s cross-border attacks of Ukrainian territory,

At issue now is what constitutes a “refugee”, and how best to help them - ideally at home. They are not succeeding abroad. The 1951 United Nations-linked Geneva Convention defines a refugee as a person who has a “well founded fear of being persecuted for reason of race, religion, nationality, membership of a particular social group or political opinion (or) faces persecution returning home”. Except for the last point all those concerns face the refugees in Europe who are fortunate enough to have survived the travel to the region. The Geneva Convention has been signed by 196 nations. The document itself that has been revised slightly since 1967 and all United Nations members are parties to the Convention.

The Geneva Convention doesn’t include economic refugees that are usually linked to unsuccessful political or influential, religious crises. The UN has an interest in projecting “human rights”, but this moves into a moral plane. It has proven difficult to gain member acceptance beyond a recognition of the negative impact of cases of “imprisonment (without due process), torture, and executions.” The body wants “international jurisdiction for international human rights legislation” so as to afford “economic, social, cultural, humanitarian (well being) and respect for (varied social) groupings.” They appear to be asking “is the behavior quantifiably constructive or destructive at

home or abroad? If not constructive how can it be made so and will relocation make a difference?”

The current influx of refugees to European nations is bringing the same destructive mentality that failed at home to the new shores and a largely (inexplicably) obliging, host nation. Resources in their home countries are routinely very similar, even better, but they can’t produce because of emotional religious or other cultural factors. They’re a drain- even parasitic in violence and consumption to new foundations. Were the- refugee’s actions at home a building process in work endeavor and violent role if applied to self-defense against illegal oppression? If they just moved out in a power struggle loss, they’re likely not going to be helpful abroad. Economic refugees appear better helped in place through organs such as the Red Cross, bilateral, intra-national dealings or UN organizations such as the High Commission on Refugees.

Europe’s unemployment is double digit and the refugee influx is mostly unskilled labor. The underlying problem in war riddled Middle Eastern, East European and African nations is that various cultural issues are not being addressed. The refugees will keep draining hard-earned savings if allowed to stay in Europe, and will surely keep dying while in transit to their new locations. The tragic circumstance is best remedied at its source and not allowed to spread abroad.

To read past editions of Common Cents visit the Authors section of Emmitsburg.net.

The American Mind

Jon Stewart, goodbye and good riddance

William Hillman

Just a few weeks ago, while driving home from meeting a client, I turned on my car radio which is permanently tuned to my local public radio station. I long ago gave up on music stations. Ever since I hit my 30s they all started to sound the same.

Radio Times from Philadelphia was on the air. They were crying over the end of Jon Stewart's Daily Show. The host was interviewing one of the producers of the Daily Show, a TV critic, and a third person who seemed to be no more than a cheerleader for the show. The love affair for the show was sickening. I am not sure, but at one point I think the host offered to have Jon Stewart's child. To listen to the three go on, Jon Stewart was the second coming, or maybe the first, depending on what religion you are. It made me sick.

I could never warm up Jon Stewart's Daily Show or even that other show of lowbrow pseudo-journalism propaganda, The Colbert Report.

Jonathan Stuart Leibowitz, is an unapologetic, dyed-in-the-wool, progressive. He has a political agenda that he supports and promotes. The beauty of his show was for him to propagandize, twist the truth, and couch stories and events anyway he wanted. He was unbound by any journalistic ethics or guilt.

His show was laid out like a news program, with anchor desk and all

view. Jon Stewart hides his agenda and masquerades it as a news show. John Stewart dresses like your nice uncle who comes into the living room and tells you a few jokes. You cannot help but like him. Then when he has your full attention the propaganda starts. He controls the conversation. Only issues and facts that support his agenda are revealed and discussed.

Then he makes fun of any other perspective on the issue. If you do not agree with him, you are a moron. Behind him he has a well-skilled team in the editing booth. Snippets of speeches from his opposition gave him an endless stream of video clips to make fun of. God only knows what he would have done with a video of Lincoln's Gettysburg address (remember, Lincoln was a Republican). I could only imagine he would edit it down to Lincoln saying "Four score and seven," then Jon would be on the other side of the split screen making faces and saying, "This idiot President does not even know we are in a war. He thinks it's some sort of cricket match."

It reminds me of middle school kids debating or arguing. When one side finds itself outwitted they respond with "Well you're smelly." I often hear complaints that today there is no real discussion about issues. The only thing that politicians do is bicker and fight. "Why are we so divided?" The truth is, real discussions do happen. Arguments are formulated. Facts presented. But the public does not want to hear any of it. We think we do, but real-

ly, who has time? We get bored after five seconds. Real news is boring. Jon Stewart seems to know this well and uses it to his advantage.

In the 70s, Saul D. Alinsky, in his book "Rules for Radicals," teaches the progressives not to fight with facts, but rather, fight with emotions. Alinsky told the left to be funny. He told them to blend into the middle class. Cut your hair. Shed off anything that will give you away as a radical. The American flag has importance to the middle-class and the average American. The Radical must wrap himself in it and pretend to love it as much as those old men in the VFW. The Radical must appear to be one of the middle class before he can turn them.

Stephen Colbert reinforces Jon Stewart on his show, and Colbert takes it even further. He wraps himself in the American flag. He has flags all over his studio. Colbert mocks conservatives and Republicans by pretending to be one of them.

In The HBO show "Newsroom," the main character presents him-

self as a Republican conservative. He then spends the show attacking Republicans and Conservatives. Real issues and events are presented in a fictional newscast. Lies are created and presented as facts. underlying events are fictional. It has been wrapped and camouflaged in a compelling soap opera drama with sex, personal relationship, and some great storylines. But the reality is, it exists for one reason and that is as a political tool of the left to spread lies and misinformation.

If the facts are not on your side, make them up!

So what are we to do? That is a tough question. Turn off the television and pick up a newspaper. But we all know that is not going to happen. The best we can do is to see these shows for what they really are, simple propaganda, nothing more, nothing less.

So to Mr. Jonathan Stewart Leibowitz, here is your hat. I for one am not crying over your departure.

To read past editions of from *The American Mind* visit the Authors section of Emmitsburg.net.



Down Under

Big country, small minds

Submitted by Lindsay!
Melbourne, Australia

It is a tale told by an idiot, full of sound and fury, signifying nothing
—W. Shakespeare, *Macbeth*,
Act 5, Scene 5

Australia and the mainland United States are very nearly the same size. They are, of course, vastly different – your country has 35 people for every hectare, we have 3. 17% of the US is arable, ours is just over 5%. We have almost unlimited sources of iron ore and coal, and the longest coastline of any continent, but we also have one of the biggest dry areas in the world, and are the second driest place on earth – only the Antarctic is drier. We are, on average, closer to the equator, and have a milder climate.

But we are a democracy, speak a version of English that is generally comprehensible. We have hitched our wagon to your star for the past 60 years, being a small customer and supplier, major user of your entertainments, and the sycophants that have pleased your rul-

ers (oops, I mean elected representatives) greatly. It has not mattered the flavour of our politicians, left, right, middle, they have all seen the light and blessed the day.

But no more. In true theological style, we have an abbot in charge and a bishop in foreign relations. The abbot was trained on that most devious system of power, the Jesuits. The bishop missed out on that, and it shows. She is, at least on TV, aware of the need for sanity in her job. She's tough – she has to be given her boss – and has won some popular support. You may have seen her, for she's been leading various enquiries on the world news, and we suspect she is waiting in the wings.

But back to the Abbot. He is at home when the ways of the world-that-was are on show. You know, about 100 years ago. For instance: There is no such thing as climate change. The best hope for mankind is to mine our coal faster, open new mines, and sell it to China and India because then we won't be responsible for any CO2 produced. Thus wind is a

waste, solar is silly, clean is dirty, and he can prove it because the scientists say so. That is, by the ones who serve at the altar; the rest have been kneecapped, the post of science minister disbanded, any subsidy on alternate energy withdrawn, and the reduction target he was forced to come up with will be about the same as that of a pacific atoll. We have one of the lowest total emissions in the world, but per capita it's one of the highest. We add to the total more per capita than any other country when we count that produced by burning our exports.

Then we have a wonderfully bulletproof border, the ocean. About a hundred miles out there's a thing called a 'sovereign border' past which no refugee may pass. If they do we promptly send them back to where they came from by plane, or to Malaysia if we catch them on the high seas. But We Will Not Have Them. This is a good country, a white country, a conservative country, and others can fend for themselves. The border is a word, not a fact, and is a slogan of heartlessness. Had our white Australia policy been in force he would have revealed it.

But there is one hot issue that defines his goals. Homosexual marriage. It has 65% support among the people of Australia, and

Federal Politicians have traditionally had the right to vote according to their conscience on matters like this if the party room agreed. Considerable pressure was brought to bear for this matter to be treated this way, so wily Tony brought in the other half of the coalition (The larger party, the Liberals, are with the Nationals, (the names oppose the facts) who are more conservative than most liberal members. The result was a 'NO' to allowing a conscience vote, causing revolt in the ranks. It matters not that it is now known Homosexual love forms exactly like the hetero kind; it is not something we choose to do. (So you CHOSE to fall in love?)The church is against it, and that's enough for Tony. To hell with the people.

Perhaps the highlight of the Abbot's reign is the rhetoric, which according to one definition is language designed to have a persuasive or impressive effect, which is often regarded as lacking in sincerity or meaningful content. But his does possess meaningful content. How about 'I will do whatever it takes to stay in power?' (a summary of the direction of his tirades). This is about the same amount of leadership that your very own version says, the man who trumps idiocy with absurdity. Do you remember Abbott and Costello, that very

funny comic double? Well, here we have Abbott and Trump, equally as silly, but far less entertaining and far more dangerous. They deserve each other, so I'm proposing they get together and form a new party, the ILL, or International League of Idiots. Only idiots allowed to join, so it will be a major player on the world stage. Headquarters the Trump building, of course (Can't imagine Donald coming here), Slogan 'Whatever it Takes', and there would be no lack of senators and members: Four idiotically talented men from here, the Tea party from you, extensive media coverage, and a deal with Mr. Murdoch.

But Tony is so far out of step with the rest of the world that even Donald may blanch at that thought. Power may corrupt, but they want absolute power with absolute solution.

But it would be fun to see who won the stupid remarks stakes. We could then buy shares in the comedy club, because if either do get to power (again, in our case), we'll surely need to laugh as we scour the rubbish bins of life. We both deserve better than that.

Let's wish each other luck.
Lindsay!

To read past editions of *Down Under* visit the Authors section of Emmitsburg.net.

THE PASTOR'S DESK

Hope

Pastor Mark Punchard Jr.
Intersection Church, Gettysburg

Every single human being has a deep seeded desire and need for love and acceptance. How do we find authentic love and acceptance in our messy lives? We live in a world that is so broken and full of hurt. We often cope with these hurts by turning to drugs or alcohol. Sometimes we cope consciously or unconsciously through twisted emotions like anger, depression or anxiety. So what do we do? Where can we turn? The only true hope is in Jesus Christ! The only place we can find acceptance regardless of our past and love unconditional is from God.

In my own past I went through a lot of struggles and a 15 year season filled with hurt from divorce, emptiness from alcohol and drug abuse, and shame from a pornography addiction and a stint in prison. While my story is far from over the chapter that

followed this season of my life is one filled with redemption, hope and love. No matter what I go through in life from here on out, my foundation is built on the rock. God's word is very clear that he works all things for my good. It isn't always easy and isn't without pain but I know that God has my best interest in mind as he allows me to move forward.

My wife and I have had the pleasure of leading a Christ centered recovery group called celebrate recovery. We had both attended other recovery groups but left feeling stuck with a title that Jesus died on the cross so that we don't have to carry any longer. My name is Mark however I am no longer an alcoholic, thanks to God's grace.

Celebrate recovery is a group that is for people with many different hurts, habits and hang-ups. God's healing is available for so much more than drugs and alcohol addictions. People have experienced freedom from anxiety, depression, hurt from past abortions, sexual issues and so much more.

The two biggest differences between celebrate recovery and



so many other recovery groups is that we separate the men and woman, for more comfortable sharing, into groups that are struggle specific and we believe that there is only one higher power Jesus Christ!

We have two meetings a week in Gettysburg every Monday night at foursquare church 330 West Middle St. and every Tuesday night at the Intersection church 1980 Baltimore Pike (right off of route 15n), both meetings are held from 7-9pm.

Too often in our lives we have nothing greater than ourselves to hope and trust in which leads us into troubles and down dark paths. Jeremiah 17:7 is one of my favorite verses it says: "Blessed is the man who trusts in the Lord, and whose hope is the Lord". This isn't a get rich quick or everything will be better tomorrow promise. It is a promise that no matter what my hurt, habit or hang up through patient endurance and trust in my higher power Jesus Christ he will see me through. He will always give me all that I need. There is nothing we have done or will do that would exclude us from his eternal love, mercy and grace. That is reassuring. That is a promise that we can all hold on to, hope in and trust!

If you study the life of Jesus he met people right where they

were, wherever that happened to be. He never asked the woman at the well to clean herself up before he talked to her. He never said to Zaccheus get rid of your friends and ill come over, he informed he'd be there for dinner. He never asked the woman caught in adultery to stop sinning or you'll be condemned. Instead he looked around and asked all of the others standing there in judgment if they were without sin to throw a stone first. The funny thing was everyone dropped their stones because they knew that they weren't perfect either. It was after Jesus loved her, her accusers left, that he told her she did not need to sin anymore. He promised to be with her. She had something greater than herself to hope in. The God of the universe in the form of flesh did not look at her in with eyes of judgment and condemnation but with eyes of understanding and love. He is God. He knew full well the type of person that she was, what things she had done and it didn't faze him at all. He loved her. He accepted her.

Jesus also healed people indiscriminately. He never asked for a resume or background check. He healed people who were humble and admitted there need for help. He healed people who had faith

that he could do what he promised. He healed people whose heart had changed. There was even an instance in the gospels that Jesus healed a man lowered through a rooftop because of the faith and perseverance of his friends. We have had the pleasure over the last few years of seeing men and women have their chains of bondage broken. Psalms 107 says that "as they cried out unto the Lord their chains were broken". Broken chains cannot be put back on. What an awesome promise of hope through our faith in him.

If there is anything that you are struggling with whether it is a chemical or food addiction, a hurt from your past that you didn't cause, grief from the loss of a loved one or broken relationship or a broken view of self worth we would like to welcome you to join us at celebrate recovery. We would like to welcome you with open arms regardless of your past. We would invite to receive the same healing and growth so many of us have received from the one where our hope is placed, in our higher power Jesus Christ!

To learn more about Intersection Church contact Pastor Mark at 717-309-6066 or email him at gettysburgcr@gmail.com.

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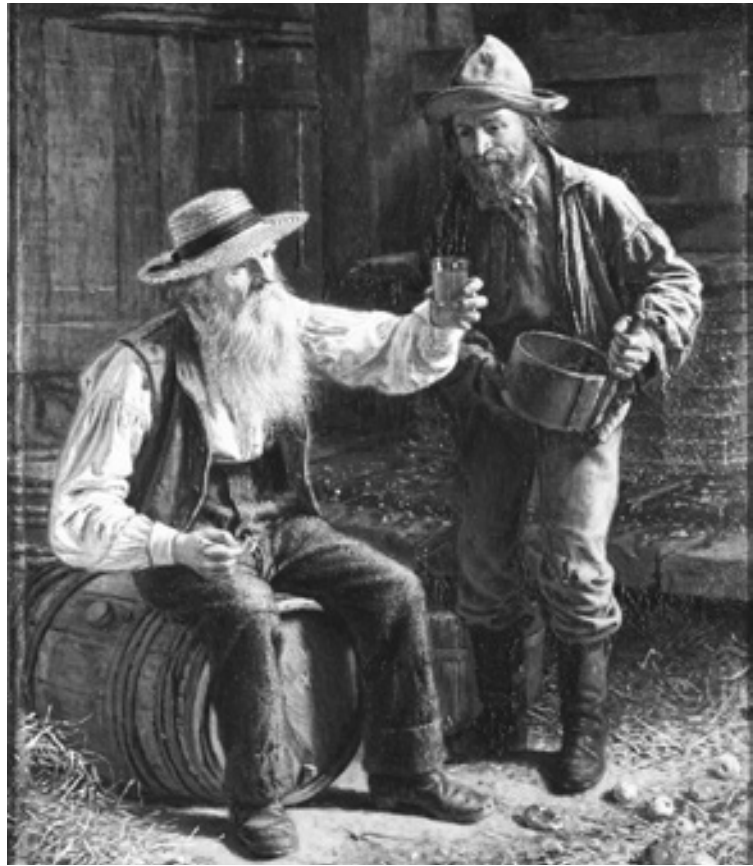
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THE BOOK OF DAYS

Cider making



Old sayings about clothes September 7

It is lucky to put on any article of dress, particularly stockings, inside out: but if you wish the omen to hold good, you must continue to wear the reversed portion of your attire in that condition, till the regular time comes for putting it off—that is, either bedtime or ‘cleaning yourself.’ If you set it right, you will ‘change the luck.’ It will be of no use to put on anything with the wrong side out on purpose.

It is worthy of remark, in connection with this superstition, that when William the Conqueror, in arming himself for the Battle of Hastings, happened to put on his shirt of mail with the hind-side before, the bystanders seem to have been shocked by it, as by an ill omen, till William claimed it as a good one, betokening that he was to be changed from a Duke to a King. The phenomenon of the hind-side before’ is so closely related to that of ‘inside out,’ that one can hardly understand their being taken for contrary omens.

The clothes of the dead will never wear long - When a person dies, and his or her clothes are given away to the poor, it is frequently remarked: “Ah, they may look very well, but they won’t wear; they belong to the dead.”

If a mother gives away all the baby’s clothes she has (or the cradle), she will be sure to have another baby, though she may have thought herself above such vanities.

If a girl’s petticoats are longer than her frock, that is a sign that her father loves her better than her mother does—perhaps because it is plain that her mother does not attend so much to her dress as she ought to do, whereas her father may love her as much as you please, and at the same time be very ignorant or unobservant of the rights and wrongs of female attire.

If you would have good-luck, you must wear something new on ‘Whitsun-Sunday’ (pronounced Wissun-

Sunday). More generally, Easter Day is the one thus honoured, but a glance round a church or Sunday-school in Suffolk, on Whitsunday, shews very plainly that it is the one chosen for beginning to wear new ‘things.’

While upon the subject of clothes, I may mention a ludicrous Suffolk phrase descriptive of a person not quite so sharp as he might be: he is spoken of as ‘short of buttons,’ being, I suppose, considered an unfinished article.

September 25

Debarred by the adverse influences of climate from the profitable cultivation of the vine, the northern nations of Europe have endeavoured to supply this deficiency by the manufacture of exhilarating liquors from fruits and grains of various kinds, more congenial to their soil and skies.

Of these rivals to the grape, with the exception of John Barleycorn and his sons, there is none which may more fairly claim to contest the palm of agreeableness and popularity than the apple and her golden-haired daughter, the bright and sparkling cider, whom some ardent admirers have even exalted to a level with the regal vintage of Champagne.

Like hop-picking in the east, the gathering of apples, for cider, forms one of the liveliest and most interesting of rural operations throughout the year in the western counties of England. These comprise mainly Hereford, Monmouth, and Gloucester shires, Somerset and Devon, the first and last counties more especially representing the two great cider districts of England, and also two separate qualities of the liquor,

In the manufacture of cider, those apples are preferred which are of a small size and have an acid or astringent taste. Red and yellow are the favourite colours, green being avoided as producing a very poor quality of liquor. Where cider is made in

small quantities, or where it is desired to have it of a specially fine description, the apples are gathered by the hand when thoroughly ripe, carefully picked, and any rotten portions that may appear, cut away.

For general purposes, the fruit is beaten from the trees by the aid of long poles, and collected in baskets beneath, by women and children. It is then spread out in heaps in the open air, and remains exposed to the weather till it becomes mellow. It is then conveyed to the cider-mill, a primitive apparatus, consisting of a stone wheel revolving in a circular trough of the same material, and driven by a horse.

The apples are ground as nearly as possible to a uniform consistence, it being especially desirable that the rinds and kernels should be thoroughly pressed, as on the former the colour, and on the latter the flavour of the liquor essentially depend.

The resulting pulp, or, as it is termed, pomage, is taken to the cider-press, a machine constructed on

the principle of the packing-press, on the floor of which the crushed fruit is piled up, between layers of straw or hair-cloth, and subjected to a severe and protracted pressure. The heap thus formed is styled the cheese. Wooden tubs or troughs receive the expressed liquor, which is then placed in casks, and left to ferment.

This operation being successfully completed, the cider, bright and clear, is racked off into other casks, which are allowed to stand in the open air till the ensuing spring with their bungs lightly fixed, but which are then tightly closed. The best time for bottling it is said to be when it is from eighteen months to two years old, or rather when it has acquired its highest brightness and flavour in the cask. If the proper time for doing this be seized, the liquor thus bottled may be kept for a very long period, but, as a general rule, cider is extremely difficult to preserve, from the readiness with which it turns sour, owing to the development of lactic acid.

As a summer drink, cider is a most palatable and refreshing one, though its extended use seems to be confined to the western counties of England, where it occupies the place in popular favour held, in other parts of the country, by beer. The percentage of alcohol which it contains, varies from 5½ to 9.

We retain a most affectionate remembrance of the liquor in connection with the fairy nooks of Devon, and the rich pastures of Somerset, through which, some years ago, it was our fortune to ramble. Enchanted land of the west! How our fancies are entwined with thy sunny valleys, deep shady lanes, and the beauty and vigour of thy rustic inhabitants. Long may Pomona shed her choicest blessings on thy head, and her refreshing juices cheer the heart of the thirsty and way-worn traveller!

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Our 60th Anniversary

Bill Meredith

"If you can look into the seeds of time,

And say which grain will grow and which will not, Speak, then, to me..."

—W. Shakespeare, *Macbeth*

Sixty years. On the finite scale of trips around the sun, that span of time is measurable with precision; but put it in your brain, where memories live, and all semblances of precision and logic disappear. A particular incident may be remembered as clearly as if it had happened this morning... or it may blur back in time as far as the Old Testament. For example, take the announcement that came out in the paper the next day. For all I remember, it might have said:

"And it came to pass that on the 20th day of the Month of August, in the Year of Our Lord 1955, when the Green Corn Moon was but three days into its cycle, the clans of the Hixens, Cimiawskis, Merediths and Browns did converge upon the Presbyterian Church in the coal-mining hamlet of Jordan in the state of West Virginia. And there, when the temperature had reached the appointed level of 100 degrees, Betty Jean Hixen and William Meredith, in the presence of their clans and attendants and assorted on-lookers, did present themselves to stand before the Reverend Edgar Towne. And there they recited the vows of Holy Matrimony, as rehearsed and directed, and were pronounced Man and Wife until death shall them part."

The only things I remember with certainty are that it was hot, and she was beautiful. Her father, unaccustomed to formalities but not intimidated by them, walked her down the aisle, grabbed my hand, and put hers into it with a firmness that implied, "There. That's done. Now see what you can do with her." The rest is a blur; I can name things that must have happened, but the only clear pictures that remain now are the ones in our photo album.

There was, of course, a history before that day. We met five years earlier, on the school bus. I think it was coincidental, but I've never been sure; I was late getting on one day,

and the only empty seat was beside her. I had noticed her before... how could I not? ...but she was a Freshman, I was a Senior, and we lived in different worlds. I don't remember being aware of it, but over the next several weeks, somehow that seat always seemed to be available. A few months later, she invited me to her 14th birthday party... and from then on, the details become indistinct in my memory.

Our first date happened a few weeks later. Dating was a new experience; I was on a very limited budget, and was not sure whether I was expected to provide any extra entertainment besides the movie we were to see. I felt I was on thin ice when the evening started; but it was too late to back out, so I picked her up in my Dad's car, we went to the movie and then came home, and she seemed satisfied. Apparently she also had been brought up on limited budgets; she seemed happy with the evening and did not expect more. I was so relieved that I kissed her. I imagine it was done awkwardly, but I'm not sure... I don't remember anything else... I guess I must have gone home then....

We continued dating for the next four years, while I finished college; she finished High School, and started a two-year secretarial program at the local Business College. I think we both felt that we were on a one-way track that led directly toward marriage; we were both happy with that idea, but beyond that our reactions were very different. I tended to worry about long-range details and try to plan how life would be. She seemed to think things like that would take care of themselves; she was more concerned with immediate problems, like finding a wedding dress that was both attractive and on sale. I assumed I would get a job as a High School science teacher; but then a new Biology Professor told me I should go to Graduate School. When I protested that I couldn't afford it, he told me I could get a graduate assistantship at West Virginia University which would actually pay me to get a Master's degree.

I was amazed. It seemed that her approach worked; all the problems I had worried about had gone away, so we began making wedding plans. I intended to get a summer job; but then we found that the pro-

gram at WVU required two summer courses. We set the wedding date for the weekend after the second class finished; but we found I had misread the calendar, and there would be another week of school after our wedding. We had already sent out the invitations, so it was too late to change the date. To make things worse, I found that an exam in Physiology was scheduled for the Monday after the wedding. I went to Dr. Charles Norman, and asked if I might take his exam later. He smiled gently and said he understood how such things happen; but this was Graduate School, and it was part of the training that we must learn to do our work on time, even when minor inconveniences like weddings intervene. He assured me that I could do it, and things would turn out OK, and he wished me well. I left his office in a state of panic; but it turned out that he was



Betty and William Meredith



correct. It was an important lesson that I never forgot, and he became a good friend as well as a mentor as a result.

All of that may explain why my memory of the wedding itself is so spotty. We went back to her parents' house from the church. The house and yard were full of people, eating, drinking, and laughing; she went inside with five aunts and several school friends to change, and someone lured me around to the back of the house so I wouldn't see them decorating the car. The afternoon was swelteringly hot, and seemed to drag on for hours, but finally she came out. There was another interminable delay while they took pictures; then, finally, we drove off toward Morgantown, trailing streamers and tin cans behind us. We got to our apartment, and discovered that it was hot there too; so we sat down and looked at each other until we figured out what to do next.

We got up the next morning a bit later than I had planned, and drove to Blackwater Falls for a honeymoon picnic. It was about 70 miles, but on West Virginia roads that took over two hours. We got

there about noon, and tried to build a fire to roast some hot-dogs; but there was very little dry wood to be found. Finally a small, smoky blaze developed. We told each other that we really did prefer rare wieners, and there was a can of baked beans to go with them. Thus fortified, we walked to the falls, and took some pictures; and then we went back to Morgantown. I had intended to review a bit for the physiology exam that evening, but I didn't get around to it... after all, there are some things about physiology that you can't learn from books.

Nothing much happened after that. She finished Business College; our daughter was born; I got my degree and we moved to Emmitsburg, where I taught for the next 41 years. We lived in college housing for the first 10 years; two more kids came along, and she did the work of raising them while I earned a Ph. D. at College Park. Then we bought a house in town, and when all of the kids were in school she found gainful employment, first at Sperry's Ford garage and then as a Teacher's Aide. Time speeded up; the kids went to college, then got married,

and grandchildren began to appear. The kids sent us back to Blackwater Falls for a 40th Anniversary, and then it soon was time to retire. I traded my 60-hour work weeks for golf; she contented herself with cooking, baking and canning which led toward an annual harvest of blue ribbons at the Thurmont Community Show. A 50th Anniversary was celebrated at the college with about 150 of our closest friends. And then time began to divide; the world speeded up, but we slowed down. And now, here we are.

Sometimes I think back about all the time I spent worrying and planning how life was going to go, and I remember Shakespeare's words. More often than not, what I planned and worried about didn't happen; and if someone could have looked into the seeds of time and told me how things were really going to work out, I wouldn't have believed them. Yet life has been good. And when I see her each morning, she is still beautiful.

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Good drug, bad drug

Michael Rosenthal

It's easy to make the assumption that because a medical drug is available on the market and your physician recommends it, that it will be effective and safe. As this story shows, it's isn't always that simple!

Thalidomide was developed by a German pharmaceutical company, Chemie Grunenthal, and a twenty-year patent was obtained in 1954. It was marketed for the treatment of respiratory infections under the name Grippex, a combination drug in which a chemical named thalidomide was combined with other chemicals. Upon finding that thalidomide was effective for having an inhibitory effect on morning sickness, it was marketed aggressively as an over-the-counter drug in 1957 under the name Contergan. At this time, the use of medications in pregnant women was not strictly controlled. Drugs were not routinely tested for safety to the fetus, because it was not thought that such drugs could cross the placental barrier and damage the fetus.

This drug became very popular in Europe, Australia, New Zealand, and the United Kingdom, marketed under the name Distaval as a remedy for morning sickness. It was advertised as being completely safe. More and more pharmaceutical companies around the world obtained licenses from Grunenthal, and by the mid-1950s, 14 companies were marketing the thalidomide-containing drug under many different trade names. Smith, Kline, and French was approached by Grunenthal, and they conducted animal tests and ran a clinical trial involving 875 people, including pregnant women in 1956-57. They declined to distribute the drug in North America, feeling that it was not as effective as claimed by Grunenthal. Safety was not an issue at this time.

In 1958, Grunenthal reached an agreement with the Cincinnati-based William S. Merrell Company, and they licensed the drug and began to distribute it to 1200 physicians for testing purposes, expecting rapid approval from the Food and Drug Administration. It has been estimated

that more than 2.5 million tablets were distributed to some 20,000 patients, several hundred of whom were pregnant.

About that time in 1960, Dr. Frances Oldham Kelsey was hired as a medical officer at the FDA, along with six other scientists, to review the 300 human drug applications that appeared annually. Dr. Kelsey raised serious concerns about thalidomide, feeling that Merrill had not produced adequate test results. Merrill refused to produce the test results that Dr. Kelsey demanded multiple times, and she blocked the approval of this drug for 19 months in the United States, worrying about its possible side effects. Not surprisingly, the pharmaceutical industry was not pleased, but her caution prevented an American tragedy from occurring.

Dr. Kelsey felt that the absorption and toxicity studies submitted by Merrell were incomplete, and thus she rejected the application and repeatedly requested more data. By February of 1961, Kelsey found that there were side effects and potential adverse reactions that had not been brought to the FDA's attention. No research had been done on pregnant animals, so there was no indication of potential danger to pregnant women. The drug had been used in Canada, but was banned in March 1962 due to worry about birth defects, which turned out to be the drug's prominent danger.

A particular physical deformity, the development of seal-like flippers, known as phocomelia, as well as infant deaths, were appearing abroad where thalidomide was being sold, including some 17 cases of phocomelia reported in the United States that apparently stemmed from the early distribution. Investigators were beginning to suspect thalidomide was the culprit. Due to the concerns raised by Dr. Kelsey, approval of the drug was stalled.

Faced with the inevitable likelihood thalidomide was a dangerous drug to pregnant women, Merrell withdrew its application for the drug's approval. The seventeen United States cases of infant deformity were conclusively linked to the trial distributions of

the drug by American physicians.

Further research indicated that thalidomide did indeed cross the placental barrier and retarded development of the fetus. It has been estimated that tens of thousands of babies had been affected by this drug in Europe! Many babies were born with no limbs or with withered appendages protruding directly from the trunk. Some babies had other deformities as well, and many babies died in the womb.

An important secondary benefit came from Dr. Kelsey's work. The Kefauver-Harris amendments, approved by Congress and signed into law by President Kennedy in 1962, created the clinical trial system which makes extensive drug testing mandatory.

In 1998, thalidomide was approved by the FDA for treatment of leprosy lesions, and in 2006 was approved for treatment of certain cases of multiple myeloma. Along with this approval, however, came strict safeguards for use including pregnancy testing. An apology was made to thalidomide victims by the German distributor of the drug, Grunenthal, in 2012.

Another aspect of this story is the success in this period of a woman scientist. It will be a surprise to younger readers how hard it was for a woman during this period to be successful in science. Women were expected to stay home, cook and clean, and have babies. I'm not kidding! Yes, there were women who overcame these biases, but it wasn't easy.

There were

very few women chemistry majors in my undergraduate school. The only woman on the chemistry faculty at the University of Illinois during my graduate study, 1961-1965, was the chemistry librarian. I struggled for many years as a chemistry professor and health professions advisor in the 1960s

and 1970s to get my women students into medical school and veterinary school. It is ironic how the veterinary profession is now dominated by women.

Dr. Kelsey, Canadian-born, was once a family doctor and professor, with both a doctorate in pharmacology and a medical degree from the University of Chicago. She became director of the FDA Office of Scientific Investigations, spending 45 years with the FDA. She was a scientific hero and was a great role model for women aspiring to careers in science and medicine, retiring at age 90. She passed away recently at age 101.

Here's a pseudo-science quickie. For a period of time, there were advertisements (including a full page ad in USA Today) for Vitamin O.



Thousands of babies were born with birth defects as a result of thalidomide.

It was advertised as a dietary supplement, utilized by adding 15-20 drops two or three times a day in water. It was said to "maximize your nutrients, purify your bloodstream, and eliminate toxins and poisons". It was said to "stabilize oxygen molecules in a solution of distilled water and sodium chloride". It's salt water! It's entirely safe at that concentration, but it is of no use whatsoever. At its peak, they were selling 60,000 vials per month! It is still purchasable, among other sources, at Amazon! As P.T. Barnum said, "There's a sucker born every minute", or as Mel Brooks says, "Everything is Showbiz".

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IN THE COUNTRY

Fungus Amongus

Tim Iverson, Naturalist

Shrieks of “sss-sssss-snn-sna-skeeee!” can be heard from frightened men, women, and children anytime an unexpected or unwanted sighting occurs. Snakes can strike fear into the hearts and minds of many and are pervasively vilified throughout our culture. They already suffer from extensive habitat loss and unnecessary killing, but there is a new threat bearing down on these marginalized reptiles. A relatively new disease is slithering across the Eastern United States and infecting these all important predators.

Not much is known about snake fungal disease, or more academically known as *Ophidiomyces ophiodiicola*, but researchers are currently investigating how it spreads and how to treat this fatal infection. Conservation Magazine, a publication from the University of Washington, reported that in 2006 a New Hampshire population of Timber Rattlesnakes numbered at least 40. Then they began showing symptoms of the infection. Of this infected population, only 19 survived. The fungus affects every snake species differently. In some species it has a near 100% mortality rate, and this spells bad news for the ecosystem as a whole.

This fungus isn't necessarily new. What does appear to be new is the way it attacks snakes. Matthew Allender, a researcher and professor of biosciences at the University of Illinois, and

his team recently published their findings in the Journal of Fungal Ecology. What they've found is that the fungus thrives in the soil and consumes dead animals and plants. *Ophidiomyces ophiodiicola*, or Oo for short, survives by eating keratin. Keratin is the same substance that makes up fingernails, hair, and snake scales along with a long list of other things. What Allender and other researchers believe is that when snakes come out of hibernation it can take a while for their immune system to become fully operational and this is when they pick up the infection. Snake fungal disease begins attacking scales and can cause a whole host of problems for the afflicted. Skin lesions, eye infections, pneumonia, abnormal shedding, ulcers, and other debilitating skin conditions occur as a result of infection. This fungus's growth slows in colder environments and freezing temperatures. As global temperatures rise and winters become milder in some areas this could spell regional problems and cause snakes to become even more susceptible.

Currently, snake fungal disease has been found in 14 states ranging from Minnesota to Florida. Maryland is not currently identified as an infected state, but neighboring Virginia does have confirmed cases. Since 2006 research has focused largely on diagnosis and treatment. Matthew Allender describes current diagnosis methods as being less invasive and more sensitive than the pre-

vious conventional methods. Presently field researchers can take a cotton swab sample on site to test snakes. Previously snakes required biopsies of affected tissues. The new testing method is described as being integral to the research and treatment of affected snakes. “We can know how many [fungal spores] are in a swab, and then we can start to treat the snake and we can watch to see if that number is going down,” Allender said. This will hopefully lead to an eventual treatment that can successfully rid snakes of the infection, and beyond that a field application.

Snake fungal disease is similar to another fungal infection wreaking havoc on bat populations in the United States, known as White Nose Syndrome. White Nose Syndrome is caused by a fungus called *Geomyces destructans*. This cold loving fungus was also first discovered in 2006. It spreads to hibernating bats and causes erratic behavior. Affected bats will awaken during hibernation with decreased and damaged wing tissue. Flying becomes harder work which depletes energy supplies during times of the year when there is little or no food, which eventually causes starvation and then death. White Nose Syndrome has been confirmed in 19 states and 4 Canadian provinces. In some species it has a mortality rate of 95%.

Illinois Natural History Survey mycologist Andrew Miller said, “The fungus killing these snakes is remarkably similar in its basic biology to the fungus that has killed millions of bats. The snake fungus has the ability, just like the bat fungus, to live as a saprobe, consuming dead organic matter. It doesn't need the animal to live, but it's out there attacking the animal now. Why is it doing it? I don't know.” While Mat-



The Eastern Garter Snake is one of the local snakes that can be affected by the *Ophidiomyces ophiodiicola*.

thew Allender is currently leading research on Snake Fungal Disease he thinks it may be a snowball effect that's just accumulated to this point. He cites pollution, weather/climate events, habitat degradation, and stress from human encroachment as possible culprits to a weakened immune system.

Snakes are a remarkable and highly beneficial keystone species. Snakes are crucial to pest and rodent control for the environment and us. Most of what snakes eat is largely rodents. Rodents, like mice for example, are prone to spreading disease. Often they are carriers of ticks. Ticks can transmit a plethora of pathogens to people including (but not limited to) Rocky Mountain Spotted Fever and Lyme disease. Mice don't need help from ticks to spread disease though.

They are effective enough at it on their own. Through urine and fecal excrement mice are known to transmit salmonella, hanta virus, and plague. Bites or scratches from mice or mites that live on mice can cause rat-bite fever, typhus, and types of pox. Snakes are glad to lend a helping hand in protecting us from all this.

Snakes were already under threat from urbanization and habitat loss. Many snakes only reproduce every second or third year. With the added threat of a fungal epidemic that could spell disaster for regional snake populations. Research has been ongoing since the first discovery in 2006, and now has a multitude of state, national, and non-profit partners. The average person can assist too. The most practical thing an individual can do is to report any potential sighting of disease to wildlife authorities like the Maryland Department of Natural Resources or the USGS National Wildlife Health Center. To help control and prevent the spread of the disease do not capture or relocate any snakes. Bringing a potentially infected snake into your home or to another area can spread the disease to new populations and areas, including any pet snakes that may reside in the home. Finally, cleaning any field gear like snake hooks and snake bags or container boxes can prevent the spread of Snake Fungal Disease as well as other pathogens that snakes can transmit to one another.

There's no clear end in sight for the treatment and eradication of Snake Fungal Disease. Many researchers, non-profits, and agencies are working together to investigate the epidemic further. If the infection progresses further shrieks from terrified ophidiophobes may become less and less.

To read past articles by Tim Iverson visit the Authors section of Emmitsburg.net.

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IN THE COUNTRY

Middle Creek - streaming resource

Chuck Reed
Strawberry Hill Nature Preserve

The Middle Creek Watershed has a long history of human activity. Native Americans used the watershed before the European settlers; they traveled, hunted, and settled in the woods along the stream. Although there is no written history of their experiences, remnants of arrowheads and other tools can be found all throughout the area documenting their presence. Among the tribes that inhabited these parts was one called Tomes (Tom Indians). Tomes Creek, which Middle Creek flows into, was named after the Tomes.

The earliest European settlers came to the area in the 1730s. They were mostly Scotch-Irish who came to America to escape famine in Ireland. When the Europeans settled the area, the English government was worried about French moves to claim the interior of the American continent. To counter this, the English government began an active policy of promoting settlement of the wilderness.

From the middle of the 18th century until after the American Revolution the population in this area lived a frontier-like existence. Settlement began by clearing the forests for timber, cultivating the land for farms and orchards; there was even mining for copper and other minerals. Many mills, early farmstead homes, charcoal mounds, and old mines can still be found throughout the watershed.

One of the major mills on Middle Creek was a wool and cloth factory. The mill sat on the creek, two miles from Emmitsburg on the main road to Gettysburg. The factory carded wool into rolls that was manufactured into cloth, cassimere, cassettes, blanketing, and flannels. The mills in the area depended on the flow of water in the Middle Creek for operations.

During the French and Indian war (1754-1763), Hamiltonban Township was on the frontier, and there was much bloodshed in the area, both by settlers and Indians. In the late 1750s settlers formed companies for the de-

fense of the frontier near Virginia Mills, found on Mount Hope Road along Middle Creek.

In the 1770's petitions from Hamiltons Bann cited the need for an established road along the creek by which to carry their flour and other produce to market. "A road from Ramseys and Gettys Merchant Mill on Middle creek is the best and shortest way to intersect the road already laid out and cleared from McGaugheys Mill to the temporary line at the northeast corner of James Thompson's old field." Around this time, in 1772, Middle Creek also first appears on Reading Howell's map of Pennsylvania as a prominent waterway between Marsh and Tom's Creek.

Middle Creek flows from the foothills of the South Mountain range south through the valleys directly through the Borough of Fairfield toward Maryland. Because of Fairfield's location on the main road from Gettysburg to Hagerstown, the town continued to grow during the intervening years up through the American Civil War.

In the 1830s, prominent Adams County resident and Pennsylvania State Senator, Thaddeus Stevens, proposed and initiated construction of a branch railroad line to connect iron furnaces in Adams and Franklin Counties to the Philadelphia and Columbia Railroad in Columbia, Maryland. Due to political and financial problems, the full extent of the railroad was never completed. Fairfield would have been designated an important stop on Thaddeus Stevens' "Tapeworm Railroad" had it not been abandoned in 1838. In the late 1830's, laborers walked away from partially built line, leaving embankments, cuts and fills, and bridges unfinished throughout the watershed. Nevertheless, the rail-bed did provide a path for escaped slaves using the "underground railroad" to freedom. Remnants of the Tapeworm Railroad can still be found located throughout the Middle Creek Watershed.

In 1878, copper was discovered in the Snively Mines on the Musselman

tract near Fairfield. The mine was located near off Mount Hope Road. On the tract three copper veins were discovered, one of which was ten feet thick. It has been said that the mine was reason the village of Mount Hope was given its name. However, there was not enough copper to sustain operations and the mine has been shut down for about 100 years.

Around the mid to late 1880's, P.H. Glatfelter Company, a producer of engineered papers and specialty printing papers was founded in Spring Grove. A pulp mill was installed in 1895 to make pulp from pine and poplar wood by a soda process. Shortly after, Glatfelter began to lead the paper industry with the installation of the world's largest paper machine, using wood fiber instead of rags.

To sustain its operations, Glatfelter began a forestry management initiative in 1934, encouraging farmers to plant more trees and prevent soil erosion. The term "tree farming" was fashioned in the 1940's to introduce the public to sustainable forest terminology and many properties in the watershed began to participate in this farming. In 1947, Glatfelter launched their first tree farm, within the Middle Creek and Tomes Creek watersheds, managed for the growing of sustainable forest crops in Pennsylvania and Maryland. The land became Pennsylvania's first designated Tree Farm (Tree Farm #1), and has since been a local natural and recreational resource while being actively managed for timber production.

Beginning in the 1960's Frances Morton Froelicher and her husband, Hans Froelicher, came to the watershed and began purchasing land as a retreat from Baltimore. The Froelichers stitch together various tracts of woodlots to create the original 519-acre core of Strawberry Hill Nature Preserve along Middle Creek adjoining Tree Farm #1 and Michaux State Forest. Mrs. Froelicher managed the land and worked towards establishing an environmental center until her death in 1994. In her passing, she gave Strawberry Hill to the community of

Mount Hope. Since 1994, Strawberry Hill has expanded the preserve to include 609 acres. Its environmental center now welcomes over 10,000 visitors to hike its trails and participate in environmental education programs.

By 2007, the Glatfelter Tree Farm grew to roughly 2,500 acres and the Glatfelter Pulp Wood Company decided to put the property up for sale. Drawing concern from local citizens, worried about the threat to the property's water resources, wildlife habitat and recreational opportunities, a collaborate effort between local, state, and national conservation organizations and local governments was put together to purchase the tree farm. In 2011, the community was able to complete the purchase and transfer the land to Michaux State Forest for long-term preservation.

Middle Creek is known today as one the best quality streams in Adams County and its health is important for the Monocacy watershed. Portions of Middle and Tomes Creek have been classified as High Quality wa-

ters by the State of Pennsylvania. Special protection was provided for the streams. The Pennsylvania Fish and Boat Commission also has designated Middle Creek as "Approved Trout Waters" stream.

There are more than 86,000 miles of streams and rivers in Pennsylvania, more than in any state in the United States except Alaska. Only 22,563 miles, or about 27% of those streams, have been classified High Quality. Adams County has over 1,300 miles of streams and virtually every stream in county originates within and flows outward towards Maryland in either the Monocacy or Susquehanna watershed. There are only 17 High Quality streams within the County, and Middle and Tomes Creek are two of those high quality cold-water streams.

During the course of history, there have been, and will be, development throughout the Middle Creek Watershed, but with a little bit of knowledge of history there are be many reasons to help protect this unique natural resource.

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PETS

Our efforts are not for naught

**Jennifer Vanderau
Cumberland Valley
Animal Shelter**

We had one of the best visits earlier this week that I must tell you about.

It was probably last fall when I wrote about two dogs named Princess and Pepper, a pitbull and a Shih Tzu, respectively. They were found together on the side of the road and Princess was standing over Pepper, protecting her from traffic.

It was an amazing story of an unlikely friendship and we were so thrilled to see it. We wanted to find them a home where they could be together because they were so attached to one another.

In fact, when I took Princess and Pepper out on a visit, the only way I could keep them calm in the van was to put them in the carrier together. I was worried there wouldn't be enough space, but the two of them just stuck together like glue. I've never seen a more attached pair before.

Unfortunately, living in a shelter is tough on dogs. One of our Animal Care Technicians equated it to us suddenly waking up one morning to find ourselves in a jail cell. I would be more than a little freaked out and it can be equally trying for our four-legged friends.

Princess became far too possessive of Pepper in the kennel and that need to protect began to make her behavior a little worri-

some. We realized the time had come to separate them. It absolutely broke my heart to do it, even though in my head, I understood the need for it.

Pepper, being an adorable little Shih Tzu, got adopted pretty much immediately. Princess took a little longer, but the day did arrive when a family fell in love with her and get this, they had a little Chihuahua whom Princess just adored.

Well, our visitor this week, as I mentioned above, was an unbelievably healthy, happy looking Princess and her mama telling all kinds of stories about her new life.

Folks, seeing Princess like that is beyond a shadow of a doubt why we do what we do at CVAS. Her tail was wagging and she was thrilled to meet anyone who came up to her and you could just tell she was unbelievably loved.

Before she'd been adopted, Princess had been a little backwards. She was wary of new people and seemed very mistrusting. I have a feeling a lot of that had to do with protecting Pepper, but in the back of my head, I always wondered if Princess would be okay.

Seeing her with her mom definitely alleviated my fears.

Then came the stories. Apparently the little Chihuahua runs the roost (just like the old Bugs Bunny cartoons with the little dog and big dog who are friends). Princess lets her little brother get away with pretty much anything,

which stands to reason seeing as how she did the exact same with Pepper.

You might want to hold onto something for this story. It's a heart-wrencher.

Apparently Princess's mom was visiting her parents and her dad has started the first stage of Alzheimer's disease. Man, at the nursing homes I visit for pet therapy that has to be one of the toughest issues for families to battle. Having a family member no longer recognize themselves or you has to hurt.

Early one morning during the visit, the dad decided he was going to take Princess for a walk. You can imagine the sheer horror of the rest of the family when they woke to find both dad and Princess gone. When recounting the story, thinking about that just about took my breath away.

Princess's mom said she and her husband combed the neighborhood looking for both of them, calling out to them, probably in a state of growing panic. Minutes would feel like hours when you're searching for a loved one who had wandered off, and the thought that he took the family dog with him must have been agonizing.

Too many scenarios would flash through your mind.

Suddenly, through the woods, a bark could be heard.

The couple recognized Princess.

Mom yelled, "Bring him home, Princess!" and within five minutes, Princess was leading her dad right into his daughter's waiting arms.

I have to say a lot of the staff at the shelter were tearing up at that one. We all knew Princess was a special dog when she was here and that story shows how truly amazing she is.

Working at a shelter is incredibly difficult and we see all kinds of abuse and neglect. That's why it's so very special and poignant and necessary that we get visits or photos or email updates from the an-

imals we have been able to help.

It's the one way we can know that our efforts are not for naught.

And Princess's wagging tail and happy face definitely proved it for all of us.

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can

be reached at cvascomm@cvas-pets.org. The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 263-5791 or visit the website www.cvas-pets.org. CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.



Chance is a handsome 4-year-old pitbull who loves to play and get attention. His expressive brown eyes really steal your heart. Chance will need a home with people who understand his energy level and breed. He's a sweetheart who knows how to sit, but does seem to have a high chase drive, so cannot be in a home with cats. Because of his size and energy, we're looking for a place for Chance with children older than 8. If you've got the right spot for him, please stop by to meet him.



Willy is a 3-year-old gray and white male who doesn't even mind being woken up from a nap to get his picture taken. This dear little guy even head-butted the shelf because he wanted attention and love so much. Willy will make a really great friend to someone.

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To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.


I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...
The love I left behind.

-- Author Unknown



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Local vet poisons neighbor's cows

Dr. Kimberly Brokaw DVM
Walkersville Vet Clinic

There are many different types of herbicides available for killing weeds in a pasture or a hay field. Most of us who grow hay, regularly use herbicide to kill weeds. This is particularly true when a pasture or hay field is not yet well established. Each of the herbicides comes with a package insert listing the dangers to people and grazing animals, how it should be applied, when it is safe to allow animals to graze or make hay, what it can be mixed with, etc.

One of the things that always concerns me is how some of the herbicide's instructions say the person applying the spray needs to wear protective gear and not touch the spray, and then in the next sentence it says it is safe for animals to graze immediately after the spray is applied. People and animals are usually not that different in their tolerance for many (but not all) poisons. I have treated several horses that have coliced after eating grass from recently sprayed pastures. I've treated both dogs and horses for "shake and bake" following pesticide exposure. The animal starts having seizures (shaking) which raises their internal body temperature to dangerous levels. Most have survived with veterinary treatment.

For these reasons I am hesitant to treat my pastures with herbicides. The only exception is poison ivy. I react horribly to poison ivy so I spray to keep it from overwhelming my pastures. When I do have to spray the horse fields to eradicate poison ivy, I am careful to pull the horses off the field (even though the label says it is safe for them to graze after spraying).

When spraying the hayfield, I am less cautious. Previously we had hired a commercial company to spray herbicide and fertilizer on the field. After a couple years in a row where they sprayed in the rain, rutting up the field, and not killing all the weeds, I decided that I could figure out how to treat the fields myself. Then I could control when they were sprayed and with which chemical.

Before I even got to herbicide selection, I realized spraying was more involved than I thought. Fortunately

for me I always enjoyed high school math and word problems were one of my favorite parts of math class. If you have my sprayer with a 30-foot boom, and set the spray nozzles at 20 inches above the ground, when the pressure in the tank is at 30 psi and you are traveling at 5mph, it puts out 15.4 gallons of liquid per acre. How much herbicide do you add to the 150-gallon tank to kill the weeds, not kill the grass, and have it safe to make hay for horses?

Luckily I already had a very good knowledge base on both weed identification and herbicide toxicity to horses. Different herbicides as well as different concentrations of certain herbicides would kill different types of weeds so weed identification is important. I could spray one herbicide in the fall and not have to worry about the long withdrawal time as we weren't going to be making hay until spring anyway and no animals are grazing on the hay field.

After much thought, I selected the herbicides I wanted, taking into account which ones worked best with non-ionic surfactant vs fertilizer. Rather than simply picking one, I picked three and opted to combine them all together for a greater spectrum of weed killing activity. Plus with it being the fall, I could use herbicides that would not be safe to use in the spring due to the long withdrawal time. I obtained the herbicides and proceeded to calculate how much to add to the tank. If I'd just been adding one product it would have been a simple matter of pouring in the amount listed on the back of the bottle. However, as I was combining three (yes I did a compatibility test to make sure they wouldn't all congeal in the tank), I would have to convert to lbs per acre of active ingredient into how much do you dump in the tank. In the end I came up

with 2.25 cups of one product, 1.3 gallons of another, and 2 pints of the third. I dumped it all in, started the tractor, and sprayed the fields. After a little glitch where a neighbor had to assist me with getting the sprayer working again, the fields were sprayed. I instructed people who I knew rode their horses around the fields to not let them graze when riding for the next 37 days.

Over the next few days I watched as the weeds started to die and I felt successful. I'd managed to kill weeds, not rut up the fields, and not kill or sicken any horses. It was in the midst of my feeling of accomplishment that I was riding my horse around the field and noticed that almost all of my neighbor's cows were trying to break out of his pasture and get into the recently sprayed hay field. On the plus side, none of the cows were in the field, yet. These neighbor cows have a history of escapes, but my neighbor assured me, before I sprayed, that he was fixing the fence so there would be no more escapes.

As I felt a wave of anxiety come over me, I reminded myself that none of the cows were dead yet. I figured I had a few options. I could hope the fence held, not say a word to the farmer, and hope that if they escaped into my field, they all survived. The second option, was to tell him about how I had concocted my own super strength field spray by combining an assortment of chemicals together. Not only was this concoction toxic to his cows but it also meant that if his cows came into my field, he now couldn't send them to slaughter for the next few weeks as the meat was contaminated. Hopefully, the second option would make him do something, immediately, to keep the cows out of my field.

I talked with my neighbor, again, and he said he thought the



repairs he made after the last great cow escape would hold. Luckily my neighbor wasn't planning on slaughtering any of the cows for the next 5 months. So the only question was were they going manage to break into the field and would they get sick?

I was picturing reading newspaper headlines "Local vet poisons neighbors cows." Definitely not the kind of publicity I wanted and I was sure

the clinic I work for felt the same way. I continued my ride around the hay field. I could see where he had cleared part of the underbrush and added new stakes to hold up the wire. Hopefully it will hold and I won't see a herd of dead cows in my backfield on my next trail ride.

To read other articles by Dr. Brokaw visit the Authors section of Emmitsburg.net.

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THE MASTER GARDENER

A report on my garden...

Mary Ann Ryan
Adams County Master Gardener

September – a month of change: school, weather, day length, moods, and gardening...

As the weather cools and days shorten, I often feel relieved for the change in season. This year is no exception. The months of July and August have been parching, and the fun of gardening has been sucked away. Time spent watering just to keep things alive...not looking good, just alive...has been a drag. But there's hope! September typically brings us relief – temperatures and moisture. It can't come fast enough.

As we embrace the changes, we can begin to function as gardeners again instead of the maintenance department. Evaluating the garden and recognizing where things can be changed is a first step in fall gardening. I know as I watered and weeded during the last month, I saw things that I'd like to change.

For instance, an area that I've

pulled tons of weeds is crying for some succulents. It's a full sun location that has been quite dry this summer. Even when we had the June rains, this area drained well, making it the perfect spot for hardy sedums. I will be planting Sedum x 'Matrona', a plant that has pink flowers in mid-late August, turning brown with foliage that turns red in color. It will grow to a height of 18". To the sides are yellow daylilies and garden phlox, Phlox paniculata 'Robert Poore', a very hardy and powdery mildew resistant plant that reaches three feet tall. Both of these plants will contrast very nicely with the Sedum 'Matrona'.

Another area in my garden has been in need of expansion. The birch trees in this bed have arched to the point of attaching the rider of the mower. This is never a good thing especially when it's your husband on the seat! So in addition to pruning the trees a bit, a little less grass and a little more mulch with a few new plants is a requirement for this particu-

lar space. Some perennials that I will be dividing and planting in this area include Iris cristata, crested iris, and Christmas fern. Both of these plants will tolerate shade and dry soils, making them pretty good choices for this area.

The summer has not been good to my vegetable garden. June rains allowed the plants to grow quickly and root shallowly, then the heat and lack of water of July and August and the new found food source for the groundhogs, has just made for some very droopy and sad vegetable plants. Although disappointed with the vegetable garden – to the point of abandoning many of the beds - I still managed to harvest tons of tomatoes. I was able to make salsa, tomato salad, tomato soup, tomato juice and tomato sauce!

In late June, when the weather was cool and rainy, I added two raised beds to the vegetable garden area for cutting flowers. There's nothing better than bringing in fresh flowers throughout the growing season. However, when the heat and dryness of this summer set in, my enthusiasm for the project petered out. Compost still needs to be dug into those garden beds and the oriental lilies, coneflowers and garden phlox are still waiting in the cold frame to be planted. I just wonder what Martha Stewart would do with a summer like this!

As our lawn transitions to tall grasses and evergreen trees, there is a beautiful perennial border in



Rudbeckia maxima, above, is commonly called the large coneflower. Its flower stalks should be left in place after bloom so goldfinches can enjoy the seeds.

its third season that is full of pollinator and butterfly plants. This garden bed is managed by occasionally pulling weeds and allowing the perennials to re-seed and just go crazy. Since the beginning in June, this perennial border has been blooming with colors of purple, yellow, white and pink. Coneflowers (Echinacea pupurea), gayfeather (liatris spicata), garden phlox (Phlox paniculata) - beware – the deer love this plant - rudbeckia of two species (maxima and fulgida), wild petu-

nia (ruellia humilis), and ox-eye sunflower (heliopsis helianthoides) have all contributed to the colorful display. Although none of my plantings are well-manicured (it's not my preferred look), they still exude beauty in color and texture. I'd consider this planting a success.

Throughout this crazy gardening summer, we have decided to develop a meadow planting. This is not something we are doing willy-nilly. On-line research, visits and chats with other Master Gardeners that have meadow plantings have inspired us to take on this challenge in our own yard.

Determining location was easy for us. It's a full sun spot that the soil is slightly clayish, but still relatively easy to dig and decent drainage. It will easily transition into an existing switch grass meadow. Our first step in this project has been to get rid of the existing plant material, which has proven harder than expected.

When we first moved to our property 18 years ago we seeded this area with switch grass, a native grass with really nice fall color and seed heads. We have since tried to introduce some flowering perennials in with the switch grass to add some summer color, however, the grass just choked it out. Once established, as we've found out, the switch grass is very difficult to get rid of. Since we have not been able to successfully introduce flowering perennials into the switch grass, we are taking part of the meadow and turning it into our flowering meadow.

We cut the vegetation down to turf height then used glyphosate to do a burn down. We thought that one or two applications would do the trick, but we were mistaken. It took care of the broadleaf vegetation for the most part, but the switchgrass kept

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THE MASTER GARDENER

Small Town Gardener

Frederick County Master Gardener fall seminars

Marianne Wilburn

My heart skipped a beat this morning when I reached for my favorite trowel only to find it absent from my secret tool basket. As a seasoned mother, this type of thing shouldn't faze me anymore. It is well-nigh impossible to find a pen, phone, scissors or roll of scotch tape in my household, and I certainly remember my own mother screaming at the top of her voice "Can't I have ANYTHING in this house without someone taking it!?" but I nevertheless feel anxiety seizing the back of my throat when I go to grab something precious – something that can't be replaced easily – and it's not there.

My trowel is one such object. I've had it for almost twenty years, and the little hardware shop on the Tottenham Court Road in London where I purchased it for the grand sum of £4.99 has no doubt been replaced by a Costa Coffee or some other unmentionable establishment frequented by Millennials with iPads who wouldn't know what to do with a 3-inch pointed masonry trowel if it came with its own app.

For that is what it is – a generic masonry trowel of unknown parentage. It did not come with an ergonomic handle or a squishy gel comfort grip, nor did it promise miracle skills to be granted to the person who would eventually wield it. It was just a plain little trowel that I bought to start my archaeological studies – a trowel that swapped the Goddess Isis for golden iris long ago, but that once saw service in digs all over the world. And it is as precious to me as a golden ring.

Why do I profess such love for a small inanimate object? Well certainly there is a great deal of nostalgia attached to a tool which represents a large chunk of one's life (now but memory); but practically speaking, the usefulness of a small pointed trowel in the garden cannot be overstated. It fits in the hand like an extension of one's fingernails, allowing the lowly digger to scrape carefully with a straight edge, stab viciously with a sharp point, or merely scoop out a small exploratory hole. Moreover, it is lightweight and sits easily in a back pocket or tool belt, ready for action even when you thought the job called for a spade instead.

It had a brother once – a robust 4-inch that survived his time in the excavation trenches of England

only to be lost to the battlefield that is children in the garden. And perhaps that is why I am so reluctant to let the surviving sibling out of my sight.

So I hide it. I hide it in the same way my mother used to hide her cherished antique nail scissors – in a place that was clever up until the minute that a child watched her put them back one day. Then the game began. She pretended not to know we knew, kept them 'hidden' and hoped that the whole cloak-and-dagger sequence would somehow emphasize how precious they were and how large the spanking would be if we ever lost the darn things.

It ended in tragedy of course, just as my little story will end some day. It certainly ended that way for the ancient magnifying loop I once lent to my (then) five-year-old son for an hour, only to have him pop the glass out and wear it like a ring.

As I sit here staring at my empty hiding place I can't help but wonder if this is the day I find out that my daughter used my beloved trowel to dig stream-side clay for her fort walls – leaving it abandoned along with a cherished kitchen knife and a pair of my best socks. Thus shall they slip ironically, but perhaps fittingly, into artifacts for an archaeological dig one hundred years from now (minus the socks of course).

One gives up so much to become a parent. They try to warn you about the loss of sleep, money, social life, sanity...but I bet they never said anything about your favorite trowel. Quite honestly, that might have been the deal breaker.

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at www.small-towngardener.com

coming back. What we did next is put a black rubber matting down on top of everything...it seems to be doing the trick. Our concern was that it's burning the weeds, but what else is it burning - beneficials in the soil? It's also kept the little bit of moisture that we received from soaking in. So removing the tarp and hoping for rain is the path we're following now.

I've been able to gather seeds or start transplants from some of my existing native plants and start them in the cold frames. This allows the plants to get a good start before planting them in the meadow area. Baptisia australis, wild senna (Senna hebecarpa) and wine cups (Callirhoe involucrate) are three that are doing relatively well. I have some obedient plant (Physotegia virginiana) that I've divided. I've collected Rudbeckia maxima and Echinacea pupurea (purple coneflower) for seeding this spring.

We've purchased some warm

season grass seeds for starting in seed trays as well as direct seeding into the meadow. These include little bluestem, big bluestem, and Indian grass. My hope is that we can use both small plants and direct seeding to produce a strong start to the meadow. The plan is this: once we have a good rain, we'll plant our starter plants and seed. Hopefully this can happen before the end of September so they have plenty of time to get rooted in before the ground freezes.

Our garden is ever changing. It's just a matter of getting past the drudgery of the hot and humid weather, when the last thing I want to do is go outside and water, again. I'm hoping for rain and cool temperatures this September to invigorate me again and tackle more gardening projects!

To read more gardening articles visit the Gardening section of Emmitsburg.net.

Frederick County Master Gardener Fall seminars

University of Maryland Extension Frederick County Master Gardeners are volunteers who love gardening and have been specially trained to help other gardeners. Our mission is to educate Maryland residents about safe, effective and sustainable horticultural practices that build healthy gardens, landscapes, and communities. UMEFC Master Gardeners present the following FREE seminars for the general public, beginning and advanced gardeners alike.

Sept 5 - Extending the Growing Season and Putting the Garden (10 am – noon.). Fall doesn't have to mean the end of produce from your garden. Learn about how to use row covers and cold frames to keep production going through the fall. We'll also discuss tasks you can do in the fall to prepare your garden for a rapid and successful start next spring. Topics include cover crops, mulching and composting.

Sept 12 - All About Herbs: Make, Take and Learn (10 am – noon). Back by popular demand! As the summer season comes to an end, enjoy this interactive workshop. Learn about optimal growing conditions for annual biennial and perennial herbs; how to maintain, harvest and preserve your herbs; special uses of herbs; and advantages of growing your own herbs. You will put this information into action by creating a fragrant herb sampler.

Sept. 20 – Just for kids (10 am – 5 pm). Kids can create two take-home projects to provide food for the family dinner table. A 'garden in a glove' contains seeds for cold-weather veggies. Take it home and watch the seeds germinate—with water and sun. Then plant the seedlings in pots or the garden for Fall harvest. Lettuce seeds planted in a mini terrarium will produce

edible greens in a few weeks.

Sept. 21 & Sept 26 –9:30 am to 1:30 pm. Young gardeners can make seed tapes and learn how to store them for Spring planting. When the ground warms up, they can plant, water, and eventually harvest their crops.

Oct 5 - Prepping Containers for a Long Winter's Nap (6 – 7 pm). When you feel that early October nip in the air, it means the frost will be along soon—and that it's time to think about winterizing your outdoor container plantings! Learn what to do for your pots and plants to prepare your container garden to survive winter.

All classes will be taught at the UME Office, 330 Montevue Lane, (off Rosemont Avenue), Frederick, unless otherwise noted. Register online at www.015fcmg-seminaroct5.eventbrite.com or call Lisa at 301-600-1595. Walk-ins are welcome if there is room.

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HEALTH NOTES

Working for your good health

Kelsey Shupe
Frederick Memorial Hospital

Parkview Medical Group recently achieved the highest level of recognition from the National Committee for Quality Assurance for its performance as a patient-centered medical home. Less than 10 percent of practices in the country have achieved this recognition, placing Parkview at the forefront of primary care delivery nationwide.

That's a prestigious honor... but what does it mean? What exactly is a "patient-centered medical home," and how do its features translate into better care and improved outcomes for patients?

According to Parkview's Practice Administrator Lisa Lipton, a patient-centered medical home is a method of healthcare delivery that provides a "home base" for each patient's medical information. A personal physician leads a multidisciplinary team to ad-

dress the medical and emotional needs of patients, as well as any financial and logistical barriers to care. Care coordinators track all aspects of patients' care, inside and outside the primary care provider's office, to maintain the most complete picture of their health.

Medical homes focus on the key components of patient satisfaction, effective shared decision-making, and helping patients establish and work toward individual health goals. Parkview offers convenient access to care, intensive patient education and practical tools that patients living with chronic disease need to manage their illnesses.

Benefits for Patients

Timely Access to Care: Parkview has four locations, all with evening and weekend hours. All locations offer daily appointments for sick patients who need to be seen right away. In addition, the Thomas Johnson Drive location offers walk-in appointments and the convenience of an on-site lab.

Better Communication: Parkview

has an online patient portal where patients can view health information, communicate with their care team, and request appointments when needed.

Whole Person Focused: Physicians and care teams at Parkview recognize the need to evolve from an approach that treats a patient's separate health issues, complaints or symptoms, to one that addresses the whole patient's needs—medical and otherwise.

Improved Care Coordination: Sophisticated, secure Information Technology is used to track patients' care across many elements of a complex care system that often spans multiple locations, including the hospital, home health agencies and nursing homes.

Parkview Focuses on Patient-Provider Relationships

"Parkview Medical Group has a tradition of providing an environment based on strong patient-provider relationships, good communication, and patient education" says Practice Ad-



Tom Kleinhanzl, President & CEO, Frederick Regional Health System (FRHS); Karen Poole, Clinical Manager, PMG; Dr. G. Johnson Koilpillai, Medical Director, PMG; Lisa Lipton, Practice Administrator, PMG; and Jim Williams, Vice President, Business Development & Planning, FRHS.

ministrator Lisa Lipton. "However, our recent migration from a traditional primary care practice to a patient-centered medical home model has helped us find even more ways to increase those benefits to patients."

Parkview, says Lipton, is focusing more than ever before on identifying high and "rising risk" patients—before the onset of chronic diseases. The practice uses sophisticated information technology to flag those at-risk for

chronic illnesses like hypertension, diabetes, heart failure and Chronic Obstructive Pulmonary Disease (COPD) before they become a medical crisis. Teaching these patients how to head off or slow down the onset of these conditions through nutrition, exercise and other preventive measures is keeping more people healthier, longer.

Wayne Harris, a 65 year-old route salesman, motorcycle enthusiast and community volunteer, says he would definitely agree. A patient of Parkview for more than 10 years, he said he has always received excellent care at the practice. But when he was diagnosed with Type II diabetes in 2012, Harris says he became aware on a very personal level of some progressive changes in care that were occurring at Parkview.

"I try to make my appointments during the day, but I noticed that they were offering evening and weekend hours," he said. "I was referred to The Diabetes and Nutrition Services Center at FMH Crestwood, and I learned a lot over there about food choices, portion control, exercise and other changes I could make to improve my health. We would set goals together, and then I would use the online portal to keep up with my progress."

What Wayne was experiencing was the direct results of some important, behind-the-scenes changes that Parkview had made toward its goal of becoming a patient-centered medical home. Using the guidelines and standards developed by the National Committee for Quality Assurance (NCQA), Parkview began working on making care more available and convenient for patients, and putting systems in place to improve patient-provider communications. The practice began following high and at-risk patients more closely to catch the onset of chronic diseases earlier, providing more extensive patient education, and encouraging a greater patient commitment to self-management and shared decision-making with the providers.

"The patient-centered medical home will be the center of the health care delivery system of the future," says Lipton. "We are working toward a system in which everyone involved in a patient's care has safe, secure access to their medical information, and the ability to share this data. It's about all of us working together for a single goal: to keep people as healthy as possible, for as long as possible.

For more information or to make an appointment at one of Parkview's four locations, call their Scheduling Office at 240-215-6310.

Introducing Walk-In Hours AT ROSE HILL



PICTURED LEFT TO RIGHT: Dr. G. Johnson Koilpillai, Rose Hill, Dr. Gail Griffin, Mt. Airy, Dr. Michael Costello, Rose Hill, Dr. Melissa Asuncion, Crestwood, Dr. Yvette Lopez-Warren, Myersville

Rose Hill

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Parkview Medical Group now offers walk-in hours (no appointment needed) at our Rose Hill Liberty Office from 8-11A.M., Monday through Friday.

No appointment is necessary for routine visits to address cold and flu symptoms, ear pain, sore throat and fever, urinary symptoms, and minor sprains and strains.

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Pippinfest turns 35!

Linda J. Sites

As autumn approaches and folks begin to speculate about the upcoming winter, many of us in Fairfield are preparing for Pippinfest. Held the last full weekend in September, this year September 26th and 27th marks the 35th anniversary of our fall festival and the 5th year the current committee has reorganized under the skilled direction of life-long Fairfield resident, Sally Sites Thomas. Had Sally not stepped up-to-the plate in 2010, it is probable Pippinfest would have ceased to be. The previous long-time chair of the festival had retired and moved south and there was a lack of leadership to organize future festivals. In fact, the Committee spent the first two years convincing many in the area that Pippinfest was going to continue. Sally would not allow Pippinfest to falter! She convinced family and friends that Pippinfest was important and a very worthwhile service to the community of Fairfield. We listened and the committee was reorganized.

Since then our committee has grown, the festival has refocused and expanded, and the Fairfield community and community non-profit organizations have benefited. This is yet another example where one person can make a difference.

Thirty six years ago Dave Thomas, who was then the proprietor of the Fairfield Inn, had an idea born of his dedication to the community of Fairfield and its heritage. As a way to bring townspeople together, he invited local clubs and school groups to participate in a community-wide celebration of the apple harvest. As a small town with a strong sense of community, the citizens of Fairfield were eager to support the idea. An all-day street festival was planned.

Eventually a second day was added to Pippinfest. Saturday was the traditional community yard sale event and Sunday featured arts and crafts.

From its beginning Pippinfest has been a celebration that has drawn people back home to Fairfield. Many families have their homecomings / reunions over Pippinfest weekend, ours

included. A long lost cousin from Houston, Texas visited Fairfield for the first time in many years during last year's Pippinfest. He'll be returning this year along with family from Virginia, Ohio, Maryland, and eastern PA!

Local non-profits are not charged a vendor fee. The festival provides an opportunity for school, community, and church groups to raise funds for their on-going projects. Folks who are Pippinfest regulars know where their favorite organization's goods are offered and if they are not sure they head for the information booth in front of the Village Hall to find out.

I can't count how many inquiries have been made for the AMVETS stand that sells the delicious apple pies and dumplings, the St. Mary's quilt raffle & food stand, the volunteer fire company's country ham sandwiches, the Boy Scouts' hot dogs, St. John's chicken corn soup, and the great brooms and apples sold by the Lions Club just to name a few of the local groups that participate during Pippinfest. Of note, this will mark the third year that Honest Abe's Root Beer, sponsored by Battersby Law Office, will provide support for the Fairfield Food Pantry through the sale of delicious root beer floats. Stop by and greet Honest Abe, he will gladly share his wisdom and you can help the area's hungry.

If you haven't been to Pippinfest recently, you may be wondering what has changed. We have expanded music and street entertainment on Sunday. There are at least four areas throughout town that will offer musical entertainment, the lot across from the Fairfield Inn, Metz's Hardware lot, the lawn of the Village Hall, and the area in front of the community Fire Hall. There is more roving street entertainment, e.g. clowns, stilt walkers.

This will be the 4th year for our cruise-in car show and swap meet organized by Grant Bryant. Another Sunday event, the car show charges no admission (donations are gratefully accepted) and is situated in the parking lot beside the Fire Hall at 106 Steelman Street.

The grassy lot, also near the Fire Hall on Steelman Street, has been transformed into an area focused on kids. At the time of this writing we have inflatable rides, games, and pony rides (small fee for these activities). Additional activities hopefully will be added before Pippinfest Sunday.

This year is the first year we will have craft and food vendors along Main Street on Saturday. Approximately ten years ago there was an intentional decision to create a craft area apart from Main Street. In recent years the committee has received feedback from the community to bring back the festival to Main Street. We will do our best this year to place more vendors on Main Street on both Saturday and Sunday. Saturday will still have a focus on community yard sales, over 30 right now are registered, and you will also see craft and food vendors on Saturday along Main Street!

This year the Fairfield Fire Company will sponsor an old fashioned Corn Bingo on Saturday afternoon beginning at 4:30. The cost for the bingo will be \$25 for 51 games. Prizes include cash, hams or turkeys. Food will be available for purchase.

Occasionally folks ask what the Pippinfest Committee does with any "profit" realized from the festival. While our annual goal is to break even, we sometimes realize a small profit. The Pippinfest Committee reports to the Fairfield Borough Council, and the Borough Council has the authority to designate Pippinfest funds for community projects not typically funded in the town's budget. Most recently the restoration, conservation, and framing of the 1896 Borough map was accomplished using Pippinfest proceeds. Other projects in recent years include the Welcome to Fairfield signs on the east and west side of the Village, the flag pole in front of the Village Hall, and new carpet in the Village Hall's conference room. Residents of Fairfield are welcome to make suggestions to the Borough Council for funding of future projects.

Throughout the month of Sep-



Pippinfest's organizers are hoping this year's turnout will be one for the record book.

tember the Pippinfest committee will meet every Tuesday at 7:00 p.m. in the Village Hall, the meetings are open to the public and volunteers are welcome. Check out the latest news and event details at Pippinfest.com

and facebook.com/Pippinfest. Jessie Kraft does fantastic work showcasing vendors and local groups on our www.Facebook/Pippinfest page. We are always looking for more Facebook friends. Hope to see you there!

WWI NEWS REPORTS FROM THE FRONT

September 3

The Russian fortress of Lutsk has been captured. So far it is the most easterly point of the Russian territory reached by the German troops. Its capture marks the fall of the 10th fortress within a month under German attacks, beginning with the taking of Warsaw on August 5.

On the Western front a great artillery duel continues along a large part of the Western front held by the French. The ultimate purpose of this activity is still obscure. Military experts however believe that a concentrated offense of movement on the part of the French and British forces is imminent. Heavy artillery engagements have invariably proceeded an offensive of any size, they been absolutely essential in this war, from a military standpoint, it advances are to be made without frightful losses.

The fighting on the Gallipoli Peninsula continues, almost entirely hand-to-hand, and of a very severe character. The British public has been greatly cheered by the version of the recent heavy fighting at the Dardanelles contained in the official report received today. This report has been awaited eagerly, in view of the affectations of Constantinople that the allies have been repulsed with heavy losses.

In the Turkish report, it is stated that it is impossible to ascertain the total losses of the British colonial forces in the fighting which followed the landing of a fresh expeditionary force August 6 and 7. The losses and dead on the whole Gallipoli front which the allies sustained as a result of the general offensive movement in coordination with the recent landings exceeded 20,000 men. Most of the bodies are still unburied. One battalion, according to the Turks, was annihilated completely.

The Associated Press correspondent saw a score of British prisoners held by the Turks. The faces of the men showed the strain under which they have been. They complained of the quality and quantity of food,

which they have received. They said they have only meat, preserves, and one biscuit. The water supply was poor and insufficient and the sanitary services were overtaxed by the number of the wounded, so that many save soldiers were unattended. Some of them, the prisoners said, were abandoned and fell into the hands of the Turks. From the stories of the prisoners it would appear that the great heat and lack of sufficient food and good water is having a depressing effect upon the British forces on the peninsula.

September 10

On September 7th, Emperor Nicholas succeeded Grand Duke Nicholas as supreme commander of all Russian armies.

The text of the Emperor's announcement of his assumption of command is as follows: "Today I have taken supreme command of all my forces on the sea and the land armies operating in the theater of war. With firm faith in the clemency of God and with unshaken assurance of final victory, we shall fulfill our sacred duty to defend our country to the last. We shall not dishonor the Russian land."

The change in supreme command of the army came as a surprise to the general public, although it has been rumored for several days and army circles. The removal of Grand Duke Nicholas came as a great surprise to England, where during the past few weeks he has received constant praise for extracting his armies from the Teutonic grip.

Grand Duke Nicholas has been described as the idol of his men in the field and has-beens said he virtually held the Army in the palm of his hand. But his popularity evidently did not find reflection among Russian officers, particularly those of Iraq. The grand Duke has treated his officers would mark severity. His punishments of them have been swift and heard and he has made no distinction between the lowly commoner or the man of high rank and political influence.

A tireless worker himself, he has demanded much more from the men around him. Anyone who shirked was packed off to the rear. This course brought out a certain amount of bad feelings against the Grand Duke in bureaucratic circles in the nation's capital.

In return the Grand Duke is credited with having just cause for complaint at the manner in which the administration at Petrograd failed to support his men with arms, ammunition, provisions and hospital supplies. It is said that some of his conversations with the Emperor had been frank and direct to a degree seldom heard in Imperial Russian circles.

The Grand Duke is a second cousin of the Emperor. He took an active part in the Russia-Japanese war of 1905, making a distinguished record for himself, and he was made president of the Council of National Defense in 1908. He was appointed commander-in-chief of the Russian armies in the field early in August of last year, virtually coincident with the opening of hostilities.

It is the general impression that Emperor Nicholas will not determine personally upon the strategic formula to be followed, but will trust the destinies of his armies to the general staff.

It is universally agreed that the Emperor's action dissipates any idea that Russia will listen to proposals for a separate peace, but will puzzle the British press is how to explain the removal of grand Duke Nicholas to another sphere.

The Post's Petrograd Correspondent declares it is no secret that many attempts have been made through Teutonic investigation to remove the Grand Duke from his command by violence, and explains that masterly as the Russian retirement has been, a retreat does not appeal to the public mind. Hence he says, it may be supposed that the Emperor's action was to unite the entire nation and carrying on the war. Moreover, he declares, Russia has exceedingly important interest on her southern front, which, in the all absorbing menace from the West slipped rather into the background, and the Grand Duke is going to the Caucasus at the moment when it is felt a great crisis is approaching there.



Russian Czar Nicholas' assumption of command set the stage for the eventual fall of the Russian monarchy and creation of the Soviet Union.

On the eastern warfront, fighting on both wings of the Eastern front proceeds with much greater vigor than the struggle in the center, where the invaders apparently are having difficulties in trackless swamps. Only in the northern regions are the Czar's armies showing anything like effective resistance, for in all other sections along the eastern front the retiree movement continues.

The immediate objective of the Austrian and German campaign in Russia becomes clearer with growing indications that the invaders need the Baltic port of Riga, not only as a base for present operations in the direction of Petrograd, but as winter quarters in case the attempt to reach the Russian capital should be postponed until next spring.

As the rainy season comes on it will be more difficult for the invaders to bring up supplies for their advanced forces, and consequently the seizure of Riga as a base becomes more vital to the success of other German plans.

In the south, near the Galician border, fortune fluctuates, first one side, and then the other claiming success. The main offensive, however, still lies with the Austrians and the Germans.

In the middle, the bitter fight-

ing in the swampy grounds east of Brest-Litovsk is nearing an end. The Germans are forging steadily ahead, despite the great difficulties of forcing a passage through the marshes.

According to an Austrian officer, writing from the front, the retreat of the Russian armies is marked by terrifying devastation, "they leave an immense sea of flames behind them. The fuel being houses and crops. The Cossacks have been instructed to leave nothing but ashes," it is declared.

There is no indication where the new Russian lines are, but, from their strong defense, it is evident that they intend if possible to bring the Austrian-German offensive to a standstill not far East of where they are now offering a most ever in resistance.

September 17

The most serious air raid of the war has failed to terrorize the British capital, even though the loss of life was serious. Instead outrage predominates, intensifying the bitter feeling towards the Germans to promoting a determination to conquer the enemy at any cost. The raid, it is believed, will stimulate all civilian war activities.

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The last major cavalry battles of modern warfare were seen on the Eastern front in the Fall of 1915.

WWI NEWS REPORTS FROM THE FRONT



Grand Duke Nicholas was hailed as a hero for keeping the Russian armies intact in spite of the failure of the government to supply them with arms and supplies.

The conditions under which the Russians are attempting to extract themselves from Vilna furnishes a striking parallel to those which follow the capture Warsaw. They may precipitate one of the greatest, if not the greatest, battle, which has been fought on the eastern front.

Field Marshal von Hindenburg's troops have flung a loop about the Russians around the Vilna front of some 200 miles. It is pointed out that von Hindenburg's cavalry has penetrated so deeply into hostile country as to create a salient open to sudden attack, if the Russians should be able to command reinforcements at the proper time and place, but it is not believed here that the Russians are in a position, to deal such a blow effectively.

There is a great deal of speculation as to the German objective. Opinion is divided whether von Hindenburg will seek merely to close his loop, thus capturing the Russian army within the net, or, not content with this, we'll pressed eastward towards Minsk in an effort to reproduce the encircling movement on a more gigantic scale, and again try for decisive victory. A similar tactics attempted after Warsaw met with failure.

Next to Warsaw, Vilna is the most important town in western Russia. It's a railway junction of great military importance. It was from Vilna that Napoleon fled in disguise in 1812, during the retreat from Moscow.

Undiminished confidence in high military circles that the Russians will make a successful retreat from Vilna is reported by the Petrograd correspondent of the Times. The Germans he says are making most desperate efforts to bag some of the remaining Russian armies before the withdrawal is completed, but the heaviest transport trains are already beyond the danger zone.

In spite of German cavalry, as brilliant as the famous Stuart and Sheridan in the American Civil War, which have swarmed about both flanks of the retreating Russians and stood astride their main lines of communications, it appears the better part of the defenders of Vilna have escaped, causing Russia to draw a deep breath of relief.

Commenting on Field Marshal von Hindenburg's latest coupe, the military correspondent of the Times suggests that since the recent changes in Russian high command, the wise strategy of Grand Duke Nicholas seems to have lost favor, and instead

of continuing their orderly retreat, the Russians held on for too long. This gave the German commander an opportunity of which he availed himself fully, and almost resulted in his capturing of the whole Russian Army

Meanwhile, reports from Siberia indicate active operations have begun along the frontiers of the Balkan states. The Austrian and German have moved half a million men from the Russian campaign to the Balkans, with the intent of opening a route from Bucharest to Constantinople.

The German newspapers interpret the news from the Serbian frontier as the beginning of a series of an offensive movement against Serbia and the final reckoning with the state which is regarded here as having been responsible for bringing on the world war.

Austrian and German artillery have begun bombarding Serbian positions south of the river frontier. The action undoubtedly is intended as a cover to the throwing of a force across the river and the seizure of a bridgehead whence the new steamroller can be started.

Just where a crossing will be attempted as unknown. The shortest route to Bulgaria would lead through the northeastern corner of Serbia, where barely 30 miles of Serbian territory intervenes between the Bulgarian and Hungarian borders. The difficult mountainous country, the absence of railroads and the proximity of the Romanian frontier, however speak in favor of the old route of the Crusaders, further to the west, in the broad and fertile Morava Valley.

Bulgaria had demanded from Serbia the ceding of Macedonia as an essential condition to Bulgaria's joining the other Balkan States and cooperating with the allies. The latter took up Bulgaria's claims and presented them to Serbia in joint notes. Serbia, after mature consideration, yielded to the desire of the allies they conceded virtually 9/10 of the territory in Macedonia demand-

ed by Bulgaria. But these concessions a Macedonian territory were made in order that Bulgaria give something in return, namely, her cooperation with the Balkan states and the allies.

On the receipt of the news that Bulgaria had ordered a general mobilization of her troops, King Constantine of Greece ordered a mobilization of Greek troops.

On the western front after artillery preparation of great intensity, which at some points lasted 50 hours, the long expected English and French offensive on the Western front appears to have begun.

The Allied armies are probably now in better position for a great offensive than at any other time since the beginning of the war. In addition to the increased number of men - estimated at 2 million - the woeful shortage is of munitions which seriously handicap the British and their activities in the earlier months of the war has been largely remedied and British artillery is now able to keep up on hammering of the enemy lines which was formally practically impossible.

Everything now is favorable for a drive, and critics are confident that the Germans must give way. But in giving way, it is admitted that the Germans will inflict terrible losses upon the Allied armies. It is agreed among officials, however, that these losses will be absolutely necessary if the deadlock in the West is broken and Belgium and France soil freed of the enemy.

It is believed in London that the new move in the West will bring the Germans face-to-face with the necessity of making a choice between the two fronts, as was the case earlier in the war.

According to the Germans, it is possible that the new offensive on the western front movement was inspired more by political than by military reasons, and the desire to influence the Balkan states, particularly Greece and Romania to remain on the side of the allies.

The Daily Telegraph, in an editorial expressing disappointment at the escape of the seven Raiders and horror at the raids, protest that the Germans gain no military advantage whatsoever and failed even to terrorize civilians. "Indeed," says the Telegraph, "in many places in London districts the spectacle of a zeppelin high up in the heavens with searchlights and shells bursting all around was regarded, and even enjoyed, as a unique and thrilling experience."

The answer of the people London and in the London district to these exercises and frightful mess may be given in an episode mentioned in the Manchester Guardian, says the Spectator, and commenting upon the zeppelin raids, "a recruiting sergeant had been addressing crowds from a platform made of debris of ruined houses and the results have been excellent.

The Evening Standard expresses the hope that the British government will announce the determination to hold the head of the German aircraft service personally responsible for the deaths occasioned by the zeppelin raids. The Globe and other newspapers take the view that every air raid on London or other English cities should be followed immediately by attacks on such German cities which are within range of British aircraft.

Meanwhile on the war front, the Russians and Germans are chiefly contending for the mastery of rail lines, the possession of which will make the victors more secure when the time comes to go into winter quarters.

Some of the British military writers believe that the Austrians and Germans have reached the limit of their penetration of Russia so far as this year is concerned, and that they must now look to the defense of their present lines.

The final objective of the Central Powers in this campaign is still a matter of conjecture, but general Ruzsky, commander of the Northern Russian army considers the capture of Petrograd impossible because the military situation

of Russia with relation to ammunition, rifles and fresh troops is slowly but surely improving. He pointed out that between the present front and Petrograd the ground offers endless difficulties to a German advance, quite apart from the fact that the approaching winter will hinder the digging of trenches. "Russia, in fact, has gained an opportunity to take a breath," he said, "and having continue the campaign through the winter, will begin the war are fresh in the spring with new armies and new objects of operation."

The Daily News says it was through German treachery that the great Russian ammunition factory at Okhta, a suburb of Petrograd, was blown to pieces some months ago. Okhta was the only munitions factory in Russia. The destruction of the plant caused such an extreme dearth of ammunition that nothing could be done against the German offensive. Russia, quite crippled, had to fight for time, and the striking power of France and Great Britain was checked. All energies of the allies had to be focused on resupplying Russia with munitions, which suddenly had become to her a matter of life and death.

September 24

The Russian city of Vilna has fallen to the Germans. Like other towns evacuated by the Russians, Vilna was reduced to an empty shell.



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HISTORY

Rediscovering Colonial America

The Braddock Expedition – 1755, part one

John Miller
Emmitsburg Historical Society

After Colonel George Washington's defeat at Fort Necessity in July 1754, the Royal Crown ordered Major General Edward Braddock to take command of the situation developing in North America. In February of 1755, Maj. Gen. Braddock came ashore at Hampton, Virginia, and would spend about one month at Williamsburg, Virginia before proceeding to Alexandria. While at Williamsburg, Braddock quickly went to work on plans for the future campaign. George Washington was given an opportunity to serve not as a Colonial militia officer, but as a British officer serving as Braddock's Aide since he was familiar with the area past Fort Cumberland.

Before the spring campaign

could take place, Braddock had to plan logistics. He needed to supply and re-supply his army as they moved westward. In order to do this, wagons and pack horses were needed to transport supplies. He also needed to re-supply his army, therefore, he studied the trails as to where he could store supplies and have additional supplies transported to the field. Navigation was also discussed. The mountains would prove to be a natural barrier, the Allegheny Mountain in particular, was a very steep mountain. Another natural barrier were the rivers that flowed in the region which may be too deep to ford on foot.

On March 22, Maj. Gen. Braddock left Williamsburg, and four days later moved into Alexandria, where the military aspect of the campaign would be concentrated. Major General Braddock would command the largest army North America had seen to date. He was ordered to



Following the defeat of Colonel George Washington's army at Fort Necessity in 1754, General Braddock took personal command to counter the threats of the French and their Indian allies.

rebuild the road west of Wills Creek at Fort Cumberland, to the Forks of the Ohio, where the French Fort Duquesne was located. He was to capture it, and then move northward, taking out French fortifications until he reached Fort Niagara.

Major General Braddock's army consisted of 1,350 soldiers from the 44th and 48th Regiments of-Foot. Major General Braddock would be re-enforced by Colonial militia and regulars,

bringing his infantry up to about 2,000 men, supported by artillery. He also needed guides and Indian allies.

After weeks of planning and briefings, Maj. Gen. Braddock began putting the expedition in motion. The expedition would move in stages. Sir John St. Clair would map out the transportation of supplies and artillery, and cut out new roads or widen existing roads. He recommended that the few supply wagons that

the army had move from Alexandria to Rock Creek, and then eventually move to Winchester. St. Clair would move directly to Winchester, Virginia. Colonel Peter Halkett and the 44th Regiment of-Foot would move directly to Winchester in stages beginning on April 11. On April 12, Colonel Thomas Dunbar and the 48th Regiment of-Foot would take a Maryland route, marching through Rock Creek to Frederick. Major General Braddock

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HISTORY / OBITUARIES



General Braddock

would leave Alexandria on April 20 and then move to Frederick.

By April 17, Colonel Dunbar was just outside of Frederick. By April 21, Maj. Gen. Braddock would enter Frederick. Since supply wagons were not forthcoming, Braddock met with Benjamin Franklin, who pledged Pennsylvania support for wagons to meet the expedition at Fort Cumberland. George Washington also met with Braddock in Frederick. Also, Maj. Gen. Braddock learned that a westerly road through Maryland to Fort Cumberland did not exist and therefore, the Maryland expedition would have to turn south to Winchester.

On April 29, the Maryland portion of the expedition moved through Fox's Gap on South Mountain. The next day, modern day Williamsport was reached, where Colonel Dunbar's command would move south toward Winchester. While Colonel Dunbar moved westward, Maj. Gen. Braddock moved directly to Winchester to meet with several Indian Chiefs. Braddock reached Winchester on May 4.

The expedition would finally begin to concentrate at Fort Cumberland beginning on May 9. While at Fort Cumberland, Braddock met with several Indians for support. But his words were not strong enough to get the support from the natives. George Washington was also named as an Aide-de-Camp to Braddock as a volunteer Colonial. Life at Fort Cumberland consisted of drilling. Many of the militia were not nearly as trained as the Regulars, or the British infantry. Shortages of supplies also took a toll on the army. By May 20, Benjamin Franklin came through when several wagon loads of supplies came in rolling into Fort Cumberland.

On May 29, the campaign would begin to resume. St. Clair and 600 men under Major Russell Chapman were ordered out to begin working on the road that led over the mountains. 50 wagons and two cannon would also leave with them. Clearing, making, and repairing roads

for the main body of the army through the wilderness was not an easy task. The work was labor intensive, cutting a road twenty-five feet wide to accommodate the wagons and heavier artillery. The work crews were exhausted by the end of the day. The labor and poor diet of army rations would eventually take a toll on the work crews building the road. Leaving Fort Cumberland, Haystack Mountain was the first to be tackled.

By June 2, Dans Mountain was finally cleared. Next came Big Savage Mountain, standing at 2,800 feet above sea level. After which came Little Savage Mountain, followed by Meadow Mountain. On June 7, with St. Clair's work detail being several miles ahead, the British columns began moving out. Bringing up the rear on June 10 was Maj. Gen. Braddock.

Six days later, the main column of Braddock's army encamped at Little Meadows. There, he decided to split his army. He would

establish a "flying" column that could move further ahead without getting bogged down from the extra baggage of the expedition. This was an executive decision made by Braddock.

On June 18, St. Clair moved out to begin clearing roads for the heavier equipment to come up at the rear. The next morning, under Maj. Gen. Braddock's direct supervision the flying column moved out. With Braddock were Colonel Sir Peter Halkett and the veteran soldiers of the 44th and 48th Regiments of Foot, supported by four 12-pound cannon, four howitzers, three cohorn mortars, and thirteen wagons. Bringing up the rear was Colonel Dunbar, with a command of newer recruits and baggage, who was ordered to be at least one day behind the main column.

On June 20, Braddock was just south of Pennsylvania and was forced to encamp there for a few days, as he caught up to St. Clair's working party. Three

days later, the army was on the move and by June 24, they had encamped just east of Great Meadows, where a year earlier Washington had fought and surrendered to the French. The next day, some of the officers saw the charcoal remains of Fort Necessity. They were not all that impressed with the fort. It was noted that human bones laid upon the ground from those who were killed in that battle.

On June 25, the flying column marched about two miles west of the old fort and encamped. The next day, Chestnut Ridge, the

last major mountain, was ascended. Now Braddock's Army would have to be mindful as they were in the territory that France considered as "New France."

During Braddock's expedition, the French at Fort Duquesne had sent out patrols to find the British army and harasses them. With all of the problems that faced Braddock, the French, Canadian militia, and Indians should have found the British army easily. There were some Indian attacks, but nothing major materialized from it. Intelligence gathering for both armies was lacking.

Beverly Koontz



Jimmy Johnson in particular. She was of the Lutheran faith.

Surviving in addition to her parents, are her sister, Cindy Lenhart and husband Allen of Thurmont; niece, Kayla Lenhart of Thurmont; aunts and uncles, Ethel Riley of New Oxford, Norman Swartz of Emmitsburg, and Rita Oswald and husband Roger of Bonneauville; and numerous cousins.

Funeral services were held August 11 at Myers-Durboraw Funeral Home, Emmitsburg, with Pastor Jon Greenstone officiating. Burial was in the Emmitsburg Memorial Cemetery.

Memorial contributions may be made to Donate Life Maryland, 1730 Twin Springs Road, Suite 200, Baltimore, Maryland, 21227 in honor of organ recipients, or to your local Animal Humane Society. Online condolences may be expressed to the family at www.myersdurborawfh.com.

Beverly J. Koontz, 52, of Emmitsburg died Wednesday, August 5 in Emmitsburg. Born July 16, 1963 in Gettysburg, she was the daughter of Kenneth and Darlene (Swartz) Koontz of Emmitsburg.

Bev was the owner of Stavros Pizza in Emmitsburg, where she has worked since the late 70's. She was a very giving and loving person, especially to any children that she met. She loved the Dallas Cowboys, the Baltimore Orioles and NASCAR, driver



Colonel George Washington

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Irene Zurgable



baking, knitting, traveling, and collecting knick-knacks.

Surviving are sons, Geoffrey Zurgable of Deep Creek Lake, Greg Zurgable and wife Lydia of Fairfield, and Mark Zurgable of Emmitsburg; as well as many nieces and nephews. She was predeceased by all of her siblings; brothers, Andrew Shorb, Charles "Toss" Shorb, Robert Shorb, and Clarence "Gump" Shorb, and sister, Valerie "Petie" Jones.

A Mass of Christian Burial was held August 10 at St. Joseph Catholic, Emmitsburg, with the Rev. Charles F. Krieg, C.M. as celebrant. Interment was at New St. Joseph Cemetery

Memorial contributions may be made to St. Joseph Ministries, 331 S. Seton Ave., Emmitsburg, MD, 21727. Online condolences may be expressed to the family at www.myersdurborawfh.com.

Irene Catherine Zurgable, 96, of Emmitsburg died peacefully Wednesday, August 5 at St. Joseph Ministries in Emmitsburg. Born November 7, 1918 in Emmitsburg, she was the daughter of the late Charles and Rose (McCleaf) Shorb. She was the wife of the late Roger Zurgable. He died in 1980.

Irene was a housewife. She was a member of St. Joseph Catholic Church in Emmitsburg. She enjoyed cooking,

MOM'S TIME OUT

School days

Mary Angel

It is officially the countdown to the first day of school in my house. There are definitely two different camps when it comes to this time of year. There are the boys and their countdown to public school and the girls and their countdown to homeschooling. There is of course one more camp, the mom and dad camp, truly a completely different camp. So here is the way my family prepares and counts down to the first day of school.

For the boys it is a mix of nerves and excitement. About two weeks before school starts back up they get

super excited. They are calling and texting their friends. Every one of them is comparing schedules and they are either extremely pumped because they have a few friends in each class or slightly bummed because they can't find anyone in a specific class. I remind them that by the end of the first quarter they have made at least a few new friends in each class and they are on the excitement roller coaster again. My younger son is more of a challenge this year. He is way more apprehensive than his brother, since this is the year that he starts high school. He has spent much of the two weeks asking questions of his brother and I,

all about the high school experience.

Suddenly there is only one week before school starts and to the excitement is added a mix of anxiousness and curiosity and sometimes nausea. This is the week we require our kids to start getting up much closer to the time they need to rise and shine once school starts. This definitely makes for some sleepy eyes in the morning (we will see how the new freshman does with these early mornings). This final week also involves a mad rush to squeeze in as many get-togethers and friends staying the night as they can possibly convince us of. The final piece for the boys will be an increase, this last week, in video game playing during the week days. Once school starts we have a rule that there are absolutely no video games during the school week. The first actual week of school involves a certain degree of video game withdraw.

This is also the week that all of the kids start getting their binders, folders, and other school supplies organized and in the backpacks. The girls still use backpacks to keep their school supplies organized and handy for field trip days. Towards the end of this week there will most certainly be a massive grocery store run with all hands on deck. All four kids will need to pick lunch items and snacks

so they are prepared to pack on that first day. The girls have asked if they can pack their lunches for home schooling this year and I am thinking it will help the day to run even more smoothly.

Two weeks prior to home schooling starting the girls are usually bugging me to see their books and anxious to start the new year. They can even be heard, on a few occasions, asking if we could start early. They love looking through their new books and bugging me about what color binders, folders, and notebooks they will have. They start quizzing me on field trips we might be taking. This is also the time when they start making a mental (and often slightly whiney verbal) list of the things they haven't done over the summer, the things they are still hoping to do, and the friends they haven't seen nearly enough of. For the most part, though, this week for the girls isn't a great deal different from the rest of the summer.

Then suddenly, it is one week prior to home school starting and now the girls are no longer asking to start school early. The more popular school conversations involve trying to get me to have a field trip every week, or would I consider a four day work week, or maybe a shorter

school day. This is only the beginning of the negotiations (or so they consider them). Not unlike the boys the girls also have a mad dash to see how many sleepovers and play dates they can jam into one week. As a family we will try to do one more fun thing to end the summer and then it is time for them all to put their little noses to the grindstone and get back to writing papers, doing homework, and studying hard.

Two weeks prior to school starting doesn't faze my husband in the slightest. The kids are playing, bickering, goofing off and snacking constantly, just like the rest of the summer. The only thing that stands out school wise for this period for me was the actual school supply shopping and hard core home school prep. I usually buy the girls supplies in early to mid-September when they are on clearance for the following year. The home school organization can take days or at least hours every day in order to be ready for the first day of school. For the boys I buy the basics and usually new back packs. In high school there are so many heavy books that I find the back packs don't usually last more than a year or year and a half.

When there is only one week left before the start of school my husband and I will get a little pep in our step. We can see the light at the end of the bickering tunnel. Unlike the kids we notice all too well that by the end of the summer the bickering and sibling rivalry is at an all-time high in our house. So for us the start of school means peace and tranquility, at least from the sibling bickering. The school work argument is an article for another time. So for us this is a wondrous time of year, a time to celebrate!

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Cooking with squash

Brooke Hagerty
The Food Chick

Squash comes in all shapes and sizes, is available year round and is arguably one of the most versatile vegetables around. From the light and airy green and yellow squash to the hearty butternut squash to my personal favorite the spaghetti squash there is sure to be one that will fit the bill with everyone in your household.

From realsimple.com here are some descriptions of different types of squash. I have followed them up with some great recipes!

Classic Baked Acorn Squash

Acorn - Shaped like its namesake, this small, dark green, orange, or buff-colored squash has a ribbed rind and a moist yellow or orange interior that is loaded with fiber. When halved for roasting, acorn squash can be used as a natural bowl for fillings, such as apples, currants, and chestnuts. Great for: Roasting. Peeling is difficult, so cut it in half or slice (the skin is edible).

Ingredients:

- 1 Acorn squash
- 1 Tbsp Butter
- 2 Tbsp Brown Sugar
- 2 teaspoons Maple Syrup
- Dash of Salt

Directions:

Preheat your oven to 400°F (205°C). Using a sharp, sturdy chef's knife, carefully cut the acorn squash in half, from stem to tip. (A rubber mallet can help if you have one.) The squash can rock back and forth, so take care as you are cutting it. Use a sturdy metal spoon to scrape out the seeds and stringy bits inside each squash half, until the inside is smooth. Take a sharp paring knife and score the insides of the acorn squash halves in a cross-hatch pattern, about a half-inch deep cuts. Place the squash halves cut side up in a roasting pan. Pour 1/4-inch of water over the bottom of the pan so that the squash

doesn't burn or get dried out in the oven.

Rub a half teaspoon of butter into the insides of each half. Sprinkle with a little salt if you are using unsalted butter. Crumble a tablespoon of brown sugar into the center of each half and drizzle with a teaspoon of maple syrup.

Bake for about an hour to an hour 15 minutes, until the tops of the squash halves are nicely browned, and the squash flesh is very soft and cooked through. It's hard to overcook squash, it just gets better with more caramelization. But don't undercook it. When done, remove them from the oven and let them cool for a bit before serving. Spoon any buttery sugar sauce that has not already been absorbed by the squash over the exposed areas.

Butternut Squash and Black Bean Enchiladas

Butternut - One of the most common winter squash, this foot-long, bell-shaped variety has thin, butterscotch-colored skin and sweet, nutty flesh. Its smooth, thin skin makes it easier to peel than many other squash varieties. For the most abundant flesh, look for butternut squash with a long, thick neck. Dense and creamy, it pairs well with a variety of flavors, including smoky bacon, cinnamon, and balsamic vinegar. It also has the highest doses of vitamins A and C. Great for: Roasting and soups.

Ingredients:

- 1 cup red enchilada sauce (homemade or canned)
- 1 tsp olive oil
- 2 1/2 cups peeled butternut squash, cut 1/2-inch-dice
- salt and pepper, to taste
- 1 small onion, diced
- 3 cloves garlic, minced
- 1 jalapeno, seeded and diced
- 10 oz can Rotel tomatoes with green chilies
- 1 1/2 cups reduced sodium canned black beans, rinsed and drained -
- 1/4 cup cilantro (fresh)

- 1 tsp cumin
- 1/2 tsp chili powder
- 1/4 cup water
- 8 medium low-carb whole wheat flour tortillas (I used La Tortilla Factory)
- 1 cup reduced-fat shredded Mexican cheese
- 2 tbsp chopped scallions, for garnish
- reduced-fat sour cream, for serving (optional)

Directions:

Preheat the oven to 400°F. Place 1/4 cup enchilada sauce on the bottom of a large baking dish.

Heat olive oil over medium-high heat in large skillet. Add onions, garlic, and jalapeno and cook 2-3 minutes until onions become translucent and garlic is fragrant. Add cubed butternut, Rotel tomatoes, black beans, water, cilantro, cumin and chili powder and season with salt and pepper to taste. Cover and cook over medium-low heat, stirring occasionally, until the squash is tender, about 30 to 35 minutes. Place about a generous 1/3 cup filling in the center of each tortilla and roll, place on the baking dish seam side down. Top with remaining enchilada sauce and cheese and bake, covered with foil until hot and the cheese is melted, about 10 minutes. Top with scallions and eat with sour cream if desired.

Baked Spaghetti Squash With Garlic And Butter

Spaghetti - This oval yellow squash contains a surprise: a stringy flesh that, when cooked, separates into mild-tasting, spaghetti-like strands. Exceedingly mild, spaghetti squash is often dressed with tomato sauce like pasta, or it can be simply enhanced with butter and herbs. Spaghetti squashes typically weigh 4 to 8 pounds; squashes on the larger side will have the best flavor and thicker "noodles." Great for: Roasting. Scrape out the strands and dress with butter or pasta sauce.

I tend to under-bake the spaghetti squash just a bit, so it still retains



just a slight crunch. Baking time really depends on how big your squash is - try to get the smallest one, especially if you're only feeding 4 people. It's ready if you can pierce the squash with a paring knife with little resistance. If you're a garlic love, don't be shy - use more!

Alternatively, microwave the whole squash for 2-4 minutes (to soften enough to cut lengthwise). Place squash cut-side down on baking sheet and roast for 30 minutes until tender.

Ingredients:

- 1 small spaghetti squash (about 3-4 pounds)
- 2 tablespoons butter
- 2 cloves garlic, finely minced
- 1/4 cup finely minced parsley (or basil)
- 1/2 teaspoon salt (or to taste)
- 1/4 cup shredded parmesan cheese

Directions:

Preheat oven to 375°F. Pierce squash a few times with sharp paring knife (to let steam escape). Bake spaghetti squash for 60 minutes, or until a paring knife pierces easily through skin with little resistance. Let squash

cool for 10 minutes.

Cut squash in half, lengthwise. Use a fork to remove and discard the seeds. Continue using fork to scrape the squash to get long, lovely strands. If the squash seem difficult to scrape, return the squash to bake for an additional 10 minutes.

Heat a large saute pan with the butter and the garlic over medium-low heat. When garlic becomes fragrant, add parsley, salt and spaghetti squash strands. Toss well, sprinkle in the parmesan cheese and taste to see if you need additional salt. The spaghetti squash should have a slight crunch (i.e. not mushy) - but if you like it softer, cover the pan and cook 2 more minutes.

Again, this versatile vegetable is sure to be a crowd pleaser with everyone. Add your favorite protein and a salad and your meal will be complete!

As always, should you have a question, an idea for an article or are in need of my personal chef/catering services please contact me at brooke@thefoodchick.biz. Be sure to check out my website, www.thefoodchick.biz. Until next month, Happy Eating!

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THE VILLAGE IDIOT

History, who keeps it for us?

Jack Deatherage

With news of the religious genocide and the destruction of ancient “pagan” art going on in the Mohammedan lands, and the mindless PC purging of offensive reminders of history even in my little burg (a slower repeat of the National Socialists of Germany and the communists of the Soviet Union types destroying what they feared: people’s knowledge of their past), I got to thinking about a documentary I watched back in the dinosaur days of VHS tapes. I found the cover of the cassette intriguing. Black dough-boys? In combat? I’d never heard of such. Years later I want to rewatch it, only it seems to have vanished from this reality.

The library dumped the tapes when the DVD format came along. The card catalog (a computer search engine) currently has no record of the WWI Negro soldier documentary. Nor can I find it online using Google. (Google is a damned good excuse for supporting libraries, so long as the libraries don’t throw anything away!) I did find a couple books on the subject by searching Amazon.com and ran a search for them through the county’s library system, with little hope of finding them. Fortunately, the computerized library system allows me to search all of Maryland’s public libraries. Enoch Pratt Free Library coughed up a rare book, as usual.

I probably should purchase a copy of “Negro Combat Troops in the World War: the story of the 371st Infantry” before it too is deemed offensive by the Marxists/Social Justice Warriors/Nazis/Islamists, or whatever the current flavor of anti-human are in vogue here.

A couple armchair historians claim the documentary I watched was most likely black propaganda, because they had come across no references of blacks being in combat roles during that war. I hadn’t either and I had devoured every WWI book I could find when I was in junior high school. As I recall, not one of them mentioned black soldiers. Still, I knew some blacks had served because the Doughboy statue has a plaque listing those “colored” men of Emmitsburg.

Reportedly, old Bonaparte said, “History is an agreed upon set of lies.” I get that. People believe the lies that seem to fit their view of the world. I get that as well. And thinking is damned hard work, which is why most of us avoid it and stick with what we believe rather than consider what we don’t. I certainly get that. Still, libraries tend to keep books with knowledge less fleeting than the digital lies so easily manipulated.

That’s why I was sitting in the Thurmont public library waiting on DW to select a novel to occupy her downtime, thumbing through a book on writing (writing as in holding a pen or pencil in hand and making readable marks on paper) when I hear people come in and stop at the

checkout counter. One of them says, “I’ve never been in a library before.”

I’ve heard that statement on a local radio station, on the street, in bars, in the factory and elsewhere about the county, but seldom in a library. The person going on about the library is one of two teenaged boys wearing sleeveless shirts and short pants. Husky boys, possibly sons of local farmers, or come down off the mountain. Who knows?

The older female with them is renewing a book. The boys stand looking around them with small fascination, but they didn’t ask any questions, nor venture away from the counter. When the woman turned to leave, they followed her out the door. I couldn’t help but recall my first time in a library. Mom had to hunt for me among the stacks.

My attention wanders back to the book on penmanship. Do I really want to spend time relearning to write? The book trembles in my hands. When did the shaking begin? I sigh and try three times to turn the page. This growing older is going to be a challenge. Would relearning to work a pen be more physical therapy than skill reacquisition?

A checkout computer beeps. I glance over that way and see two preteen boys and an older woman trying to use the self-checkout. She’s having trouble. She pushes the button for assistance. The boys wander off as a librarian appears. The problem becomes apparent when

the patron begins to speak. She reminds me of the Mad One’s Lithuanian friend, though my ear probably doesn’t know Lithuanian from Cockney. The woman is having trouble with the English written instructions. The librarian quickly explains the checkout system and the patron completes the ritual.

I consider. Two local boys uninterested in a library, a foreigner obviously aware of the value of a library and teaching its value to her charges. Some of the talking heads on a local radio program rush into mind with their change for two cents. “Everyone carries a library in their pockets. It’s called a smart phone.” One of them quips. Another comment comes to mind, “The smarter the phone, the dumber the user.”

DW, still, is lost among the stacks. I use the checkout computer and carry the books to the car. I look over the parking lot. Twenty some cars. I go back inside and count nine people seated at the library’s internet connected computers. Maybe twice that number are among the stacks, or sitting reading books or magazines. I’ve often wondered why the libraries have so many computers. I think libraries are about books. Or so I did until a librarian pointed out a few things I hadn’t considered. Most people looking for a job are told to submit their resumes via the internet. Tax forms are no longer readily available in paper form. We have to print them off the IRS web-



Before our obsession with the Internet, libraries were the trusted source for knowledge and history.

site. People tend to communicate via the internet now rather than by written letters sent through the post office. Not everyone has a cell phone, let alone a smart phone or a home computer. I see the point of the library’s computers. I worry the library will do away with paper books and provide only E-books. (That day, I’ll abandon the libraries.)

While I think the Emmitsburg branch of the county library is nearly perfect and the state’s Marina system supplies me with books I’d never access without buying them, I’d not be too upset if Emmitsburg lost its county branch and had to start over building a new town library. At least the books I need would be available when I needed them, mostly because I’d donate them to the new li-

brary. Not that such a thing as the Emmitsburg branch closing is likely to happen in my lifetime, but I think about it occasionally when some of the politicians and talking heads in the county get to reasoning why we don’t need the county’s taxpayers funding libraries.

Sorry dudes. (Why does it always seem to be guys who want to screw with the library?) Everyone does not carry a smart phone. And I know I can’t find everything I hunt for via Google.

It still worries me such limited thinking people are movers and shakers within the county.

To read past editions of the Village Idiot visit the Authors section of Emmitsburg.net.

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Crush time on the Gettysburg Wine & Fruit Trail

Long summer days, hot from morning to night, have given way to the tantalizing signs of autumn. Days are still warm even hot in the afternoon but shorter; sunset arrives earlier and earlier each day and brings a coolness overnight that is a sharp contrast to the heat of the afternoon autumn sun. For the wineries of the Gettysburg Wine & Fruit Trail, this means one thing: crush time! What is crush? It is the most important time in the winemaker's annual calendar: the time when the grapes are picked, sorted, pressed, fermented and finally put to rest in either stainless steel tanks or wooden barrels. Crush! It is the time of year when nothing else matters for the small family wineries that have taken root in the rich and fertile soil of the South Mountain region of Pennsylvania and Maryland.

Crush begins the moment the first snip releases a just-right ripe bunch of grapes into the picker's waiting hand to be set into the picking lug, transported to the crushing pad, sorted to insure only the best grapes will enter the press. For weeks our Trail's winemakers and vintners have been spending time in the vineyard looking, touching, smelling, tasting and testing grapes by variety. Chardonnay, Sauvignon Blanc and Pinot Grigio were the first to catch the winemaker's eye and attention. Grape after grape were popped into the winemaker's mouth until the flavor was ready to make the wine desired. The time of watching and waiting were over! The harvest has begun! The crush is on!

The winemakers of the Gettysburg Wine & Fruit Trail know that this is a race against time and fickle fall weather. An entire season's work can be compromised by the weather: a batch of rainy days right before harvest will change the future of the wine to be made and dampen the dreams of the winemaker for an exceptional vintage. A late summer thunderstorm that brings hail to the almost-ripe grapes will tear the skins and bring immediacy to the need to bring the grapes in for crush. Delays in getting the ripe grapes to the crush pad will result in a greater chance for over ripe grapes and rot – two unwelcome guests to the

wineries crush pad. Plans in place, resources ready, our Trail wineries are in crush mode.

Local Gettysburg Wine & Fruit Trail wineries include:

Catoctin Breeze Vineyard in Thurmont, A family owned boutique vineyard and winery producing small lots of fine quality Maryland wines. Their offerings include a range of varietal and blended wines, as well as a selection of honey wines, known as mead. Superb soil drainage, combined with few nutrients within the limestone soil naturally forces the vine to send its roots deep into the ground in search of water, creating a stress on the vines that produces grapes of richer flavor. Like many of our family owned business, Catoctin Breeze invests in the community is which it is planted. An example of this is their 2nd Annual Pig Roast event on Sunday, September 6. Portions of the proceeds from this event will benefit the Catoctin High School Drama Department. Visit their website at www.catoctinbreeze.com

Halbrendt Vineyard & Winery in Orrtanna will be opening their tasting room doors this fall. Owners John and Noemi Halbrendt retired from careers at Penn State as fruit researchers to enter the new world of winery owners. They began planting their vineyard while still working at the Fruit Research Lab in Biglerville. Their wines are all handcrafted artisan wines made in small batches from sustainably grown estate and local fruit. Like many of our small family owned wineries, the Halbrendt's work in the vineyard during the growing season and are the cutting hands of crush. Once the grapes move from the vineyard to the crush pad, John and Noemi continue to work the fruits of their labor as they sort, press, process and ferment their wine. Halbrent Vineyard & Winery will open their doors this fall with weekend hours for sampling and sales. www.halbrendtvineyard.com

Hauser Estate Winery in Biglerville came into existence as old apple orchards were transformed into new vineyards. An underground winery production facility sits beneath their glass enclosed tasting room and of-

fers exquisite views of this region's fertile farms, orchards and forests. Their sample selections range from classic vinifera to modern varieties such as Chambourcin. The winery is open daily. www.hauserestate.com

Orchid Cellars Meadery and Winery in Frederick County is our most southern winery on the Trail. This winery brings the bounty of the vineyard and the beehive into the crush. In addition to wines made from grapes grown on their property, Orchid Cellar creates honey wines called meads. Established in 2006, their doors were opened in 2010 and quickly grew to become Maryland's premier Meadery specializing in complex honey wines as well as their grapes wines made from unique red and white varieties. Other wines such as Cobbler are produced with local fruits such as white peaches. To Learn more visit www.orchidcellar.com

Red Heifer Winery in Smithsburg sits on a portion of an old family farm. The sloping hillside with a southeast orientation is the perfect location for growing grapes. In addition, what makes Red Heifer Winery unique is the climate in Smithsburg. Situated at an elevation of 1,500 feet, the grapes in the vineyard enjoy warm summer days with cool summer nights and a constant breeze. Wines are made from the fruits of the vineyard and the fruits of the field such as blueberries. To learn more visit their website at www.redheiferwinery.com

Reid's Winery in Orrtanna overlooks the scenic Buchanan Valley. Reid's produces a variety of wines to please many palates. Classic whites and dry reds made from Old World grape varieties share shelf space with sweeter grape blends and estate grown fruit wines. The combination of their unique Highfield Channery loam soil, the morning mist that rises from headwaters of the Conewago Creek down in the valley, the elevation of 1350 ft., and their vineyard management techniques are all important components in the creation of their quality wines. Home Winery tasting room is open on weekends. www.reidsorchardwinery.com

Springfield Manor Winery & Dis-



Crush time! The most important time in the winemaker's calendar: the time when the grapes are picked, sorted, pressed, fermented and finally put to rest in either stainless steel tanks or wooden barrels.



tillery in Thurmont sources fruit from their own established vineyard at Stone Manor. Varietal wines and blends bring the rich aroma and fresh taste of crush into the bottle with finished products such as Chardonnay, Cabernet Francis, blends such as Merlot & Cabernet Franc and sparkling wines. Their Farmhouse Wines are semi-sweet and fruit forward. The young vineyard at Springfield Manor includes Chambourcin & Traminette, which will find their way into bottles in the near future. Their tasting room is situated in the lower level of the restored bank barn. The

front terrace is the ideal setting to enjoy a glass and the unsurpassed views. The tasting room itself offers intimate seating in a climate controlled setting. Upstairs, the barn offers a unique venue for weddings, corporate functions, and personal events. springfieldmanor.com

Another way to sample a collection of member wineries is to take a wine tour with member Savor Gettysburg Food Tours. www.savorgettysburgfoodtours.com. To learn more about events at our member wineries, visit the Trail website: www.gettysburgwineandfruittrail.com.

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WINE & FRUIT TRAIL

COMMUNITY NOTES

59th Annual Emmitsburg & Thurmont Community Show

The Emmitsburg & Thurmont Community Show will be held at Catoctin High School on September 11-13.

On Friday night, September 11th, the 2015-2016 Catoctin FFA Chapter Ambassador will be announced. The baked goods auction will begin following the program and the grand champion cake, pie, bread, gluten free baked product, sugar free baked product and the Junior and Youth Department baked product champions will be sold at 9 p.m.

Entry of exhibits will take place on Thursday evening, September 10 from 6 to 9p.m. and on Friday, September 11th, from 8:30 a.m. to 11:30 a.m. in the new gymnasium and in the agriculture department area. There will be changes made in many of the classes, including photography, fresh vegetables, corn, and other departments. Judging will begin at 12:30 p.m. Commercial exhibits may be entered on Friday, Sep-

tember 11th, from 3:30 p.m. to 5:30 p.m. The show will open to the public at 6 p.m. and the Friday night program will feature the 50th anniversary of Sabillasville Elementary School and several persons will be honored that evening.

On Saturday, September 12, the show opens at 9 a.m. to 10 p.m. Activities include a Market Goat, Beef, Sheep and Swine Fitting & Showing contest from 8 a.m. to 2p.m. at the Ag Center at the school. A Scales and Tales demonstration will take place immediately prior to the Pet Show in the front of the school. The Pet Show will be held at 10:30 a.m. outside the front of the school. The petting zoo, farm animals and pony rides by the Mason Dixon Quarter Horse Club will also be held on Saturday and Sunday, located near the upper parking lot at the high school, including "Abel", owned by Joe and Ruth Biser who is a Brown Swiss animal that is 12 years old and

weighs 2,600 pounds. Alpacas, owned by Lynn Cherish of Baggy Britches Farm will be on display. Emu's, owned by James Royer will be on display.

The Thurmont Grange will serve their Turkey and Country Ham dinner in the school cafeteria from 3 to 7 p.m. on Saturday night. Catoctin The Band will perform in the auditorium beginning from 6 to 7 p.m. At 7 p.m. to 8:30 p.m. the Taylor Brown "Elvis Show" will be performed. There will be no admission charge for this entertainment.

The 41th annual Catoctin FFA Alumni Beef, Sheep, Swine and Market Goat sale will begin at 7 p.m. in the Ag Center area on Saturday night with approximately 55 head of livestock being sold. Buyers are welcome to attend and purchase animals.

Activities begin on Sunday, September 13th at 9 a.m. with the Goat Show, followed by the Dairy Show and Decorated Animal Contest. The decorated ani-

mal contest will begin at noon.

At noon, the Catoctin FFA Alumni Chicken Bar-B-Que will be held in the cafeteria. The 35th annual Robert Kaas horseshoe-pitching contest will begin at 1:00 p.m.

The Log Sawing Contest will begin at 1 p.m. under the show tent in the Ag Center area. A peddle tractor contest for kids will be held on Sunday afternoon at 1:30 p.m. also in the Ag Center area. The Thurmont Academy of Self Defense will have a program in the old gymnasium at 1 and 2 p.m. Catoctin The Band will perform in the auditorium from 1 to 2 p.m. and the Taylor Brown "Elvis Show" will be held from 2-3 p.m.

The Catoctin FFA Alumni will be holding a raffle during the community show. Profit from the raffle will go toward the scholarship fund as each year the Alumni awards scholarships to graduating Catoctin FFA Chapter seniors and past FFA graduates seeking

secondary education.

The community show booklets can be found in local Thurmont, Emmitsburg and surrounding area businesses in late July or early August. New residents of the community are urged to enter and be a part of the Community Show, the largest in the State of Maryland. Some minor additions and deletions will be made in some of the departments. Departments include: Fresh Fruits, Fresh Vegetables, Home Products Display, Canned Fruits, Canned Vegetables, Jellies & Preserves, Pickles, Meats, Baked Products, Sewing & Needlework, Flowers and Plants, Arts, Paintings & Drawings, Crafts, Photography, Corn, Small Grains and Seeds, Eggs, Nuts, Poultry & Livestock, Dairy, Goats, Hay, Junior Department and Youth Department. There is no entry fee.

The Community Show is sponsored by the Thurmont Grange, Catoctin FFA Chapter, Catoctin FFA Alumni, the Maryland State Grange and the Maryland State Agricultural Fair Board.

Visit the Community Show's website at www.thurmontemmitsburgcommunityshow.webs.com to view the premium list for 2015 and the community show booklet.

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COMMUNITY NOTES

Taneytown Family Fun Days

Jim Fair
Thurmont Lions Club

The third annual Taneytown Family Fun Days will be held Thursday evening, September 10, thru Sunday afternoon, September 13, in Taneytown's Memorial Park. The event is being planned again by the Taneytown Lions Club in cooperation with the City of Taneytown for the benefit of the community. The Carnival Rides and Amusements by Penn-Wood Amusements will offer a variety of ticket packages including Wrist-bands for each day of the four-day event. Food, entertainment, and activities planned for the entire family will continue Thursday and Friday evenings, all day Saturday, and Sunday afternoon.

The event will kick-off Thursday evening, September 10, with an Opening Ceremony at 6 P.M. At 7 p.m. the "Sorry Not Sorry" progressive rock group will be on the Big-Tent stage to entertain during the evening. Discount coupons for Thursday night's Wristbands will be honored. These discount coupons are available at various Taneytown businesses, the Taneytown branch offices of the Banks in town, and at the City office. Coupons are also available on the Fun Days Website - www.TaneytownFamilyFunDays.com

Friday's activities will begin at 6 P.M. with a 9/11 Tribute with Paul Whitson, who will give an impressive and memorable multimedia presentation honoring the heroes of 9/11 and celebrating America's tradition of Patriotism. The popular classic and Southern Rock group "Bird Daddies" will return this year with music to get your heart pumping and feet tapping. The evening will be topped off at 10 p.m. with a terrific Fireworks display. (Rain date: Saturday night.)

Saturday, September 12, a huge Car Show will be featured with registration starting at 8 A.M.. Plaques will be awarded at approximately 2:30. In the Arts and Crafts Area, businesses, charities, and community organizations will also have displays. Vendor spaces for arts and crafts are still available by calling Steve at 410-756-2688.

Children will find plenty to do in the free kids play area and at the petting zoo. Pony rides are being offered this year for the first time. Entertainment will begin at 11 A.M. with the popular bluegrass group, "Glade Valley Express".

The Taneytown Dance Center will do a presentation of tap, ballet, and modern dance at 1 p.m. Musical entertainment will continue throughout the afternoon and evening under the big tent featuring a number of groups including "Tom's Back Door", "Cowboy Pickers", and "Bailey Kings of Harmony" an 11-piece brass band performing Dixieland and Gospel. A part of this group made a brief appearance last year and made a big hit. Awarding of \$2,400.00 in cash prizes to the lucky 10 ticket-holders will take place at 9:00 p.m.

Sunday afternoon there will be a

Christian Music Festival featuring a variety of bands and artists playing many styles of Christian music from traditional to contemporary, beginning at 12:30. Discount coupons for "Ride-all-day" wrist bands will again be honored. (Just one band per cou-

Leonard Wantz, Jr., and Stephen VanScoyk, co-chairs. Churches and Non-profit Organizations have been offered space free-of-charge for displays or their own fund-raising activities. A number of businesses in the community have also joined in the



pon.) A number of other interesting demonstrations and family activities are also planned for Sunday.

Taneytown Family Fun Days was a first-ever endeavor two years ago, conceived and planned by the Taneytown Lions Club, with Lions

effort by becoming sponsors. "Everyone involved is looking forward to providing a fun-filled family event for every attendee", says Wantz. The event will go on rain or shine. Parking and admission to Memorial Park are free.



From September 10 to September 13, Taneytown's community park will be "the place to be" for great family fun!

Thurmont Lions Club Make A Difference Day

Three local charities - the Thurmont Lions Club, the Thurmont Food Bank, and the TUMC Community Clothes Closet Ministry - are joining forces to sponsor a food and clothing drive in recognition of Make a Difference Day on Saturday, October 24, 2015. Make a Difference Day is the nation's largest day of volunteering. The annual event is an initiative of USA TODAY, in collaboration with Points of Light, the world's largest organization dedicated to volunteer service. Millions of volunteers around the world participate in local projects and events on Make a Difference Day, the fourth Saturday in October. The Thurmont Lions Clubs and other local organizations have sponsored a variety of projects during past years and is participating again this year by organizing a local food and

clothing drive.

The Thurmont Lions Club has been serving the local community since 1929 and sponsors a variety of fundraising events and service projects to help individuals and organizations in our local area. The Thurmont Food Bank, located at 10 Frederick Road, supports many local families in northern Frederick County by distributing donated groceries. The TUMC Clothes Closet Ministry, located on the property of the Thurmont United Methodist Church on Long Road, is open several times each month to help Thurmont-area families.

The food and clothing drive is being held on Saturday, October 24. Anyone able to donate nonperishable foods and/or good condition clothing can bring them to Mount Carmel Parish Center, 103 Church Street, between 10 am and 4 pm.

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For performance times and detailed information go to
www.TaneytownFamilyFunDays.com

SCHOOL AND LIBRARY NEWS

Library news

Linda Frydl
Frederick County
Public Libraries

This summer FCPL's collection has grown with some exciting new additions including Playaway Launchpads, video games, and express DVDs. Playaway Launchpads are secure, pre-loaded learning tablets created for children. Each Launchpad comes with high quality, ad-free learning apps grouped by age, grade level, and subject area. Themes include Super Math, That's My Planet, Prehistoric Playground, and much more. Launchpads may be checked out for one week and renewed if there are no holds.

FCPL's video game collection includes PlayStation3 and Xbox360 video games. Both children's and adult video games are available for check out including: Batman: Arkham Origins, FIFA 15, Kingdom Hearts, LEGO

Marvel Superheroes and more! Video games may be placed on hold via the online catalog or by calling any library branch. PlayStation4 and Xbox-One games will be added to the collection later this year.

In addition to express books, FCPL now offers express DVDs as well. Express DVDs check out for three days and like our express books cannot be renewed or placed on hold.

Local History Series Continues: The History of Fort Ritchie

The Thurmont Historical Society and the Thurmont Regional Library are hosting a lecture on The History of Fort Ritchie, Wednesday, September 2 and will feature Art Callahan's presentation the mountain top just over the Frederick County border that evolved as an important operational support facility for a 'super secret' underground facility often referred to as

'The Underground Pentagon'. Lectures are free and open to the public and begin at 6 p.m. in the Community Room at the library.

Children And Teen Programs

Squishy Circuits & Squishy Circuit Animals: Are you curious about experimenting with electronics, but don't know where to start? Come try squishy circuits! We will be discovering the differences between series and parallel circuits, after which we'll create a squishy circuit "animal". Tuesday, September 8, 4-5 pm. Register online at fcpl.org, or call 301-600-6331.

Drop in for a Play Date! Every Monday drop in for a special playgroup. We'll start off with a fun story. Afterwards, you can meet new friends, read books, and play with toys. For ages 0-5. Mondays, 10:30am - 11 am.

LEGO and Mega Blok Party: Join us for an afternoon of LEGO and Mega Blok fun! Build tall buildings, create mysterious scenes and have an endless amount of STEM fun with LEGO bricks at the library! Best for

ages 2 and up with an adult. Tuesday, September 15, 3:30-6:00pm.

International Dot Day Celebration: Come hear the story "The Dot" by Peter H. Reynolds. Join others around the globe in a celebration of creativity, courage and collaboration through art. Come "MAKE YOUR MARK"! For ages 3 and up. Saturday, September 19, 11 am. Register online at fcpl.org, or call 301-600-6331.

Full "Steam" Ahead

Play, Learn, and Explore at our pop-up "STEAM" lab. A variety of activities will be available. Try one or all. Tuesday, September 22, 4-6 pm.

All branches of the Frederick County Public Libraries will be closed Sunday, September 6 and Monday, September 7 in observance of Labor Day.

September 25th - Homeschooling Services at the Thurmont Library: Are you aware of all the library services and resources available to homeschoolers of all ages? Find out how Thurmont Library can be an important partner

in your homeschool programming as we explore library resources and how to utilize them in your everyday learning. This program will feature a library orientation tour, on-line databases, research materials, hands-on activities, booklists and much more.

You and your family will discover how our library system can provide you with the resources and experiences to form the foundation for an excellent education.

"Presently, there are 3,780 homeschooling students in Frederick County signed up for the 2015-2016 school year and the notification forms keep pouring in," according to Janet Noffsinger, the Homeschool Monitor for Frederick County Public Schools. "The Frederick County Public Libraries system can be a valuable resource for a community that continues to grow each year."

This event is for all homeschool families and educators. Registration required; for more information and to register, please call 301-600-7212 or visit us at www.fcpl.org.

www.fcps.org - Remember this!

Kathryn B. Groth
Board of Education of
Frederick County

If you live in Frederick County, your children will have headed back to school already - on Monday, August 24.

When the nearly 41,000 students started back to school this year, they may not have noticed the many things that have changed. But some things have changed and it is good for members of our community to stay informed.

There has been a major change and a big improvement in the school system website, www.fcps.org. It is a good thing to take note now of the new features this new site offers. It is easier to use than the old site, and there are many links on the site that will point you to other helpful kinds of information. Very simply, log onto www.fcps.org. The new FCPS

website will be much easier to navigate than the old site.

The first and most convenient way, however, to get up-to-date information about Frederick County Public Schools is through the school service called FindOutFirst (FOF). This is an email and text service available to all members of the public who desire to keep up to date on school emergency notices, calendar updates, school closures, school menus and much more. All you have to do is log onto www.fcps.org/fof. You are prompted to subscribe as you wish, depending on what school your child attends. If you are an adult with childcare responsibilities, you can also subscribe. FOF usually notifies subscribers ahead of the media, but in case of an emergency situation, don't forget to log onto other social media that may be ahead of the school FOF email service.

Very importantly, don't forget to

update your FindOutFirst at the beginning of this school year. Log onto www.fcps.org/fof to update your FOF information.

You can also download the FCPS mobile app which is free via Google, the App Store or at www.fcps.org. Then you can be in touch no matter where you are.

Please also look at the new 2015-16 FCPS Calendar Handbook that came home from your child's school during the first week. There are many new topics covered and much new practical information listed in the first few pages, including school system statistics - and the fact that it costs more to educate each child this year than it did last year! It will be helpful to page through the calendar handbook to become familiar with its layout and to learn just how much helpful information is right at your fingertips.

For example, check the index on

page 2. You will find most of the topics listed that you will want to refer to frequently. The index is updated as necessary each year to make it more helpful for quick reference.

A successful public school system depends on an active, involved community. In the United States, public education has always depended on its local communities to decide on goals and objectives for its young people. There is a part for every citizen to play in this endeavor.

Community engagement is of high priority for FCPS. The Board of Education has stepped up the emphasis on involving the public in the running of their public schools and local support is always encouraged. Goal Number 4 in the plan for school governance states:

"FCPS will nurture relationships with families and the entire community, sharing responsibility for student success and demonstrating pride in all aspects of our school system."

Think about ways in which you might become involved in the education of our young people - be they your own children or the children of the community in which you live. Besides your local school, there are school system committees made up of community members from all over the county. These committees work on the school calendar, develop materials for the Family Life curriculum, help the Board of Education to set policy for the school system, and serve in an advisory role to special education and career education, to name a few. Contact your local school for a list of opportunities to volunteer.

Speaking for my colleagues on the Board of Education, I wish all of you and your families a very successful school year, full of exciting new challenges and educational opportunities. We are justly proud of our public schools in Frederick County. Join us in the adventure!

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Christine McVeary

"My husband, a Music Education Major, loves the improvement our children show at each 3 month performance!"
Ann Diulio



Mother Seton School

Lynn Tayler

September is always a special month at Mother Seton School. It's a month to celebrate, especially Grandparents Day. The past shapes the future, and that is never more evident than in our own families.

This year we are proud to commemorate the 40th anniversary of the canonization of St. Elizabeth Ann Seton, our Foundress and Patron Saint, on September 14th. Author Anthony Burgess once said, "It's always good to remember where you come from and celebrate it. To remember where you come from is part of where you're going." That is exactly the sentiment behind our motto at MSS: Cherishing the Past, Building the Future. We are blessed to have a heritage as special as ours, and it is because of that heritage we are able to provide a

strong moral and academic foundation for our students.

The legacy our first American-born saint left behind is widespread and lasting. Many who still reside in Emmitsburg and the surrounding area have been touched by Mother Seton's legacy. Whether it is by receiving a Setonian education at one of her descendant schools—St. Euphemia's, St. Joseph's, or Mother Seton School—or by receiving assistance and comfort from one of the outreach programs created in her honor, or being a part of one of her ministries through volunteerism or employment, so many have become a part of her story. I can only imagine the elation in the crowd the day Pope Paul VI announced her admission into the ranks of saints. I'm sure those of you who were there that day have fond memories of being a part of history.

This year, our school has adopt-

ed the theme of "Living the Gifts of God's Love". Our heritage is one such gift. To be a descendant of St. Elizabeth Ann Seton's first school, to be located only footsteps away from where she lived, served, and died, is a blessing we are continuously grateful for. And now, to be a part of the celebration of her sainthood in partnership with the Seton Shrine, is a unique gift we have been granted, one I hope you'll be able to share with us. We are making plans to continue the commemoration of this 40th anniversary throughout this year. 40 is a significant number in the Bible and it's something we'd like to acknowledge. So keep your eyes out for more information on how you can join us. Become a part of her story with us.

In the meantime, may this September ends up being as joyful and special a month for you as it is for us. We hope to see you soon!

Street style in the city

Valerie McPhail
MSM Class of 2015

Besides the buzz in the air that surrounds an excitement for runway shows and presentations during fashion week in September, editors, writers and readers alike are always happy to see clothes worn well. This makes street style the everlasting project and curiosity of the fashion industry.

To define street style means to shine light on an interest in clothing and the way garments transform into fashion. Style elevates the object of clothing. It brings attention to how clothes are more than items we buy just to wear. Rather, style demands expression. Style requires shopping and curating a collection of items that will create outfits.

Typically, street style is discovered in public settings and usually captures the way clothes are styled for every day life through photography. Street style means finding style in the way people wear clothes on the street. This term has quickly made fashion more accessible to the public. With the movement towards digital magazines and blogs, fashion fanatics crave street style because it celebrates clothes worn respectively. All eyes are turned towards the trend setters and fashion gurus who take pride in sharing their stylish lives. In response, their cute outfits inspire the public—a world of avid blog readers and Internet browsers. Street style is the platform for understanding what fashion means on the streets.

Living in New York City not only means calling home to the mecca of the United States' fashion capital, but also a home to various different walks of lives. The city calls those who are passionate about fashion to be here, but that is not all it encompasses. New York also stations other industries—finance, international politics and culinary—here for work as well. This means that there are many stories to tell.

Evidently, New York City has a lot of shopping to offer its people, and with good shopping comes good style. Therefore, the city holds people with great sense of style. As I walked from block to block to get to an internship in the Garment District, as well as internship downtown in SoHo and taking the subway to manage traveling around the city in these last summer months, I have seen many people dress interestingly.

Walking through the streets of New York, I have found that there are some styles of dressing that most people cannot keep away from. The navy suit that establishes Wall Street and Madison Avenue executives is never leaving the city. This look dictates a profession; it communicates how men's fashion is dictated by the work force. However, aside from the young guys and middle-aged men who wear a button-down, suit and tie uniform on the daily, there has been an interest in dressing a classic prep-look in a more casual manner. For instance, the Brooks Brothers' Golden Fleece polo is a favorite among the men in the city this summer. Yet, just because this item of clothing is an element of style for the prepster class, it cannot simply be ridden-off as a piece

of fashion. This street style trend is validated in functionalism.

Since 1818, Brooks Brothers has managed to consistently offer quality clothing to compliment the American style of living. Along with the brand's oxford cloth button-downs and ready-made suits, the Golden Fleece polo is a summer favorite among men's fashion for this Summer of 2015 for good reason. As a piece from their Gold Fleece Collection, men who wear the Brooks Brothers' polo share a symbol of style and class through the Brooks Brothers' Golden Fleece sheep logo. The sheep is a true sign of style. Not only does the logo symbolize the American brand, but a commitment to quality clothing, an attribute that keeps Brooks Brothers alive.

Brooks Brothers is a brand devoted to offering substantial clothing that communicates the heritage of American style. The company was built on this country's way of life, a lifestyle defined by hard work, comfortable living and hospitality—or in the words of retail—customer service. As the oldest retailer in the United States, it has managed to stand strong in representing this way of living through the art of design. Brooks Brothers' clothing sets the standard for American sense of style.

It is a style referred to as the classic look. J. Crew, Ralph Lauren and Tommy Hilfiger are other major clothing brands with similar aesthetics. The crisp polos, sleek button downs that are commonly branded with a logo, and chinos are items that define this style. It is also a manner of dressing embraced by a history of American Presidents. A classic sense of style is characterized by these tailored menswear pieces. The men in the city who have shopped the

Golden Fleece polo are investing in a polished look that stylishly reflects life in America.

It is comfortable to wear dresses in the summer. Perhaps this is why it is a popular choice among women in New York during the warm weather months. On another note regarding street style, women appear to be more focused on fashionable accessories this summer. Indisputably, the St. Louis Goyard tote bag is the mysterious piece that is all around. The printed tote bag is hidden gem among its high-fashion friends due to its sharp presence all over the city. Where fashion choices and lifestyles are distinctively different when traveling uptown and downtown, nonetheless you will find this bag.

Among all the handbags available to the consumer, this option is a stylish investment. Sporting a Goyard bag communicates attention to fine fashion. Despite it rare find in New York City—available at Barneys and Bergdorf Goodmans—the Parisian trunk maker who has been creating luxurious accessories since 1853 has held a following among celebrities and their street style photos in Los Angeles. Child-star actress Hilary Duff, Kardashians and designer-blogger Lauren Conrad have all be spotted with their St. Louis Tote bag.

On the West coast, these consumers have celebrated the brand by customizing their handbag with monogramming initials and shopping various colors. However, here in New York, the classic brown and white printed leather bag remains a current favorite. The reality is that the Goyard tote bag is a trendy style item which communicates a public interest in bringing exclusive

high fashion to the streets.

Clothing is personal and created with expression and fashion is an industry that allows this to be recognized. Fashion elevates the status of clothing. Without social media, fashion blogs and magazines clothing would remain as a function to lifestyle that goes unnoticed.

My interest in fashion began with clothes and an attraction to developing my own personal style. At a young age, I found fun in shopping at the mall with friends and in discovering how clothing can complement personality. This interested blossomed a few years ago, when I received Amanda Brook's book, *I Love Your Style*, as a Christmas present from my twin sister. This book changed my perception on the way clothes are worn, and it has since stood as a reference to understanding style and to how I develop my own style of dressing. Style is important to me because I find it the essence of expression. If fashion is a form of communication, style is its technique.

Street style is a public exclamation of this. In this way, it is a form of storytelling. Designers and magazine directors will at times call themselves storytellers, a role that requires sharing a perspective. From a business point of view, it is a marketing tool. It is the essence



A collection of Brooks Brothers Golden Fleece Polos.



The trendy Goyard tote bag is a street style staple in New York City.

of branding, characterizing a company or a brand. However, in the creative industry, it is the way to express a world of thoughts, emotions and ideas through design and style.

Street style is defined by what people are wearing and how they wear it. Fundamentally, there is a reason for why people shop and wear certain items of clothing and style presents this idea without words.

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FOUR YEARS AT THE MOUNT

As the FYATM writers begin their next semester at their mountain home, we asked them to reflect on how they decided on their respective career paths. As summer slips into fall and the days get colder and shorter, we hope our readers reflect on their own careers with the same pride as our writers.

Sophomore Year The end of the sentence

Sarah Muir
MSM Class of 2018

“When I grow up . . .” has always been the constant companion to an ever changing second half. The end of this simple sentence has been reliant on my numerous flights of fancy that I have had throughout my life. One that I hold close to my heart is my love of books.

Even as a little girl, I was a voracious reader. My mother, who is also an avid fan of literature, encouraged me in my budding literary pursuits. We have always been reading buddies and when we would get a chance, we would swap plots, theories or opinions.

Growing up, I always favored books about wildlife and the great animal kingdom. This was coupled with my childhood crush on Steve Irwin; I believed that my future lay in the study of faunae. So there I was, six years old and wanting to be a veterinarian.

The years following, I discovered sci-

ence and the joys of aquatic life and decided on marine biology as my next career choice. I was thirteen years old and in seventh grade when I discovered my aversion to blood and dissection and that led to the conclusion that maybe I should steer clear of the biological sciences. By this point, I thought maybe I should be a wildlife photographer for National Geographic.

Freshman year of high school I settled, somewhat reluctantly, on being a primary school teacher. I say reluctantly because I saw what teachers have to put up with on a daily basis and I knew I did not have the patience or passion to do that. I did not want to choose a career that I could not see myself doing sixty years (or more) down the road. I wanted to find something I was truly passionate for, something that would make me excited to go to work each day. It was with the help of my best friend and a few amazing English teachers I found myself on my current path towards an English major.

Funnily enough, it started in Algebra I, which was my least favorite of all my subjects, second only to gym class. My best friend, Kailey, and I started the age-old practice of passing notes (discreetly, of course). When we would run out of topics we would swap writing prompts. If neither of us finished by the end of the period, we would continue writing and exchange when they were finished. It was during these sessions I discovered my love for writing. We have always encouraged each other's writings, acting as readers, editors, and critics.

I found my fondness and appreciation for the written word grow when I was under the tutelage of some fantastic English teachers. The ones that spring to the forefront of my mind are Mrs. Bonnie Pratt and Mr. Samuel Cuthbert. Mrs. Pratt is a no nonsense woman with a penchant for dramatics and Mr. Cuthbert is a gentle literary man with an enthusiastic and creative insights. Overall, both are extremely unique individuals that compelled me to look at the text in a different light with a different point of view.

With Mrs. Pratt I covered the American writers and read the likes of Edgar Allen Poe and Nathaniel

Hawthorne. It was in this class I discovered the purpose writers place behind their words that, at times, transcend the mind of the reader. A writer places, not just any random word, but the perfect possible word to convey a meaning or an idea and, as readers, we seldom pay attention to them.

Let me explain. Think of several words that share the same meaning, for example, happy, joyful, and elated. They are all in some way related to each other, but they carry a different weight in our minds when we read them. If I was to say “She was happy,” you would think that this fictional girl had a good day with decent weather and pleasant enough encounters. However, if I was to say, “She was elated.” You would assume that something special happened today, outside of weather and small discoveries, something big that would evoke something outside of just happiness.

Looking back on what I have written, I find that I have somewhat digressed. So back to the subject at hand, which is now Mr. Cuthbert's British Literature class. This class, I also happened to share with my dear, previously mentioned friend (and partner-in-covert note passing), Kailey. In his class we traversed the histo-

ry of British literature and the English language from the Viking era through Shakespeare. We read works such as Beowulf, Sir Gawain and the Green Knight, and Macbeth. He always emboldened us to look at the work differently. He taught us to approach it as not just text, but as a window through which we could see how people hundreds of years ago viewed humanity and how this view could connect one way of life with our own.

It is amazing what makes you decide what to be when you grow up, whether it is a person or experience. It might have been something that was insignificant to one person, but it now has completely and ineffably changed the course of your life. If you are one of those people that have found the ending to the sentence, think of the people and experiences that shaped it. If you are one of the people that have not, do not worry; you are probably just waiting for something to offer the perfect punctuation.

For me, the end of my sentence was found in two lovely literature teachers, one word-wise companion, and a book-worm mother.

To read other articles by Sarah visit the Authors section of Emmitsburg.net.

Junior Year Finding comfort in the unknown

Leeanne Leary
MSM Class of 2017

“What do you want to do when you graduate?”

I think as undergraduate students we know this question a little too well, and for everybody out there who faces this question so often, I think we should work together to come up with different conversation starters. I'm kidding. . . sort of.

But seriously, my real answer is simply, I don't know. I am starting my junior year, I declared my major a year ago, I have an all-but-guaranteed career in the Army, and that question still causes way more stress than it should because honestly, I am just not sure what I want to do when I graduate.

What I do know is that, as stressful as it seems, I know it is a true blessing that I am not sure. I know that the reason why I am so unsure is because of the incredible variety of influences in my life – people, trips, experiences that have given me a passion for so many different things.

The best teachers I have ever had have all been English teachers and my mom taught me to love reading more than I love almost anything – hence the English and Education major. My time in Haiti has given me an absolute passion for missionary work and people all around the world. My contract with the Army gives me a minimum of four years to serve in a variety of fields before ever even needing to decide what my life will consist of.

My unparalleled desire for a law degree pushes me to apply for an Education Delay from the Army and go to law school. And finally, my indecisiveness leads me to the rambling nature of this article and my constant struggle in choosing a future career.

So back to the question, “what do I want to do when I graduate?” My typical answer is “I'm not sure yet,” with a brief explanation, and the typical response is “well you have time,” or “you have a lot of options,” but the truth is that just does not ease my mind. There are still multiple careers that I am passionate about, multiple that pay well, multiple that would require some serious fundraising, and multiple that seem like the right thing to do, but I would like to explain more as to why. Even though it might sound like I am complaining or you might realize how stressed I am, this is all a blessing in disguise, a very, very good disguise, I might add.

I have had the absolute privilege of being exposed to the most inspiring people I could ask for. I have had the opportunity to travel to other countries and experience a much larger world than I could have ever dreamed existed from the comfort of my small town. I have seen the real difference that a single person can make by simply doing their job and engaging in what they love. I have been completely torn apart at sights of devastation, only to realize that there are people placed in this world with the purpose of combatting all things poor and devastated. I have seen lives changed

in a yearbook classroom, and minds opened in an English class. All in all, I have experience way more than I ever imagined I could in the short 20 years of my life and there is actually a comfort in knowing I can continue to experience just as much and not be pinned down by a single career my whole life.

I believe the single person whose life and story offers me the most comfort in the unknown is someone who I have never even met – Dr. Paul Farmer. I first read Dr. Farmer's book Mountains Beyond Mountains this past Christmas and have read it three times since. Dr. Farmer lived and continues to live a life that embodies the mantra “go with the flow.” He is a medical anthropologist who serves an entire community in Haiti and is responsible for a revolution in the fight against TB around the world.

His works are incredible, but what makes him so inspiring to me is the way he has gone about everything in life. When he first went to Haiti and realized that this community needed help, he saw he would need a medical degree and so he got one. He then opened a clinic that changed the face of the dying community and when he was confronted with problem after problem, he adjusted himself until he found the solution.

When he started his research on TB and realized how affected other parts of the world were, he began to commute from country to country in order to better face the problem. He did this with a constant humility and simple desire to serve. Throughout his career, he never had a long-term plan, he took every day as it came, and he faced each one with grace and positivity, and he truly changed parts of

this world forever.

I cannot be Dr. Paul Farmer for a lot of reasons: I would like to think the biggest reason is that I do not like blood, but that is probably not true. However, I can take his life and use it as a model for my own in different ways. I realize that my heart is already in multiple parts of this world and whether I will use a law degree, a teaching certificate, or a military career to do what I love, I know I will find a way to do it.

So, I still do not have an answer for the infamous “What do you want to do when you graduate?” question. Although that is scary and stressful and

will probably cause a lot of tears over the next few years, I do know that there is an exhilarating and rewarding element to the unknown that I cannot wait to explore. Through the guidance of people, both in my personal life and those I can only read about, I can say with a fair amount of certainty that uncertainty is pretty common. I would not trade the passion I have for so many things for a definite career plan, but I will probably still look pretty nervous every time I am asked about my life plan.

To read other articles by Leanne visit the Authors section of Emmitsburg.net.

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CAREER PATHS

Senior Year Occupational therapy

Katie Powell
MSM Class of 2016

While I write this, I am defiantly staring at the piles around my room of items to be packed so that I can head off to school for my senior year. The inevitability of homework, readings, and syllabus week sends shivers down my spine. And yet, every year, I pack up my things and move away for nine months so that I can get a degree in health science, so I can go to another school, so I can get my degree in occupational therapy. It is not uncommon for me (or anyone for that matter) to reflect on their inspirations and reasons for choosing their career path while another daunting semester stares them in the face.

Before I get into what led me to my decision to choose occupational therapy as a career, I feel I must dispel some rumors. First of all: NO, occupational therapy is not where you go when you need help finding a new job. Also, it is not the same thing as physical therapy. And finally, it is not just “arts and crafts” time, although it can sometimes be presented as such.

Occupational therapy is the improvement of everyday tasks for individuals through the use of therapy and modifications, and in some cases, new equipment.

Oftentimes, occupational therapists must get innovative and really think outside the box in order to help their patients. Occupational therapists work with infants and geriatrics and everyone in between. The clientele is everywhere—in their own homes, elementary schools, hospitals, nursing homes... wherever clients go, occupational therapists go too!

The name comes from the fact that the therapy helps improve daily tasks, or “occupations” of normal living, and I guess they decided that occupational therapy had a better ring to it than “daily task therapy.”

As of now, I am in the process of packing up to start my senior year at the Mount, and simultaneously applying for graduate programs so that I can wear yet another cap and gown three years from now. I guess the thrill of graduation just has not set in for me—I keep going back for more.

All of the work that goes into the application process had already set me thinking about what could have possibly convinced me that this was the way to go? I have spent many hours studying, observing, reviewing programs, contacting admissions counselors, visiting schools, as well as spent hard-earned money in order to apply to these programs and find the best fit. What could it be about occupational therapy that has made me so determined, so dead-set that this is what my future holds?

Okay, pause. Before I really get into it, I have to give some background. I did not always want to do occupational therapy (shocker). In fact, freshman in high school Katie Powell was certain she would be a reporter. But then, junior in high school Katie Powell took Anatomy and Physiology, and she was certain she would be a physical therapist. And then, sophomore in college Katie Powell was told she might need physical therapy to rehab a shoulder injury.

It was upon listening to myself argue with the athletic trainer, claiming I would not go to physical therapy, that I realized how poor of a fit that would be. In fact, I think I stated that I would “literally refuse” therapy—what kind of aspiring PT would refuse to go to PT?

At that time, I began reevaluating all of the choices I had made that had led to that point. Classic college sophomore, I know.

I considered switching my major to everything from business to anthropology, but I could not get away from the notion of helping people, around which I had always based my career choices.

When I was young, I went on a trip to Guatemala to help build a school. My fondest memories were spent carrying a little girl on my back up and down the stairs so that she could play with the other kids. After the trip I told my mom that I thought it was my calling to help everyone feel as if they belong (No, seriously, I am not making that up).

As a journalist I could inform the public, but it was not enough. As a physical therapist I could help heal injuries, but it had become devastatingly clear that my heart was not in it. I once read, “physical therapy teaches you to walk, but occupational therapy teaches you to dance,” and ever since then I was captivated by the difference between the two. Walking is standard. Dancing is a talent. Dancing is special to an individual. To someone who grew up dancing, and lost that ability, its return would feel like welcoming home an old friend.

I learned that occupational therapy restores in people things that everyone takes for granted—their normalcy, their independence, and their dignity. I am dazzled by the weight that those gifts hold. I well up with pride imagin-

ing my first client successfully graduating therapy. My hands shake as if I am meeting a celebrity when in the presence of current occupational therapists.

I do not know if one could gather this from reading my articles, but I am a high-energy and highly creative person. I do not do things half way, and I like to keep them interesting, yet efficient. I am one of those people coming up with really odd-looking solutions to problems, such as tying my shoes together so they don't get lost, using paper clips to secure my chargers to my nightstand, and tying a string to the light in my room so that it hangs low enough for me to reach it. Again, I am serious—the string has probably been there for eight years and now I don't think it can come untied. Anyway, upon realizing that occupational therapy is a field that is all about coming up with creative solutions to everyday problems, it was like seeing your childhood home after years of being away. I had never felt so at peace, but at the same time so overwhelmed with joy, that there was the perfect career for me. Instantly I knew that I had to do ev-

erything I could to become an occupational therapist.

During this past spring, I had the privilege of observing an occupational therapist working in an elementary school. She told me honestly about the trouble she goes through with regular classroom teachers and superiors, budget constraints and parents, and everything in between. I know her intent was to show me what the job truthfully consisted of, and I appreciated that immensely. She told me she hoped she had not frightened me away from the career. I told her that as I watched those kids every day, whether they left screaming “I hate OT” or “I love OT,” I could not help but feel that their lives would one day be better because of their occupational therapist. What more can one ask for in a career, than to end both good days and bad with a feeling that you have bettered the future?

To read other articles by Katie visit the Authors section of Emmitsburg.net.

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STAGES OF LIFE

Helper of mankind

Alexandra Tyminski
MSM Class of 2015

We can often become lost in the business of our lives, constantly connected with others. However, there are not many days that we spend this type of interaction with people, really understanding their stories or who they are and where they came from. Maybe it is because society tells us that being personal with others is not really acceptable. Or maybe, it is truly because we are too busy to take the time to connect on a deeper level with people.

This past month, I had an amazing opportunity to connect with and interview a man by the name of Edward John Smith Jr. Edward, although he goes by Ed, resides at St. Joseph's Ministries. During our conversation, I was not only enlightened by his life story, but also by his generosity, sharp mind, and sweet character.

Ed turned 94 years old on July 22, 2015 and his historical connections to Emmitsburg are immense. He grew up on Motter Station, but lived in Emmit Gardens in Emmitsburg for 75 years, in the house that he built himself. Ed has also had an interesting life filled with service to his community, family, and friends. When I first began to interview Ed, I didn't realize that by the end of the interview, I would experience so much joy getting to speak with him.

As an only child, I was shocked when Mr. Smith told me that he was one of eleven children; five brothers and five sisters. In fact, his sister Margaret Richardson of 97 years, also resides at St. Joseph's Ministries with him.

Ed lived through the Great Depression in 1929, on his family's farm. He would husk corn

and bring it in on his back. As a young man, worked as a carpenter for 35 cents an hour. He later worked as a driver and drove a milk truck, however, Ed decided that he wanted to go into another area of business. Who knew that this job would turn into a career that served many?

Ed worked for a company called F.A.G.O. that built houses in several towns and cities. Ed spent 8 years working in Baltimore, but then started working in Frederick where he continued building houses for 12 years. Along with this, Ed helped to build up shopping centers in Frederick and Emmitsburg. He assisted in the building of the Red Horse Restaurant on route 40 in Frederick, where he furnished wood for the fireplace and the horse in the bar. Much to my surprise, when I told Ed I was from Silver Spring, he expressed how he also did some building in this area. He could still name a road he used to drive on all the time that is right near my town. I couldn't help but think of what a small world it is.

This is not the end of Mr. Smith's accomplishments and his amazing service. Over his lifetime, Ed would give back to his Emmitsburg community on the side of his full time job and responsibilities with raising three children. He was married to his wife, Loretta Smith, for 61 years and they had three girls; Karon, Linda, and Betty. Ed expressed that it was his wife that really helped with raising the kids. He said she worked at home and took care of the kids, but in my eyes, Mr. Smith's service began with his family, even in the simplest ways. Ed told me that he built his wife a table to bake on because she loved to bake. "I loved her baking," he said. His dedication to service shined through to

his family, and later to his community.

Ed would build houses in Emmitsburg, sometimes without charging. Mr. Smith has built seven homes in Emmit Gardens and four on DePaul Street, as well as helped to build certain buildings at Mount St. Mary's University.

When I told Ed that I just recently graduated from the Mount, he smiled and said with excitement, "You did?" He helped build many of the buildings that Mount students occupy today. The first building he expressed that he helped with was Pangborn Hall. Little did he know that this was my freshmen dorm, and little did I ever know that I would meet the man who helped build the place for memories that formed my great foundational experience at the Mount. What a small world.

Ed Smith also contributed to the building of the Science Building, library, and the original terrace building at Mount St. Mary's. To my amazement, he is also the man that took part in building the square block that the Mary statue is standing on top of at the Grotto. Mr. Smith loves the Grotto and conveyed that he used to go there many times. We spoke about our shared love for the beautiful place, and I admired his hard work to help build a monument that would bring peace to many.

Edward John Smith Jr. has had a very unique, experience-filled life, but one that was also fruitful to him and to others. I asked Ed what his favorite parts of Emmitsburg were. He told me, "It is a nice place to live. It's small and growing, but not too fast. I really love the area."

Ed said that he knew everyone down the street. He was very grateful to live in a community town such as Emmitsburg. Ed re-

minded me, through his deep love for Emmitsburg, that it is through community and connection with others that we are able to grow as individuals.

"So, did you enjoy living in Emmitsburg?" I asked him.

"Heck yeah!" He responded. I couldn't help but laugh at his answer. He also said, "St. Joseph's Ministries are good to me. It is a great place to be."

Ed is a gentle, genuine man. In his lifetime of service to others, he also enjoyed a few hobbies of his own. He loved to build furniture and garden. Ed built 35 high chairs and many covered bridges for his yard.

One hobby that he continues to enjoy while residing at St. Joseph's Ministries, is growing his own tomatoes.

"I used to plant 32 tomato plants out front at my house and give them away. I eventually started to sell them. One year I got \$175 for them which is the most I ever got." It was safe to say that Ed really loved gardening and all of the joys that came with it.

While I was interviewing Ed, I also got the pleasure of meeting one of his daughters, Karon. Ed's daughter, a kind and sweet individual much like her father, told me a story that really resembles the character of Ed. One night there was a knock on the front door at Ed's house, and a young girl was standing there with \$7 in her hand. She handed the \$7 dollars to Ed and said, "I'm a better person now. I wanted to bring back your money." Ed told me that this girl took some of his money from the tomato stand. He shared how he thought this was such a beautiful thing and simply forgave the girl. After Karon finished telling the story, I scanned Ed's face to catch a smile stretching from ear to ear. I could tell the story warmed his heart.

My time with Ed was very insightful, and I learned a lot about

who he is. However, there was something more that Ed taught me. He said, "Get a job and stay there. Stick with it." How often do we hear this anymore?

When I left St. Joseph's Ministries after interviewing Ed, I reflected on his last words to me. You could apply his advice to almost any area of life. I'm not sure if that's what he completely meant when he said those words to me, but his words resided with me. Stick with it and stay there, persevere and work hard. Ed is a walking example of what it means to work hard and serve others all at the same time. Whether in a job, family life, or community, Ed has given to others through dedication to service and hard work. Have you ever thought that some of the people you come in contact with in your life were meant to teach you something? Whether you knew them for a lifetime or for a short period of time, maybe the point of engagement with others is so that we can all learn something. In this big, yet small world, I was able to meet a man whose wisdom and experiences showed me a few lessons for myself.

Ultimately, Ed taught me that perseverance in life is key and that being a genuine, good person towards others can bring you so much happiness. In more ways than one, my conversation and engagement with Ed revealed that life is about serving others. It is about working hard. It is about having a good heart. I only dream to be half as kind as Edward John Smith Jr.

I know that I did not take those tomatoes from his garden like that little girl, but I will agree with her. I am a better person now because I met Ed. My name in another language means "helper of mankind," but I believe that it is Ed that deserves this title.

To read other articles by Alexandra Tyminski, visit the Authors section of Emmitsburg.net.

• **Rehabilitation • Long Term Care**

Meet Jerry Barzal

- Housewife and Mother: 41 years
- St. Joseph's Ministries: 47 days

Jerry came to St. Joseph's Ministries for short term rehabilitation as a result of a spinal cord injury.

"St. Joseph's Ministries has been a God send to me. Everyone has been fabulous to me. I couldn't have expected anything better. I am now able to walk with my head up due to the excellent therapy received. I will miss everyone when I go home, they are like family." Jerry Barzal

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- Linda Thompson : Adams County Aging - Medicare & Open Enrollment.
- Kitty Devilbiss : Frederick County Aging - Available services.
- Jane Oyer - Be the captain of your healthcare team

On the way to Poland

Lydia Olsen
MSM Class of 2016

“Ugh!” I sighed to myself. We were late again. The taxi pulled up to the departure gate and I flung open the side door. I stood at the trunk as the driver came around and opened it. He handed me my bags and I used all my effort to compensate for the extra weight. People always say that you shouldn’t travel with more than you can carry and I was tiptoeing the borderline of that saying very closely. “Danke,” I said as I handed him a handful of euros and turned to the complexity of the airport in front of me.

The sliding doors made way as I walked briskly into the airport with my two traveling companions, Dan and Jordan, trailing behind me with backpacks nearly the same size as their bodies. Inside the lobby, we stood trying to make sense of the signs and searching under the large German words for the tiny printed English.

“I, uh, I think it’s this way,” I said, unsure of the true direction and hoping for the best. We ventured through check-in and security quickly, nearly professionals at this point, thanks to all the traveling we had been doing. Once through the chaos we walked on, passing gates and looking for our destination on the blinking signs above the various doorways. We came to the end of the terminal and still had not found the seating area for our flight. It was less than 15 minutes before boarding began and we had no idea where we were suppose to be.

We stood there for a moment as people passed beside us all going different directions. I looked around, searching for something helpful. “This is the one,” I said as I pointed to the waiting area for Gate 14. “How do you know?” Dan asked, puzzled. “That man in the khaki jacket,” I said as I motioned to an older gentleman sitting at the end of a row of connected seats, “he looks like me.”

It had been a long couple of days around Germany. It was not exactly a business trip; I had retired long ago, but I found that I needed something to occupy my time and art seemed to be the answer. I had always loved to draw. Even as a child I remember picking up a pen and finding paper to scribble on. It was not my occupation, but rather more of a hobby.

The summer months had been dragging on. I needed a change of scenery so I decided to fly on over to Germany for a few days and explore some of the old sights my mom and dad used to take me to when I was young. It was nice to get away for a little bit and go back to the places I had so fondly recalled, but how difficult it was to see how drastically they had changed.

It occurred to me then that I too had changed so greatly. I found myself opting out of the stairs for the lift more frequently, and noticed myself taking more breaks to catch my breath.

“Where does time go?” I couldn’t help but think. It all passes so quickly. I used to think that there was no way

to capture it. That we had no chance of remembering what it once was, but then my art would speak to me and I realized that I had the ability to capture moments and freeze them in time. That was what this trip, this new phase of my life was all about; capturing the moments that others let slip by.

I sat patiently at Gate 14 waiting for the plane to arrive. It was just about time to board and already a line was forming. The destination flashed on the overhead screen and I stood up with my boarding pass in hand. I walked over to the back of the line and waited to board the small propeller plane.

We barely had time to sit down before we had to get in line with our passports and boarding passes in hand. I could barely contain my excitement as “Krakow” flashed on the overhead sign. I had never been to Poland before and though I did not know what to expect, I was thrilled to find out what it had to offer. Poland had a special pull that made it a bit different from all the other countries I would be visiting. Like I said, I had never been personally, but at one point it is where I came from. I am Polish and though I do not have much experience with Polish culture or language, it still runs through my blood and fills me with pride. I eagerly boarded the plane and plopped down in the window seat ready for take off.

Before we had even gotten into the air, my companions beside me were sound asleep. It was going to be a short flight and I decided to get a little bit of reading done. I sat back and flipped open my book. For some reason, it could not hold my interest and after a few minutes I closed it and shoved it back into my backpack.

I glanced over to the other rows to see what everyone else was doing. Most people were taking naps or listening to music but then I noticed the man in the khaki jacket who happened to be sitting in the same row I was in, on the other side of the aisle. He had a small note pad flipped open and a pen in his hand. Every so often he would glance up to observe more before going back to the sketch he was making.

“Uhm” I thought, “that’s a good idea.” I had been looking for a way to remember my experiences without having to journal everything. Drawing was a thought that had not crossed my mind until now. I opened my backpack open again and pulled out a book with blank pages and a pen. I looked over at the man in the khaki jacket and began to sketch him to the best of my ability.

Once seated on the plane I reached into the chest pocket of my jacket and pulled out my notepad and a pen. I looked around at all the different people all headed to my country. I picked a man in the row in front of me and started to sketch him. He had headphones on and his eyes closed. I spent a few minutes capturing him and do-

ing my best to make his chin as accurate as possible. Then I flipped to a new sheet and started to sketch the flight attendant as she offered us each a drink. After a few minutes, I couldn’t help but feel as if someone was watching me. I looked to my right and saw a young lady at the window seat with a pen in her hand and a blank sheet of paper in front of her.

“Could it be...?” I asked myself. After noticing a few more glances I came to the conclusion that she must be drawing me. When she looked up again we made eye contact. She blushed, embarrassed that I had caught her and then we both laughed quietly. I flipped to a new page and began to sketch her.

He caught me sketching him and I immediately felt as if he had caught me stealing cookies from the cookie jar!

“Oops,” I thought to myself. I couldn’t help but laugh at the silliness of the moment. The man laughed as well and then flipped his page. Much to my surprise, he began to draw me!

There we sat, drawing each other across the aisle and my companions beside me in the silence of the plane. Now, I do not consider myself an artist. The artist in the family is my sister, not me, so I did not really know what I was doing. I gave the picture all I had and then after a couple of minutes I was done. I looked up at the man and motioned for us to trade drawings. He nodded in agreement but signaled that he was not done yet.

I added a few more touches to my sketch and then wrote a short note on the bottom; “I’m not much of an artist, but you inspire me. Thanks for making me smile.” I signed my name and dated it.

A few more minutes passed before I leaned over the two sleeping beside me and the aisle to exchange our pictures. When I took his drawing of me in my hands I could not help but smile. It was so good. He was clearly a very talented artist.

After a couple of minutes, the girl and I exchanged drawings. To be honest, I am not sure if I have ever had someone draw me before and it was interesting to see myself from a new perspective. At the bottom of the drawing she had written a message. I do not read any English so I had no idea what it said. I pulled out my translator and did my best to decipher.

I held it in my hands and smiled at how special of a moment this was. Everyone else on the plane slept quietly, unaware.

When the plane landed, I motioned to the girl that I wanted a picture. We both tried so hard to converse but she did not speak any Polish and I did not speak any English. It took us a few minutes to figure out what the other was trying to say but we managed.

She sat at the window and I moved into the row and sat down beside her. I handed off my camera and a photo was snapped. I pointed to my chest, “Albin” I said as I stated my name. I pointed to

her. “Lydia” she said. We shook hands. I pointed to my chest again, “Poland” I said. I pointed to her, “United States of America.”

I tried to tell her how nice it was to meet her and to ask her how long she was visiting for but it was lost in the language barrier. I tucked the drawings she had given me into my notepad and put it back into the chest pocket of my khaki jacket before exiting the plane.

When the plane landed we both got up. We tried so hard to speak to each other but our language barriers got in the way. He motioned to get a photo with me and I agreed. We sat for a few minutes. We said our names and where we were from, but that was about all that we could manage.

I wanted to ask him more, to learn more about him, but I simply could not understand. We both kept talking hoping that maybe the other would catch on but neither of us did. In the end, we both shrugged our shoulders and started to laugh, hap-



The man in the khaki jacket and the sketch he drew.

py to have had the moment. The people on the plane stared, confused as to what was happening and as to what they had missed out on. I put the drawing Albin had given me into a special spot in a folder in my backpack. I exited the plane with all my luggage in hand.

We walked into separate customs lines before heading out into the fresh, warm air of Poland. Before the other went out of sight, we both turned and waved. Then we continued on our journeys.

To read other articles by Lydia Olsen visit the Authors section of Emmitsburg.net.

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ARTS

Arlo Guthrie's 50th Anniversary of "Alice's Restaurant"

Legendary folk music icon Arlo Guthrie embarks on a 18-month North American tour to celebrate the 50th Anniversary of the event that inspired the seminal song, "Alice's Restaurant Massacre". A musical monologue running more than 18 minutes, "Alice's Restaurant" has become a Thanksgiving holiday anthem to families across the globe and it all originates from Guthrie's experience on Thanksgiving in 1965. The tour stops at the Majestic Theater in Gettysburg, PA on Tuesday, September 29th

"I didn't think I was gonna live long enough to have to learn 'Al-

ice's Restaurant' again," Arlo Guthrie says with a smile. "It was a quirky kinda thing to begin with. Nobody writes an 18-minute monologue expecting fame and fortune. The initial success of the song really took me by surprise more than anyone else. The fact that I have contended with it for five decades either by having to learn it again or by not doing it, has been an interesting balancing act. I'm surely looking forward to adding it to the repertoire though for the 50th anniversary tour."

Folk songs enduring many decades of change only become clas-

sics when storylines remain just as relevant today as they were when originally composed. "Alice's Restaurant" is of this ilk; it's now weaved into the fabric of American society. Fans have embraced "Alice's Restaurant" as part of their annual Thanksgiving tradition, but also view it as one of the more pronounced anti-war rally songs. Every year, Arlo receives handfuls of letters from Vietnam vets and soldiers currently at war expressing their heartfelt connection to the song. Today, times are eerily similar to the mid-60's, with unpopular wars being fought

far away from home, and soldiers finding ways to cope. Music is often the best thing to soothe the soul. However listeners interpret the quintessential tune, we can be rest assured that people of all different walks of life come together singing that famous chorus, "You can get anything you want at Alice's Restaurant..."

To purchase tickets \$65, \$60, \$55, call 717-337-8200, or stop by the Box Office, 25 Carlisle Street, Gettysburg. The Box Office is open Monday through Saturday from Noon until 7:30 p.m. and on Sunday from 1:00 to 5:00 p.m.



Maryland Symphony Orchestra

Greg Evans
Maryland Symphony Orchestra

Tickets are now on sale for the Classical Mystery Tour: A Tribute to The Beatles concert with the Maryland Symphony Orchestra on Satur-

day, September 19, 8:00 p.m. at the historic Maryland Theatre in downtown Hagerstown.

The four musicians in Classical Mystery Tour look and sound like The Beatles, but Classical Mystery Tour is more than just a rock concert. The

show presents more than two dozen Beatles tunes transcribed note-for-note and performed exactly as they were originally recorded. Hear "Penny Lane" with a live trumpet section, experience the beauty of "Yesterday" with an acoustic guitar and string quartet, and enjoy the classical/rock blend on "I Am the Walrus." This concert is the best of The Beatles—from early Beatles music on through the solo years—like you've never heard them before. Many have called it "the best show The Beatles never did."

Since its initial performance at the Orange County Performing Arts Center in 1996, Classical Mystery Tour has

become one of the top Symphony Pops attractions in the country. The group has performed with more than 100 orchestras across the United States and around the world, receiving accolades from fans and the media. The Los Angeles Times called the show "more than just an incredible simulation...the swelling strings and the soaring French horn lines gave the performance a high goosebump quotient...the crowd stood and belted for more."

"We really want to make an effort to sound exactly like the originals," explains Jim Owen, who conceived the show and performs as John Lennon. "The orchestra score is exact, right down to every note and instrument that was on the original recording. On "Got to Get You into My Life" we

have two tenor saxophones and three trumpets. That's what it was written for, and that's what we use. And on "A Day in the Life" that final big orchestra crescendo sounds amazing when it's played live."

Tickets for adults range in price from \$25 to \$65 and for children, \$15 to \$55. Tickets may be purchased online at www.marylandsymphony.org, in person at 30 W. Washington Street, Hagerstown or by calling 301-797-4000, Monday through Friday, 9 a.m. to 5 p.m.

The Maryland Symphony Orchestra is supported by a grant from the Maryland State Arts Council, an agency dedicated to cultivating a vibrant cultural community where the arts thrive.

Thurmont Thespians Hold Auditions for God's Favorite

AUDITION NOTICE:

The Thurmont Thespians are proud to announce auditions for their fall show, God's Favorite, a comedy by Neil Simon and directed by Matthew Bannister. Auditions will be held Tuesday, September 1 at 7 p.m. and Wednesday, September 2 at 4 p.m. at St. John's Lutheran Church, 15 N. Church Street, Thurmont. The audition will consist of cold reads from the script and some improvisation scenarios.

God's Favorite is based on the biblical story of Job and takes place in a Long Island mansion. One night a messenger from God, Sidney Lipton (with a big G on his sweatshirt)

arrives, and, as in the biblical story, goes through all manner of temptations to get Joe Benjamin to renounce God. When he refuses, he is visited by all the afflictions imaginable. He stands firm and the messenger has to admit defeat. The household consists of a pious, God-fearing tycoon named Joe Benjamin and his family: a long-suffering wife, Rose, a prodigal son, David, a pair of kooky twins, Ben and Sarah, and the maid and butler, Mady and Morris. All roles are open. For more information, please contact Matt Bannister at 240-626-8178 or by email MatJB75@outlook.com.

The Addams Family – The Musical

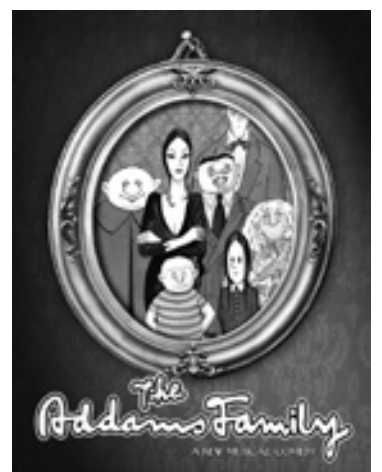
The Way Off Broadway Dinner Theatre, the Frederick area's only year-round producing theatre, continues its 2015 Season with the area-premiere of the hit Broadway comedy The Addams Family – The Musical. The Addams Family is an over-the-top musical romp with characters everyone knows and loves. Way Off Broadway's production will open on September 11th and run through October 24th.

This hilarious musical features an original story, and it's every father's nightmare. Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family - a man her parents have never met. And if that weren't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez must do something he's never done before - keep a se-

cret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's 'normal' boyfriend and his parents.

Way Off Broadway's cast is led by Jordan B. Stockdale as Gomez and Jessica Billones as Morticia. Joining them on stage will be Melissa Ann Martin as Alice Beineke, Ariel Messeca as Mal Beineke, Pam Neely as Grandma, Steve Steele as Lurch, T. Thomas as Pugsley, Jeremy Trammelle as Fester, Joseph Waeyaert as Lucas, and Mary Ellen Cameron as Wednesday. The show also features Kamillah R. Brown, Paul Cabell, Rebecca Eastman, Daniel Hafer, Mallory Rome, Brett Stockman, and Megan E. West as the Addams Ancestors.

The Addams were created by cartoonist Charles Addams in 1938 as a "satirical inversion of the ideal Amer-



ican family." From their debut until the time of Addams' death in 1988, the eccentric and macabre family appeared in a series of 150 single panel cartoons in various publications, most notably The New Yorker. The comics later inspired a 1960s television show starring John Astin as Gomez and a series of feature films in the 90's.

Performances are every Friday and Saturday evening, with matinees on the 1st, 3rd, and 5th Sunday of each month. For the evening performances, doors open for dinner at 6 p.m. with the show beginning at 8 p.m. For the Sunday matinees, doors open at 12:30 p.m. with the show beginning at 2:15 p.m. Tickets on a Friday evening or a Sunday matinee are \$44 per person, while on Saturday evenings, tickets are \$48 per person. Tickets may be purchased by visiting the theatre or calling the Box Office at 301-662-6600.



ARLO GUTHRIE
Alice's Restaurant
50th Anniversary
Tour!
Tues., Sept. 29th
7:30 pm

In 1965, an incident inspired Arlo Guthrie to write Alice's Restaurant. Guthrie carries on his family's legacy in concerts that combine inspirational music with timeless stories steeped in social consciousness.

Tickets: \$65; \$60; \$55

For Tickets Call 717-337-8200
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A trip to NYC's Museum of Modern Art

Jack Williams
MSM Class of 2017

"How is this art? Anybody could have done this!" In my first visit to the Museum of Modern Art (MoMA), I overheard this in the courtyard as a couple glanced upon Yoko Ono's White Chess Set (1966). It was not the only time I heard someone ask this question during my visit, and I too occasionally wondered whether I could create something worthy of critical and public observation. Maybe someday!

One of the most engaging aspects of the modernist movement is the assurance that one does not need to be an outstanding painter, sculptor, musician or writer to produce a nuanced work of art, and Yoko Ono's White Chess Set is an excellent example of this. Consider the way that Ono designed her version of the classic board game: every space on the board and each players' pieces are silk white. When play begins, it is only a matter of minutes until the opponents cannot determine which pieces are theirs. That leaves the players with two choices. They can mutually forfeit the game, or they can establish new rules in order to extend their interaction with each other. In this way, Yoko Ono challenges us to reimagine a war game that has been played for almost 1800 years in a modern context. She asks us whether we ought to participate in war, if opportunities for cooperation are both available and feasible. I, for one, find this to be absolutely brilliant.

The White Chess Set is only one of the many works of art on display in MoMA that are provocative in all the right ways. The comments I could hear both lauded and chided the current state of artistic expression, most discernibly at Marcel Duchamp's In Advance of the Broken Arm (1964). It is an art piece hanging from the ceiling by a steel cord, one that draws your eye as soon as you enter the room. As you walk in, you immediately question why MoMA chose to hang a snow shovel in their exhibit. Because that's all In Advance of the Broken Arm is: a hanging snow shovel.

This art piece is like Yoko Ono's White Chess Set in two major respects. For one, you immediately ponder whether these works can even be deemed artistic. But that is the point! How is art defined? Who defines it: the creators, the critics, or the public?

Additionally, both works aren't aesthetically pleasing. They are rather bland in appearance: the chess set is merely one shade of the same color, and the snow shovel is unremarkable in its design. But by doing this, Ono and Duchamp emphasize that beauty is not the exclusive characteristic of the arts. Art can also evoke the in-

tellect, broadening how we think and what we believe.

You can probably tell how much I enjoy contemporary art. What you may not expect, however, is that I decided to visit MoMA without first researching which works they had on display. I was hoping to be blown away by what I might come across. This visit was an experience I will not soon forget, so let me tell you about it!

My girlfriend, Shannon Kreiner, graduated from the Mount this past spring and moved to Dobbs Ferry, New York. It's an inviting, bustling little town, much like Emmitsburg in this respect. I came up to visit her as I usually do, and we were itching to explore Manhattan together. Granted, I have been to the city numerous times in my life, and she has visited many of its landmarks in her own time, but we had never done so together.

There is an inexpressible joy in visiting New York City with someone that you love. So she and I boarded a train from the Dobbs Ferry station to Grand Central Station, and began our walk toward the museum.

Along the way we stopped outside the New York Public Library. It is a shame that it was closed, because they have a captivating variety of visual art with a range between the earliest and most recent periods of human history. Imagine the intricacies of art history's timeline! One that spans the hieroglyphics of Ancient Egypt and the hanging snow shovel of modern-day New York City. So Shannon and I took a photo together outside the front of the library, and then left for MoMA.

Shannon had been to MoMA once before, and I had no previous experience with the institution. I have walked past it, but never entered it. If you were to search for images of MoMA, the building, you might be surprised by how little it stands out from the rest of the reflective skyscrapers of this great city. This was most likely intentional during MoMA's architectural renovations in the early 2000s, so the museum could demonstrate the current state of contemporary urban architecture.

Upon entering the museum, I was surprised by the cleanliness of its appearance. I was not sure what I was anticipating, but I certainly was not expecting it to look so, for lack of a better word, corporate. The rope dividers were four-foot thin steel cylinders, interconnected by a long thin black cord that felt like a carbon nanofiber. The walls and the support beams were as white as Ono's chess set, the floors mostly composed of dark beige wood. The museum spares no expense with the computers at their ticket register either: all Macs, with aluminum bodies to match the steel aesthetic. At first I was weary of this design. With such an eclectic collection of mag-

nificent pieces of intentionally exuberant art, why ought they be housed in a place no more indistinct from the banking buildings less than a mile away?

Yet the longer I stayed in MoMA, the more I grew to love the minimalistic approach it took to its layout. What if it were more ostentatious? I would initially find it riveting that the museum itself was uniquely artistic in its own right. But is a museum meant to be a work of art? Or is it intended to simply showcase the art contained within it, without making a statement of its own? Opinions vary, but my experience at MoMA has convinced me (at least temporarily) that if I visit a museum, I would prefer to focus all of my attention on the artwork adorning its interior.

After a brief stint in line, Shannon and I rounded the corner from the register to the courtyard, where we spent a great deal of time sitting on stone benches discussing the significance of the sculptures we could see. One such bronze cast was Henry Moore's Family Group (1949). At first glance it appears rather typical, depicting a father, a mother and their child. But the more attention you provide, the more details emerge that make it resonate more deeply.

If you stare at their faces, you notice that the child's and father's faces are remarkably similar, subtly implying that the child is a boy. They also share the same expression of vapidness and noninterest. They could not care less that they are posing for a statue of their family. In contrast, the mother's face is somewhat more tense. It displays serious worry. I asked why, then noticed that she is the one hugging the child, whereas the father is holding him from the bottom, almost as if it is a sort of presentation. Perhaps, then, the mother is more tense because she is burdened with the realization that she must care for her child because her lover will elect to remain uninvolved in his upbringing.

I was not prepared to encounter four specific pieces of art at MoMA. Each one of these works first drew me into the art world, and they are among the most famous images in recent history. Four years ago, I too asked the nearly inevitable "How is this art?" to Andy Warhol's Campbell Soup Cans (1962). I exited one part of the museum only to find an entire exhibition apportioned to the designs of Andy Warhol. I was excited. Too excited for words. I stood outside the exhibition for a good minute, praying that these cans were merely around the corner. I entered the exhibit, and smiled like an infant at the paintings on the walls.

Shannon and I made it to the fourth floor, which was more trafficked than any other part of the museum. We walked into the first



Posing with Picasso's Les Femmes d'Alger at MoMA.

exhibit on the floor and she told me to close my eyes. She wanted to make sure they were shut, so she put her hands over them and walked me to a painting on a standalone section of wall in the middle of the room. She moved her hands away, and I opened my eyes. Starry Night by Vincent Van Gogh (1889).

This is, perhaps, one of the most personally influential paintings I have seen in my life. As many of you know, Starry Night was produced while Van Gogh was placed in an asylum after he attempted to remove his left ear in 1888. If you'll remember what I mentioned in my last article (if you happened to read it, that is!), Nazi Germany opened the Degenerate Art Exhibition for all the artwork they disdained, and on one wall they spray-painted "Nature as seen by sick minds." I find it beautifully ironic, then, that one of the most enrapturing paintings of the last few hundred years was com-

posed by a psychologically ill man within the walls of an asylum.

Two other paintings that were thrilling to see in person on display at MoMA: Pablo Picasso's Les Femmes d'Alger (1907), and Salvador Dali's The Persistence of Memory (1931). Picasso's painting is pictured along with the article, next to that excited infant smile of mine. I cannot describe the feeling of being less than a foot from some of the most revolutionary works of art in recent history. I still can't. But I can say that I was nearly overwhelmed, in the greatest possible way, by what I discovered on my visit.

The great joy in visiting an art museum is the way that the artwork moves you emotionally and intellectually. At MoMA, I was challenged in both ways, and could not have been happier.

To read other articles by Jack Williams visit the Authors section of Emmitsburg.net.

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September 14-17 - Dunes Manor Hotel, Ocean City This is one very nice hotel with a great staff, nice beach and boardwalk with lots of shops. The hotel is preparing a special dinner show for our group. One day we will take a drive south.
Price: \$555 PP DBL \$712 Single.

September 21-25 - Visit The Amish Area Of Indiana many interesting sites here as well as many beautiful flower gardens. Visit the Flea Market and a Kitchen Cabinet Factory and then do a Brown Bag Tour. We will enjoy an Amish wedding feast, the Norman Rockwell Exhibit, lots of good food and the Round Barn Theatre.
Price: \$526 PP DBL \$706 Single.

November 14 - 22 - Branson Christmas I know we've been to Branson a number of times, but I've spent some time finding different routes and places to visit. Of course the shows are great and the food as well. The detailed itinerary will let you know where we are going and the shows we will see. We will visit the Gaither Homestead north of Indianapolis and have a tour and lunch included.
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SPORTS

Catoctin Soccer

Michael Donahue

After a summer of relaxation, it is now September and with it comes the unwanted chore of going back to school. Yet, there is some good to come from the start of school besides the obvious plus of another year of education.

High school sports are back and they seem better than ever after a long break over the summer. Following months of conditioning and multiple weeks of practice filled with two-a-days and sprints, the teams are excited to move away from the onerous task of preseason conditioning and participate in actual games.

This season, Catoctin is motivated by the talent rising through their JV systems with new faces all around the field for both the men's and women's soccer teams. It will be an interesting season for both squads as they boot up after losing many players to graduation as well as switching to the CMC (Central Maryland Conference).

Last season, the men's team looked promising. However, they

were hindered from reaching their full potential by injuries to some of their key players. Matt Viti, the coach's own son, has graduated and moved on to play for Hood College while Tony Reina has committed to running track for a university in Pennsylvania.

Last year's team struggled with multiple goal losses throughout the year including a 2-0 loss to Linganore to start the year and 3-0 defeat in the playoffs against Middletown as they finished the season 2-10-2. The team's chemistry never seemed to form and with each loss and with each injury, the team's poise seemed to lessen. The team was the definition of how talent does not always formulate into a success.

However, this season everyone is reinvigorated. Their record is the same as everyone else to start and they are looking forward to the chance to recreate their image in a new conference. Even with the change in opponents, who are statistically tougher rivals, the team believes they can build on last season. The real

question for Catoctin is who will fill the midfield in the middle of the pitch? Most likely, rising senior and junior, Josh Hoffman and Paul Bello respectively, will be asked to carry the team in the middle of the pitch while Logan Stellitano will play up front in the number 9 position and Reid Clingerman will move between the pipes. It is a real hope for the men's team this season to surpass the 500 record.

On the women's side of the pitch, they also lost quite a few starters to graduation many of whom were club players, as well. However, the team was split and the chemistry in the squad was weak. This season the team is already building chemistry.

The Lady Cougars begin the season on September 8 when they travel to Francis Scott Key High. Last season when they battled the Eagles, the Lady Cougars lost in the final ten seconds on a set piece header by the Lady Eagles. The Cougars are on the hunt for revenge after a depressing loss last year. They are also longing for a



The 2015 Catoctin men's soccer team.

500 record, something they just came short of last year after coming so close in so many draws.

This year, the team is led by junior Carrie Reaver who traveled to Sweden with her club team for a multiple week spell competing on a European youth level. Furthermore, Zoe Lewis is in between in the goal for Catoctin. Lewis took over in the middle of the season last year after displacing the initial starter; however, she never reached her full potential after suffering a handicapping injury. This will be her first time that she is ful-

ly healthy to start a season. The Lady Cougars definitely believe they will make it past a 500 record and they hope that they will push past their first round exit that they suffered last year when they lost to Middletown.

There is a real hype around the region for the start of high school sports in the area. It will be a great year for both the men's and women's teams. It is important to come out and support your local community and encourage the teams as they prepare to perform and enter a new year.

Old time baseball returns to Harney

Frank Rauschenberg

In 1946, 15 men from Harney, Carroll County, Maryland and neighboring communities formed a baseball club known as the Harney Baseball Club, Inc. On any given Sunday during baseball season many baseball teams from neighboring communities played at the Harney ballfield located at Conover and Bowers road in Harney. Friends and neighbors would turn out to support their favorite teams. Thus, the Harney ballfield began and became a popular family fun day.

The last known meeting of the ball club was in March, 2001, with Elwood "Woodie" Strickhouser presiding as the president of the club. In August, 2001, the ball club disbanded and the property was deeded to Saint Paul's

Lutheran Church in Harney.

In 2012, the Harney ball field of dreams came alive again. Representatives of the Harney VFW, Harney Volunteer Fire Department and Saint Paul's Lutheran Church will relive the ballfield memories by hosting the fourth annual softball tournament at the ball field on Saturday, September 12th, from 9 am to 8 pm and on Sunday, the September 13th from 10 noon to 2 pm.

All neighboring fire departments, service clubs and local ball clubs are invited to participate in this Class low-D softball tournament at the Harney ballfield. Food and drinks will be available at a nominal price.

The entry fee is \$125.00. Cash awards will be given to the top three teams in the eliminations, as well as gift certificates to

all teams.

First, second and third place trophies will be awarded to the respective teams. Participating medals will be awarded for each registered team.

The previous year teams have been very generous in support of the child and the family who are dealing with their child's serious illness and the mounting medical bills. Last year, 2014, the tournament donated \$3,000 to the family to help with medical expenses for their child.

This year all proceeds from the tournament will be given to a family to help with medical bills of their 2 year old son who sustained serious burns to the body. We hope to have the family and their child present on Saturday, September 12th for the opening of the ceremonies.



1946 Harney Baseball Team

The objectives of the tournament are three fold:

1. Relive the Harney Ball field.
2. Have a fun day, playing softball for a worthy cause.

3. Any proceeds will be given to the family in need.

Additional information can be obtained by calling Frank M. Rauschenberg at 410-756-5444.

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MSM Rugby off to the pitch

Brian Vogelgesang
MSM class of 2016

After losing the championship match in 2014, the men's rugby team is on a rampage, stopping for no one in their pursuit of the national title. The men have battled hard since the beginning for this opportunity for one of the highest honors a team can earn in collegiate rugby.

They visited the National Final Four, two years in a row with impressive play displayed in both showings. Head coach Jay Myles commented on last year's visit by saying, "The match was a hard fought match with both teams putting their bodies on the line for 80 minutes. Unfortunately, the heavy cold rains did not allow either team to execute their game plan to its fullest. New England College proved to be too much in the end. One thing I want to add is that our boys put body and soul on the line the day before to battle and defeat the two-time National champions, St. Johns, in one of the most emotional matches we have ever played."

NSCRO champs, the MSMU men's team has high hopes and great expectations coming into this Fall season. The team strives for each individual player to do their part and as a unit, will be hard to conquer. Their motto is simple, but powerful: None of us are stronger than all of us.

Coach Myles stated, "This means we are truly stronger as family and a team who is not focused on themselves but, their teammates. There is no place for egos on this team. We are a team of players that are looking to push one another to better things on and off the pitch. We try to avoid the 'disease of me.'

When one watches the men go to war on the pitch, this level of unity and selflessness is obvious. A complete display of commitment from all players and coaches is also evident through their rigorous training schedule.

The team as a whole pushes themselves to be their very best. The players started preseason training in mid-August. This training included a multitude of tests to show where the athletes stand and where they ought to be. The preseason training consist of three parts and is spreads over a course of six days.

Within the first part of training, the men must pass benchmarks. "The benchmarks are rigorous physical requirements that consist of a variety of exercises (1 mile run, 3 mile run, push-ups, burpees, & speed and agility) done in succession to tax the player not only physically but mentally as well," according to coach Myles.

The purpose of this brutal training is to see which players can truly withstand the tough physicality of rugby. At the completion of the preseason, the men revealed their dedication to the task of winning nationals, and stand confidently, awaiting their next opponent.

The rugby team will face Westchester University (a Division I program) for their opening match. The match will take place on August 29. This should be an exciting matchup fea-

turing two high caliber teams. With Westchester being a division higher than Mount, the Mountaineers certainly have a big opportunity to show what they are made of.

Remarking on the team's goals coach Myles states, "Our primary goal for the season is to continue to win our conference. We'd like to start the season on a positive note by solidifying and improving our patterns, structures, continuity of play which will allow our freshman the opportunity to truly understand our style of game play and continue their development."

Mount rugby looks forward to achieving this goal little by little, starting with Westchester. In the weeks following MSMU's match against Westchester University, the rugby team will play their home opener against Frostburg State University on September 19. This match should consist of high level play from both teams. Fans do not want to miss a minute!

The teams will be having a BBQ at the end of the match against Westchester that will act as a fundraiser for the Mount's rugby program. This will take place at Timothy's in Westchester, PA. This type of comradery is typical in rugby culture. To understand this, one should understand the nature of the game.

Rugby is a game built for goons but played by gentlemen. Many aspects of rugby are violent, but usually end with celebration from both the loser and the winner. This battle-and-then-cheer mentality is a hallmark that has been carried out through much of rugby's history.

It is truly great to see such a violent sport end with so much love. The Mount's rugby program is one that is highly competitive and physical on the field, but when it comes to off the field action, the Mount's ruggers are top notch. There have been multiple occasions where they displayed great charity to other teams and their surrounding communities.

One example of these charitable acts occurred when the team played the 2014 National Sweet 16 in Jacksonville, FL. After putting in a hard day's work on the field, the team was seen visiting Wolfson Children's Hospital.

Lawrence Forte (senior forward) recalls the moment, "Walking around and seeing all the kids with different medical conditions was powerful. The bravery that they had in facing their challenges was inspiring. Talking to them and bringing them T-shirts was a rewarding aspect of our trip because it showed how much of a difference one can make with a simple action."

The team ended up winning the National Sweet 16 that year, and proved that they are not just class acts on the field but also off the field. This reveals a sort of paradox that the game forms with its surrounding culture. One would not think that the personalities on the field could possibly match the great display of love off the field. The brutish men that play usually become some of the most caring people when they hang up their boots.

This is an oddly beautiful paradox when one thinks of it. A paradox that breaks down the negative stereotypes surrounding the game. Many rugby players, being naturally aggressive athletes, have been portrayed as savage drunkards looking to cause trouble, but when seeing the work that the Mount rugby program does off the field, one can easily realize that this stereotype that is draped over the rugby culture is false. This is why Mount St. Mary's men's rugby program takes pride in breaking this negative stereotype. They embrace their communities like they embrace themselves. "None of us are stronger than all of us." They certainly believe that this message carries over to fans, coaches, and players. The team strives for us all to make this world a better place and leads by their actions.

While echoing their motto through



The Mount men's rugby team is working toward a successful season in the hopes of a championship win.

their actions, the men also take tradition seriously. The team plays its home matches on one of the most historic fields at MSMU. Echo Field was once the main venue for all of Mount athletics, featuring visits from top athletes like Babe Ruth. The rugby team sees playing on this deeply rooted field as an honor. Playing on Echo Field brings a sense of legacy to the rest of the campus as well. The fans and family line up on the Seminarian hill today to watch the rugby team compete for the victory, just as the people of the Mount who watched the old collegiate football team did so long ago. This being a truly powerful thing to witness when one is aware of the history that has been made on that pitch.

Grinding down to the core of this impressive program is leadership. It starts with each individual doing their part to make everything happen. Brady Parson (senior flanker) says the men demonstrate leadership by, "making sure they are going to the gym, being at practice early, and doing the extras like running. Basically it's leading by example that generates our success."

This success carries a strong message. It is the little things that matter. Whether it is hitting the weight room or visiting a child to make their day, these actions are what matter. The little things eventually add up and make

a world of difference.

This is what Mount rugby strives to do. They push to make a positive impact on the field and create loving bonds off the field. The Mount ruggers are passionate about this cause. They shed blood, sweat, and tears for the sake of everyone around them. These men truly believe that what they are doing matters and so far it has proven itself through the success they have had in the past few years.

Mount rugby cannot do this without the support of its community. The players and coaches deeply appreciate the time and effort that fans take out of their day to watch them play. It is a display of the hard work that has been put in and a revelation of the good to come in the future with this program. The fact that someone cares enough to cheer them on shows them purpose when they hit the pitch.

The rugby team does not consider their fans spectators but rather family. They believe that each person who supports them in their endeavors also takes part in this great cause. It goes further than just sports. It is about heart. It is about making a difference in the world around them. The Mount rugby family truly believes that the game is worth it not for the glory but rather for the meaningful impact that happens when everybody is involved.

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Acknowledge yourself

Renee Lehman

Fall officially begins on September 23rd. However, haven't you felt over the past month, nature's energy moving downward and inward? The light has begun to change and is getting darker sooner; the sounds are changing – the locusts are making a lot of noise; the air quality is changing, getting drier; the summer blooms are past their peak in beauty and their colors are beginning to fade.

Finally, when you think of the season of Fall, this is a time of decline and death. The leaves change to brilliant colors then drop to the ground and begin to rot. Everything in nature "lets go" in the Fall. Everything becomes quieter and more subdued. Without this "letting go" there would be no new growth in the Springtime. Also, by the fruits and leaves falling to the ground and rotting, they bring needed nutrients to the soil. So, this is not only a time of death, but also of enrichment.

Some of the gifts of Fall include letting go and pruning (to make room for new growth in the Spring); crisp, dry air that allows us to breathe deeply; acknowledging of nature's awe; and acknowledging the intrinsic value of everything of creation. In Traditional Chinese Medicine (TCM), the Lungs and Large Intestine are also associated with the season of Fall.

The Lungs

The Lungs are considered to regulate the rhythm of your life. Think about how your breathing is very rhythmical without you having to concentrate on it.

On a physical level, the Lungs literally receive the pure Heavenly Qi (also known as, air). The Lungs then release the waste product of carbon dioxide to the outside environment (so that more oxygen will then be taken

in). We breathe in a very matter of fact way. However, in many world cultures and religions, meditation and prayers are done by being mindful of one's breathing. The Lungs also regulate the strength of your voice.

On an emotional and mental level, the Lungs are responsible for receiving inspiration, the feelings of self-worth, and realizing the richness of life. How many times have you had an "Ah Ha" moment? Suddenly, you "see" the answer or understand something so clearly. That "spark" of inspiration comes from the Lungs.

On a spirit level, the Lungs are responsible for your inspiration that "feeds" your spirit. Since the Lungs are connected with the Heavens, they give our life a sense of quality and higher purpose. We need this guidance from the Heavens to inspire us.

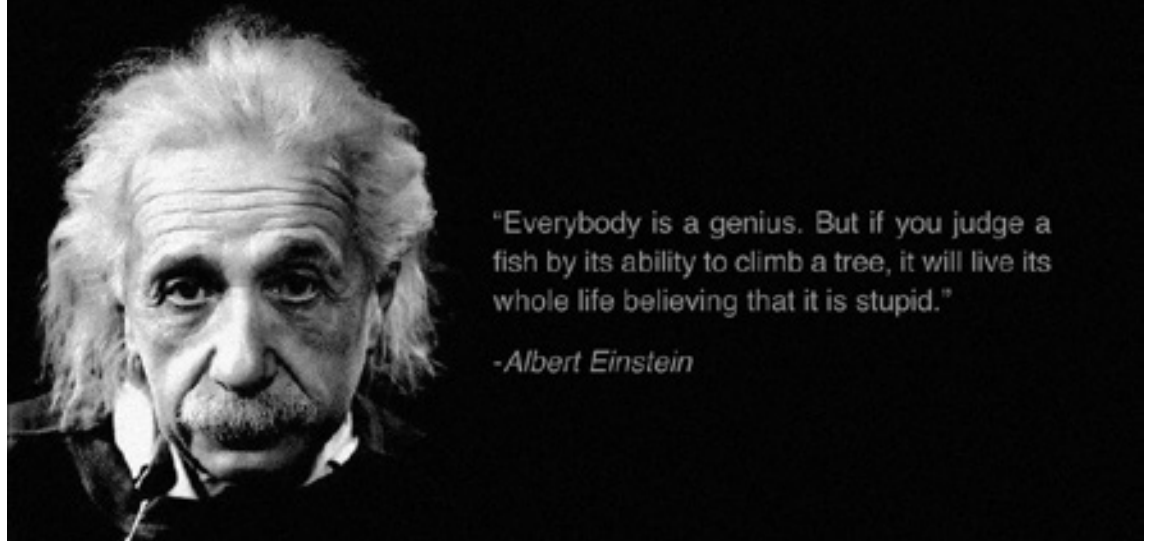
The Large Intestine

The Large Intestine is considered to be the "Drainer of the Dregs," and removes the waste products from within us. As it carries away the impurities of the body, mind, spirit, it leaves us pure and brilliant. Letting go of the old and worn out ideas, beliefs, and actions allows for us to make positive life transformations.

On a physical level, the Large Intestine is the "Great Eliminator." It receives the transformed food/drink from the small intestine, absorbs any remaining fluid and minerals, then eliminates the waste, also known as the "mundane qi" (the qi that has lost its value).

On an emotional and mental level, the Large Intestine is responsible for letting go of impurities of the mind. It judges the value of things that will affect our quality of life and releases the worthless thoughts and behaviors that could keep our life unpleasant.

On a spirit level, the Large Intestine is responsible for the letting go of



"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid."

-Albert Einstein

things that no longer serve us. This allows space for new growth and changes in your life. It would also give you a sense of quality to your life, because it removes the things that could "contaminate" your spirit.

So, why all the discussion about the Lungs and Large Intestine when the article is about Acknowledgement? Because if the Lungs and Large Intestine are out of balance then you may not be able to let go of the past, let go of inaccurate thoughts and grudges, or even keep things that are valuable. You may also experience life as dull or "cold," feel inert and uninspired, or lack respect for and devalue yourself and others.

The natural energy of Fall is here to support you in learning to acknowledge your self-worth. It's a wonderful time to see that you are a valuable gem, perfect just as you are! So, how can you strengthen your energy to better acknowledge your self-worth?

Acknowledging Self-Worth

The Lung is nourished by breathing. BREATHE! Consciously bring your awareness to your breath. Practice diaphragmatic breathing.

Expansive movements which

physically open the chest are also helpful. Perform exercises that open the chest, for example, stretching and singing.

Eat foods that nourish the Lung and Large Intestine (and the whole body) to help the body to thrive. Eat foods that are pungent flavored/spices like onions, ginger, horseradish, and cayenne pepper. Eat fresh organic vegetables with some sprouted seeds & grains. Eat protein rich foods like low fat tofu, beans, & white meat. Eat light, white foods like radishes, white meat, & white mushrooms.

Emotionally, the Lung is nourished by respect. Learning to value who we are and what we do will attract respect from those around us. Deeply exploring what we value, and finding ways to express those values in the world, helps open us to the energy of the Lung.

Treat others with love and respect. It makes us feel better about ourselves when we treat others the way we hope to be treated. Don't worry if everyone does not repay the kindness because that says more about them than about you.

Don't believe everything you think. There is a critic inside of us

trying to keep us small and safe. The downside is, this also stops us from living a full life.

Get in touch with your inner dialogue. If it's anything less than loving, encouraging and supportive, it's time to make a change. Begin to speak to yourself in the same way you would speak to your dearest friend, spouse, sibling, child, or parent.

Start each day by telling yourself something really positive, such as how well you handled a situation or how lovely you look today. Smile at yourself in the mirror.

Finally, here are some quotes that I love about acknowledging how special we each are:

"Mastering others is strength. Mastering yourself is true power."

– Lao Tzu

"Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will spend its whole life believing that it is stupid."

– Albert Einstein

"When you accept Yourself, the whole world accepts You."

– Lao Tzu

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FITNESS AND HEALTH

Keep moving

The importance of balance as we age

Linda Stultz
Fitness Trainer/Fitness
Therapist

As we age balance becomes even more important to our overall health. Around the age of 35 our balance begins to change at a very slow rate and we may not notice it until we get older. I'm not saying we will stumble and fall or not be able to walk a straight line but ever so slightly we lose a little more stability as we age. It is never too late to start working on keeping and improving our balance. Strength training, yoga and stretching are great ways to work on balance as well as keeping our muscles strong.

One simple way to keep our balance in top shape is to stand on one foot while washing dishes or waiting in the checkout line at the store. You don't have to raise your foot very high to engage the stabilization muscles on the leg you are standing on

to strengthen them and your core muscles. Tighten your core muscles as you walk around or even as you sit. Working on and keeping a strong core frame will help with balance as well as helping the rest of your body stay in the best shape possible.

Stepping up and down on a stair or a sidewalk curb is also a great way to work on balance. This will strengthen your legs, core and feet muscles and give you practice going up and down which is where many falls occur. Keeping your leg muscles in good shape help you get up and down in a chair, go up and down stairs as well as being able to go for walks. Going for a walk is not only good for cardio but also for lungs and overall health.

Many people cannot run, ride a bike or do other more strenuous activities but most of us can walk and that is all we need. Don't wait until you are not able to go for a walk and wish you could.

I have heard some people say "I remember my grandmother saying if I could only walk better". She had trouble with her knees and didn't keep them moving and after a while she just couldn't walk well enough to go for a walk. She even had trouble just walking around the house. I see many people having trouble walking on uneven sidewalks or ground at outside events. This keeps some people from enjoying time with their friends and family just because they have trouble walking.

Don't wait until you have fallen and injured yourself to start working on improving your balance. Start today with a simple standing exercise and progress to standing on one leg and even standing with your eyes closed, but only if you have something to hold on to until you feel secure. You can even stand on a pillow when you feel you are ready. This gives a bit of a challenge but is not too aggressive until you know you can handle it.

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ASTRONOMY

The night sky of September

Professor Wayne Wooten

For September 2015, the big event is the total lunar eclipse coming up on the evening of September 27th. I call this one a "School Kids' Eclipse" because the timing is ideal for the whole family to stay up and watch it. As the full moon rises at sunset, look for the dark shadow of earth to touch the moon's eastern edge about 8:10 PM CDT, and be completely inside our dark umbra from 9:10 – 10:24 PM. The partial lunar eclipse will end at 11:27 PM locally.

Moon will be last quarter on September 5th. It will pass 3 degrees north of Venus in the dawn sky on September 10th, then 3 degrees south of Jupiter on the 12th (use binocs to spot them). The new moon on September 13th creates a partial solar eclipse, but seen only in South Africa. The crescent moon the following evening begins Rosh Hashannah, Jewish New Year 5775 AM. On September 15th, the crescent moon passes 5 degrees north of Mercury, low in the SW twilight. The waxing crescent passes 3 degrees north of Saturn on September 19th, and reaches first quarter overhead on September 21st. The Autumnal Equinox occurs at 3:21 AM on September 23rd to begin fall for us. In addition to being eclipsed, the full moon on September 27th is also a "super moon", with the noon near

perigee and bigger and brighter than normal! So be sure to capture this rare combination of a super moon in eclipse. Bring your cameras and smartphones to our eclipse watch for great shots!

To the west, Mercury is briefly visible in evening twilight at month's start. Venus is climbing higher in the dawn sky all month. Mars is close to Venus, but much farther away, smaller, and fainter in the dawn now. Jupiter lies behind the sun as the month starts, and is low in the SE dawn by month's end. Saturn is still visible in SW twilight, but will be getting lost in sun's glare by October.

The Big Dipper rides high in the NW at sunset, but falls lower each evening. Good scouts know to take its leading pointers north to Polaris, the famed Pole Star. For us, it sits 30 degrees (our latitude) high in the north, while the rotating earth beneath makes all the other celestial bodies spin around it from east to west. It is this time of year at an American Indian legend tells of the Bear and three hunters. The bowl is the bear, the three handle stars of the dipper the hunters. The first carries a bow, and has shot the bear in its flanks. The second optimistically carries a bowl on his shoulder for bear stew; look closely, and you can see the pot (Mizar, horse in Arabic, and Alcor its rider more traditionally). The last hunter carries firewood for the feast.



The big event in September 2015, is the total lunar eclipse. It will be rising on the evening of September 27th.

The wound is minor, and the bear has not lost a step, but in the fall, as the bear goes into hiding along the NW horizon, the wound opens slightly, and blood oozes out to fall on the tree leaves and paint them red this time of year.

From the Dipper's handle, we "arc" SE to bright orange Arcturus, the brightest star of Spring. Spike south to Spica, the hot blue star in Virgo. Saturn is just NW of Spica, a little brighter and more yellow in color. Note that Spica is now low in the SW, and by September's end, will be lost in the Sun's glare due to our annual revolution of the Sun making it appear to move one degree per day eastward. To the Greeks, Spica and Virgo were associated with Persephone, the daughter of Ceres, goddess of the harvest. In their version of "Judge Judy", the beautiful young daughter falls for the gruff, dark god of the underworld, Pluto. He elopes with her, much to the disapproval of mother Ceres, and they marry in his underworld kingdom of Hades...a honeymoon in hell...really, he does love her as well, and the marriage itself works well. But it is the reaction of Ceres that creates alarm. Very despondent over the loss of her young daughter to a fate as bad as death, Ceres abandons the

crops, which wither. Soon famine sets in, and humanity appeals to Jupiter to save us all. Calling all together, Jupiter hears that Ceres wants the marriage annulled, Persephone loves them both, and Pluto wants his mother in law to stop meddling. Solomon style, Jupiter decides to split her up, not literally, but in terms of time. In the compromise (aren't all marriages so?), when you can see Spica rising in the east in March, it means to plant your peas. For the next six months, she visits upstairs with as very happy mama, and the crops will prosper. But now, as Spica heads west (to the kingdom of death, in most ancient legends) for six months of conjugal bliss with Pluto, it is time to get your corn in the crib. This simple story, told in some form for as long as Noah's flood, was one of the ways our ancestors 7,000 years ago knew the solar calendar and when to plant and harvest. As you watch Spica fade, thank this star for agriculture, and in a certain sense, even our own culture.

To the south, Antares rises about the same time in Scorpius. It appears reddish (its Greek name means rival of Ares or Mars to the Romans) because it is half as hot as our yellow Sun; it is bright because it is a bloated red supergiant, big

enough to swallow up our solar system all the way out to Saturn's orbit! Saturn sits just above the Scorpion's claws for the rest of the year. Near the tail of the Scorpion are two fine open clusters, faintly visible to the naked eye, and spectacular in binoculars. The clusters lie to the upper left of the bright double star that marks the stinger in the Scorpion's tail. The brighter, M-7, is also known as Ptolemy's Cluster, since he included it in his star catalog about 200 AD.

East of the Scorpion's tail is the teapot shape of Sagittarius, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. Many other clusters and nebulae lie toward the galactic center, and are shown on the SkyMap chart and discussed on its binocular and telescope object listing on page 2.

The brightest star of the northern hemisphere, Vega dominates the NE sky. Binoculars reveal the small star just to the NE of Vega, epsilon Lyrae, as a nice double. Larger telescopes at 150X reveal each of this pair is another close double, hence its nickname, the "double double"...a fine sight under steady sky conditions

To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. At the other end of the "northern Cross" that makes up the body of Cygnus is Alberio, the finest and most colorful double star in the sky. Its orange and blue members are well resolved at 20X by any small scope. To the south is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear September evenings. Binoculars should be taken to the deep sky gazes to sweep the rich portion of the Galaxy now best placed overhead in this area. They will also reveal the easiest planetary nebula to see, M-27 in Vulpecula, just south of Alberio.

Farmers' Almanac

Mid-Atlantic Weather Watch: Periods of showers, then severe storms (1-10); fair and warm (11, 12) with rain (13, 14). Fair and very warm (15, 16) with more severe storms (17, 18); warm and humid (19, 20, 21) with remnants of Gulf hurricane, heavy rain, storms (22, 23, 24); fair and warm (25, 26) with more storms (27, 28, 29) Fair, cooler (30).

Tornado Watch: The Town and Country Almanack sees some possible tornado activity in the Mid-Atlantic Region from the 4th to the 10th and from the 14th to the 20th of the month.

Full Moon: September's Full Moon is most famously known as the Harvest Moon. It is the Full Moon that falls closest to the Autumnal Equinox. During this time, the moon would rise very soon after the sun would set on several successive days, giving the farm-

er a few extra hours of 'light' and a little more time to finish up their daily chores. In 2015, the Autumnal Equinox will occur on Wednesday, September 23rd. The Full Moon closest to that date occurs on Sunday, September 27th and is therefore, the Harvest Moon for 2015.

Holidays: Labor Day falls on the first Monday of the month, September 7th and Citizenship Day is observed on Thursday, September 17th. In 2015, Rosh Hashanah (the Jewish New Year) begins after sunset on Sunday, September 13th and Yom Kippur (Day of Atonement) follows after sunset on Tuesday, September 22nd.

The Garden: Fall is a great time to plant and divide perennials and shrubs for next year's garden. By planting in the fall, your plants do not endure the stressful summer heat during establish-

ment and have time to form sufficient root systems before the onset of winter dormancy. Make a long-range plan to gradually convert your current landscape to the one you desire.

Don't pull out any ornamental plantings until you have the time and resources to replace them. Pot up chives, parsley, and other herbs, and bring into the house to extend the growing season. Start taking cuttings of your annual plants to bring indoors and carry through the winter. Geranium, coleus, fuschia, and other plants do best when stem cuttings are rooted and kept in pots indoors through the winter. Be sure to place pots where they receive plenty of light. Don't retire the lawn mower when the growth of your lawn slows down this fall. As long as the grass continues to grow, it should be mowed.

J. Gruber's thought for today's living

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COMPUTER Q&A

Living in “the Cloud”

Does your computer need a cleanup?

Aysë Stenabaugh
Jester's Computer Services

When your car gets a flat tire do you replace your car? Of course not! Why put more money into replacing something that can be easily fixed without the expense and hassle of a new purchase. The same analogy holds true for your computer. Many times computers lock up, bog down, or just plain don't work right. Although it may seem like a new computer is the solution, many times it will leave the user with the headache of finding their software disks, product keys, transferring important data, re-installing software and configuring the computer the way you like to use it. Just like your car, computers need a little maintenance from time to time also. At Jester's Computer Services we offer a clean-up special twice a year to promote the importance of computer maintenance. Visit us during the month of September to save \$20 off our clean-up services.

Adware, Spyware, and Virus removal: Your antivirus may be doing a good job keeping your computer protected however programs that you legitimately install may have bad software bundled along with it. Your antivirus will not stop you from installing software that you agree to install. Also, you may be running antivirus but it may not have protection against adware, spyware, or the worst of all: Root kits. Leaving viruses and other bad software on your system can be extremely dangerous.

Viruses left on computers have the possibility of - Using up valuable system resources causing your computer to slow significantly, logging your keystrokes and passwords, taking over your system and sending out spam, causing system crashes and blue screens, erasing all personal and system data leaving the hard drive blank.

Remove temporary internet files: Over time surfing the internet causes an accumulation of temporary internet files. Cleaning you're your temporary internet files can save space on your hard drive and help ensure you are viewing the most recent version of websites.

Turn off programs that run in the background: Many times programs run in the background, which are not visible without viewing your task manager. The majority of the time computers have many unnecessary programs running when the computer boots. Turning off programs that run in the background will - lower the amount of time it takes to boot the computer, allow you to be able to use the computer faster when it boots and will free up valuable system resources.

Download & install updates:

Crucial Windows Updates are released monthly by Microsoft. Other programs like Java, Flash, and Adobe Reader may also ask to update. Updates are important because they often - patch security holes within the operating system, fix bugs which can cause errors and system crashes, update system drivers and fix incompatibility issues with hardware and software

Clean registry: Many programs boast that they can increase the speed of your computer through registry cleaners. Unfortunately many of these programs do more harm than good. We use software that you can trust will do a good job without damaging your computer. Cleaning your registry can: remove invalid entries related to programs that are uninstalled, which speeds up the

system, prevent some system errors, find and correct invalid registry keys.

Optimize the operating system: Settings in your computer can be optimized so that it will run more efficiently. We can adjust these settings causing your computer to run more smoothly. Optimizing your system can - speed up system functions, enhance internet performance and permanently remove unwanted files sent to recycle bin.

Defragment hard drive: The defragmentation program included in windows is not effective as the third party software that we use to defragment your hard drive. It is no longer recommended that you defrag on a regular basis however yearly maintenance is suggested. Defragmenting your hard drive will - save space on your hard drive,

re-arrange files for faster accessibility, improve hard drives read/write time and help us diagnose failing hard drives.

If you have any questions please call Jester's Computers at 717-642-6611. We are located at 5135 Fairfield Road Fairfield. See AD on this page.



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UPCOMING EVENTS

September 5

Ladies' Fall Tea at Hollabaugh Bros. Fruit Farm and Market. We'll start with an informal tea, featuring our wonderful late summer and early fall fruits. After some time for chatting and getting to know one another, it will be time for our project! We're going to be helping you get your house ready for fall with a lovely autumn leaf luminary. For more information call 717-677-8412 or visit www.hollabaughbros.com to register for this event.

September 5, 6 & 7

4th Annual Early American Living History Event. This event will take you back to America of the 1750's, when colonists were not even considering Independence from Britain. Activities will include a re-enactment involving Gettysburg at that time when Indians

came into town and kidnapped Mary Jameson ... an actual event in Gettysburg history. Hosted by the American Living History Education Society located at the Daniel Lady Farm, 980 Hanover Road, Gettysburg. For more information call 717-338-1776 or visit www.gbpa.org.

September 6

71st Annual Keilholtz Reunion at the Thurmont Community Park. All descendants of John David and Anna Missouri Bell Keilholtz are welcome! Please send any family updates to DMoehring@columbus.rr.com. Come and enjoy a meal, games and Bingo with all your extended family.

September 7

St. Anthony's Church's Annual Labor Day Festival at Our Lady of

Mount Carmel Parish. Family Style Fried Chicken and Ham Dinner. Live music by the Home Comfort Bluegrass Band, Bingo, large White Elephant Sale, Bake Sale and Raffle. Enjoy a day with us! For more information visit www.emmitsburg.net/sasolmc.

September 11, 12 & 13

Emmitsburg and Thurmont Community Show.

September 12

The Blue Ridge Summit Free Library will be presenting hometown author, Allison Hanson, for a book signing in the library's Community Room. The author will be selling and signing copies of her introductory novel in the Blue Ridge Romance Series, "When Least Expected". For

additional information contact the library at 717-794-2240 or the author's website at www.allisonbhanson.com.

September 12 & 13

41st Annual East Berlin Colonial Day. Juried vendors of fine traditional and contemporary crafts. Forged iron, copper and tinware, scherenschnitte, folk art, furniture, baskets, toleware, floor cloths, woven rugs, handloomed textiles, antiques and much more. The U.S. Army Old Guard Fife and Drum Corps will perform as part of Colonial Day. For more information, please call 717-259-7049 or 717-259-0822 or visit www.ebhpspa.org.

11th Annual Gettysburg Wine & Music Festival. Celebrate the grape

harvest and enjoy a fantastic fall weekend in historic Adams County, while you savor the flavors of hundreds of Pennsylvania wines. The festival will feature fine wines from over 20 Pennsylvania wineries, great live music, spectacular food, art, hand-made jewelry, clothing, wine accessories and more! One and two day passes are available with a discount for advanced tickets. For more information visit www.gettysburgwineandmusicfestival.com.

Old time baseball returns to Harney - See article on page 4 for more details. Additional information can be obtained by calling Frank M. Rauschenberg at 410-756-5444.

September 13

Skeet Shoot for Teens - sponsored by

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UPCOMING EVENTS

the Adams County Young Conservatives, at the York-Adams Fish and Game Association in Abbottstown. Those who are interested in participating and making reservations, are encouraged to contact 717-338-9085, for more information.

September 16

Hollabaugh Bros. Farm Market's Big and Wee Folk Story Time. Young friends ages 3-5 are for story time, crafts and fun snacks! We'll have great stories, fun activities, and some hands-on snacks designed to teach our young friends some basic kitchen skills. It's going to be a great time full of fairy tales, heroes and magic fruits! Activities are geared for friends ages 3-5. For more information call 717-677-8412 or visit www.hollabaughbros.com.

September 19

Wesley Chapel UMC's Annual Fall Festival - Featuring live music of Blue Grass Chapel Band, homemade foods including fried oyster sandwiches, soups, French fries, baked goods and all the fixins'. 654 Old Waynesboro Road, Fairfield.

Maryland Symphony Orchestra Classical Mystery Tour: a Tribute to the Beatle concert with the Maryland Symphony Orchestra at the historic Maryland Theatre in downtown Hagerstown. Tickets may be purchased online at www.marylandsymphony.org or by calling 301-797-4000.

September 19 & 20

Gettysburg National Park's World War II Weekend. Join us for a living

history encampment at the Eisenhower National Historic Site with Allied soldiers, a German camp, World War II jeeps and trucks, and USO Dance. For more information contact the site 717-338-9114 or visit www.nps.gov/eise.

September 20

24th Annual Adams County Heritage Festival- a celebration of ethnic music, food, and crafts that reflects the multicultural atmosphere of Adams County. Family-oriented entertainment includes music, dance, and a children's play, as well as a full afternoon of children's activities, including games, and storytelling.. Ethnic foods are offered for sale by local citizens, church groups, restaurateurs, and community organizations. For more information call 717-334-8943 or visit www.icpj-gettysburg.org.

September 24

Hollabaugh Bros. Farm Market's September Cooking Class - Apple Dumplings! One of our signature tastes here at Hollabaugh's is our wonderful apple dumplings - and we're going to share our recipe and walk you through all the steps! We'll also be learning about and sampling a number of our favorite apple varieties. Our classes have been filling quickly, so call today to register! For more information call 717-677-8412 or visit www.hollabaughbros.com to register for this event.

September 26

Gettysburg Fall Outdoor Antique Show. More than 120 antique dealers and will converge on Gettys-

burg's historic Lincoln Square, the antique event is billed as a "buyers and sellers" paradise, with high quality antiques and collectibles. For more information call 717-253-5750 or visit www.gettysburgretailmerchants.com.

Cornhole Tournament Fundraiser benefiting the Leukemia & Lymphoma Society at Emmitsburg Community Park. For more information call Kelly 240-674-6444 with questions.

Wine Tasting benefit for the Emmitsburg Osteopathic Primary Care Center at Mount St. Mary's University. Provost Dr. David Rehm will introduce and comment a selection of wines. A variety of hearty hors'd'oeuvres will be offered as well as a Silent Auction featuring artwork, antiques, and gift certificates. For more information call Cathy Bodin or Bill O'Toole at 301.447.2690.

September 26 & 27

Fairfield Pippinfest - An annual, old-time country street festival featuring arts & crafts, apple products, live country music, antiques, vintage cars and great food! See article on page 1. For more information call 717-642-5640 or visit www.pippinfest.com.

Hollabaugh Bros. Farm Market celebrates the birthday of Johnny Appleseed! Stop by for a fun celebration of the 151st birthday of Johnny Appleseed! We'll have story time throughout the day, sampling of heirloom apple varieties, and great activities for kids of all on the look-out for a special birthday weekend treasure hunt, too! For more information call 717-677-

8412 or visit www.hollabaughbros.com.

Sept 29

2015 Pembroke Woods Annual

Homeowners Meeting at the Emmitsburg Public Library. For more information visit www.pembroke-woods.com.

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MOUNT ST. MARY'S UNIVERSITY



MOUNT ST. MARY'S UNIVERSITY WELCOMES NEW ACADEMIC YEAR

Mount St. Mary's University recently celebrated the beginning of its new academic year and welcomed the second largest freshmen class in Mount history.

President Simon Newman formally inducted 528 members of the Class of 2019 to the University at the traditional Opening Convocation and Mass of the Holy Spirit.

The Class of 2019 set two new Mount records, with the largest number of sending high schools (325) and percentage of domestic minority students in university history (37).

"I am really impressed with the students we have recruited for the incoming class of 2019," said Michael A. Post, vice president for enrollment management. "With many wonderful colleges for students to choose from, we are thankful that so many value the distinctiveness of MSMU."

Students originate from 25 states, plus the District of Columbia. Nearly 60 percent of the students come from Maryland and 20 students are citizens outside of the U.S. The most popular intended majors are business, biology, and criminal justice.

More than 40 transfer students are also kicking-off their MSMU experience, 65 percent of them from local community colleges. Half arrived with an associate degree, and almost a quarter are members of the Phi Theta Kappa Honor Society.

The Mount Seminary welcomed 37 new men. With a total of 127 men, the Mount is one of the largest seminaries in the county.

Several students received special leadership prizes during the Convocation ceremony, including: **Paul Thorley, C'16**, Thomas Merton Award; **Robert Tonnesen, C'16**, John E. Coyne, III Prize for Leadership; **Nathaniel Guest, C'16**, Thomas G. O'Hara Prize for Leadership; **Ashley Woodruff, C'17**, Eugene M. Waldron, Jr. Prize for Leadership, and **Elizabeth Jackson, C'16**, Patrick J. Goles Prize for Leadership.

Join us Sunday, Sept. 27 and Nov. 3 for Fall Open House events.
Learn more and register online at www.msmary.edu/visit.

Master of Science in SPORT MANAGEMENT



"The coursework and objectives for the sport management program are parallel with what I see every day in the industry. A master's is valuable for a successful career in sport."

—Katie Bollinger, C'10, Baltimore Ravens,
Advertising and Marketing Coordinator

The Mount offers a Master of Science in Sport Management program unlike any other in the State of Maryland—emphasizing the complex management skills needed to thrive in the changing sports industry, as well as practical business skills applicable on a global scale.

Program Highlights:

- Graduate in as little as one year.
- Attend evening classes at the Frederick Campus one night per week.
- Build your professional network through internships.

Learn more at msmary.edu/SportMasters

CALENDAR OF EVENTS



First Saturday Devotions
Saturday, Sept. 5, noon
National Shrine Grotto of Our Lady of Lourdes

Our Lady of Lourdes Rosary Crusade
Saturday, Sept. 12, 10:30 a.m.
National Shrine Grotto of Our Lady of Lourdes



Graduate Business Information Session
Wednesday, Sept. 9, 4-6 p.m.
Frederick Campus, 5350 Spectrum Drive, Frederick
Learn how an MBA or graduate business certificate from the Mount can help you advance your career! Classes meet one night a week, so you can work, attend class and still have time for your family. MBA classes are offered at both the Emmitsburg and Frederick campuses. Call 301-447-5840 for more information.

A Night at the Delaplaine
Fri.-Sat., Sept. 25 and 26, 7:30 p.m.
Horning Theater, Delaplaine Fine Arts Center
Another exciting semester in the Delaplaine opens with performances by the music program and other surprises! Free and open to the public.



Organ Performance by Christopher Houlihan
Tuesday, Sept. 29, 7 p.m.
Chapel of the Immaculate Conception
Christopher Houlihan has been called one of the brightest stars in organ music today. The *Wall Street Journal* praised his style, saying, "In Mr. Houlihan's hands, the organ delivered plenty of firepower and juicy, well-blended chords, like a homogeneous string section in a fine symphony orchestra." Free and open to the public.

Youth Swimming Lessons
Fall session: Sept. 16–Nov. 11
Early bird registration closes Friday, Sept. 4
All registration closes Friday, Sept. 11
Visit msmary.edu/aquatics for more information

FOLLOW MOUNT ATHLETICS ON NEC FRONT ROW
All Mount home men's basketball games, plus all 18 league basketball games, can be seen at www.NECFrontRow.com. You can also watch MSMU home women's soccer, basketball, swimming, and men's and women's lacrosse events! NEC Front Row features a rich set of content, including live events, on-demand video, highlight packages, coaches shows, features, original programming and access to the league's extensive digital library, free of charge.



**Justice in America today?
Challenges and
Opportunities for Action**

**September 2
7 p.m., Knott Auditorium**

Anthony Batts,
Former Police Commissioner of Baltimore

Bishop Denis Madden,
Auxiliary Bishop of Baltimore

Marc Mauer,
Sentencing Project