

# Emmitsburg NEWS-JOURNAL

EXULTING THE IMPORTANCE OF IDEAS AND INFORMATION —EDWARD R. MURROW

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## Thurmont thinks pink for charity!

Thurmont is continuing their Think Pink campaign again this year as the Think Pink 5K will once again be held. In 2014, the town of Thurmont began their Think Pink Campaign to spread awareness about breast cancer in order to support the Patty Hurwitz Fund at the Frederick Memorial Hospital during October. The town's residents and businesses jumped into the campaign enthusiastically and it was a great success, raising \$10,000 in 2015. This will be the third year the town supports the campaign, and the second year the 5K will be held.

The Patty Hurwitz Fund at Frederick Memorial Hospital was created in 1999 by Jeff and Patty Hurwitz soon after Patty was diagnosed with breast cancer.

The campaign has grown over the past three years, and will surely continue to grow as the residents and businesses have shown overwhelming support for the cause. This is the second year for the 5K, as the response last year was great,

and is expected to be even better this year. The idea for the 5k came from Town Chief Administrative Officer Jim Humerick, who wanted to do something new last year to support the campaign. He wanted an event that would bring the community together to have fun and support the cause. What better way than to have a "pink themed" 5K for people of all ages!

Last year, participants and supporters showed up to the event adorned in all sorts of pink gear including pink ribbons, hair, clothing, bows and more. Even Mayor Kinnaid came out to support the cause in his pink gear, from his pink shirt to the pink bows in his beard! Kinnaid shared Humerick's enthusiasm about the event, stating "This is a beautiful pink day for Thurmont!" Hopefully, this year turns out even better than last.

Last year, Frederick Memorial Hospital Senior Director Sadie Wolf was in attendance representing the Patty Hurwitz foundation. According to Wolf, the foundation



Participants at last year's Thurmont's Think Pink 5K, getting ready to set off. Over \$10,000 was raised by the community of Thurmont to help support breast cancer research and treatment.

has their own 5k that they do each year in October and she was glad to see communities coming together and creating their own 5K to support the cause.

The Think Pink 5k will be held at Eyler Road Park on October 22nd. Onsite registration is available beginning at 7:00 AM and the event begins at 8:00 AM. Pre-registration is also available by visiting [www.thinkpink5k.com](http://www.thinkpink5k.com). If you register online, the cost is only \$25 per

person, but will cost \$35 per person if you choose to register on site that morning. T-shirts are available for every participant who signs up in advance. Drinks, snacks, giveaways, and music will be provided and awards will be given to the top 5 male and female participants. Parking is available onsite.

Come on out and spend the morning supporting a great local cause! Show your support and maybe even wear some pink.

## Fall festival season

With summer finally coming to an end, the shorter, cooler days that autumn brings can now commence. Just as summer time brings the carnival season, autumn brings the season of fall festivals. In Adams County, there are many festivals that occur during the fall months. Pippinfest occurred at the end of last month and even though the bridge repair over Muddy Run Creek incited a less direct detour into town, crowds still managed to make it out to the event.

Pippinfest included yard sales in and around Main Street, as well as a wide variety of craft and food vendors from all over the region. Sunday, the big day at Pippinfest offered entertainment including local musicians. Children's activities were offered and numerous food and craft vendors lined the street. There was even a "Cruise-In Car Show and Swap Meet" which displayed antique autos, hot rods, vintage race and muscle cars, street rods, motorcycles and trucks.

Another much anticipated fall festival is Camp Eder's 38th Annual Fall Festival, which will be taking place on October 15. Camp Eder's Fall Festival is a Harvest & Heritage celebration designed for the whole family. Children can enjoy the petting zoo, crafts, games and a

bounce house. For the parents, a live auction will occur at 9:30 a.m. and live music will continue all day. Craft vendors will be present and demonstrations including a glass blowing demonstration and apple butter making are also featured, as well as many other pioneer-style demonstrations are also featured this year. An authentic Pit-Roasted Pork and turkey lunch is offered as the highlight of the day and will leave folks sharing memories for months and years to follow. For more information on the Fall Festival, visit [www.campeder.org](http://www.campeder.org).

If you're busy the weekend of the 15th, but are free either of the first weekends in October, then surely you should make a visit to the South Mountain Fairgrounds for the 52nd National Apple Harvest Festival; because what says autumn better than an apple festival? This year, the Apple Harvest is taking place on October 1 and 2, as well as the following weekend October 8 and 9.

The Apple Harvest Festival offers something for everyone! There will be over 300 Arts and Crafts vendors, antique and classic cars, antique farm equipment, antique gas engines, a gallery with apple memorabilia, souvenirs, a photo contest, pony rides, puppet shows,



Camp Eder's Fall Festival is a Harvest and Heritage celebration designed for the whole family. If you've never made apple butter, here's a chance to try your hand at making your own!

apple art, Scarecrows R Us, Kid Country Barn, a petting zoo, and strolling characters.

Of course, various demonstrations will be occurring both weekends. These include: apple butter, apple sauce and apple syrup making, chainsaw carving, Van Wagner's Tall Timber Lumber Heritage, Native American Dancers, and an antique working shingle mill powered by an antique steam engine, among others.

The Festival isn't called the Apple Harvest festival for nothing - apples are the shining stars of this Fall fest. There's mouth-watering

apple pie, of course, among other apple desserts. Prepare the taste buds for fresh Adams County apples, candied and caramel apples, apple cider slushies, warm apple sauce, hot apple butter, and apple ice cream. Apart from tasty apple treats, the festival also offers an array of other delicious foods including finger-lickin' BBQ chicken, open pit beef or pulled pork or rib-eye steak sandwiches, kettle or caramel corn, funnel cakes and fresh dipped ice cream. For additional information, visit [www.appleharvest.com](http://www.appleharvest.com) or call 717-677-9413.

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# EMMITSBURG NEWS

## Letter to the Editor

Steve and Linda Sites

At September's Carroll Valley Borough Council meeting backyard chickens once again became a topic of discussion. We would like to suggest that the Carroll Valley Borough Council, rather than draft an ordinance prohibiting back yard chick-

ens, move in a positive direction revisit their previous draft ordinance that would allow families to keep a limited number of hens in the Borough under controlled regulations.

As far as we can tell, the keeping of three to five backyard chickens per family is harmless. All one needs to do is to Google "cities that allow backyard chick-

ens" and you'll find Pittsburgh, Philadelphia, Harrisburg, Baltimore, New York and of course our neighbor Emmitsburg along with hundreds of others.

We support our neighbors in Carroll Valley who would like to keep chickens and encourage others to attend the October Borough Council meeting in support of a positive backyard chicken ordinance.

Thank you.

Steve and Linda Sites

## Town Deputies see salary increase

During the September 6 Town meeting, the Board of Commissioners discussed the Frederick County Sheriff's Office contract for the fiscal 2017 year. Emmitsburg is contracted with the Frederick County Sheriff's office to provide law enforcement to the town. As members employed by Frederick County, the deputies covering Emmitsburg would be seeing an increase in their salaries for the next fiscal year, as is in line with other Frederick County deputies.

The deputy salary increase is totaled at \$28,583 between the two deputies. However, the budget currently accounts for a \$247,950 cost per year for both deputies. With the salary increase, the cost for the next year would be \$260,603. This would mean that the town would only need to spend an additional \$12,600 for unaccount-

ed costs to compensate for the increase in salaries. So, in essence, the budget is only off by approximately \$12,600.

Due to the increase seen across all towns monitored under the Frederick County Sheriff's Office, the town would not be responsible for covering the cost of paying the deputies overtime. The cost of overtime would be covered entirely by Frederick County.

Along with the discussion of the increase in the deputy's salary, President O'Donnell brought up the discussion of possibly hiring an additional deputy for the next fiscal year in Emmitsburg. After the Emmitsburg Cares meeting, it was determined that the residents within town, as a whole, would like to see an additional deputy patrolling the area. Even when a tax increase was mentioned in order to compensate for the addition-

al cost of a third deputy, residents still expressed their desire to have another deputy to keep the town safe. Overall, residents expressed a need for deputy patrolling during the later hours, when crime and suspicious behavior are at the highest. The possibility of having a part-time deputy to cover more night time hours was discussed, as scheduling is a part of the deputy's contract. Town Manager Cathy Willets will be reaching out to the Frederick County Sheriff's Office to further discuss the matter.

The Board accepted the contract unanimously, and Town Manager Willets will be looking into additional information concerning the hiring of a third deputy. She will be in contact with the Unit Supervisor at the Frederick County Sheriff's Office, and will report back at next month's meeting.

## Vigilant Hose Co. open house

The men and women of the community's fire and rescue department proudly announce their 61st Annual Fire and Life Safety Open House to be held on Thursday, October 13th, from 6:30 a.m. to 8:30 p.m. This year, fire prevention week runs from October 9 - 15 and the theme is "Don't Wait - Check the date! Replace Smoke alarms every 10 years." The open house will be taking place at the Fire Station located at 25 West Main Street.

Fire and injury prevention in Emmitsburg is a year-round effort done in concert with area residents, businesses, institutions and agencies, but during 'Fire Prevention Month' department personnel seek

to especially underscore the importance of prevention and preparedness. A large crowd is expected at the fire station on the 13th. Additionally, VHC Members will be delivering outreach presentations.

This year's fire prevention open house will include a variety of demonstrations and information to help families and individuals prevent unwanted fire. Activities for the kids including face painting and fire truck rides will also be available. Free refreshments courtesy of the Vigilant Hose Company Auxiliary will be available for all attendees, and door prizes will be given out as well.

The Maryland Fire and Rescue Institute / University of Maryland Fire

Sprinkler Trailer will be doing live-fire demonstrations showing the effectiveness of sprinklers in saving lives. Emergency Medical Service providers will be on hand to showcase their life-saving skills and will conduct Blood Pressure Checks on request. Our Frederick County Resident Deputy Sheriffs will be on hand offering crime prevention materials and safety insights.

An interactive Fire Prevention 'Pit Box' (NASCAR-like) from the Office of the State Fire Marshal and the Maryland State Fire Association will be featured at the event as well. Smokey the Bear will even be present - courtesy of the Catocin Mountain National Park.

## Emmitsburg Commissioner election results

The results are in for this year's Town of Emmitsburg election as the two open Commissioner seats have been filled. 181 votes were cast by town residents,

which is a better turnout than the last election which only brought 38 residents to the polls. Popular Town Commissioner Glenn Blanchard was easily re-elected to his third

term with 127 votes. Elizabeth Buckman was elected for her first term as a Commissioner with 116, and Jennifer Joy came in last with 94.

## Emmitsburg NEWS-JOURNAL

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Letters to the Editor, notice of upcoming events, news stories, and interesting and creative articles are welcome and may be submitted via regular U.S. Mail to P.O. box 543, Emmitsburg, MD 21727, or by email to editor@emmitsburg.com.

## Emmitsburg High School Alumni Banquet

The Emmitsburg High School 92nd annual Alumni Banquet will be held on Sat., Oct. 15th. All graduates of Emmitsburg High School and all who attended the school at some time are invited. They are asked to seek out classmates and encourage them to attend. Graduation is not a requirement. Teachers of the Emmitsburg School are also invited.

The event will be held at the Emmitsburg Ambulance Center, 17701 Creamery Road in Emmitsburg. Social Hour will begin at 5 p.m. followed by dinner at 6 p.m.. The cost for the dinner is \$25. Honored class photos will be taken after the meeting.

Anyone that has not received an invitation and would like to attend may call Sam Valentine at 301-447-2507 or e-mail at csam46@gmail.com.

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# FAIRFIELD/CARROLL VALLEY NEWS

## Carroll Valley police officer receives life saving award

Carroll Valley Patrolman Nathan Groft was honored September 13 when he received the Life Saving Award from Carroll Valley Mayor Ron Harris and Chief of Police Richard L. Hileman II.

Similarly to many towns in the area, Carroll Valley is also suffering under the hand of the heroin epidemic, as an increase in opioid use has been steadily increasing. Heroin usage is seen as an arising problem across the country, and has unfortu-

nately entered the small town area of Carroll Valley. Overdoses and deaths related to opioid use have been seen in the neighboring town of Fairfield as well, and have been increasing.

Groft was trained to handle and carry out the naloxone reversal procedure on those persons found suffering from opioid intoxication. Naloxone is a drug that can be injected into a muscle, under the skin, or into a vein through an IV. The drug blocks or reverses the effects of opi-

oid medication, including extreme drowsiness, slowed breathing, or loss of consciousness. It is currently being used to treat a narcotic overdose in an emergency situation. Groft was the first Officer in Adams County to perform the naloxone reversal. Since this time, there have been seven more successful reversals in the County.

On May 8, Groft was called to a home in Carroll Valley. There he found a 27 year old young man who was unconscious and hardly breath-

ing. The cause was from an opioid overdose. Groft used his training and knowledge about the naloxone reversal and successfully revived the young man. Without his act of bravery, the young man may have seen an entirely different fate.

Groft was presented with the Life Saving Award, which was pinned to his uniform by Mayor Harris. Many thanks to this young Patrolman who is making Carroll Valley a better place every day through his actions.

Corporal Clifford J. Weikert was also honored at the same September 13 Borough Council meeting as he received a medal for fifteen years of service to the Carroll Valley Police Department. Corporal Weikert serves as the second in command to Police Chief Hileman, and has been serving the community for years. Mayor Harris awarded Corporal Weikert with a service citation bar, and was thanked for his service thus far, for helping to keep Carroll Valley a better and safer place.

## Carroll Valley yard and oil waste collection

As many are aware, Carroll Valley has been offering a yard waste collection site for residents to dispose of their yard waste including branches, leaves, cut grass etc. so the waste doesn't accumulate in their yard. The Borough also has a waste oil collection site for residents to dispose of their waste oil, specifically motor oil. The Borough has been offering this service for years, and Borough Manager Hazlett discussed the issue during the September 13 Board Council meeting.

Hazlett informed the Council that it is the time of year to be arranging the collection of both the yard waste

and the waste oil. The companies who have been removing the waste products for years free of charge will now be charging the Borough a fee to remove the materials. The Yard Waste removal company is charging \$100 per truckload of yard waste, and Hazlett estimated that there would be approximately 30 tractor-trailer truckloads of material to be removed, which would cost the Borough approximately \$3,000. The waste oil tank also needs to be emptied, and the company who has emptied the tank in the past is also now charging a fee to provide their service.

As the Borough has not needed to

pay for the removal of the waste material in years past, the cost was not budgeted in the current budget. Hazlett asked the Council for their opinions and suggestions on how to proceed further.

Council members discussed the matter and questioned the suspension of the service. Hazlett recommended they not suspend the service as it is currently highly utilized by residents in the community looking to dispose of their yard waste and waste oil. Both services are appreciated by residents, and Hazlett assured the Council that the absence of

the services would be frowned upon community wide.

Council member Bruce Carr suggested the Borough place a security camera at the collection site to help monitor people utilizing the yard waste and oil waste disposal site. Unfortunately, as many people are using both disposal sites properly, there are also many people both within and outside Carroll Valley who are using the disposal sites improperly. Some use the area to dump larger items that are not included as part of the properly disposed of material, and cost the Borough extra space and

now, money, to truck out. Others are dumping non-oil products such as antifreeze into the waste oil tank. Hazlett has been back and forth with the idea of a trail camera, and does believe that it would be beneficial for catching people who are misusing the disposal site.

In the end, The Council recommended that the oil tank be emptied as soon as possible, as it is already almost full and that the yard waste area be left alone until additional options are researched. The yard waste disposal site covers a large area of land, and even though there is a lot of waste material present, the removal of said material due to lack of space is not in dire need at the moment.

## Hamiltonban Area news-briefs...

### New LED events sign outside Fairfield High School

Karen Kugler, the Fairfield Area School District's Superintendent, attended the September 9 Hamiltonban Board of Supervisors meeting, and approached the Board about replacing the current events/announcements sign outside the school. Kugler would like to replace the current Marquis sign with a new LED Marquis events sign outside the school. The new sign would be a continuously digitalized scrolling sign that would show all the events, announcements and meetings that would be taking place at the High School.

The Board referred Kugler to the Township's Zoning Officer to discuss the matter further and acquire the appropriate permits. Members of the Board were all in favor of a new, updated, digitalized sign in replacement of the outdated sign currently taking residence in front of the school.

It was also suggested that Kugler inquire about the size of the replacement sign, if approved. Could the sign be any larger than the one currently in place, or would it need to be the same size?

### New Roadmaster and Secretary appointed

Hamiltonban Township appointed a new Roadmaster and a new Secretary/Treasurer during the September Board of Supervisors meeting. Ray Herr, Jr. was hired as the township's new Roadmaster late in August and Nina Garretson was brought on as the township Secretary and Treasurer in September. Herr had previously served as Roadmaster with Union Township and he, his wife and daughter currently reside in Gettysburg. Garretson previously worked with the Luther-

an Theological Seminary in Gettysburg, and currently resides in Gettysburg with her husband.

### Disposal of TV's and electronics

Washington Township Refuse transfer Station, located in Franklin County,

will now be accepting electronics including televisions for proper disposal. Prior to this, residents in the area did not have an easy way to dispose of their broken or unwanted electronics, but now they do. The Refuse Station will be open from 8 am til 4 pm on

Tuesdays and Wednesdays. The cost will be \$0.45 per pound of disposable material.

### Carroll Valley Borough building update

The Carroll Valley Borough Building is coming along nicely, as the walls are

up and the trusses are up and in place. The metal deck and roof are also on. The 14 wells are complete, having been drilled and grouted. The project, though about a week behind, is still expected to be completed by mid-February. More update will follow next month.

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# THURMONT NEWS

## Roddy Road covered bridge to be repaired

Several months after being damaged, The Roddy Road Covered Bridge will finally begin the journey to being repaired. The Frederick County Division of Public Works announced early last month that contractor Fitzgerald's Heavy Timber Construction, Inc., will repair the Roddy Road Covered Bridge located near Thurmont.

The bridge sustained severe structural damage on June 16 when a box truck tried to squeeze through

the small frame. Unfortunately, the truck wasn't able to make it through and instead caused serious damage to the historic Thurmont bridge. Signs located on both sides of the bridge clearly warn drivers of the height limit, so whether or not the sign was misread or ignored is undetermined.

This accident was the second time in a month that a truck managed to damage the bridge, but the most recent occurrence caused

the bridge to undergo the most damage. After an extensive assessment, engineers found that five of the six main support posts for the covered bridge structure were damaged by the truck.

Construction work is scheduled to start in mid-October and will last approximately four months. Work will include removing the covered bridge from its location so all damaged parts can be replaced. Once repaired, the bridge

will be set back in its original location over Owens Creek.

The current detour route will remain in place during the road closure. The detour route will utilize Roddy Creek Road to Albert Staub Road to Eyer Road to Roddy Road. So all wishing to travel this way will be detoured accordingly.

The cost for repairs is being covered by insurance and restitution is being pursued against the

responsible party. No cost will come to the town of Thurmont.

For additional information, contact Maintenance Section Supervisor Mike Ramsburg, Office of Highway Operations, at 301-600-1564 or via e-mail at [mramsburg@FrederickCountyMD.gov](mailto:mramsburg@FrederickCountyMD.gov), or Engineer Amanda Radcliffe, Office of Transportation Engineering, at 301-600-1959 or via e-mail at [aradcliffe@FrederickCountyMD.gov](mailto:aradcliffe@FrederickCountyMD.gov).

## 53rd Annual Colorfest

Colorfest is right around the corner and will be held on October 8 and 9 in the Community Park located on Frederick Road in Thurmont. Demonstrations by various crafters will be taking place throughout the two days, including broom making, wood turnings, and wood carvings of flowers. Crafts and food will also be bountiful for all visi-

tors to enjoy.

Though the event may be popular among many, the town has been facing some cost issues for the past couple of years. Earlier this year, it was announced that the Thurmont town Council voted to increase Colorfest permit fees as well as make cuts to town services supporting the event. The decisions were made

in an effort to stem losses to the town from the annual fall event.

The town spent \$61,589 to support the 2015 Colorfest, but the event only returned \$49,153 to the town coffers in the form of permits and parking fees. This left a deficit of over \$12,000 that had to be picked up by the residents of Thurmont. It was the fourth year that the town has seen a loss in money from Colorfest.

A workshop was held back in January to generate ideas and suggestions on ways that the town could increase revenue and decrease costs. Ideas concerning

the increase in parking fees were considered, but were quickly vetoed, as the Council didn't want to discourage visitors to the festival due to pricey parking.

The town Council did vote to raise permit fees. Craft permit fees were raised from \$35 to \$50. Information only vendor fees were raised from \$0 to \$50, and non-profit food vendor fees were raised from \$27 to \$30. The council, however, chose to keep the parking and yard sale permit fees as proposed, \$35 and \$15.

After a cost analysis was completed by town staff, the Council also voted to reduce services provided by the town that will save the town approximately \$10,000. There will be less por-

table toilets at the event, less buses used for transportation, and one less message sign advertising the event on Route 15.

The town is hopeful that Colorfest will go smoothly this year, as it truly is a popular event for locals and visitors from outside the area. Colorfest began in 1963, and has quickly evolved into a juried Arts & Crafts Show featuring 300 well-known and respected artists from across the United States. Colorfest has been recognized in Sunshine Artists Magazine and ranked in the top 35 shows in the United States and is one of the largest on the East Coast. Those who stop by will surely enjoy a day of fun, crafts and delicious food.

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### Thurmont Business Showcase

**Saturday, October 15**  
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Thurmont American Legion Post 168  
8 Park Lane

This year's theme "Takin' Care of Business" is a one day "Pop-Up Business Community" to experience what Thurmont businesses have to offer under one roof!

The Thurmont Business Showcase is free & open to the public! Invite your family, friends & neighbors to experience "Takin' Care of Business" & see how they can take care of you!

**Demonstrations By:**  
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A Main Street Event ■ [thurmontmainstreet.com](http://thurmontmainstreet.com)

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## October 1916

## October 6

**Pennsylvania Lifts Quarantine**

The Pennsylvania quarantine for Infantile Paralysis was lifted midnight Sunday night. This means that all automobiles, whether containing children are not, will be able to pass over the Mason-Dixon line without being held up.

**Sewing Club**

The Emmitsburg Sewing Club opened its season when it met at the home of Mary Eckenrode Tuesday evening. The club will meet once a week during the winter months.

**Special Notice**

My wife, Gertrude Kreitz having left me, I hereby give notice that I will not be responsible for any debts or bills contracted by her. She has been taken in by all this foolish talk about women being smart enough to vote – which all men know is ludicrous. If she thinks she is smart enough to vote, lets see her earn her own way through life. Good riddance to her. She never could cook my vittles right anyway. – (signed) Allen Kreitz

**Dorsey Vs. Emmitsburg Railroad**

On Saturday, the Emmitsburg Railroad Company, which was running a mix passenger and freight train with two free cars ahead of the engine, ran over and killed a valuable heifer. The heifer was the property of Mr. Allen Dorsey, who lives just south of Motter Station. Mr. Dorsey brought suit against the company for damages for the loss of a heifer before Justice of the peace Harry Stokes, and the case was tried on Tuesday evening. After hearing the evidence in the case, the Justice gave judgment in favor of Mr. Dorsey for \$40 and cost.

## October 13

**Maryland Quarantine Still In Force**

Maryland quarantine laws for infantile Paralysis are still in force and travelers to this state from Pennsylvania who are of the opinion that the ban has been lifted (as it was in Pennsylvania) are put to considerable inconvenience through not having health certificates. It has been reported that the state authorities in Maryland will establish patrols at the various highways leading into the state within the next few days. This would mean that the traffic over the Emmitsburg and Taneytown roads, as well as other highways from this section into Maryland, would have to undergo the same inspections that were made when the Pennsylvania quarantine law was in effect.

**Public Sale**

Charles Lewis will sell at public auction his farm situated one mile southeast of Sibillasville on the Emmitsburg-Sibillasville road. The property consists of 164 acres of land, improved by a nine room weather-boarded house, weather-boarded barn and all necessary out-buildings. A spring of never ending water. Eighty-two acres of land is in a high state of cultivation, the balance in timber and pastureland. A cash deposit of \$500 will be required on the day of

sale. Of the balance, half may remain in the place on mortgage.

**First Death Due To Infantile Paralysis**

Miss Amy Lawrence, daughter of Mr. and Mrs. Paul Lawrence of McSherrytown, who contracted Infantile Paralysis Friday evening, September 29, died at noon Thursday, age eight years, eleven months and two days. She had been ill for five days. The little girl was the first victim of the disease recorded in Adams County. Where the child contracted the disease is unknown, as neither she nor her parents have been in any of the affected districts, nor have they been in contact with persons from any of those sections.

**Hog Cholera Breaks Out**

Hog Cholera has broken out in Frederick County again and the animals of D. F. Roddy, near Mount St. Mary's, have suffered badly as the results of the ravages of the disease. As soon as he noticed that some of the hogs were ill Mr. Roddy sent for the veterinarian, but the state has been powerless to check the Cholera. Mr. Roddy has lost 42 animals by the disease, and has only a few surviving and remaining on the farm. So far, as it is known, the disease has not broken out in the pens of any other farmers in the vicinity.

## October 20

**Man Breaks Wrist While Cranking Car**

While cranking his automobile at the square on Saturday night, Mr. Royer of Bruceville broke the wrist of his right arm. Royer refused to ride home in it after being treated by Dr. Jameson. Instead, he sent for his "trustworthy horse Bart" and took a long leisurely ride home on him, leaving the "infernal machine" on the square where it could "rot in hell."

**Bank's Fixtures Arrive**

The mahogany fixtures for the new building of the Emmitsburg Savings Bank arrived the first part of the week and have been put in place. The marble work is nearing completion and the tile flooring will shortly be laid.

**New Glove Factory**

The new glove factory opened for business on Monday in the Gelwick's Building on East Main St. Five operators reported the first day, but since opening the force has been augmented. Mr. Harry Low is the foreman. At present, the factory will fill canvas gloves contracts for Baltimore firm.

## October 27

**Plank Threatens to Quit Baseball**

A dispatch from St. Louis says Eddie plank of Gettysburg, veteran pitcher and member of the St. Louis American League club, informed the manager that unless he was traded to some other club, he would quit baseball. He is dissatisfied with St. Louis, not the club. Plank was formerly star hurler for Connie Mack's Athletics, when they were winning world championships.

## LIBERTY

"We hold these truths to be self-evident;--that all men are created equal; that they are endowed by their Creator with certain inalienable rights; that among these are Life, Liberty and the Pursuit of Happiness."

From the Declaration of Independence, July 4, 1776.



GEORGE WASHINGTON



THOMAS JEFFERSON



ABRAHAM LINCOLN

THE right of Personal Freedom is the foundation of our system of government. Surrender one iota of your Liberty and it will be attacked with impunity.

Once permit the conscience of another to be imposed upon you as to what you drink--the next step it will be imposed upon you with respect to what you eat--what you smoke--what you wear--what you read--what your amusement shall be--what Church you attend--what God you worship.

America was settled by men who sought its shores in order to escape just such tyrannies. They believed--and American people believe today--that no man is either wise enough or good enough to impose his conscience upon another.

Prohibition is the attempt of one citizen to impose his moral judgment upon his neighbor. It is a direct attack upon your Liberty--the Personal Liberty that is guaranteed to you by the traditions of our Country.



Statue of Liberty, New York Harbor

The Defence Of Your Liberty Is In Your Own Hands--THE BALLOT  
Use It Effectively!

**VOTE AGAINST PROHIBITION**

--and preserve your Personal Liberty

**Drys to Hold Rally On Square**

The Dry Forces of Frederick County will hold an open-air meeting on the Square next Tuesday evening. Rev. Shipley of Buckytown will lecture and a large number of stereopticon slides will be shown. A general invitation is given to the public to be present.

**Boozers to Hold Rally On Square**

The Former-Former Boozers Association announced that they will hold a rally on the Square next Tuesday evening that will coincided with the Dry Forces' rally. The Boozers are encouraging all members to bring out liberal amounts of

their very best "hooch" and plan for an evening of "hooting and howling."

**The High Cost of Prohibition**

Two weeks from today, on November 7, men will be called upon to state whether or not Frederick city, Emmitsburg Creagerstown, and Woodsboro shall close forever their solutions. These are the only places that are affected by the law. All the places that are now dry remain dry. Much has been said on both sides of the question. Remember always that you are not voting on statewide prohibition but merely local options.

To every sensible, serious minded man in Frederick County and partic-

ularly to you the farmers and businessmen of this county, who are the men of financial responsibility – the only men who bear the burden and meet the expenses of government, we asked you, independently of all other considerations, moral, sentimental or fanatical, to reflect over the figures and facts and then, before you vote, be true to yourself and your families and answer honestly and fairly this one question - "can I afford to pay the awful price of making Frederick County dry?"

To read past editions of 100 Year Ago this Month, visit the History section of Emmitsburg.net.



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## FROM THE DESK OF . . .

## County Councilman Kirby Delauter

This month we'll go back to the Citizen's Nursing Home saga that continues to leave a black mark on Frederick County for multiple reasons, most of all, the way the County Executive used eminent domain and breached contracts to put the county back into the Nursing Home Business. She did so with the approval of the four Council members who blessed this entire debacle without ever seeing a financial review how what it would truly cost the county taxpayer today, as well as in the future.

I'm going to use print from the News-Post article from September 14, 2016 since as a council we received no workshop or briefing on this issue, despite multiple requests to do so by Council member Shreve and I. The article stated that from 2000 to 2010 the Montevue

lost an average of \$5.4 Million annually. Gardner stated in the FNP article that the losses were "only" \$3.3 Million annually. So let's just use her numbers, it still then lost \$33 Million over ten years she was in charge, and somehow she thinks that today, she can do a better job than she did back then and losing \$33 Million of your money is acceptable.

Gardner stated that the previous County Commissioners sold the facility for \$18 Million less than it was worth. This is totally inaccurate. We sold the facility for \$30 Million. The facility was built just a few years earlier for \$29 Million, and in selling it, we eliminated the \$5.4 Million annual losses as well. Gardner claimed that the facility was worth \$45 Million which is totally false

and she has no claims to back up that nonsense. If you believe that storyline, let me ask you, have you seen any other real estate in Frederick County double in value in the last 4 years? The answer is NO, and neither did this Nursing Facility. Gardner stated that the County not Aurora would have to pay off \$6.7 Million in bond debt not covered in the sale. Even if that is true, with the losses each year it was sustaining, that's a little more than one year and your bleeding of red ink stops! It also states that the County will pay Aurora \$5.5 Million for a continuing care agreement, that being the case, what did we save?

A few other notes of interest so you can see how bad of a deal this is for the County taxpayer. Had the sale gone through, the coun-

ty would have retired \$30 million in bond debt, as of now, the county will pay over \$2 Million annually in bond debt. The County (had the sale gone through to Aurora) would be receiving \$536,228 in real estate taxes from Aurora annually. Now, with the County as the owner, it is exempt, no real estate taxes paid. The County would zero financial liability, today, they have 100% obligation and liability.

Gardner stated in the FNP that this boondoggle allows the County to continue its long-standing tradition of taking care of its own. Again, totally misleading statement. Aurora was doing that and there were some differences. The care was better under Aurora, the cost was less under Aurora, the employees under Aurora de-void the county of liability, which

now the county has full liability. So, the long and short, nothing has changed, Aurora still operates the facility (only now with no liability), the debt service is back in place with taxable bond issuances of \$28 Million, the county will receive no property tax revenue from this facility, and you, the taxpayer is backing the entire debacle with your full faith and credit, courtesy of County Executive Jan Gardner, Council President Bud Otis, Member, MC Keegan – Ayre, Member Jessica Fitzwater and Member Jerry Donald.

Thank them the next time you see them, they put you in debt, breached contracts in your name, issued eminent domain on a local tax paying business, and have no clue or plan when the county taxpayer starts losing \$5.4 Million again annually, how they will stop that bleeding.

Don't blame me, I voted against it.

## County Councilman Bud Otis

How can you help make our County Council decisions even more reflective of all the residents in Frederick County? We need your input!

Our new form of Charter Government has been operating since December 1, 2014. All Frederick County residents have three Council Members as their representatives. Each district has one person they may freely contact along with two "at-large" members. This gives you a chance to communicate with your district area's councilman/woman and/or your "at-large" members to share your thoughts and concerns about any issue – those currently before the council for consideration, pending legislation, or problems you need help addressing.

- At-Large (all county) – Bud Otis (BOtis@FrederickCountyMD.gov 301-600-1101)
- At-Large (all county) – Billy Shreve (Billy@FrederickCountyMD.gov 301-600-1034)
- District 1 – Jerry Donald (JDonald@FrederickCountyMD.gov 301-600-2336)
- District 2 – Tony Chmelik (TChmelik@FrederickCountyMD.gov 301-600-1034)
- District 3 – Vice President M.C. Keegan-Ayer (MCKeegan-Ayer@FrederickCountyMD.gov 301-600-2336)
- District 4 – Jessica Fitzwater (JFitzwater@FrederickCountyMD.gov 301-600-2336)
- District 5 – Kirby Delauter (KDelauter@FrederickCountyMD.gov 301-600-1034)

Representative government works best when the citizenry is actively involved. For twelve years on the Hill, I was Chief of Staff for a Congressman and heard from many constituents on a daily basis about their concerns and their views on pending legislation, current laws that may need to be tweaked, and individual problems. This created a great opportunity to listen to the many voices, help cut thru the government red tape to assist them with various federal agencies, and learn what matters most to the residents in District 6. Hearing from so many people made it possible to represent the majority of the voices in votes on Capitol Hill.

What's great about Frederick County's Council Districts, is that we're accessible. You don't need to go far. A phone call, email, letter, vis-

it or meeting is open to anyone who wants to share their voice. I welcome communication, even when it is from those who object. I learn from listening to all sides of an issue. There is also the option to come to Winchester Hall during our public hearings to share your opinion with the full council.

As we approach completion of our second year in office, it is my great hope that the community knows we are here to help.

If you'd like to know the protocol for our legislative process, here it is. An agenda for the Council Legislative Meeting is posted on the county website one week prior to the meeting to let the public know what's coming up. 1) Bill is "dropped" or read into the record (First Reader), 2) Second Reader (Public Hearing) on that specific Bill is held about three weeks later after notices are posted in

the local paper – open to any and all comments from the public and the public hearing meeting's end time concludes after the last speaker is finished. Each speaker is given 3 minutes, 3) Third Reader is then scheduled about two weeks later for final vote, or if amended, the process starts over. There is a 90 day window from the time a Bill is first introduced until it gets voted into law, or it is void.

I want to thank those who reach out to the Council and urge others to please let us know your concerns and ideas so we become the best possible representatives for you. My job is to represent you, and I welcome your input.

Fall is approaching and my wife Rose and I hope you have a great season, enjoy the beautiful weather, and I look forward to hearing from you to help make Frederick County even better!

## "Going on on the Golden Mile"

Justin Kiska

At one time, the Golden Mile in Frederick was the economic juggernaut of not only the city but the entire county. It was the place to be with the Frederick Towne Mall anchoring the Route 40 West retail corridor. As time marched on and new development occurred, the Golden Mile lost its shine. First it was Route 85 that began attracting everyone's attention, then downtown Frederick had its renaissance, now Route 26 is the place everyone is flocking to.

About six years ago, Frederick Mayor Randy McClement brought together a group of residents, business owners, and property owners to form The Golden Mile Alliance, a group that would help advocate for and work toward revitalizing the Golden Mile, now an area suffering from more misperceptions than actual problems. Mayor McClement said he wanted to help bring the Golden Mile back to its former glory and he put his money where his mouth

was, helping this new group to form and supporting it until the GMA was able to spin off and become its own independent non-profit, much in the same way the Downtown Frederick Partnership had done.

I was one of the individuals first appointed by the mayor to the original Board and have served as one of the group's executive officers since, the last three years as president.

When the GMA was coming together, the Golden Mile, and the old mall site in particular, were in the news quite a bit as it was announced the property, which had been sitting empty for far too long, was going to be redeveloped into a brand new shopping center, anchored by a WalMart Super Center. Not too many weeks ago, the news broke that WalMart had withdrawn from the long anticipated project. During the five years in between, a lot of things went on with the project, but for the sake of this piece, I'm just going to pick up where we are now.

The redevelopment of the mall site into the new Fredericktowne Center was, without question, going to be a big step forward to the revitalization

of city's West End. Whether you like WalMart or not, the old abandoned mall was finally going to come down and a new shopping center was going to take its place, with new life and business coming to the area. Without the anchor of the Fredericktowne Center, the plans are now on hold, with many saying its back to the drawing board to start over from square one.

There are those out there now saying, "See, we told you the Golden Mile was dead. This is proof."

That can't be further from the truth. WalMart withdrawing from the deal can be blamed on a number of factors but again, that isn't the point of this article. I know everyone directly involved with the project did everything they could to make it happen and even at the eleventh hour tried to keep it from falling apart. In the end, there's no denying, it was a huge setback.

However, the redevelopment of the mall is only one piece of the plan to revitalize the Golden Mile. While everything to do with the mall was going on, in the meantime, the old State Police Barracks came down to make way for a new Wawa, which will be open-

ing this fall, along with an emergency care medical facility. Businesses have continued to open along Route 40, and properties have undertaken renovations to give their buildings fresh new looks.

It's not all about the commercial and retail though. Beautiful new residential developments are planned for the old VFW site and Summers Farm, as well as the new Butterfly Ridge Elementary School. Road improvements continue to be made, even though sometimes it is more obvious than others.

Everything takes time. We would all love to wake up tomorrow morning and the Golden Mile be golden again, but that's not how it works. Who remembers when downtown Frederick was literally falling apart and said to be the most dangerous place to go? Now look at it. Through the hard work of so many, including various city administrations and the Downtown Frederick Partnership, downtown Frederick is booming again. That can and will happen on the Golden Mile.

In part, this is going to happen because of the city's Golden Mile Small Area Plan, which lays out a plan for the area for ten, twenty, twenty-five years from now. The Golden Mile didn't

lose its luster over night, so it's going to take time to get it back.

There is one other issue that particularly upsets me. Even with the changes going on, there is still a mindset that the Golden Mile area is unsafe. Some people even say they won't go to Route 40 because of the crime. The facts however, point out the reality of the situation. The Golden Mile corridor, according to the Frederick Police Department's own reports and crime statistics, is no better or worse than any other area of Frederick. Unfortunately, that is not the kind of news that gets reported.

Like other areas of the city, crime is actually dropping. Again though, information like this doesn't always make it out to the general public and people end up relying on anecdotes or rumors as facts.

Clearly, I have a vested interest in the Golden Mile, but I am also one of the first to admit it has its problems too. But there are a lot of people working very hard to revitalize the West End of Frederick City. In the end, a thriving Route 40 corridor benefits everyone.

# GOVERNMENT—SOUTH OF THE MASON-DIXON LINE

## County Executive Jan Gardner

I recently delivered the State of the County address. Our county is strong, life is good, and great things are being accomplished. Frederick County is without a doubt one of the best places to live, work and raise a family.

Our economy is booming with the second-fastest business growth in Maryland. Last year we added almost 3,200 new jobs over nine industry sectors. There is a job for everyone. We've put business incentives in place to get people working. Our unemployment rate of 4% is one of the lowest in the state.

Frederick's 2016 economic outlook was over \$11 billion! Our economy is growing faster than the region and the national average. Our median household income now exceeds \$80,000. New businesses are locating here and existing ones are expanding, which means more people can live and work in Frederick County.

### Charter government delivers

It is clear that charter government delivers. It delivers good government that protects taxpayers. Just look at what we've accomplished in the past year.

One of the biggest accomplishments has been earning AAA bond ratings from all three New York City rating agencies. Frederick is one of fewer than 50 counties nationally with the highest possible ratings from all three agencies. The ratings show that we have sound fiscal management, a conservative and balanced fiscal budget, and we've been able to do that without tax increases.

A second great accomplishment this year has been to retain Citizens and Montevue. This helps us to restore our promise to our seniors and to ensure our longstanding legacy of

taking care of our own. It also protected taxpayers from a financially bad deal that would have required taxpayers to pay millions of dollars to sell valued facilities.

Another proud legacy of Frederick County is its agriculture. We have preserved more than 52,000 acres of agricultural land, making us among the Top 10 counties in the country for preservation.

### Education

We are blessed that Frederick County Public Schools provides outstanding opportunities and delivers top educational outcomes for our students. Seven of our high schools made U.S. News and World Report's Best List for 2016. All of our high schools rank in the top 10% of the National Challenge Index. Working together, we have been able to come up with creative, shared solutions to keep our school construction on track. We are also making progress to ensure that we have competitive teacher salaries.

We also have a fantastic community college. Frederick Community College earned its accreditation this year – a true achievement!

### Public Safety

Fundamental to local government is making sure that we have a safe community. We've made progress in this area, too, largely through the budget. I thank the County Council members who have been great partners in supporting the budget. We've added deputies and firefighters, and made sure that deputies and correctional officers earn competitive pay.

A recent \$6.3 million federal grant will allow us to add 41 firefighter/medics. We will be able to tactically staff our stations and deliver better service to our citizens in need.

Our 911 Communications System is a leader in the State, with Next Generation technology. Frederick County remains one of the few counties on the East Coast with text-to-911 capability.

### Transportation

State investments for road improvements have been the highest in years. Construction will begin soon for a new interchange at I-270 and MD 85. We also have funding to design and engineer a widening of U.S. 15 from Md. 26 to I-70. These significant state investments are more examples of charter government delivering.

In the past year, we've gone green with five all-electric buses in our Transit fleet. We are the first in the region to add all-electric buses, and they were purchased through grants at no cost to the county. We've also added apps to buy fares and to locate your bus.

### Community services

Operating hours for three regional libraries are expanding, including at Thurmont Library, so that community rooms and collections are available until 9 p.m. on weeknights. Our libraries are heavily used, with approximately 82,000 people visiting a library every month.

We're also moving forward with parks. There's a great demand for athletic fields and ball fields for youth sports, so we are expanding fields and other offerings at Utica Park, and a new park near Brunswick.

### Leading the way

Frederick County is leading the way! The accolades keep piling up. We won a sustainability award for our Green Homes Challenge. We have been named one of the best digital counties in the nation. The Child Advocacy Center became accredited. Frederick County has achieved a recycling rate of over 50%, making us one of the highest in Maryland. Our school system is launching a cutting edge program called Linking Youth to New Experiences at Frederick High School, which re-imagines how education is provided. It offers more individualized programs, business mentoring and internships, and an extended schedule so students can work and go to school.

All across the State, people are saying "We want to be like Frederick!"



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| • Wife, 47, Drives 2011 Honda Pilot EX<br>• Husband, 50, Drives 2012 Ford Taurus SEL          | <b>\$1047</b> | <b>\$1316</b> | <b>\$1168</b> | <b>\$930</b>   |

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## FROM THE DESK...

# Carroll Valley Mayor Ron Harris

It is October. The leaves will start to change into brilliant colors – a last “hoorah” before they fall. National Fire Prevention week is observed from October 9th to October 15th. The National Fire Protection Association (NFPA) announced that their theme for this year is “Don’t Wait. Check the Date! Replace Smoke Alarms Every 10 years”. In their report, they shared the following data. Twenty percent of all U.S. homes with smoke alarms, the smoke alarms aren’t working.

Three out of five home fire deaths result from fires in properties without smoke alarms or with no working smoke alarms. The age of a smoke alarm can be determined by looking for the date of manufacture on the back or side of the alarm, and to replace the units 10 years from that date. For more information on what you should do during the week to protect your family go to visit [www.fire-preventionweek.org](http://www.fire-preventionweek.org). We celebrate Columbus Day on Monday, October 10. And then, on Monday, October 31st children and adults will dress up in “strange looking” costumes to celebrate Halloween by going around the community proclaiming “Trick or Treat”.

Are you aware what happens when you are stopped in Pennsylvania for speeding? When you see police car lights flashing in your rear view mirror, you need to slow down pull over to a safe area. Do not get out of the car. Keep your hands on the driving wheel while waiting for the officer. The officer will approach you and explain why you were stopped. Upon request, you should render to the of-

ficer your driver’s license, registration and proof of insurance. Your driving record is checked for any outstanding warrants. The officer prepares the citation. The officer then explains the charge, the nature of the offense and your rights that are documented on the back of the citation.

In Pennsylvania, if you do not take action on the citation within 10 days, a warrant for your arrest is issued and your driver’s license no matter the state will be suspended. You have two options when mailing in the citation. You could plead not guilty and request a trial or plead guilty. In either case, you must include an amount equal to the total due as specified on the traffic citation. If you wish to make payments rather than paying the entire citation at once, you can go to the Magisterial District Judge’s office and set up a payment plan. You can also go to <https://ujportal.pacourts.us/ePay.aspx> if you wish to pay online.

All credit card payments must be paid using the online method. Be aware, if you plead guilty or are found guilty, points may be assessed against your driver’s record by PENNDOT. If you choose to go to a hearing, the judge cannot change the points, the judge can only find you guilty or not guilty as the points are controlled by PENNDOT. Naturally, you can avoid receiving a citation by watching your speed when driving. Please slow down.

The misuse of prescription and over-the-counter drugs is responsible for more overdose deaths than “street drugs” such as Cocaine, heroin, and amphetamines (Center

for Disease Control, 2006). Prescription medications supersede marijuana as the drug of choice currently among 12-13-year-old youth and 25% of drug-related emergency room cases relate to prescription drug abuse (DEA, 2010). The Medicine Take Back Program is scheduled to come to our local area on Saturday, October 22nd from 10 a.m. to 2 p.m. at the Fairfield Fire & EMS building. You will have the opportunity to drop off your unused medications. No questions asked.

Strawberry Hill Nature Preserve is hosting their Annual Twisted Turkey Trail Tussle on November 12, 2016. The event will bring together runners and walkers of all ages, a challenging set of 5K, 10K, and 15K trail run courses & 10K powerwalk is offered that day. You can also enjoy entertainment, children’s games, and prizes that will be given away throughout the day. The location of this event is at Strawberry Hill Nature Preserve and in Michaux State Forest.

This fun fall event is designed to offer runners a chance to experience miles of trails in the Blue Ridge Mountains, while giving families the perfect opportunity to enjoy the colorful autumn foliage. For more information, please visit [www.strawberryhill.org](http://www.strawberryhill.org) or call 717-642-5840. Funds raised from this event will continue to support their environmental education programs. Regular registration period is October 1st to November 10th (\$40). You also can register on the day of the event November 12th (\$45). Register early. The first 200 runners will receive a free water bottle for your swag bag!



Mayor Ron Harris (middle) and Chief of Police Richard L. Hileman (left) present Patrolman Nathan Groft (right) with the Life Saving Award.

At the September 13th Borough Council meeting, I had the honor to recognize two of our police officers for their outstanding service to the community. Council authorized the presentation of a lifesaving award to Patrolman Nathan T. Groft. On the early morning hours of May 8th, Officer Groft responded to a Carroll Valley home where he found a 27-year-old unconscious, with a very slow heart rate and barely breathing, dying from an illicit opioid overdose. Patrolman Groft administered naloxone pursuant to his training and procedures. The individual awakened, resumed normal breathing and heart rate so as to be saved for transport to the hospital for further treatment. Thank you Officer Groft. He saved a life and performed the first opioid reversal and life saved by municipal law enforcement in Adams County. Corporal Clifford J. Weikert was given a 15-year service award. Chief Richard L. Hileman II de-

scribed how Corporal Weikert developed from a newly minted rookie to an outstanding officer who has solved some of the most sensitive, heart breaking investigations. This service award also recognized his exceptional leadership skills while serving as the Carroll Valley Police Department’s second in command and Patrol Supervisor. Thank you Corporal Weikert for your service.

Borough meetings to be held in October are: Planning Commission (Oct 3rd), Finance Committee (Oct 10th), Borough Council (Oct 11th), Borough Council Finance Workshop (Oct 18th), Borough Council Finance Workshop (Oct 25th) if needed, and Parks/Recreation (Oct 26th). Please reduce your speed to make sure you, your loved ones, your friends and your neighbors will be safe. If you have any questions call me at 301-606-2021 or email at [MayorRonHarris@com-cast.net](mailto:MayorRonHarris@com-cast.net).

# State Representative Dan Moul

Last session, I voted for legislation to establish a prescription drug database in Pennsylvania to help stem the growing problem of prescription opioid addiction in this Commonwealth. I am pleased to report that this

program is now operational and not a moment too soon!

According to the Centers for Disease Control (CDC) and Prevention, opioids – primarily prescription pain relievers and heroin – are the

main driver of overdose deaths. The CDC claims opioids were involved in 28,647 deaths in this country in 2014 and opioid overdoses have quadrupled since 2000.

Federal Drug Enforcement Agency statistics show that approximately 2,500 Pennsylvanians died from overdose of opioid drugs in 2014 and more than 3,300 in 2015, a rate higher than average nationally. Here in Adams County, law enforcement officials said prescription drug overdose deaths have risen by about 25 percent over the past five years and the numbers continue to climb.

The opioid crisis crosses all income, race, genders and other factors. No one is immune, and the number of cases is rising sharply. In addition to the human toll, opioid abuse is costing the Commonwealth millions of dollars in hospitalization costs annually and is putting a significant strain on our prison system.

The House Republican and Democrat policy committees conducted public hearings on opioid situation throughout the state over the summer. In fact, I attended the Policy

Committee meeting in York on Sept. 1. This fall, several opioid-related bills are to be considered in the House, and Gov. Tom Wolf is expected to call a joint session of the state Legislature on the issue of opioids.

The sharp rise in prescription opioid abuse and its deadly human toll led state lawmakers to pass legislation to allow the state to track data on controlled substances being prescribed to patients within the state. The statewide database, authorized through Act 191 of 2014, is now in place. It allows medical practitioners to better monitor prescription drug abuse and detect possible fraud. The database is being maintained and monitored by the Pennsylvania Department of Health (DOH).

Known as the Achieving Better Care by Monitoring All Prescriptions Program (ABC-MAP) Act, it is a confidential, electronic database listing all controlled substances prescribed and dispensed in Pennsylvania. The database aims to help improve patient care and prescribing practices, uncover drug diversion and identify so-called “doctor shopping.”

Pennsylvania is now one of 49 states that tracks the prescribing of controlled substances or is in the pro-

Candidate’s Debate - 91st District Pennsylvania State House Candidates, Democrat Denise Weldon-Siviy and incumbent Republican Dan Moul, will debate the issues. Tuesday, October 11, 6:30-9 p.m., Gettysburg Seminary, Valentine Hall Auditorium. Sponsored by the Gettysburg Chapter of the American Association of University Women.

cess of setting up such a program. Efforts are also underway to share information with neighboring states to thwart illegal activity and abuse across state lines.

The program replaces one in the Office of Attorney General, which only required the reporting of Schedule II controlled substances, which are deemed to have a high abuse potential that can lead to dependence – such as morphine, methadone and oxycodone.

If you would like to learn more about this effort, visit [www.health.pa.gov](http://www.health.pa.gov)

## REELECT DAN MOUL



*Telling it like it is...*

Rep. Dan Moul

91st District - November 8, 2016

Paid for by: Friends of Dan Moul



GOVERNMENT—NORTH OF THE MASON-DIXON LINE

# County Commissioner Randy Phiel

At every level of government fiscal responsibility, fiscal health and bond rating are very important. The Board has some good news regarding Adams County government's fiscal health. On August 25, Moody's Rating Service added "Positive Outlook" to our already good AA3 rating. This is hopefully a prelude to an AA2 rating at some point. This increase did not happen by itself. In the past several weeks there were several conference calls between the rating agency and the county manager. The purpose of the calls was to determine the viability of county finances, the local economy and the perspective of the future for the County of Adams. Some of the overall bond rating factors we can control and some we cannot. Thanks goes out to all our staff whose combined effort to responsibly manage our fiscal affairs on a daily basis - which is one factor we can control. Each rating point provides a savings of at least 15 base points when borrowing.

Most of us north of the Mason Dixon are well aware of the very sad situation at Oak Lawn Cemetery in Cumberland Township. In this sea of sadness, there is some good news to report. The staff at Adams County Victim/Witness have been working diligently to serve the 819 victims above and beyond their normal workload. They have been working with the Pennsylvania Victims Compensation Fund thru PPCD to facilitate some compensation for the victims.

At this time, 245 claims have been approved for a total of \$493,955 paid. The process is still on-going as more victims apply for compensation. I would also like to recognize the Cumberland Township Police Department for their efforts on this case, on behalf of the community. The amount of victims has created a volume of work that is staggering. I would like to especially recognize Lt. Tim Guise and Detective Steve Higgs for their unwavering dedication to this case. Also, a shout out to District Attorney Brian Sinnet and our Adams County District Attorney's Office and Adams County Veterans Affairs Director Stan Clark. This case has had an impact on every individual or office it has touched, not only with an increased workload - but with typical human emotions for the plight of the victims.

In Adams County Farmland Preservation news Adams County Rural Resources Manager Ellen Dayhoff informs us that based on the Cigarette Tax increase in this year's budget, the Farm Land Preservation program here in Adams County will get an additional \$110,000 to spend over the next two years. At the recent State Board Meeting, which celebrated 5,000 farms preserved, it was commented on by the staff that the additional \$5M will become permanent - increasing revenue from \$31M to \$36M statewide.

The inside of the new Adams County Human Services Building is beginning to look pleasingly empty.

There is a beehive of construction activity. New metal stud walls and dry-wall are beginning to go up. The work of the Probation and Court Operations continues to go on in the building while construction proceeds. The construction time line in Phase I is Children & Youth Services, IT Services, and Probation, expected to be complete by December 31. Phase II is MDJ Offices, Domestic Relations, Dining, Court Operations, and Mental Health by April 30, 2017. Phase III is Courtroom, Program Storage and Receiving by August 31.

It is hard to believe that yesterday was our third Adams County Voter Hall of Fame event. Every two years our Elections Office organizes a recognition event for residents that have voted in 50 or more consecutive November elections. What an accomplishment! As Commissioners, the Adams County Voter Hall of Fame event is certainly is one of our favorite events. The program had been held previously but had gone into a bit of a hiatus until it was revived in 2012 at the beginning of our first term. Every time we have held the event, the Pennsylvania Secretary of State has been part of the ceremony handing each recipient their citation and shaking their hand. This year was no exception, with Secretary Pedro Cortes and Assistant Secretary Marion Schneider both at the Adams County Emergency Services Center to honor these voters. The first Voter Hall of Fame in 2012

honored over 100 residents as we had some catching up to do, and last week's event honored approximately 40 very appreciative residents.

I have here a few of the remarks I made to the Voter Hall of Fame recipients that reflects the Boards sincere appreciation of these residents. "Ladies and gentleman you are truly an inspiration to our Community, our County, our State and our Nation, and we are honored to be here today to recognize you! You folks sitting before me here today, are the fabric and foundation of our community. You have set a standard and raised the bar to a level that others can both admire and strive to emulate! Unlike too many others, you did not just stand back and complain, you consistently and routinely engaged in the democratic process - that is denied to and envied by so many other citizens around the world!" Events like this do not just happen. I would like to give a big shout out to our Elections Office Team of Monica Dutko and Angie Crouse.

Every other Friday, I put out a newsletter to all county staff and numerous members of the community called TGIF. Several days after the basic version of the newsletter goes out, the Adams County IT Department works their magic and adds color and visuals before putting it on the commissioner's home page. Our IT staff does excellent work making the basic TGIF come to life. Take the time to go to the Adams County Homepage and click on TGIF

to see the results of previous TGIF's and keep abreast of county news. This is only one of the reasons our Adams County IT Department has won website awards the past three years at County Commissioners Association of Pennsylvania Annual Summer Conference.

With the Presidential Election just around the corner here is a timely voting update for residents in Carroll Valley and Cumberland Twp. Due to the construction of a new skating rink at Ski Liberty, voters in Carroll Valley 2 will move from the ski instruction building to the bottom of the hill at the old ACNB bank building. Also some residents that vote at the Cumberland Township Municipal Building will go to other side of the room as our Elections Office has re-balanced the Cumberland Twp. precincts. The elections office will have a poll informational person out front at the Cumberland Township Building to assist voters. Last year there was a need to re-balance precincts in Conewago Twp., where residents vote at SAVES. The re-balancing at Conewago was beneficial and enacted with minimal confusion partly by providing informational assistance at the polls. We hope the same positive dynamic occurs at Carroll Valley and Cumberland Twp.

There are so many great Fall activities in Adams County. The Apple Harvest Festival in Arendtsville kicks off October 1. No matter what you do get out there and experience all the historical, recreational, agricultural, natural and cultural opportunities that beautiful Adams County has to offer.

# State Representative Candidate Denise Weldon-Siviy (D)

It's been 10 years since my opponent Dan Moul ran for the 91st house seat on a platform of lowering taxes and standing up to the professional politicians. A decade later, our taxes haven't gone down yet. And Dan Moul now IS a professional politician.

### Term limits

Five terms is a long time to serve in the house. Too long. Yet, Mr. Moul is currently running for his 6th term.

That's far too many terms. In my opinion, no elected official should serve for more than 8 years in the same office. Eight years is what we limit our presidents to. Surely, no other elected office is more important? If a politician still wants to serve after 8 years, s/he can always run for a different elected office. There are plenty of them.

Ten years ago, Dan Moul agreed with me. He spoke out frequently on his support for term limits. Now that the terms to be limited are his, he's changed his mind. That's a shame. He had it right at the beginning.

We don't need professional politicians. We need citizens who care enough to represent their neighbors.

Results not fingerpointing

If we're going to re-elect the same politicians over and over again, it should be those public servants who actually get the job done. Judging by his own goals of lowering taxes and reducing government waste, Dan

Moul just hasn't done that.

For the past two years, Dan Moul has blamed his lack of results on having a Democratic governor, just as he did at the beginning of his term with Rendell. The problem with that excuse is that of the 10 years Mr. Moul has been in office, he had 4 years during which he had a Republican governor and a Republican controlled legislature. Why didn't he accomplish his goals during those years?

So the problem isn't just that he doesn't work well across the aisle. Mr. Moul simply doesn't have the gravitas to lobby effectively for our county within his own party either. After 5 terms, we should be seeing a representative effectively pushing serious substantive legislation. What we got from Mr. Moul this past year was "Pennsylvanian Barn Day".

Five term incumbents should be power brokers, not finger pointers.

### Standing up to both parties

Political parties aren't going to put the needs of Adams County first. We know that. In the eyes of the political power brokers, we will always be the poor country cousin, last in line after Philadelphia, Pittsburgh, and even Harrisburg. For that very reason, we need a representative who places local residents FIRST, before party ideology.

### Time for a change

It's time to send Harrisburg a new

voice to represent Adams County. Someone who understands it's time to stop pointing fingers and start

working together to fix Pennsylvania's problems. And someone who will work with BOTH parties and rep-

resents the needs of Adams County. That someone is me, Denise Weldon-Siviy.

5580 Fairfield Rd.,  
Fairfield, PA

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214 N. Third St.,  
McSherrytown, PA  
2 BR, 1 BA Colonial, HUD Owned, managed by Sage Acquisitions, case #441-67871, buyer pays all transfer taxes & fees. Submit offers at www.hudhomed.com  
**\$62,000**

12490 Jackson,  
Waynesboro, PA  
3 BR, 2 BA, 2 HBA, townhouse, interior unit, central air, 1 car garage.  
**\$151,900**

6020 Fairfield Rd.,  
Carroll Valley, PA  
2 side by side units, (1) 3BR, (1) 2BR, both w/fireplaces, by the Carroll Valley Golf Course.  
**\$159,900**

570 Gablers Rd.,  
Gardners, PA  
3BR, 2 BA, 1.1 ac., HUD owned, managed by Sage Acquisitions, case #441-623136, as-is, buyer responsible for all taxes & fees. Submit offers at www.hudhomed.com  
**\$170,000**

103 E. Main St.,  
Fairfield, PA  
4 BR, 2 BA, possible 4th BR, could be a rental or place for in-laws. Natural gas FHA, nice level partially fenced back yard, 13x21 patio w/roof.  
**\$129,900**

113 West Main St.,  
Fairfield, PA  
2 story colonial, wood floors, summer kitchen, with additional unit. Great investment or downtown business location.  
**\$198,500**

57 High Tr.,  
Carroll Valley, PA  
3 BR, 2 BA, LR w/fireplace, fully equipped kitchen, unfinished basement, utility rm., garage.  
**\$199,900**

79 Maple St.,  
Littlestown, PA  
3 BR, 2 BA, 1 car garage, central air & heat, full basement, fenced in yard, shed, USDA eligible area.  
**\$159,900**

13168 Shawnee Circle,  
Waynesboro, PA  
0.31 acres, 2 story colonial, 4 BR, 2 BA, 2 HBA, public water & sewer, 2 car garage.  
**\$242,900**

1095 Hanover Rd.,  
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Your address if you are into Civil War or spending time in a peaceful setting.  
**\$249,900**

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**24 Lower Tr., Carroll Valley, PA** - 0.71 ac., perc appr. Very nice building lot on cul-de-sac. Perc rate of .77. Very close to ski resort and golf courses with easy access to MD and VA. About 15 miles from Historic Gettysburg. Motivated seller! Feel free to make offer!  
**\$19,500**

**34 Veronica Tr., Carroll Valley, PA** - 0.63 ac., well req., perc appr., beautiful wooded building lot!  
**\$20,000**

**64 Meadowlark Tr., Carroll Valley, PA** - 0.92 ac., well required, perc approved, double lot, low perc rate means smaller sand mound. Septic design done, minutes from ski slopes and golf courses. Easy commute to MD, VA and DC. Perfect location for walk-out basement.  
**\$29,900**

**WA 26, 25, 24, 23 Jack Mountain Rd., Carroll Valley, PA** - 3 acres, well required. Beautiful location with nice views, perc approved lots, near ski slopes & 2 golf courses.  
**\$59,900**

**795 Jack Rd., Orrtanna, PA** - 6.46 ac., well at site, perc appr. A beautiful, private lot with lots of wildlife. Trout stream across the road. Septic design & permit done. Just minutes from Liberty Mountain Ski & Golf Resort. Come and build your dream home!  
**\$79,500**

**1875 Cold Springs Rd., Fairfield, PA** - 9.59 ac., well req., perc appr., privacy & seclusion at its best. Close to ski resort & 2 golf courses. Can be used for a hunting location. Very Motivated seller! Feel free to make offer!  
**\$89,900**

## THE PASTOR'S DESK

# Spiritual growth

**Pastor Chris Spruill**  
**Incarnation Church of Christ**

Although you may not know it from recent weather, Autumn has begun once again. While many of our days are still reaching into unseasonable temperatures, we are beginning to notice the effects of the change that is coming. This is one of those times when we are able to experience the glory within the beautiful world that God has provided for us while also retaining a comfort level for being outdoors to enjoy Creation to its fullest. The leaves on the trees will begin to change from the regular, and some might say bland, greens we have seen since Spring to the wonderful shades of yellow, red and orange that will pepper the tree lines and mountainsides around the Catoctin Region and beyond. Cooler mornings and evenings prevail as we turn our thoughts to bonfires, sweaters/jackets and hot chocolate and we turn off the air conditioning and prepare ourselves for the warmth coming from hearth fires and furnaces.

We are lucky to live in an area where God provides us with the joy of the changing seasons so that we can see how Creation mirrors our lives as humans. Physically, we begin our lives in much the same way as the flowers that bloom, the trees that bud and the animals that are born on our farms in the Spring of each year. We grow through

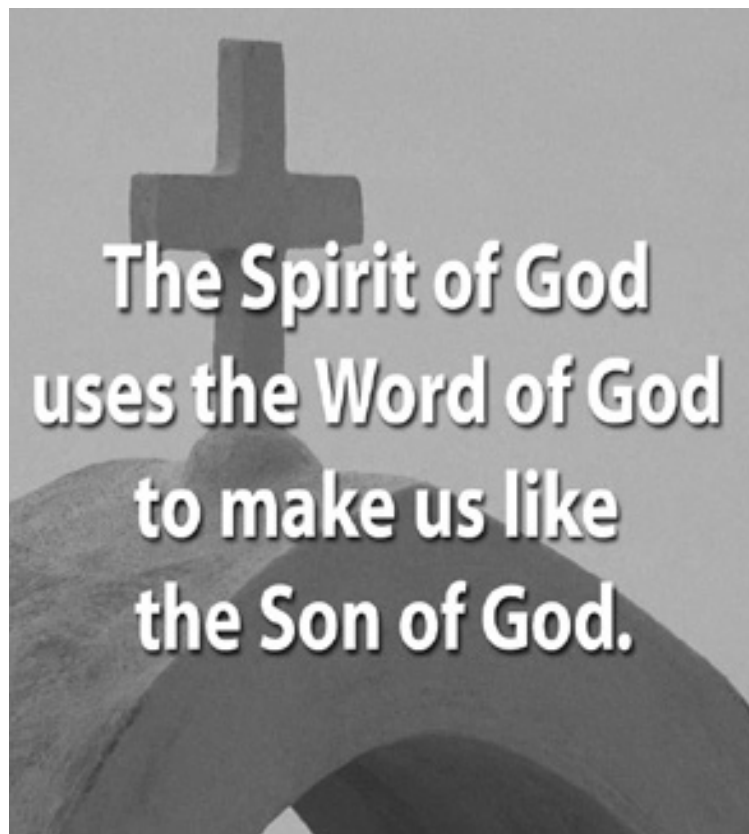
the Summer of our lives, changing, sometimes subtly but always steadily, as we transition through late childhood, adolescence and early adulthood. For many, Autumn is like middle-age. We begin to slow down and show the signs of aging, with our hair often silvering in the same way that the leaves of the trees change their colors, but many of us are actually at our most colorful and vibrant, just like those leaves in the trees around us. Winter will bring us further slowing of the body and the eventual transition from this life in God's beautiful earthly Creation to the glory of our Heavenly home yet to come.

Through God's Word in Scripture and through the blessings we receive, we are promised growth throughout life, but it doesn't always manifest through physical change. For us, it is also our spirits that grow from our early days as Christians toward a more mature understanding of our station in this world and our regard for our God. The Epistles are filled with references to spiritual growth. 2 Corinthians 9:10 tell us that our seeds for sowing and the harvest of our righteousness will be multiplied and increased by God. Colossians 1:10 promises that if we strive to please God, we will experience "bearing fruit in every good work and increasing in the knowledge of God." Hebrews 6:1 says, "(t)herefore leaving the elementary teaching about the Christ, let us press on to maturity, not lay-

ing against a foundation of repentance from dead works and of faith toward God." We are given the capacity to learn more about ourselves while at the same time learning more about what is required of us – to do justice, love mercy and walk humbly with God as we are admonished to do by the Prophet Micah. (Micah 6:8)

When we are children, we speak, act and think as children. When we are childish in our faith, we want everything explained to us in concrete terms of black and white. Moral attitudes are absolute and we need to be assured that life is fair and that everything is going to turn out all right. As we age in our faith we begin to understand that there are no absolutes and there are times when we will not understand why the world turns the way it does and why bad things happen to good people but we must place our trust in God that there is a plan at work that we may or may not be able to discern.

"Now for this very reason also, applying all diligence, in your faith supply moral excellence, and in your moral excellence, knowledge, and in your knowledge, self-control, and in your self-control, perseverance, and in your perseverance, godliness." (2 Peter 1:5-6) We are called by God to progress through our lives from one experience to the next. Through diligence we are promised that our faith will grow. As our faith grows, we are made more aware of the ways in which our lives reflect the moral nature of our inner being. Through reliance on the moral excellence that we achieve we grow in knowledge. But knowledge is just



one step in the process and knowledge doesn't always equate to wisdom. If we cease to develop and grow when we attain knowledge we have only run half of the race that God has set before us. For it is through our immersion in and our embracing of knowledge that we discover the roots of self-control. Self-control means holding back on occasion when we would rather lash out. Self-control means exhibiting the love that God has for us in the ways in which we react to others when we would rather complain and cry like little children. Self-control teaches us to persevere in such a way that we move more closely toward a sense of being like God.

The spiritual growth we experience throughout our lives provides us with the courage to reach out to others who need our assistance. We are inspired to feed

the hungry, clothe the naked, visit the infirm and the captive and proclaim the Good News of the Gospel story to all who will listen. We are encouraged to look more deeply into the hearts and lives of those around us and assess their needs, regardless of whether we feel they deserve for those needs to be met. Maturing in our walk with our Lord challenges us to think about our fellow human beings with a more gracious heart and with more compassion.

As the weather changes around us, we need to remember that we are called to be ever-changing throughout our lives as we move to a closer understanding of who we are meant to be in God's world. Each experience builds on the ones before to create in us a deeper connection to God as we grow in our faith and in our spirits. Welcome to Autumn! Embrace the change that you see around you as you watch for and engage with the change that is happening in your own faith and spiritual development. And God bless each of you!

*To learn more about Incarnation United Church of Christ visit them online at [www.emmitsburg.net/iucc](http://www.emmitsburg.net/iucc) or better yet join them for service on Sunday morning at 124 West Main Street, Emmitsburg.*

**FALL FEST DINNER**  
**October 8th - 12 to 5 p.m.**  
 Fancy Table - Served Family Style - In Parish Hall  
 Fried Chicken, Country Ham, Chicken & Ham Pot Pie,  
 Green Beans, Harvard Beets, Pepper Slaw,  
 Apple Butter, Rolls and Cake.  
**ADULTS: \$16 CHILDREN (7-10): \$7**  
**CARRY-OUTS: \$17 QTS. OF POT PIE: \$6**  
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**St. John's Lutheran Church 301-304-2507**  
 8619 Black's Mill Rd., Creagerstown Or Visit Us At: [www.emmitsburg.net/sjc](http://www.emmitsburg.net/sjc)  
(Take 15 N. or S., get off at Thurmont exit and follow Rt. 550 to Creagerstown.)  
 (Take 194 N. or S., turn onto Rt. 550 at Woodsboro to Creagerstown.)

**Trinity United Church of Christ's 3rd Annual Veterans Day Service and Recognition**  
 Special Recognition for those serving and those who have served! To participate call 301-271-2305 to indicate your interest and your service information for your recognition. Please RSVP by November 1st.

  
**Emmitsburg**  
 Community Bible Church  
[www.emmitsburgcommunitybiblechurch.com](http://www.emmitsburgcommunitybiblechurch.com)  
**Worship Time: Sunday 10:00 AM thru 11:30 AM**  
**Location: Emmitsburg Elementary School**  
**300 South Seton Avenue,**  
**Emmitsburg, MD 21727**  
**Office Phone Number: 301-447-6565**

**Christ's Community Church**  
**Connecting God and Community!**  
 303 West Lincoln Avenue, Emmitsburg  
 (Next to the town pool)

  
**Ladies come out for "Damsels In Devotion" October 8th at 9 a.m.**  
 Light refreshments, fellowship, prayer and devotional every second Saturday.

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John Talcott Senior Pastor  
 Dana Talcott Children's Ministry

# A Halloween tale



Try as we might, we were unable to come up with a suitable image for this article, so we settled on the cover of Brown's Optical Illusions, one of the hottest books in 1864. The text was an optical illusion collection that conjured ghosts through a simple trick of the eye. Robert Chambers' Book of Days also happened to be published that very same year.

There is perhaps no night in the year which the popular imagination has stamped with a more peculiar character than the evening of the 31st of October, known as All Hallows' Eve, or Halloween. It is clearly a relic of pagan times, for there is nothing in the church observance of the ensuing day of All Saints to have originated such extraordinary notions as are connected with this celebrated festival, or such remarkable practices as those by which it is distinguished.

The leading idea respecting Halloween is that it is the time, of all others, when supernatural influences prevail. It is the night set apart for a universal walking abroad of spirits, both of the visible and invisible world; for, as will be afterwards seen, one of the special characteristics attributed to this mystic evening, is the faculty conferred on the immaterial principle in humanity to detach itself from its corporeal tenement and wander abroad through the realms of space. Divination is then believed to attain its highest power, and the gift of calling spirits 'from the vasty deep,' becomes available to all who choose to avail themselves of the privileges of the occasion. As recounted in the following story.

"A happy young couple resided on their own estate in a pleasant part of Ireland. Enjoying a handsome competence, they spent their time in various rural occupations; and the birth of a little girl promised to crown their felicity, and provide them with an object of perpetual interest. On the Halloween following this last event, the parents retired to rest at their usual hour, the wife having her infant on her arm, so that she might be roused by the slightest uneasiness it might exhibit. From teething or some other ailment, the child, about midnight, became very restless, and not receiving the accustomed attention from its mother, cried so violently as to waken the father. He at once called his

wife, and told her the baby was uneasy, but received no answer.

"He called again more loudly, but still to no purpose; she seemed to be in a heavy uneasy slumber, and when all her husband's attempts to rouse her by calling and shaking proved ineffectual, he was obliged to take the child himself, and try to appease its wailings. After many vain attempts of this sort on his part, the little creature at last sobbed itself to rest, and the mother slept on till a much later hour than her usual time of rising in the morning. When the husband saw that she was awake, he told her of the restlessness of the baby during the night, and how, after having tried in vain every means to rouse her, he had at last been obliged to make an awkward attempt to take her place.

"I, too,' she replied, 'have passed the most miserable night that I ever experienced; I thought I was dragged against my will into a strange part of the country, where I had never been before, and, after what appeared to me a long and weary journey on foot, I arrived at a comfortable looking house. I went in longing to rest, but had no power to sit down, although there was a nice supper laid out before a good fire, and every appearance of preparations for an expected visitor. Exhausted as I felt, I was only allowed to stand for a minute or two, and then hurried away by the same road back again; but now it is over, and after all it was only a dream.'

"Her husband listened with interest to her story, and then sighing deeply, said: 'My dear, you will not long have me beside you; whoever is to be your second husband played last night some evil trick of which you have been the victim.'

"Some months passed tranquilly away after this occurrence, and the dream on Halloween night had well nigh been forgotten when the husband's health began to fail. He had never been a robust man, and he now de-

clined so rapidly, that in a short time, notwithstanding all the remedies and attentions that skill could suggest, or affection bestow, his wife was left a mourning widow. Her energetic mind and active habits, however, prevented her from abandoning herself to the desolation of grief. She continued, as her husband had done during his life, to farm the estate, and in this employment, and the education of her little girl, she found ample and salutary occupation. Admired and beloved for the judicious management of her worldly affairs, and her true Christian benevolence and kindness of heart, she might easily, had she been so inclined, have established herself respectably for a second time in life, but such a thought seemed never to cross her mind.

"She had an uncle, a wise, kind old man, who, living at a distance, often paid a visit to the widow, looked over her farm, and gave her useful advice and assistance. This old gentleman had a neighbour, a prudent young man, who stood very high in his favour. Whenever they met, the uncle was in

the habit of rallying him on the subject of matrimony. On one occasion of this kind, the neighbor excused himself by saying that it really was not his fault that he was still a bachelor, as he was anxious to settle in life, but had never met with any woman whom he should like to call his wife. 'Well,' replied his old friend, 'you are, I am afraid, a saucy fellow, but if you put yourself into my hands, I do not despair of suiting you.'

"Some bantering then ensued, and the colloquy terminated by the uncle inviting the young man to ride over with him next day and visit his niece, whom he had never yet seen. The proffer was readily accepted; the two friends started early on the following morning, and after a pleasant ride, were approaching their destination. Here they descried, at a little distance, the niece retreating towards her house, after making her usual matutinal inspection of her farm. The first glance which the neighbor obtained of her made him start violently, and the more he looked his agitation increased. Then laying his hand on the arm of his friend, and pointing his finger in the direction of the niece, he said to the uncle: 'We need not go any further, for if ever I am to be married, there is my wife!'

"Well,' was the reply, 'that is my niece, to whom I am about to introduce you; but tell me, he added, is this what you call love at first sight, or what do you mean by your sudden decision in favour of a person with whom you have never exchanged a word? Why, sir, replied the young man, I find I have betrayed myself, and must now make my confession. A year or two ago, I tried a Halloween spell, and sat up all night to watch the result. I declare to you most solemnly, that the figure of that lady, as I now see her, entered my room and looked at me. She stood a minute or two by the fire and then disappeared as suddenly as she came. I was wide awake, and felt considerable remorse at having thus ventured to tamper with the powers of the unseen world; but I assure you, that every particular of her features, dress, and figure, have been so present to my mind ever since, that I could not possibly make a mistake, and the moment I saw your niece, I was convinced that she was indeed the woman whose image I beheld on that never to be forgotten Halloween.

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## COMMENTARY

## Words from Winterbilt

## The experts speak

Shannon Bohrer

I like knowing what's going in the world which is why I like watching the news. I understand that people don't trust the major news networks, but it's better and more reliable than my neighbors, well some of my neighbors. I find it very informative when the experts have diverse opinions, disagree and explain their opinions. Sometimes the right answer is not simple and sometimes it may not exist, but there are always a few experts that have an answer for everything.

Recently I was watching a news program and the host was interviewing a well-known expert on terrorism. The expert was one that I have heard before and offers very good opinions. The hosts questioned this expert on Obama's strategy in the Middle East related to terrorism and ask him to compare it to President Bush's strategy. The expert said that it was his opinion that history would say that President Bush went too far, and President Obama did not go far enough. My first thought was how does the expert define what is too far, and what was not far enough. My thought was that too far means you are creating problem(s) and not far enough meant you are not solving problem(s). Of course both are dependent upon an agreement - of what the problem is.

Thinking about this I thought about my career in law enforcement,

especially problems and how we often addressed them. When an officer is faced with a critical incident, they can only control their own actions. They can attempt to control the actions of an offender or a potential offender, but that is not always possible. However, when an officer's actions are critiqued they are often criticized for not controlling the offender's actions. It may seem strange but I see many similarities with our involvement in the Middle East - there are things we can control and things we cannot.

American law enforcement also tends to second guess itself when it deals with significant and tragic events. The ATF raid at Waco (the Branch Davidian compound) is a good example. When an event like this occurs, a group of experts is gathered to form a commission to study the event. The commission studies the event and then produces a report, often called a white paper. The white paper explains how the tragedy occurred, how it may have been avoided or minimized and what can be done for future prevention.

While white papers are very detailed in their analysis and offer an answer as to why and what we can do, they also have some deficiencies. The commission that produced a white paper on Waco did an outstanding job and produced a detailed account that contained very good suggestions, but possible deficiencies were not dis-

cussed. In this incident the Branch Davidians knew the federal agents were coming to the compound to arrest the leader. So when the federal agents arrived, they were ambushed. Within the white paper there is an assumption that if the Branch Davidians had not known the federal agents were coming, the shooting(s) would not have occurred. The assumption is logical, but not absolute. It is really unknown what would have occurred if the federal agents were inside the buildings - and then a resistance started? The Branch Davidians had weapons loaded and placed in every building. If the Branch Davidians actively resisted after the federal agents were inside the building(s), the loss of life could have been worse.

There are no policies or training that can guarantee compliance. Recommendations from any commission can be helpful and offer higher probabilities of less violence, but they cannot guarantee it. You can't guarantee what would have happened if the circumstances were different. You can say what you believe would have occurred, or even attach probabilities, but that is it.

When I heard the Middle East expert on the news tell the host that history would say that President Bush went too far and President Obama did not go far enough, my initial thought was we had been down this road before and it did not go well. If, and that's a big if, Obama had not withdrawn the troops from the Middle East, what would happened? The

answer is simple - we don't know.

In the Middle East, not unlike other issues, there are additional circumstances that create additional questions. The first circumstance is that President Obama was required to withdraw the troops from Iraq as the security agreement specified. The agreement was signed by President Bush before he left office. The only way Iraq would allow our troops to stay is if we agreed that they would be subject to their laws. At that time, there were talking heads and politicians that wanted the U.S. to re-negotiate that agreement. Iraq did not want to and the agreement was also signed by the U.N. Remember, there were multinational forces in Iraq since 2003, under the UN Security Council. That agreement was required to be renewed annually and had a set date for all forces to be removed by December 31, 2011.

But, for the sake of discussion, let's say that the agreement was re-negotiated and we did leave our troops in Iraq. Before we entered Iraq, Al-Qaeda did not exist in that country. Al-Qaeda entered when we created a vacuum with the war. Another important point is that ISIS was founded in 1999 by Abu al-Zarqawi, it was not created after we left, it was created before we entered. When we disrupted the balance of power in the region many of Iraq's neighbors had concerns that we would expand elsewhere. That is why Assad allowed open borders in Syria believing he was creating a deterrence - to keep us out. The Assad regime believed the fighters coming into Syria would go to Bagdad to fight the Americans, and many did. However, the open

border polices also allowed multiple organizations to gain a foothold in Syria, which is directly related to the current conflict.

For the sake of argument, let say we went back to Iraq to fight ISIS. Why would we think we can control an area of the world with multiple conflicts, multiple players and leaders in the area that can't control their own forces? If our history in Iraq and Afghanistan is taken into account, we should stay out. And that is the problem. Our military can only control what is controllable, the same way an officer can only control an offender, when the offender complies. The white papers created in the criminal justice communities that offer suggestions, are based on best practices from previous enforcement efforts. Do we have any best practices from previous engagements in the Middle East? The problem is not our military, it is the Middle East.

Possibly, we should be viewing the problem from multiple perspectives. Millions displaced, hundreds of thousands injuries and killed and no viable singular military solution that would resolve this war. While military action would be part of the solution, there also needs to be involvement all of the Middle East countries and the international community. The conflict is Syria and the Middle East is as larger than Syria, it is very wide spread, and it will take wide spread commitment to resolve it.

Too far and not far enough are still unknown, but it sounds good.

*To read past editions of Words from Winterbilt, visit the Authors section of Enmitsburg.net.*

## Common Cents

## Net debt

Ralph Murphy

The Transatlantic Trade and Investment Partnership (TTIP) is a proffered import-export treaty accord between the United States and what remains of the European Union (EU) collective trade organization. An early 1990's Transatlantic Declaration between the United States and Europe was a post-Cold War security accord that quickly took on economic issues as well. It lead to the Transatlantic Business Dialogue (TABD) of 1995 that sought decreased trade barriers between member nations. By 2013 the TABD had merged with the European American Business Council of 1997 to form the Transatlantic Business Community (TABC). There were over 70 private sector businesses represented and the goal was still general trade barrier reduction amid confusing cross national policies. The trade system then became dangerously eclipsed by illegal agents who stole or misdirected stored funds. These funds reflected over half of the world's working and stored capital. TTIP would have probably advanced those concerns. The world finance and trade links changed dramatically in 2008 as the Bank for International Settlements

(BIS) merged central bank assets of the member nations. This action included all of the major economies - effectively affording a "two track" finance system. There were extensive TTIP "table" or negotiating issues, but the accord was sidetracked in 2014 and will likely not be signed as it is due for review through 2020 and the EU is faltering. Vast amounts of conventional trade in goods and services would be affected with its passage. They would include investment at 2012 levels of \$2.102 trillion dollars from the EU to the United States and \$1.538 trillion US to the EU. The tangible goods reflected about \$500 billion total bilaterally, services another \$400 billion and the rest of the \$4 trillion was a non-service, foreign direct investment (FDI) money transfers across borders.

The TTIP sought "promotion of trade and multi lateral economic growth". The expressed objectives of TTIP would be afforded through "market access, specific regulation, and broader rules and modes of cooperation." The main focus was on lowering the already low trade barriers. Specifically the "tariffs or import fees and non tariff barriers as quotas, subsidies, customs decrees, or technical barriers" that would affect cross-Atlantic trade. If passed, it was estimated that TTIP

would affect about 2% of the total trade. It appears that the Basel, Switzerland-based BIS was able to undermine the treaty's spirit by sending the nation's working and stored capital abroad.

This BIS dealing also appears to have been reversed in the emerging markets of the BRIC alliance (Brazil, Russia, India and China) where there was almost no historic infrastructure for the capital inflow that the nations reported as earnings. They all have recently experienced recessionary pressures that, combined with political turmoil, has led to changes all the way to the top. China and Russia are now both increasingly erratic as to their defense concerns given military deployments to peripheral interests on a large scale. What's bad for the relatively primitive, commodity-producing BRICs - appears good for the real capital owners to include the American Treasury. It was effectively "robbed" by internal elements and BIS-access, internal and foreign agents. Clearly the Federal Reserve must have been concerned if not directly involved in the bank theft as with the "safe crackers" who sent their money out perhaps with an intelligence role.

While the money does appear released from the emerging markets it is less clear as to whether it

has been returned from more established or conventional ones - especially France's stored earnings reports. French banks are notoriously porous as corruption is a real problem there. Despite that - the now private sector banks are reported as among the top capital holders in the world. Paris-based BNP Paribas had over \$2.792 trillion in assets as the world's largest bank in recent dealings. Credit Agricole (for agriculture) was listed at \$2.236 trillion and Societe General at about \$1.59 trillion. BPCE followed at \$1.532 trillion. There are others that are holding hundreds of billions of dollars. BNP Paribas is majority owned by the Brussels government that "houses" the EU. It also has vast holdings for other nations such as Luxembourg.

That bank holding pattern is very similar to the Chinese that became almost impossible to project because of its earnings and product bases. It does imply an outside source is being accessed and the nations of the region - except for Germany - are too poor to afford it. German banks are more regional, except for the ECB, and that appears a drain on their earnings. Germany's GDP or national income ranks number 3 in the world behind the United States and Japan, but the banking interest does appear weak although its internal investment is strong. Whoever is behind the BIS "theft" of Treasury funds seems to carve a finance pocket in nations of very light resis-

tance and it implies internal elements of the Japanese, Americans and Germans are transferring the cash with inadequate oversight and suspect purpose. It may even be helping the failing EU given their direct bank links to the French - among others.

It has to be made clear that central bank funds cannot be pooled with those of competitors, or any others - as it is then often lost or misdirected and difficult to retrieve. Investment strategies and actions should be a private sector prerogative and that should be done by those with established expertise in the field. Regulatory functions are still needed as bankers are poor at self enforcement. Any investment must be measured by the objective of quantifiable financial gain as opposed to unquantifiable, political objectives.

The system works fairly well when disciplined experts work within a regulated framework with profit as their goal. It almost collapses with sharing of interest actions directly access corporate internal dealings as opposed to external actions for apparent reward. Given debt and dislocations - the EU is a failed merger of competitors and the BIS is very similar. The TTIP is too broad in scope to effectively assess varied trade interests by one trade standard. It must be neutralized as should other intrusive organs - in the interest of global growth.

*To read past editions of Common Cents, visit the Authors section of Enmitsburg.net.*

# The American Mind

## Is Clinton coming unraveled?

William Hillman

October is almost here. The most recent polls have the presidential race as a dead heat. Trump has the momentum. Each week his poll numbers eat away at Hillary Clinton's lead. The thought of losing seems to be giving Clinton's fits. Could she be becoming unhinged?

Clinton is being pulled under by an email scandal that won't go away. Added to the scandals are questions about her health and public gaffs insulting large segments of the population. (Public insults are supposed to be the sole domain of Mr. Trump.)

Hillary Clinton is proving herself to be an untrustworthy liar. From Benghazi, to her email scandal, her handling of classified and secret documents, selling access to the State Department, and recently there are question concerning the state of her health, if she is telling us the truth about her health.

Democrat Jerry Zeifman, a counsel and Chief of Staff of the House Judiciary Committee, who supervised Clinton on the Watergate investigation, fired the future Mrs. Clinton and said he refused to give her a letter of recommendation. He said she "engaged in a variety of self-serving, unethical practices in violation of House rules." Zeifman said that Hillary wrote a fraudulent legal brief, and confiscated public documents. Zeifman further said he regrets not reporting Mrs. Clinton to the appropriate bar association. (The above was taken from FactCheck.org)

With each new release of her emails she is revealed to be a cunning, lying, self absorbed, deceitful person.

She used the State Department as her personal fund raising tool. In what is known as a pay to play scam, Clinton, according to a UPI article on August 24, granted favorable access to the State Department for Clinton Foundation donations. From the article, "The AP reported that, according to an analysis of her personal calendar and contact information, 85 of the 154 meetings Clinton had with individuals who were not U.S. or foreign government employees were with foundation donors, a rate that calls into question whether donations to the Clinton Foundation were the cost of personal meetings and assistance from a powerful government minister."

She is like an old rotten onion, as you peel each layer you find more foul below. And when you remove all the bad, you are left with nothing but a pile of moldy layers.

It gets worse. In an effort to cover their tracks, the Clintons established another branch of their foundation, named The Clinton Giustra Enterprise Partnership in Canada, under whose laws names of donors cannot be released. An April 23<sup>rd</sup> New York Times article, "Cash Flowed to Clinton Foundation Amid Russian Uranium Deal" explains how her foundation received \$2.35 million in donations from the chairman of Uranium One. Then the company sold a significant portion of American uranium reserves to the Russian government in a deal that required the approval of Clinton's State Department.

If this was not bad enough there are rising concerns about her health. At a September 11<sup>th</sup> memorial, she had to be whisked away. First, her

staff said she was suffering from dehydration. Then later we learned that she suffered from pneumonia. Hillary Clinton has canceled meetings and fundraisers with little notice or explanation. Recently, she canceled a fund raiser in Chapel Hill, North Carolina at the last minute, her campaign giving no excuse. There have been rumors for a long time that she has health problems including Parkinson's disease.

It is not just that she might be very sick. The problem for me is she may be lying to us about it.

Gary Byrne is a former Secret Service agent who protected the Clinton family. The following are his comments corning the "fainting spell" of September 11<sup>th</sup> taken from his article published online in the Independent Journal Review, September 12<sup>th</sup> of this year. "Here's what was very disturbing to me: after the medical episode, she went to her daughter's apartment and not to an Emergency Room. Secret Service procedure for each detail dictates that everyone knows which hospital to go to depending on the event - heart failure, gunshot, you name it. It is very revealing that, whatever is wrong with her, she is being treated by her own private medical specialists in secret and, judging by the ballet-like reaction by her detail, they have dealt with this before."

Health should be a major concern this election. Mr. Trump will be 70 and Mrs. Clinton 69 on inauguration day. Mr. Trump is keeping to a very active schedule with a clean bill of health. Clinton, with all the medicine that money can buy, is having trouble keeping to a very light schedule. She is off the campaign trail more than she is on it. It begs the question,



does she really have the vigor to be President?

Mrs. Clinton's campaign trouble continues. The Fraternal Order of Police has endorsed Mr. Trump. Though the AFL-CIO endorsed Clinton, it was not without a fight, and many members are bucking their national leaders. Members of the building trades, strategic industries, minors and energy production workers, and industrial workers are sending strong waves that they will break with there leadership.

African Americans in the inner city are beginning to turn their back on Hillary Clinton. Not in large numbers, but in small growing numbers. Many see that things have only gotten worse over the last 8 years for urban African Americans. They don't believe Clinton will do anything for them. And frankly, as long as they vote in a block locked to the Democratic party, there is no need for the Democrats to do anything for them.

As is her modus operandi, she has taken to insulting those that don't

support her, calling them, a basket of deplorables, racists, hateful, xenophobic, and stupid. Since the start of the campaign she and her staff have spared no opportunity to label Trump supporters as stu

Once again she has gone to radical leader, Saul Alinsky's playbook. She can't defend herself and there is no excuse for her actions so she attacks and demonizes her opposition. This time her opposition is a large set of the American people. Let's see how demonizing them works.

If she wins, Clinton will make history. She may be the first pathological liar, who hates a big chunk of the American people, ever elected President. There have been far too many presidents who were deceitful, self absorbed, narcissistic, law breakers, but she is bringing that game to a whole new level.

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# Down Under

## Parting of the ways

Lindsay Coker  
Melbourne, Australia

*"We can either have democracy in this country or we can have great wealth concentrated in the hands of a few, but we can't have both."*

—Lois Brandeis, U.S. Supreme Court Justice (1856-1941)

There is no question that a large proportion of the American population is suffering from loss of identity. Wage growth and parity, poorer health, high levels of anxiety, lack of answers, all leading to frustration and anger. Most seem not to know the reasons for this, and simply want a return to the days when their labour and skills were valued, their aspirations realized for the most part, the education of their children was reasonable and coherent, and life was more than bearable.

They see that their government has become ruled by big business, has perverted democratic values, the super elite sucking the last drop of moisture from the plant of life, with bogeymen lurking in the shadows, ready to

pounce. The dream, having become nightmare, is confusing and cynical - with the one person who seems to be outside that camp promising, if not salvation, then revenge.

The things that accompany this, such as outright lies, the statements designed to shock, flimflam policies, and an appeal to xenophobia have been greeted with cheers; nothing is taken too seriously, because the picture is different enough from the establishment that it seems miraculous, like the Wizard of Oz, when turning a few levers, pushing some flashing buttons brought Dorothy back home, safe and sound with the wicked establishment witch dissolved in a bucket of water.

It would be nice if it were real, but Hollywood, the master of dreamscapes, is there to entertain, not enlighten. Reality, that sneaky thing, will not go away, and will not be ignored except by a few who have erected their own version. They remind me of the gods on Olympus, happy to be worshipped by the proles, fight and argue among themselves, send thunderbolts and hail, consign each other to

the netherworld, but who are so far removed from daily life that they truly do not know what is going on below.

You may have read of tipping points - they're often mentioned in the context of climate change - when a process cannot be reversed no matter the action taken. (Think trying to put the contents of a spilt glass of water back into the glass). Well, one of these has been reached in your society. When the tiny elite at the top have so much power and wealth that the base on which it rests starts to lean, it becomes a leaning tower - but unlike Pisa, it doesn't stop, but keeps going until society is prostrate. It leans because the foundations have become eroded, the weight on them so great that they ooze out, and, like melting permafrost, release their stored up toxins into the air.

Like Rome, the city of American life will not survive, but will fall to the vandal hordes in due course. Like Rome, the armies will be withdrawn, the gold, the jewels, the bounties will cease, and only ruins will remain for future generations to visit and marvel at. The invaders will not be democratic, will not value individual freedom as it once was, will impose their will while smiling a little freedom, and will take whatever they choose. The first to the firing squad will be the elite, and the hoi polloi will be glad of the

change, because any enemy of my enemy is my friend.

You don't believe it? Here's some facts and figures. Between 1979 and 2014 the per-capita GDP grew 77%, and productivity rose 75%. Over the last decade the wages of the bottom 80% of Americans has fallen or stagnated. Since the great recession of 2008 the richest 1% of Americans has seen 95% of the benefits of this growth. Larry Somers, former treasury secretary, points out that if the income distribution of 1979 was in place today, every family of the bottom 89% of the population would have \$11,000 more. Eight Americans made at least 10 billion in 2013. That's the amount 200,000 would have made between them.

As well, the Republican majority house recently voted to eliminate inheritance tax altogether, which will cost treasury \$250 billion over ten years, and is part of a one trillion tax cut they want. This is aimed at the richest elite, the likes of Paris Hilton who has never worked a day in her life. At the other end of the idiocy scale is the practice of certain municipalities to indulge in for-profit policing. By falling foul of some minor infraction - mostly speeding - police can remove your belongings and sell them, keeping the profit for themselves, still leav-

ing you with the fine.

The fall out from all this is truly appalling. For the first time in 100 years length of life is falling for the bottom 20%, not increasing; children's nutrition is worse, with enormous rises in diabetes and obesity, general education is so underfunded that it may not be possible to effectively teach, vital infrastructure is almost past the point of being repairable, and the list goes on and on.

America is rapidly taking on the style of a lower third-world country while maintaining the glitz of sales success. You may not see it, just as you are not be able to explain the rise of rebellion as shown by the trump camp. It may take a while for the edifice to crumble, but starving kids on one side of the street with gun toting plutocrats on the other is not going to let it last. The French didn't, the Russians didn't, and the Americans proletariat will not.

Ivory towers are no match for a people prepared to sacrifice themselves in the cause of justice. Your friends, who you have infected with the same virus, are not likely to demur. It is impossible to have democracy when wealth is concentrated in the hands of just a few.

Vale equality.

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## THE (retired) ECOLOGIST

# Aging with birds and grandchildren

Bill Meredith

*"Go placidly amid the noise and haste, and remember what peace there may be in silence."*

—Max Ehrmann, "Desiderata."

Resting on my desk before me is a small volume entitled *The Red Book of Birds of America*. It was published in 1931; I found it at a yard sale years ago, and I bought it because I had a copy of it when I was a small child. It has pictures of birds in color, and it is about the size of a 3 x 5 card, so I could carry it with me when I was playing outside. The pictures are not very accurate to my eye now; but when I was four years old, they showed strange, magical creatures like pelicans and flamingos, which didn't live in West Virginia. There also were many common species that I could find around our farm. I couldn't read yet, but I was a good observer, and when I found a bird that matched one of the pictures, someone would read the description to me. And I would remember.

Time passed. My original little red book fell apart, but by then I had

learned to read and gone on to bigger books. One of them was a Boy Scout manual, which had more bird pictures in it; they weren't in color, but they showed more accurate details, and I began to learn names of birds I had never actually seen. Eventually I took a course in Ornithology, where I was introduced to Roger Tory Peterson's *Field Guide to the Birds*. Until then, I had never appreciated how important hearing is. Anyone who tries to learn to identify birds discovers immediately that when you are out in their natural habitat, you almost always hear them before you see them; so being able to recognize their songs is essential. And you learn that most species have a sort of language that includes different sounds for attracting mates, territorial defense, warning of approaching enemies, informing others when food is discovered, and keeping the flock together when migrating. You could almost think of bird songs as a form of conversation.

It was probably in the early '90s when I noticed the first signs of hearing loss; when teaching a large class, I sometimes had trouble hearing questions from the back of the room.

That came about gradually, and I barely noticed it; but one day in the spring of 1993, on a walk to Toms Creek, I found that I could not hear Brown Creepers. They are very small brown birds that fly to the bottom of trees and creep up the trunk, picking insects from crevices in the bark and emitting high-pitched squeaks of a frequency just at the limit of normal human hearing. Birders always expect to find them in the spring, but they are so secretive that you almost always hear them first. I did not hear that bird; I saw it by chance when it crept into the view of my binoculars while I was looking at something else. I was only 60 then, but it was clearly a sign that I was aging.

There were other signs... most notably, the arrival of grandchildren. At the time, they made me feel younger; their energy and curiosity were contagious. We went on walks and saw birds, frogs, butterflies and flowers... but time accelerated, and they grew up. The youngest are now finishing college... and I am on my second set of hearing aids.

Grandchildren are a lot like birds... they grow up and move away, but periodically they come back. The hummingbird we had last year went to Central America for the winter, flying non-stop across the Gulf of Mexico; it came back on the 10th of May, and buzzed angrily around the kitchen window because I hadn't put the feeder out yet. Last week it went south again, along with the swallows, chipping sparrows and wood thrushes, leaving me with the hope that we all will survive another year. It will be a quieter place without them; it could be depressing if I allowed it to, but I take comfort in Max Ehrmann's "Desiderata." Silence can be peaceful.

On another level, our grand-daughter, Anne, flew off to China five years ago; she comes back every summer, although she doesn't stay as long as the hummingbirds. This year she spent a week at the beach with her parents, and then came to visit us for a few days.

When she was a child she would come every summer, and one of the things we always did was walk around Rainbow Lake through the woods; and that is what she want-



ed to do this year. In those former times there was no path, so we made our way through thickets and over fallen trees and old stone fences. I would not be able to do that now, but fortunately there is now a very nice bike trail that goes most of the way around the lake. So we did it, and it was exhilarating. It has probably been ten years since she was there last, but she remembered much of what we saw: the pawpaw trees, which have spread into several new places... the yellow poplars, now the largest trees there... the white and red oak trees that have survived gypsy moths and lumbering... the old beech tree that escaped the lumbermen's saw because it is so crooked and knotty. She was delighted when we found things that she hadn't seen before, like maidenhair ferns. When we encountered fragments of deer skeletons, she usually saw them before I did, and she quickly learned to distinguish cervical from lumbar vertebrae. And when we found that the little patch of peat moss was still there, it was like greeting an old friend.

We talked for hours every evening. Actually, it wasn't just talking; it was conversation, a rare form of communication in this day and age. The topics ranged from books we both have read in the past year, where she has traveled, how the Chinese and American political and economic news compared, what was going on in the family, the state of air pollution in China, how older people react to globalization in both countries, and

things each of us remembered from our childhoods. Each evening, when midnight approached I would realize that I had learned more than she had from our conversation. Years ago that might have been embarrassing; now it is a source of pride.

The few days went by too quickly; like the hummingbird, she had to fly back to China. Max Ehrmann said as we grow older we should learn to accept the things we cannot change, and I try to do so; but it isn't always easy. In this case, it helped that I recalled a verse by Leigh Hunt, an aspiring poet who lived in England about 175 years ago. He tried hard, but his ability did not meet the standard of greatness. Today, he is remembered mainly for a short poem called "Jenny Kissed Me," which he wrote in 1838 after meeting a young friend. It came to mind when Anne left. If you insert the name, "Annie," in place of "Jenny," you will know how I felt:

*Jenny kissed me when we met,  
Jumping from the chair she sat in;  
Time, you thief, who loves to get  
Sweets into your list, put that in:  
Say I'm weary, say I'm sad,  
Say that health and wealth have  
missed me,  
Say I'm growing old, but add,  
Jenny kissed me.*

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# IN THE COUNTRY

## Gourd times

Tim Iverson  
Naturalist

If one thing alone could effectively symbolize the month of October it would undoubtedly be a pumpkin. They haphazardly adorn our porches, serve as decorative centerpieces, and permeate the air as candles, deodorizers, and air fresheners. For one month pumpkin dominates our cultural pallet in the form of beer, coffee, donuts, vodka, soup, waffles, marshmallows, and more. Starbucks initially introduced the Pumpkin Spice Latte in 2003 and many market experts point to this as the dawn of the pumpkin spice explosion. Economic data from 2014 shows a whopping \$361 million in gross sales of pumpkin flavored products. What is it that sets this squash apart? A closer look shows that this really isn't a recent obsession, rather a resurgence.

Archeological evidence suggests pumpkins were first cultivated in Mexico sometime between 5500 – 7000 years ago. Pumpkins are a member of the gourd family and are closely related to zucchini, melons, and cantaloupe. The name pumpkin originally derives from the Greek word "pepon," which means large melon or gourd melon. The French and English later adapted this word into its modern incarnation of "pumpkin." They were widespread throughout the Americas by the time of European colonization and became a valuable staple in their diet. In 1630 a Massachusetts colonist penned a poem that read, "We have pumpkins at morning and pumpkins at noon, If it were not for pumpkins we should be undone."

Pumpkin beer may seem like a recent phenomenon, but early colonists were already imbibing the brew. Malt was expensive and hard to come by, but pumpkin flesh was a readily available substitute. Colonists also believed pumpkin had restorative healing powers. From the 17th to 19th centuries common folk wisdom expounded that pumpkin could be used to remedy a number of ailments. It was widely believed that by mashing and applying or by consuming pumpkin you could cure freckles, snake bites, urinary problems in men, and diarrhea or constipation in pets.

An average pumpkin can contain as many as 500 seeds. When you carve your pumpkin this season save your seeds. Clean them off and try adding salt, pepper, or seasoning and roasting them in the oven as they can make a great snack. The thick shell of the seed prevents the acids in an animal's stomach and intestines from breaking it down. This allows the seed to travel through the digestive tract and come out intact on the other end. This helps spread pumpkin seeds and spurs growth of new plants in new locations. Pumpkins start off green and turn or-

ange as they ripen. Just like leaves on a tree, their skin contain chlorophyll which allows the pumpkin to complete photosynthesis and create energy from sunlight. As the pumpkin ripens the green pigment fades. When the chlorophyll breaks down it allows the orange pigment, created by carotene, to emerge.

Halloween is the pinnacle of the month long pumpkin party and this is where they really shine. Jack-o'-lanterns have long been associated with Halloween. In Great Britain the tradition started out by carving out turnips and rutabagas, but when the tradition was exported to the American colonies pumpkins were used. The folklore surrounding jack-o'-lanterns varies from tale to tale, but generally holds the same throughout most stories. Legend has it that in Ireland lived a man named Stingy Jack. Jack was on the verge of death when Satan came to collect him and return him to Hell. Jack quickly asked Satan to buy him a drink before their journey and the Devil obliged him. When they were done Jack suggested that Sa-

tan turn himself into a silver coin so that he could pay the tab. The Devil enjoyed the mischievous notion and complied. Instead of paying with the newly transformed coin Jack instead placed the coin into his pocket, which also held a crucifix. The religious symbol prevented Satan from changing back. Jack demanded that Satan leave him alone for 10 years, and if he agreed he would release the Devil. Of course, Satan complied. 10 years later Satan finds Jack on a desolate country road and demands his due. Jack, thinking quickly, says he will return to Hell with Satan, but first asks Satan to climb up a nearby apple tree so that he will have something to eat for the journey. Satan agrees and climbs up the tree to retrieve an apple. While the Devil is in the tree Jack surrounds the base of the tree with crucifixes, which prevented Satan from coming back down. As before, Jack demanded that Satan leave and never take his soul into Hell. Without much choice Satan is coerced into Jack's demand. Shortly thereafter Jack dies and when he approaches Heaven God forbids his entry because of his sinful life. For lack of anywhere else to go Jack descends to Hell and begs for entry. Satan



For the month of October, pumpkin madness hits a fever pitch and then recedes until the following fall. Whether it's in the form of pie, ale, lattes, another food, or a scent, just make sure you thank prehistoric Mexican farmers and early Irish immigrants for what is truly an American tradition.

refuses because of the deal he had made and turns Jack away. He tells Jack that he will be forced to wander in the plane between good and evil. In order to light his way Satan tossed Jack an ember from the fires of Hell. Jack placed the ember inside of a hollowed out turnip to act as a lantern.

In United States Halloween didn't really gain in popularity as a celebrated holiday until the mid to late 19th century. As more English and Irish immigrants spread across the country Halloween became more popular. Pumpkin carving and Halloween festivities earned an honorable mention in an article from Harper's Young People in

1866, and by the 1930's was a well established American tradition. Today giant pumpkins are cultivated purely for competition and size. The largest recorded pumpkin weighed in at 2009 lbs.

For the month of October pumpkin madness hits a fever pitch and then recedes until the following fall. Whether it's in the form of pie, ale, lattes, another food, or a scent just make sure you thank prehistoric Mexican farmers and early Irish immigrants for what is truly an American tradition.

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## REAL SCIENCE

# Where our energy originates

Michael Rosenthal

Enclosed with my recent Potomac Edison electric bill was the periodic report on where the energy comes from and the nature of the resulting air emissions. The largest two sources of energy powering my computer as I write this column are coal at 36.58% and nuclear at 35.77%. It is good to see that nuclear energy, which has essentially no air emissions, is balancing coal, which has environmentally damaging air emissions. Gas produces 22.98% and oil produces 0.28%, neither of which is good for the environment. Renewable energy, consisting of captured methane gas, hydroelectric, solid waste, wind, and or other biomass, together add up to 4.36%. So while some progress is being made in using more environmentally friendly energy sources, there is still a long way to go.

Accompanying this information is the nature of the air emissions associated with the generation of this electricity. There is 1.61 pounds per Megawatt-hour of electricity generated for sulfur dioxide and 0.78 pounds per Megawatt-hour of electricity generated for nitrogen oxides. These gases contribute to acid rain. Then there is a whopping 1,014.29 pounds per Megawatt-hour of electricity generated of carbon dioxide, the greenhouse gas that

has the potential to contribute to global climate change.

We must continue to develop safe and environmentally less damaging sources of energy, but we have limitations. We can't depend on wind power when it is not a windy area or on solar power where it is too cloudy. Hydroelectric power is good near Niagara Falls, but one must have a source of water power nearby to utilize it.

Solar power has much potential. We are constantly now receiving solicitations from solar companies to install solar panels on our roofs, and some of my neighbors have done so. I have hesitated because of the uncertainty of effectiveness and of cost. There needs to be a more objective pathway to evaluate the effectiveness and cost-effectiveness of going solar to help people make good decisions.

In a shopping mall the other day I picked up a brochure entitled, "go solar and become a power house," since no one was tending the desk, and I would thus not have to submit to a sales talk. The brochure promised that you could get installation for \$0 down, it "guaranteed performance" and offered a warranty. The fine print told the story. "savings on your utility costs is not guaranteed." "Financing terms vary by location and are not available in all areas." "\$0 due upon contract signing. No security deposit required." "A 3 KW system starts at \$25-\$100 per month with

an annual increase of 0-2.9% each year for 20-30 years."

I would like to see government sponsorship of solar programs that would make it clear that it was a good idea for the particular location and that made the financial commitment clear.

Another topic of importance in connecting the world of science to the practical world involves the use of helium gas. You may recall seeing tanks of helium made available in shopping areas or at fairs for children to inhale for fun, making their voices high-pitched or observed its use in balloons that take off into the air.

Helium is element number 2 in the Periodic Table of the Elements, discovered in 1895. It is an inert gas, consisting of two protons and two electrons. It is colorless, odorless, tasteless, non-toxic, chemically unreactive, and has the lowest boiling point of all the elements. Liquid helium is used extensively in cooling, because of its low boiling point, and has been used historically as a lifting gas in balloons and airships. It has important usages now as a cooling agent in use of scientific instruments and medical imaging equipment. It is relatively rare on Earth, most of it formed from the radioactive decay of thorium and uranium; it cannot be synthesized. It can be dangerous as an asphyxiant, displacing oxygen, and occasional deaths from helium asphyxiation have been recorded. Since it cannot be synthesized and because of its important industrial applications, one has to have concerns about our potentially running out of helium. The good news here is that using a new technique, scientists have discovered reserves of helium in Tanzania said to be equivalent to seven times the amount of helium consumed yearly. It is theorized that intense heat from volcanic activity releases helium into ancient crustal rock, and it then accumulates in



The Calvert Cliffs Nuclear Power Plant, located on the western shore of the Chesapeake Bay in Calvert County, Maryland, produces 1/3rd of all the electricity used in Maryland with absolutely zero carbon or any global warming atmospheric emissions. The two reactors went on line in 1975 and 1977 at a total cost \$766 million. In 2009, Calvert Cliffs set a world record by operating for 692 days before shutting down to be refueled.

underground reservoirs. Today helium is recovered as a by-product of natural gas extraction, but a finite supply has led to prices being some 4 times as high as ten years ago. One very interesting possible use of helium is to cool superconducting magnets in the production of energy through fusion (such as in the hydrogen bomb!) as opposed to fission (as in the atomic bomb). Fusion has the potential to be the future's great supply of energy to our planet, but in that case, huge quantities of helium would be necessary.

Finally, let's get back to the great PCB issue in the Hudson River, which we have discussed in previous articles. This is the environmental issue that dominated my early years as a chemistry professor at Bard College in the Hudson Valley of New York in the 1970s. The fact that this issue is still ongoing indicates the severe impact that an environmental pollution issue may have. The General Electric factories that produced the PCBs for industrial use have long since closed, and the huge state and federally mandated effort to remove them from the Hudson River has been formally completed. But should it be des-

igned as completed? The New York State Department of Environmental Conservation (DEC) is pushing the federal government to consider whether General Electric's cleanup effort has been enough. Some three million cubic yards of contaminated sediment were removed by GE in the federally mandated cleanup, but the DEC has written the EPA that "unacceptably high level of PCB-contaminated sediment remains in large portions of the Upper Hudson". The area of concern is 136 or more acres of the Upper Hudson River, north of Albany. The state believes that the federal EPA allowed General Electric to declare mission accomplished too soon, and wants them to do more. Many environmentalists agree (including groups in which I was active in my days as an environmental scientist and activist in New York). In January, General Electric abandoned New York, moving their headquarters to Boston and demolishing its Eisenhower-era relic of a plant that produced the PCBs in Hudson Falls, NY. EPA is reviewing the situation.

The important point to be made here is that environmental impacts are often not easily repaired, even when the parties are willing. In this case PCBs were very chemically inert, and not thought to be environmentally damaging. But they are not biodegradable and thus last for thousands of years, destroying the food chain in the river by bioaccumulation, and thus making consumption of fish and other seafood dangerous. Don't eat any fish from the Hudson River! It also now appears that the PCBs have entered the soil through flooding, making crop cultivation in the area dangerous. Then there is the question of how much PCB migrated south along the Hudson River, and still may be doing so. General Electric did a terrible thing to the Hudson River watershed. They did it with permits, not knowing the damage they were causing at the time, some 40 plus years ago.

To read past articles by Michael Rosenthal visit, the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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# In search of pizza

Jack Deatherage

It started in Columbus, Ohio, in 1961. Dad brought a hand tossed pizza home, the first pizza I can remember. It had sardines on it, which fired up my appetite! Pizza was such a rarity in our house that we'd long since moved to Pennsylvania before I recall eating another one. That one probably came from The Palms in Emmitsburg, it was likely a frozen crust pizza. The others that followed were probably frozen crusts as well from Corny's Corner or the Ott House, each satisfying my lust for pizza, though they varied in flavor and quality. Those were American pizzas, thick crusted, loaded with sauce, cheese and meats.

Sometime in the mid 1970s, I was introduced to Italian pizza and everything changed! Luca's, a pizzeria in what was then called The International Village (over off the Old Gettysburg Road), was operated by two Italians who barely spoke English. Which worked out as "large pepperoni pizza" seemed to be all the Italian I needed to speak. They'd toss 18 inch rounds of dough so thin as to force me to use both hands to hold a slice. The pepperoni was perfect, setting a standard that no one else's cured meats have come close to. Luca's thin crust pizzas had thick, airy "handles" of crisp, tangy dough that was almost lost in the spicy, sweet, salty pepperoni. Gods, I'd lick the pepperoni oil that ran down my arms! (Luca's is long since closed, though my memory of the place drives my search for the perfect pizza!)

Stavros' pizza was the next offering to capture my imagination. Mr. Stavros' Greek pies were nothing like Luca's, though the crust "handles" came very close. I took to patronizing Stavros on Fridays, just as his ovens were reaching the proper temperature. As Mr. Stavros seemed to enjoy my asking questions about his business and his pizza in particular, we'd talk for as long as it took my order to finish. I

allowed I'd heard he was a tightwad and forced everyone that worked for him to follow his strict instructions on how each menu item was to be prepared. He laughed and politely set me straight.

"Do you like my pepperoni pizzas?"

I allowed they were my current favorite. (He later convinced me to try a stromboli, which caused me to stop eating pizzas for several years! His stromboli set a standard no one has come close to since.)

"Would you expect them to be the same each time you ordered one?"

Well, yeah.

"Then each employee must make the pizza exactly the way the first one you ate was made. That means they must stir the sauce before ladling it onto the dough. They must use only two ladles full. The same with the cheeses and the other toppings. Everything must be the same as that first pizza you ate."

Duh. Even I understood that.

Sadly, I could never get Mr. Stavros to provide the barest hint as to how he built his pizza dough. (He wasn't the first, or the last, to deny me that tidbit of information.) Sadder yet, once Stavros no longer ran the restaurant the quality of the food dropped below what I thought was acceptable and I went back to hunting the perfect pizza.

From Biglerville to Frederick, from Taneytown to Hancock I've sampled pizzas offered in many of the shops that have come and gone (gone as far as I'm concerned) during the last 45 years. Some I continue to patronize, such as No Anchovies in Taneytown, and others I've happily not darkened their doorways twice. (Continuing the sadness theme, several excellent pizza shops have closed, Snugs in Frederick and The Red Door in Thurmont. Both made some of the finest subs I've eaten as well!) Of those shops I tend to patronize, I still try to discover the secrets of what draws me back to them.

Sometimes it's the tomato sauce, sometimes the cheese, often it's the owner and the hired help. But it's never because they share hints of their dough recipes, other than Tim at No Anchovies. He buys his dough from a dough company in Baltimore, if he's telling me the truth, which I'd not blame him for if he weren't.

Lately I've been studying Giuseppe's pizzas. Giuseppe owns Pizza Leone, a few miles west of town out on the Waynesboro Pike. I almost didn't try Pizza Leone because one of DW's clan said the food wasn't very good. Fortunately, I remembered DW's people tend to be even more limited in their tastes than I am and one of my own clan (she works in one of the area's restaurants) said Pizza Leone wasn't bad. So I ordered a pizza. Well, I've ordered several.

Does Pizza Leone make the best pizza I've ever had? Nope. It is a pizza I've grown into however. Or perhaps I've grown enough to appreciate the pizza? What Giuseppe offers is a pizza new to me. Which provides me yet another clue as to the perfect pizza. In this case the clue is Giuseppe himself.

When I mention I'm reading a pizza book written by a West Coast bread builder, Ken Forkish, who journeyed to Italy to learn how the Romans, Milanese, Venetians and Neapolitan build their dough, Giuseppe asked what I had learned. So I began rattlin' on about higher salt ratios to slow the ferment which should take no less than 10 hours at room temperature, and possibly as long as 24 hours! Yeast measured in fractions of a quarter teaspoon. (Counting grains of active dry yeast would be an easy way of measuring the tiny quantities needed.) Dough hydration in Italy is in the 50 to 55% range because the pizzas are being baked at temperatures over 700 Fahrenheit! (American home ovens rarely reach beyond 500F and require a wetter dough of around 65% hydration to sustain longer baking times in the cooler ovens.)



In researching this article, Jack joined the staff of the University of Harney which is engaged in cutting edge research on creating the perfect pizza.

Everything I was mentioning got a nod of agreement from Giuseppe. When I reached the flour the Italian pizzerias use, a "00" from a company in Naples, Giuseppe exclaimed, "That's the flour I use. I have it imported from Naples!"

Wow! I never expected this. I've just been told what flour a professional pizzaiolo uses! And beyond that, he tells me what percentage of "00" flour he uses, though he doesn't mention which "regular" flour he mixes with it. (Some things must be discovered through one's own efforts. Besides, Giuseppe's recipe wouldn't work in my home oven. His brick oven

gets much hotter!)

I'm nearly swooning from the kitchen heat (though it may well be from suddenly gaining knowledge about pizza building from a pro) when Giuseppe offers to sell me some of the "00" flour at his cost! That snaps me awake! I can buy a 5-pound bag of "00" flour from the same company he gets his flour from for just about the same price he'd sell me a 50-pound bag!

And the search for a perfect pizza moves an unexpected step forward!

To read other articles by Jack Deatherage visit the Authors section of Emmitsburg.net.



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## PETS

# The trouble with Tribbles

Jennifer Vanderau  
Cumberland Valley Animal Shelter

I've recently discovered a wonderful channel on television called MeTV. Now, it will certainly show my age, but they have programs from my childhood and it never ceases to fill me with a warm, wonderful nostalgia.

Sci-fi Saturday on MeTV is one of my favorites. There's Star Trek, the Original Series, and they even have Wonder Woman starring Linda Carter (who is still crazy attractive if you ask me) and I can't help but sing that theme song every time I hear it.

(True confession: I actually downloaded the song from iTunes, but that's a revelation for another day.)

So, Star Trek is a show just full of nostalgia and the beeps and colors of the bridge of the Enterprise never fail to take me right back to my childhood.

My pop is a Trekkie of old. He's always been a big fan of Kirk, Spock, McCoy and the crew. During summertime lunches when we were young, he'd make us test his Star Trek knowledge by reading questions from a quiz book. He did surprisingly well and still, to this day, can come up with episode titles relatively quickly.

And he wonders where my TV obsession originated. Real head-scratcher, there, pop.

We still will sometimes go around the table and see if we can name all the episodes that are a question (Who Mourns for Adonais?, What are Little Girls Made of? and the like).

Needless to say our dinners are certainly exciting. Well, they would be if you are one of the guys from the Big Bang Theory, anyway.

Well, MeTV shows Star Trek every Saturday at 9 p.m. I must confess (and I don't think it's the nostalgia talking), I really enjoy Mr. Spock. I just think he's so incredibly cool. He's always so unruffled under pressure and comes off with his trademark, "Fascinating." Love him.

One of the episodes I really remember is "The Trouble with Tribbles." It's actually a humorous piece that centers on these balls of fluff known as

Tribbles. It quite literally looked like the prop department bought cheap rolls of fur and fashioned them into balls. OK, the special effects are somewhat painfully dated in the age of block buster special effects movies like Transformers, but what can I say? I still think it's a fun show.

So Lieutenant Uhura brings a Tribble onto the ship as a pet. Turns out that apparently, according to Dr. McCoy, "These things are born pregnant." Soon, the Enterprise is simply overrun with Tribbles.

Despite the fact that this is a science fiction show, the similarities between these little balls of fluff and actual animals is quite amazing. Go with me for a minute on this one.

First of all, it sure seems like these Tribbles could use a good trap, neuter, release program. Sometimes with the cat population, it can seem like they are "born pregnant" like the Tribbles. In fact, one female and one male cat in ten years time can make literally millions of offspring. It's quite easy to get overrun with cats, just like Tribbles.

At the Cumberland Valley Animal Shelter, we have more than 230 cats in our care at the moment, so we definitely know what it's like. If you or anyone you know would be interested in adopting a feline, now is definitely the time to stop out.

We work hard to help all the cats and kittens we can. In fact, we have cats where we shouldn't have cats – the grooming room, the treatment room, the back offices, even the dog kennels! No joke!

This is a rough time of year for cats – yes, even October – and especially with the warmer weather we've been having. The cat couples are out having lots of fun instead of focusing on keeping warm. If you are feeding stray cats, please, please make sure they are spayed and neutered to help control the population.

Speaking of cats, when the Tribbles are happy, they emit a soft trilling sound – very similar to the purr of a cat. One of the funny parts in the show was when Spock summarized that the sound is pleasing to humans and can create a sense of peace and contentment – and we discover

that he, himself (even being half Vulcan), is not immune to their charms.

Studies have shown that animals can reduce stress in their owners. Whether it's the rumble of your cat purring in your ear, seeing your dog wag his tail for you, or stroking your pet's fur, the problems in your life can ease for a moment by spending time with an animal.

It turns out these little Tribbles are also quite perceptive – just like our canine friends. Tribbles really can't stand Klingons, who are the reputed "bad guys" on the show after all. No wonder the little bundles of fur don't enjoy them.

And I've discovered in my travels that dogs can be very intuitive when it comes to the basic nature of people. Sometimes a dog's sixth sense can act as a barometer. I will never forget the day I had a black lab from the shelter at pet therapy. She was super sweet and just loved everyone she met.

That is, until we turned a corner. As we walked down the hall, a man whom I had never seen before and haven't seen since was coming down the other side. That dog hit the ground and absolutely covered behind me despite the fact that the man didn't say a word to her.

In my mind, I couldn't help but wonder what she sensed in that stranger that I didn't know. Definitely reminded me of the Tribbles' instinctive reaction to a Klingon.

Fascinating (thank you, Mr. Spock) what an evening of channel surfing can bring about, isn't it? How many other times in your life do you find life reminding us of the value and importance of our four-legged friends?

Jennifer Vanderau is the Director of Communications for the Cumberland Valley Animal Shelter and can be reached at [cvascomm@cvas-pets.org](mailto:cvascomm@cvas-pets.org). The shelter accepts both monetary and pet supply donations. For more information, call the shelter at 717-263-5791 or visit the website [cvas-pets.org](http://cvas-pets.org). CVAS also operates thrift stores in Chambersburg and Shippensburg. Help support the animals at the shelter by donating to or shopping at the stores.



Midnight is a nine-year-old black lab who was dropped off overnight in the outside kennels at the shelter. Don't let the age fool you. This guy still has a lot of spunk left! Because of his size and energy level, we're looking for a home for him with children older than ten. If you've got the right place for Midnight, please stop out and meet him. If you are interested in adopting Midnight, contact the CVAS at 717-263-5791.



Pinto is the dearest little bean you'll ever meet. This four-month-old little tortie girl is a ball of energy and fun. Pinto has the most expressive eyes and gorgeous coat. If you want to add some excitement to your life, Pinto just may be the girl for you! If you are interested in adopting Pinto, contact the CVAS at 717-263-5791.

Before humans die, they write their last Will & Testament, give their home & all they have, to those they leave behind. If, with my paws, I could do the same, this is what I'd ask...

To a poor and lonely stray I'd give:

- My happy home.
- My bowl & cozy bed, soft pillows and all my toys.
- The lap, which I loved so much.
- The hand that stroked my fur & the sweet voice which spoke my name.

I'd Will to the sad, scared shelter dog, the place I had in my human's loving heart, of which there seemed no bounds.

So, when I die, please do not say, "I will never have a pet again, for the loss and pain is more than I can stand."

Instead, go find an unloved dog, one whose life has held no joy or hope and give MY place to HIM.

This is the only thing I can give...  
The love I left behind.

-- Author Unknown



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# MSS's Blessing of the Animals

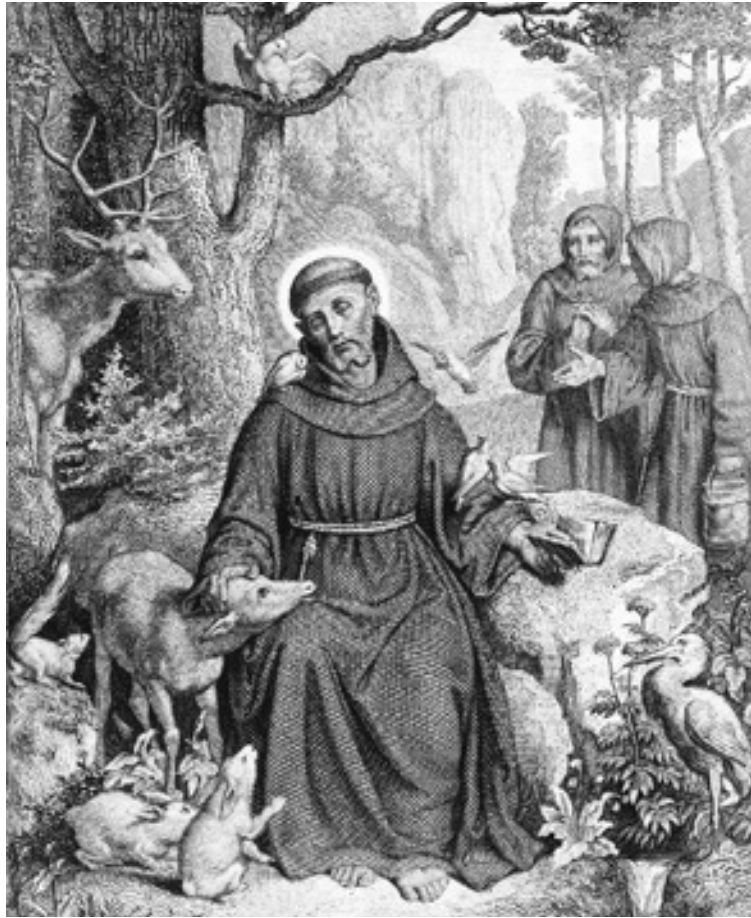
*Editor's note: Every year since the inception of this paper, I've failed to get out timely notice on the Mother Seton School's Annual Blessing for the Animals — this year is going to be different.*

On October 4, at 1:30 p.m., the staff and students of Mother Seton School invite the community to join them in their annual Blessing of the Animals. The blessing is an old Catholic tradition that goes back to the fourth century, MSS is one of the few Catholic schools in the state to host such an event. It is held on or near October 4 each year, in honor of the Feast Day of St. Francis of Assisi, patron saint of animals and the environment.

"It's a tradition that brings people together," said Mrs. Sheila Dorsey, teacher at MSS and event organizer. "It's a great community liturgy that our students, families, and many in the community look forward to each year."

Last year's pets receiving a blessing included ducks, horses, chickens, cats, dogs, and even hermit crabs were among the many creatures, both great and small, participating in the event.

Pet owners lined up around the circle in the front of the school and listened to a performance by Mrs. Dorsey's first grade class.



St. Francis of Assisi, patron saint of animals and the environment.

Students recited the prayer of St. Francis, and then Deacon John Martin of St. Peter's Catholic Church of Libertytown gave his blessing.

Deacon John Took care to bless each and every creature—even the

stuffed bears for the Kindergarten room—as he walked around the circle. Afterwards, pet owners had the opportunity to show off their beloved pets to the students as they walked around to visit with each one.

## A Prayer for Animals

Hear our humble prayer, O God, for our friends the animals, especially for animals who are suffering; for any that are hunted or lost or deserted or frightened or hungry. We entreat for them all Thy mercy and pity, and for those who deal with them we ask a heart of compassion and gentle hands and kindly words. Make us, ourselves, to be true friends to animals and so to share the blessings of the merciful. — Albert Schweitzer



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# THE MASTER GARDENER

## Hardy Geraniums

Mary Ann Ryan  
Adams County Master Gardener

This summer has been a difficult growing year, at least for me. The spring was great. Enough rain and cool temperatures allowed my garden to flourish, at least until July came bumbling in. Then things began to get ugly. At first, it was just another dry spell, nothing that the gardens couldn't continue to look good through. Then the rain continued to skirt around us and leaves on plants became brittle. Perennials developed brown margins on the leaves. Grass crunched as you walked across it. Stems of plants began to die back. All a gardener could do was hand water and hope for the best. The best a person could hope for by late August was to keep stuff alive, and who cared if it looked good anymore, as long as the roots were healthy.

However dry things were, a gardener quickly realized the benefit of the plants that tolerated dry soils. The perennials that often take back seats in a garden suddenly became the star. My star was the hardy geranium.

Hardy geraniums, unlike the annual geraniums (pelargonium), live for many years. They like semi-sun and well drained soils. The summer dryness has certainly stressed the plants in my garden, but it is one of the perennials that suffered

quite elegantly through the "no rain" season. Under a large zelcova, my geranium sanguineum still looks pretty good. The leaves are still hanging on, unlike my sad, sad anemones. The plants are beginning to turn a nice fall color, and little browning has occurred.

The geranium is typically used, not as a star, but as a grouping of plants that accent some other star. Acting as a groundcover, most of the hardy geraniums look great as understory plants, accenting focal points in the garden, highlighting taller perennials or tropical plants. They can be used successfully along beds as edging, or in the foreground, with something spectacular behind it or within it.

Ranging in colors from dark lavender/purple to white, the geranium is a tough and quite tolerant plant. They bloom from mid-May through June, depending on the species and range from 6" tall to 2'. Bonus: the deer seem to walk away from them, not bothering to even manage a taste.

Geranium sanguinum is one of the shortest species. Dark green foliage through the summer, the leaves turn a pretty red in the fall. Dark pink flowers cover the plant in the spring and sporadically bloom throughout the summer months.

Geranium x cantabrigiense 'Biovino' is also a low growing geranium,



Hardy geraniums, unlike the annual geraniums, live for many years. They like semi-sun and well drained soils, and do well during the hot days of summer.

reaching about 8" tall. This pretty little plant has pale pink flowers with darker pink streaks. I also grow this one in my garden. It, too, has proven that not all plants wilt without water! As most geraniums, it has created a nice groundcover and is now developing a pretty red fall color, complementing the orange fall color from its neighboring Lo-gro fragrant sumac.

A taller geranium, one that reaches about 18", is Geranium 'Rozanne'. Receiving the recog-

inition as "Perennial Plant of the Year" in 2008, Rozanne has become very popular in the industry. As with most geraniums, it is heat tolerant and has a nice red fall color. This particular selection is more mounded in habit and has lavender flowers in May-June, and will rebloom in late summer if cut back. It can stand alone in a garden, not relying on other geraniums to carry on its mission to accent something else. 'Rozanne' can become the spring and fall highlight.

Geranium 'Johnson's Blue' has been one of the most popular geraniums over the years. Well known for its large clear blue flower, it has become a staple in many gardens. It tolerates full sun, but does best in part sun. It is recommended that after the spring bloom, this plant is cut back to maintain a more compact habit. In my garden this plant gets floppy and open reaching about 12"-18". It blooms in June and would definitely benefit from a good hair cut in July.

One of my favorite geraniums is Geranium phaeum 'Samobor'. This plant has burgundy flowers and green foliage with dark markings. I have it growing in a shade garden with Heuchera 'Caramel' and the color combination of leaves is striking. The plants are relatively compact, about 12" tall with the flowers stretching above the foliage another 8", giving it a very airy feel when it's blooming. It's very easy to grow and is very happy in its moist but well drained locations.

Our native geranium, Geranium maculatum, can be found in the northeast and Midwest. They can reach 2' - 2 1/2' tall, and can typically be seen growing in a semi-shady to shady location in moist soils. They are long lived, as are most geraniums. The flowers are lavender and clusters are held loosely on top of wiry stems. We have this growing at the Agricultural and Natural Resource center since 2002 and it is still going strong. Although it can be a little floppy in a garden, it adds nice spring color in May, with texture from the lobed leaves through the summer and a nice red fall color. Although not easily found in garden centers, this plant is worth looking for to add to your woodland garden.

A selection of our native ge-

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# THE MASTER GARDENER

## Small Town Gardener

### Five smart moves for Fall

Marianne Willburn

Whether it's back to school, back to sports, back to work or back-to-back holidays, autumn can get a little crazy. At the same time our schedules are exploding, there's tons to be done in the garden, and less in the way of daylight hours to manage it all. If you, like me, are solely concentrated on putting out fires during the period between Labor Day BBQs and Thanksgiving travel arrangements, here are the top five garden blazes that shouldn't wait to be doused – the neglect of which can cost you money, or at the very least, another year in a holding pattern:

**The pot ghetto shuffle:** Most gardeners have a motley collection of potted plants that never made it into the ground, and whose tender roots must suffer through a cruel winter clothed only in black plastic. Whether you paid for it, swapped for it, inherited it, or outrageously palmed a cutting during a tour, each of those pots represents a plant that, at one time or another, was of value to you. Many of them might make it through the winter, but some won't.

Quickly go through your pots. If you've got borderline-hardy plants that didn't make it into the soil this season, it's probably best to wait for a spring planting – but make sure to cover them (pot and all) with a cover of mulch. Make sure that the drainage holes in zone-hardy plants are clear on the bottom of the pots and keep them in a sheltered location where they still receive the benefit of rainfall.

Personally, I feel enough shame in the acquisition – I certainly don't need to further complicate things with my conscience by letting them die before they ever get planted.

**The grim reaper walk:** Each fall, before the leaves have completely exited stage right and taken with them a prime means of identification, I walk around my property with a roll of bright pink plastic tape, marking shrubs, trees and awkward/dead branches that I wish to remove during the winter.



I also carry pink flags and a sharpie so I can mark the shrubs and perennials that need to be moved first thing in the spring. It's difficult to identify a mass of twigs and/or root crown in March – do it now and thank yourself later.

**The tool scan:** No matter how carefully I put my tools away, I have a husband and two children who find them, abuse them and lose them. Now that grasses and weeds have begun to die down and the temperature invites long, lingering strolls, it's a great time for me to have a look for precious trowels and yes, even kitchen knives that have somehow ended up half buried in random places around the house and barn. A winter lying on the ground will rust my best pruners, and when I find them in April I'll be forced to kill a member of my family and spend the rest of my life in prison. It's easier for everyone if I just find them in October.

**The spigot shutoff:** Timing is everything with this one. Although you may feel that you can sneak through until the beginning of December with your hoses fully charged, it only takes one or two freezing nights to add "plumbing emergency" to your long list of tasks in April. It's time to turn the water off people.

**The amendment question:** Fall is the time to work on soil pH if there's a need for it. If you are merely trying to change the color of your hydrangeas, then you can shelve this one for spring; but if

you are trying to make nutrients more available to your plants with a pH that is better balanced, adding ammonium sulfate (acid), or hydrated lime (alkaline) right now gives the soil several months to adjust.

Organic matter amendments are always terrific in fall, but if you're just putting out fires, this can wait until the early spring. Ditto applications of fertilizer that tend to leach out of the soil over the winter months. Whether autumn or spring – don't go by "what you feel to be right." Get a test at the hardware store and figure out what (and if) you need it first.

Prioritize your tasks to capitalize on the season and you'll feel much better about what you accomplished out there. They'll be plenty of opportunities to beat yourself up in the chaos that is spring – why add autumn regrets to that list?

Marianne is a Master Gardener who writes from Lovettsville, VA. You can read more at [www.smalltowngardener.com](http://www.smalltowngardener.com) or follow The Small Town Gardener on Facebook.

ranium is Geranium maculatum 'Espresso'. Selected because if its dark almost brown leaves, this plant has pink flowers that fade to white in late May. Just like the straight species, this selection prefers semi-shade to shade and moist soils. It adds nice texture with its strongly lobed leaves and brown leaf color to a shade garden, mixing great with hostas and ferns. This particular selection is one I'd like to add to my garden.

Geraniums are easy to grow, deer resistant, with very little disease and insect issues. I can't think of a more versatile plant group.

When the right plant is chosen, a beautiful display is the reward. These plants are very easily found at local nurseries and garden centers. Every shade of pink, white and blue can be found. Use them as ground covers or to mix in to your perennial border. Be diligent with sun and shade varieties for optimum growth and success. Geraniums have quickly become one of my top picks, and after you grow them, I'm certain they will be yours too.

To read other gardening articles, visit the Gardening section of [Emmitsburg.net](http://Emmitsburg.net).

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## COMMUNITY NOTES

# Graceham Moravian to celebrate 50 years of handbells



Members of the Graceham Moravian Church Bell Choir in the 1970s; Bells of Grace, Bell and History Days, 2015.



The Graceham Moravian Church Handbell Choir was founded in 1966 under the direction of the late Dr. James L. Fisher, and this October 23rd marks the 50th Anniversary of the first performance of handbells at Graceham Moravian Church.

The Graceham Moravian Church will celebrate this milestone with an Anniversary Lovefeast on October 23rd at 10:30 a.m. Bells of Grace will play “Christian Joy,” composed by Dr. Fisher; and “I Will Praise You, Lord,” composed by Mr. Jack Fisher, who will also direct the choir for the ringing of the piece. An Anniversary Choir, including several alumni of past choirs, will perform “Simple Gifts,” arranged by Dr. Fisher. For the first performance in 1966, Dr. Fisher led the first nine ringers in an arrangement of “O God Our Help in Ages Past.” A Moravian Lovefeast is a service of singing and sharing together a simple meal of Moravian sugarcake and a beverage. A luncheon will follow the service. The celebration is open to all.

Bells of Grace, the current bell choir, is directed by Ms. Linda Franklin. Since 2012, she has introduced the choir to a variety of new techniques and an expanded repertoire of music. Ms. Franklin, and many other ringers received their first experience and training in the art of handbell ringing as teenagers under the guidance of Dr. Fisher. Other directors include Mr. Jack Fisher, Mrs. Sandy (Blake) Sigel, Mr. Tom Fugate, Mr. Mark Long, and Mr. Morris Blake.

The Graceham Moravian Church Bell Choir began with a three-octave set of handbells, and over the years added two additional octaves, for a total of five octaves. In 2014, the congregation added a three-octave set of hand chimes, which are played by members of Bells of Grace, and by children participating in the Children’s Chime Choir.

In addition to playing for worship services several times a year at the Church, Graceham Moravian handbell choirs have performed at many churches in Thurmont, throughout Frederick County, and around the country. They have given concerts at a wide variety of venues including Moravian Music Festivals, the Weinberg Center for the Arts, Fairview Chapel, Knott Arena, and Catoctin Colorfest. They have played solo and mass-ring pieces for Frederick County Bell and History Days in Emmitsburg, and workshops and accompanying concerts sponsored by the Westminster Ringers. Most recently, Bells of Grace performed for the Catoctin high school 2016 Baccalaureate service.

Other performances of Bells of Grace for the remainder of the year will be the Thanksgiving Lovefeast on Sunday, November 20 at 9:15 am; the Christmas Concert on Wednesday, December 14 at 7 p.m.; and Christmas Eve services at 7 and 9 p.m., all at the Church. Graceham Moravian Church is located at 8231-A Rocky Ridge Rd. (Rt. 77) in Thurmont. All services are open to all.

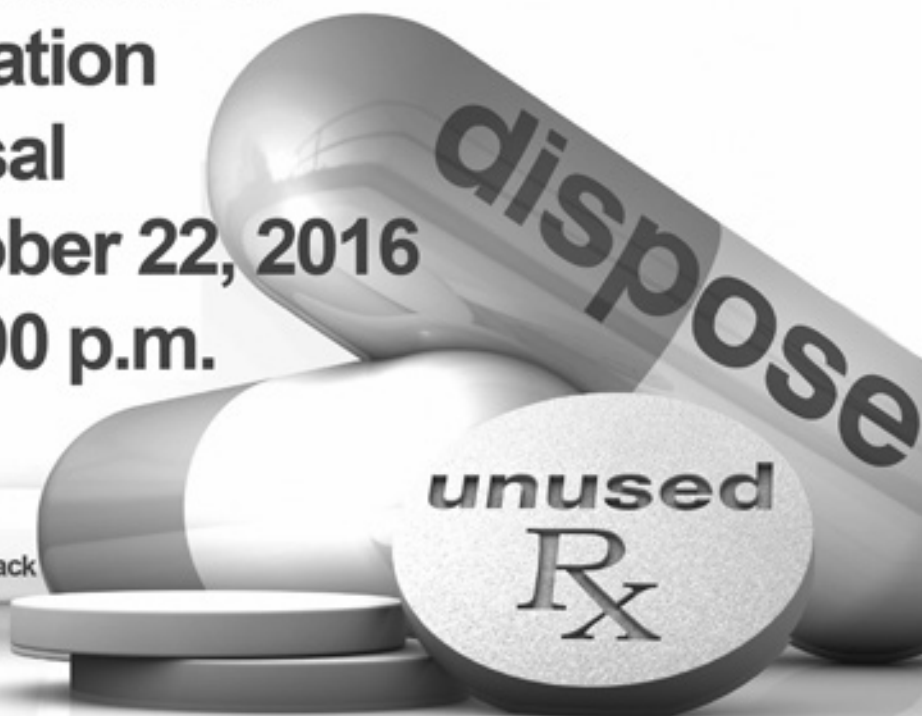
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# Get Your Pink On!



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BOLLINGER'S RESTAURANT, BLACK'S MORTUARY & CREMATION SERVICES P.A., BROWN'S JEWELRY & GIFTS, CATOCTIN BREEZE VINEYARD, CATOCTIN TUB & SPA, CATOCTIN VET CLINIC, CENTER OF LIFE MASSAGE THERAPISTS: ASHLEY, JUDI, TERESA & TONI, COUSINS ACE HARDWARE, CRISWELL CHEVROLET, CUDDLES CAT RESCUE, GATEWAY CANDYLAND & LIQUOR, GATEWAY FLOWERS, GATEWAY ORTHODONTICS, GLADHILL'S GOODIES, HEART & HANDS, HERE' CLYDES, HOBBS HARDWARE, INTOWNE BARBER, J. ROTHROCK OUTFITTERS, MOUNTAINGATE FAMILY RESTAURANT, SHAMROCK RESTAURANT, SPRINGFIELD WINERY & DISTILLERY, THE EYLERS FLEA STABLE, TIMELESS TRENDS BOUTIQUE, THURMONT BAR & GRILL, THURMONT BARBER & STYLING, THURMONT KOUNTRY KITCHEN, THURMONT REGIONAL LIBRARY, THURMONT SENIOR CENTER, TOWN OF THURMONT, TWICE IS NICE

Pink light bulbs are available at Cousins Ace Hardware & Hobbs Hardware.

Turn on your pink light every night from 6 p.m.-8 p.m.

Think Pink 5k Fun Run/Walk, Saturday, October 22. Register at [thinkpink5k.com](http://thinkpink5k.com) or at the Town Office.

Purchase your Think Pink Pinwheels at Cousins Ace Hardware, Hobbs Hardware & the Town Office.

Pinwheels will be placed on the lawn of the Town Office & Police Station to create a sea of pink!

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## HEALTH NOTES

# FRHS' Second Opinion Clinic

For patients diagnosed with cancer who have already seen a cancer specialist, the new Frederick Regional Health System (FRHS) Second Opinion Clinic offers world-renowned diagnosis and treatment options in Frederick County.

Earlier this spring, FRHS became the 14th Certified Member of the MD Anderson Cancer Network®—and the first and only hospital system in Maryland. Patients now have access to a multidisciplinary evaluation by FRHS's MD Anderson Cancer Network® Certified Physicians. All cases will be discussed with faculty from MD Anderson, the #1 cancer care provider in the country, before a final treatment recommendation is made.

"Many patients in our community currently travel to Baltimore or D.C. for such services," says Dr. Mark S. Soberman, an MD Anderson Cancer Network® Certified Physician and FRHS Medical Director of Oncology Service Line. "We hope to increase access to the expertise they

seek, while allowing them to remain close to home."

During the visit, the patient will work with a dedicated Patient Navigator and an MD Anderson Certified Cancer Specialist will offer recommendations, incorporating MD Anderson treatment pathways and guidelines, participating in network multidisciplinary treatment planning video conferences, and peer-to-peer consultations with MD Anderson faculty.

This is a purely consultative service. Patients who have seen a local cancer care provider are encouraged to remain with that provider when FRHS recommendations are consistent. When treatment recommendations differ, it will be up to the patient and their primary care provider as to where they receive their treatment.

"Our goal is to give more patients in this community confidence in the care that they are receiving here at home and minimize their need to

travel outside of Frederick for their cancer care," says MD Anderson Cancer Network® Certified Physician and FRHS Medical Oncology Director Dr. Patrick J. Mansky.

For more information about the Second Opinion Clinic or to schedule an appointment, call the FRHS MD Anderson Hotline at 301-418-6465 or visit [fmh.org/secondopinionclinic](http://fmh.org/secondopinionclinic).

The Care You Need—Here at Home

Our team at Frederick Regional Health System is committed to providing our community with the finest medical care. If you have questions about our oncology department, we urge you to contact us for more information. Our goal is to provide the care you need, close to home.

The programs and services within our oncology department include:  
 Center for Breast Care  
 Center for Chest Disease  
 Clinical Trials



CyberKnife  
 Frederick Urology Specialists  
 Intravenous Therapy Center  
 James M. Stockman Cancer Institute  
 Lung Cancer Screening Program  
 MD Anderson Cancer Network Affiliate  
 Oncology Care Consultants  
 Radiation Oncology  
 Second Opinion Clinic  
 Support Services  
 We also supply genetic counseling services, patient education, can-

cer patient navigation, cancer screenings, and annual educational cancer conferences.

Excellence in Cancer Care at the Frederick Regional Health System Regional Cancer Therapy Center

The Frederick Regional Health System (FRHS) Regional Cancer Therapy Center is located on West 7th Street in Frederick, across the street from Frederick Memorial Hospital. Our outpatient cancer care center provides the best possible care for our patients. We focus on providing a caring, helpful atmosphere conducive to our patients' well-being.

Our Regional Cancer Therapy Center is known as a state-of-the-art facility. We are accredited fully by the American College of Surgeons Commission on Cancer; Cancer Magazine named us one of the Top 100 Cancer Centers in the United States; we received the Outstanding Achievement Award for Quality Oncology Care from the American College of Surgeons Commission on Cancer; we are among the 22% of hospitals nationwide to have been recognized as a Comprehensive Community Cancer Program by the American College of Surgeons on Cancer; we received the American Society of Clinical Oncology (ASCO) Clinical Trial Participation Award; we've been chosen to offer over 60 research / treatment clinical trials each year, providing between 150 and 200 patients with access to new and exciting treatment options on an annual basis; and we have been named one of "America's Best Hospitals."

Frederick Regional Health System is the 14th healthcare system to be selected to join MD Anderson Cancer Network®, a program of MD Anderson Cancer Center. We are the only health system in the state of Maryland to become a certified member. This affiliation combines the best of what we do locally with the expertise of a national leader. Our cancer specialists have direct access to consult and collaborate with MD Anderson physicians when needed. We follow best practices in cancer treatment, prevention, early detection and follow-up care – as developed by one of the world's leading cancer care providers. Being a certified member of MD Anderson Cancer Network brings hope and a new standard of cancer care to our community. Through this collaboration, our patients can now benefit from two leading teams with one mission: to end cancer.

To learn more about the FRHS Regional Cancer Therapy Center, visit [fmh.org/cancercare](http://fmh.org/cancercare).

This October, join us in the fight against breast cancer at these upcoming breast cancer awareness events:

SATURDAY 10/1, BAKER PARK, FREDERICK —  
**Pink Ribbon 5k Run/Walk**

SATURDAY 10/8, FMH CRESTWOOD —  
**Pink Ribbon Fit Fest –  
 Dance Party with a Purpose!**

SATURDAY 10/15, COLONIAL JEWELERS, FREDERICK —  
**Pink Ribbon Gala**

WEDNESDAY 10/19, FMH CRESTWOOD —  
**FMH Breast Cancer Symposium**

For more information or to register for an event, visit [fmh.org/2016pinkribbon](http://fmh.org/2016pinkribbon).

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## Sewell's Farm pumpkin extravaganza!

Sewell's Farm in Taneytown just held their grand opening featuring some fun filled fall activities and the unveiling of their giant pumpkin during the weekend of September 24th. If you weren't able to make it to the grand opening, don't fret, because Sewell Farm will be holding these activities every weekend through the end of October!

Lori and Ronnie Sewell decided to do something a little different this year on their farm for the fall season which leads up to the beginning of their Christmas season. After some consideration, the Sewell's came up with the idea to construct a massive, larger than life pumpkin that you really need to see for yourself! The idea has been in the works since February of this year, and the construction and fabrication of the pumpkin took months to finish. Visitors will be able to walk inside the pumpkin house, which will be adorned with spooky characters and decorations in the true spirit of Halloween.

The Sewell's hope to build upon the pumpkin in the future, noting the potential for a second story within the pumpkin, and every year the theme within and surrounding the pumpkin will be different. Visitors will surely want to come back and make this experience a tradition every year to see

what the pumpkin has in store each fall. Lori Sewell also mentioned that the giant pumpkin may be in the running for the Guinness Book of World Records for the largest man-made steel constructed pumpkin! How exciting would it be to have the largest man-made pumpkin right here in Taneytown!

In addition to visiting the giant pumpkin and taking your fill of fun pictures in and around the massive structure, visitors will also be able to participate in other family activities. Get lost in the sunflower maze, a fun twist on the traditional corn maze. The approximately three and a half acre maze is sure to delight people of all ages.

Once you've made your way out of the maze, make your way over to the pumpkin patch to pick out your very own pumpkin. Sewell Farm has six acres of hand planted pumpkins, and there are 30 varieties to choose from. Pumpkins of all shapes, sizes and textures are available, so there is certainly a pumpkin for everyone!

From the pumpkin patch, you can participate in a farm scavenger hunt. Those wishing to participate will be given a list of items to locate on the farm, which are hidden in and around the Christmas trees. If scavenger hunts aren't quite your cup of tea, then how about you build your



While Sewell Farm's giant pumpkin is in the running for the Guinness Book of World Records largest man-made steel constructed pumpkin, it's the quality of their real pumpkins that makes this a must-do family outing!

own scarecrow? This activity is fun for kids and parents alike.

Before you leave, stop into the Christmas shop, which is filled with both Christmas and Halloween knick-knacks and decorations. Pre-picked pumpkins will also be available for purchase, if you aren't able to pick your own.

Admission to the farm is \$6, and includes the pumpkin house, sunflower maze, scavenger hunt and

hay ride to the pumpkin patch. The "build-your-own scarecrow" is an additional charge, but all supplies are included within the fee. Pick your own pumpkins are \$0.50 per pound.

Of course, once the fall season has commenced, Sewell's Christmas tree season will once again open. After a short break, Sewell's Farm will begin their Christmas season from Saturday November 19 to December 22, seven days a

week. Cut your own trees and pre-cut trees as well as Christmas decorations will be available.

Take some time this October and stop into Sewell's Farm for a fun filled day of fall activities for all ages. For more information on Sewell Farm, their fall activities, or their Christmas tree season, visit [www.sewellsfarm.com/](http://www.sewellsfarm.com/) or visit them on Facebook at [www.facebook.com/sewellsfarm](http://www.facebook.com/sewellsfarm).

## Taneytown plans new multi-arts center

RUST co-owners David Underwood and Justin Staudinger are excited to announce that a multi-art events space will be coming to Taneytown. Located just down the road from RUST, on 107 East Baltimore Street, the space will be home to monthly art exhibits and eventually art demonstrations of all kinds.

The idea behind the events space ties into the desire to continue promoting Taneytown, especially the vast array of "hidden" people adorned with all sorts of artistic talents. As one of the leader heads of the "Why TOWN" campaign, Underwood has been brainstorming ideas to continue promoting Taneytown in a positive light. The Arts Council in Taneytown had juggled the idea back and forth for some time about having a space for artists to work, but the idea fell through. So Underwood has rekindled the idea.

All the businesses, religious organizations, civic organizations, individual residents, and business owners within Taneytown have much to offer other communities, and are not always being recognized. Underwood noticed that there was no real "events" space in town, and felt as though the town could really benefit from one, especially to promote the local artists in town.

This space would allow local artisans of all kinds to meet in one location to showcase their talent to the community. Each month, a new art form or exhibit would be displayed for the duration of a week. So far Underwood has been contacted by wineries and breweries, pottery artisans, and even groups in Washington DC and Baltimore who are really interested in the idea of a space solely for showcasing mixed art forms.

Three months ago, when Underwood first began toying with the idea of an art space, he came in contact with a Taneytown resident named Ronnie Putman who was leasing a nearby venue space. After speaking to Putnam, and viewing the space for himself, Underwood decided that the space would be perfect for housing mixed art forms and showcasing the talent Taneytown has to offer.

In the future, Underwood would possibly like to open a separate coffee shop that would be attached to the events venue. Visitors could go buy a cup of coffee, walk into the gallery and spend some time there enjoying the art. Wifi availability is definitely something that is desired and in the works as well. In essence, the town needs a place for people to hang out in a peaceful environment where they can enjoy

the space while working.

He envisions the space as having some seating, and some industrial style tables/counters for art to be displayed, but also for visitors to utilize. Larger than life side by side black and white photos of some of the well-known businesses in town from the past versus the future would line the side walls of the space. As businesses grow and change, the photos will also undergo adjustments, showcasing the time line of changes within the town. These photographs alone will surely be a magnificent work of art to behold by visitors, as they will be able to view what the town used to look like, and how it has changed to what it is today.

The first exhibit, which will be held in November (date yet to be determined) will consist of a design house show. Taneytown has many antique stores, design stores etc. that are interested in showcasing a holiday themed house show. The first show will feature all local residents and businesses. One of the exposés will feature a local resident who will be making Christmas trees out of wooden pallets. Other holiday designs and decorations will also be featured. Other exhibits possibly in the future, as being discussed, include a pottery tour, photography exhibits, wine

and specialty foods, and paintings utilizing various media, just to name a few.

There are so many talented people in Taneytown whose art isn't known, but have a world of artistic abilities and stories about themselves and their art. This events space will allow them to come for-

ward and show visitors and residents what they have to offer while simultaneously promoting all the wonderful aspects of the town. Underwood is immensely excited to begin this journey, and looks forward to the grand opening. He hopes the space will be finished mid-October.



**202-445-1511**

**HOURS:**

Friday: 9 AM - 6 PM

Saturday: 9 AM - 5 PM

Sunday: 12 PM - 5 PM

Email: [justin.staudinger@rustbyjustin.com](mailto:justin.staudinger@rustbyjustin.com)

Facebook: Rust by Justin Staudinger

38 E. Baltimore Street  
Taneytown, MD 21787

## WWI NEWS REPORTS FROM THE FRONT

# Submarine warfare comes to America's shore

October 6

The Central Powers have gained a decisive victory over the Romanian invaders in central Transylvania. The Romanians were crushed between two forces in a battle that raged for three days. The defeat of the Romanians was brought about by a strategic move virtually impossible on the western battlefront. The German commander divided his forces. While one body engaged the invaders, another body circled behind them and seized the mountain passes through which the Romanians had advanced into Transylvania.

Both forces then pressed in upon the Romanians. The troops holding the passes checked the advance by a second Romanian army, which attempted to come to the aid of its surrounded compatriots. After suffering heavy losses, the first Romanian army fled in disorder into the impassable mountain country.

To the south, the bold invasion of Bulgaria by Romanian troops, which crossed the Danube late last week, has ended most disastrously with the Romanian forces being virtually wiped out as a result of an encircling movement by the Germans and Bulgarians. The Romanians broke in disorder dropping their guns as they ran.

On the Western Front, figures show that since the Somme offensive began, three months ago, the British have lost approximately 307,169 men. During September alone, the British lost almost 120,000 men. Considering the character of the fighting, the losses of the Allies on the Somme are considered low. German reports, however, point out that the large losses are all out of proportion to the ground gained.

English soldiers charging in recent attacks speak of their amazement at finding themselves crossing fields of sugar beets. They had at last made their way out of the desert created by the shellfire into a region where peasants were still growing their crops. In the new battle area, which is rich farming country, villages are largely intact, and appear almost as normal as those 10 miles back of the old trench lines on the British sides.

The fighting has become so open that cavalry patrols have been used. Though some of the riders had their horses shot from under them, and some horses foundered in the abandoned trenches, others carried their scouting nearly a mile beyond the infantry advance and brought back valuable information.

The British "tanks," which were used for the first time on the Somme front last month, "are a failure," the German overseas news agency says. One tank became hopelessly entangled in bob wire. Another tank was disabled by one shell, and the ammunition, which it contained, exploded, and it burned up. Another tank was blown up with a hand grenade when it approached a German trench. At the last moment its occupants dispatched a carrier pigeon from this modern Noah's ark. Only one of these land cruisers succeeded in crossing German trenches. It is the German

High Command's opinion that the British tanks will have no impact on the outcome of this or any future war.

Dispatches from the island of Crete indicate that the movement headed by former Prime Minister Venizelos had been by no means as successful as first supposed. The loyalists are offering stiff resistance, and small but important conflicts are reported throughout the island.

Those closest to King Constantine have expressed frustration that the Allies continue to show ill-disguised suspicion of the King's motive and sincerity, even after war virtually had been declared. King Constantine's closest adviser said: "if the Allies want Greece as an ally it would facilitate matters greatly if they would treat the King as a potential ally, and not as an actual enemy."

October 13

On Monday and Tuesday, German submarines off Nantucket Island sank nine ships. Allied shipping along the American coast has become alarmed and six British steamship companies have canceled their schedules until further notice.

The attacks took place about 10 miles from the lightship. The spot is right in the track of transatlantic shipping. According to some of the survivors, the steamers came within range of the submarine so fast that they could not all be sent to the bottom at once, and one had to be kept waiting, while another was disposed of.

It is believed that the ships were sunk by the Imperial German submarine U-53, which dropped anchor on Sunday in Newport Harbor. Almost before the officers of the American fleet of warships recovered from their astonishment, the undersea fighter had delivered a message for the German ambassador, and, weighing anchor, turned Brenton's Reef Lightship and disappeared beneath the waves.

The U-53 flew the black and white colors of the German Navy. A gun was mounted on the forward deck and another on the aft, while eight torpedoes plainly visible under the forward deck, gave mute insurance that the warship was ready for fight at the drop of a hat.

Lieut. Capt. Hans Roge, who hung up a new world record in bringing an armed submarine in battle array across the Atlantic, said he had called at Newport simply to mail a letter to the German Ambassador. He required neither provisions nor fuel and would be on his way, he said, long before the 24 hours during which a belligerent ship may remain within a neutral harbor had expired.

The submarine was within American borders a little more than three hours. Within this time the German commander paid an official visit to U.S. Rear Admiral Knight.

While formalities were being exchanged, wireless messages were being carried to the ships of the British and French patrol fleet off the coast and warning that a hostile submarine had slipped through their cor-

don and might be expected in the open sea soon.

The belief is growing that the U-53 is only one of a flotilla of German submarines gathered for attacks on vessels of the Allied nations and neutral ships carrying contraband of war. Their operations, so far as known, had been south and southeast of Nantucket Island and from 3 to 10 miles offshore in international waters. Officers of the U. S. destroyer Baich declared that they saw a German supply ship, and men on the destroyer Ericason say they saw several German submarines while they were picking up survivors.

Sixteen U. S. destroyers have been engaged in rescue work, and they have brought 220 survivors into Newport. The fate of many others is not known, but it is not believed that they lost their lives because all of them made it to lifeboats with ample provisions, and they have encountered no rough weather.

Shipping in ports along the New England coast has been held up to a great extent and vessels at sea are reported to be making for the nearest harbor. The sudden onslaught of the undersea craft had thoroughly terrified shipping interest engaged in the carrying of munitions of war and other ships not flying the American flag.

The bright moonlight on Monday gave the submarine a good chance to continue operations in the evening. She moved a little to the westward and soon after dark stopped a Dutch tramp steamer, bound for New York from Rotterdam. Supposedly, on the theory she was carrying contraband, the steamer was sunk after the crew had entered small lifeboats. Later, a Norwegian steamer bound for London was halted and sent to the bottom. Three other steamers were reportedly sunk several hours later. The British steamer Stephano was not torpedoed, as first reported, but after the crew and passengers had left her, three German sailors went aboard and opened the water cocks.

No legendary Flying Dutchman ever was the center of so much mystery or the cause of so much speculation or lived so true to the tradition of being the forerunner of maritime mishap as a German submarine U-53, which dropped so dramatically into Newport Harbor Saturday afternoon.



The German submarine U-53, off Nantucket Island, and the US Government's refusal to do anything about it, sent shock waves through the shipping circuits that were making money feeding the Allied war machine in Europe.

Shippers of munitions to the allies speculated uneasily as to the purpose and probable length of the stay of the undersea raider in the center of the great trading route from Atlantic coast ports to Europe.

It was not believed that the American government would take any immediate action on German submarine activities, but serious consideration is given to the question of whether attacks on merchantman so near the American coast do not constitute a virtual blockade of American ports.

It is assumed in Germany that the American government has no grounds for objection to the operations of the submarines in such proximity to the American coast, since the German warships are merely following the example of Great Britain and her allies, which have kept watch on the American coast for German merchant ships.

In a meeting with the German ambassador, it is understood that the President made it clear that while the American government had no intention of interfering with the legitimate activities of submarines, the US would insist on the strict observation of the pledges given previously by the German government not to

sink ships without warning.

Meanwhile, the Allies issued a proclamation stating that any place which provides a submarine with an opportunity for rest and replenishment of its supplies, thereby furnishes such addition to its powers that the place becomes in fact, through the advantages which it gives, a base of naval operations.

The Allied governments are thus of the opinion that submarines should be excluded from the benefit of the rules regarding the admission of vessels of war into neutral ports. The Allies further point out the grave danger incurred by neutral submarines in the navigation of the regions frequented by belligerent submarines. Noting that the Allies could sink an American submarine by mistake.

The claim of the Allies that the submarines are outlaws, brought up the question of whether the American government may be sued for damages resulting from the call of the U-53 at Newport before she started on her spectacular raid against commerce. Under the interpretation of the Allies, the position may be taking that Newport was made a base for operations which officials estimate already has



The U-53 slipped into the US Naval Base in Newport, Rhode Island undetected and casually tied up at an open pier. After departing Newport, the U-53 sank nine merchant ships. The British were outraged that most of the attacks occurred while the submarine was surrounded by American destroyers, but the US government claimed that the American ships had no legal right to interfere with these attacks and all they could do was rescue the sailors in the water. The U-53 survived the war having sunk 83 ships in total.

## OCTOBER 1916



**By October of 1916, soldiers involved in the Battle of the Somme began to openly refer to it as "hell on the Somme" and "useless slaughter." Thousands of Allied soldiers were slaughtered daily for advances measured in feet. On the Eastern Front, daily advances were measured in the tens of miles.**

caused at least \$6 million in sunk Allied shipping.

Any attempt to collect damages, however, would probably be most vigorously opposed by the U.S. government, which holds that a warship has the right to enter a neutral harbor, and that the U-53 was in no way attempting to make Newport a base.

It is the American position that the German submarine warfare off the American coast is being conducted in full accordance with the recognized rules of Cruiser Warfare. The Germans are not sinking ships without warning, and without making adequate provisions for the safety of the passengers and crews.

The large number of ships sunk is no doubt a result of the recent decision by an American court in the case of the British steamer Appam, which was awarded to her British owners after being taken into Norfolk by a German prize crew. Submarine commanders, therefore, have no option but to destroy merchantmen that cross their path, as the option to take them as war prizes has been removed.

Meanwhile, in Europe, heavy fighting continues on the Somme front, where the battle is described as being of tremendous violence. On the Eastern Front, the Romanians in Transylvania are retreating along the whole line.

Thursday was a sad day for the Greek Navy, which was forced to abandon their ships to the allies. Greek naval officers watch for three hours as their ships were towed away by allied tugs. The Allies took every precaution in case of resistance being offered. Russian battleships train their guns on the Greek fleet, while French torpedo boats, ready for action, cruised about.

In the morning, the crews were ordered to pack their personal belongings and quit the ships of which they were so proud. The ship's officers were the last to leave their vessels, taking with them their flags and the King's portrait, which adored every wardrobe. On the arrival of the crews of the abandoned ships in the capital they were widely cheered by the population.

## October 20

What the United States will do with regard to the German submarine raid off its coast is the theme of editorials of the European newspapers. They believe that the time for American isola-

tion has vanished.

The papers declare that Germany's next step will be to seek some favor from the United States, which may be a request for mediation, or possibly only a request for an effective protest against the British blockade of Germany, as a return for muzzling her U-boats.

The Spectator claimed that Germany has given America warning of what will likely happen unless the United States is prepared to declare that war has reached a point where it is dangerous for neutrals, and the war must come to an end. If the United States is willing to play this role, the Germans will hold her hands from an extra dose of unlimited submarine warfare the Spectator claims.

According to a German newspaper, German submarines will operate in the future in the western Atlantic. They will visit the well-known shipping routes around the eastern points of Nantucket Island and will sink British merchant men after giving the crew an opportunity to save themselves.

However, recent reports state that the British have ordered the arming of all merchantmen and may force Germany to take up a sharper submarine campaign. German officials wonder whether it is not England's intention to bring Germany into difficulties with America by its new measures, as it will be impossible for German submarines to continue to provide advance warning to merchantmen without risking their own safety. The requirement to provide advance warning is the cornerstone of the U.S. acceptance of the current German submarine warfare program.

On the Somme front, Allied forces are keeping up their unrelenting drive. Detailed reports about recent fighting on the Somme front show that the attacks between October 9th and 13th are to be reckoned among the greatest actions of the whole Somme battle. The Germans had thought it impossible that the violence of the Allied artillery fire in the great attack early in October could be exceeded, but nevertheless even these were surpassed.

The terrific hail of horror from the British and French guns did not succeed in reducing the German positions to such an extent that they could be stormed. French and British infantry in compact waves charging German positions were speedily

brought to a standstill by the German curtain of machine gun fire.

Notwithstanding their heavy losses, the British attempted one attack after another. All fail completely. German infantry left their shelter, and standing in the open, shot down the enemy columns with rifles and machine guns. The effect of German fire on the French and British was simply shocking. Whole columns of French and British were literally mowed down by the German machine gun fire. And in places where the fighting was fiercest, barricades of corpses were piled up.

All prisoners declared the casualties of the enemy, especially those of the British, reached an amount heretofore unknown. Reports of German troops fully confirm this. Prisoner state French infantry companies now number hardly 50 men. The commander of one company, in order to stimulate the courage of the troops, had alcohol distributed profusely among them before the charge. This fact shows better than anything else the real moral of the French troops. Prisoners speak of the attacks as "hell on the Somme" and "useless slaughter."

Since the Battle of the Somme began, more than one million British and French troops have been killed according to figures from Swiss sources. 90 fresh divisions, each with 19,000 men, were virtually annihilated, so that it was necessary to withdraw them forever. Three divisions disappeared completely during battle. 55 divisions, in consequence of their great losses, were able to engage in combat only twice, 15 divisions three times; only one was able to engage in combat four times.

Meanwhile, the Allies continued their slow usurpation of the Greek government, demanding control of the Greek police and a prohibition of Greek citizens from carrying arms. The railway stations of Athens and the City Hall have been occupied by French and Italian sailors, while British "Blue Jackets" with machine guns have been stationed in the municipal theater. The Allied powers have formally recognized the provisional government set up by former Prime Minister Venizelos and his followers in the island of Crete.

A review by King Constantine of the sailors belonging to the vessels of the Greek Navy, which were taken possession of by the Allies, was made the occasion of an immense royal demonstration, crowds paraded in the streets, holding life-size

portraits of the sovereign and wildly cheering for the monarch.

After the ceremony, the King assembled officers about him and addressed them personally, expressing pride that they scorned offers of money and have remained faithful to their country. He gave his word that he would stand by them to the end against whatever consequences their loyalty may bring.

When asked why he has changed his policy and opted not to support the Allies, King Constantine stated: "I prefer to lose my throne rather than endanger Greece. I am convinced that in 15 days Romania will cease to exist. If Greece went into the war then, after the conquest of Romania, the irresistible German forces would be directed against Greece and she would share the fate of Serbia and Romania."

## October 27

The past two days of blue skies and hard cold winds have resulted in a general drying of the ground in the Somme battle areas, again permitting activities. British troops have already taken advantage of the improvements. Advancing on a line of 5,000 yards on the Somme, British troops have pushed their line forward from 300 to 500 yards.

The battles on Monday and Tuesday were of the greatest violence. In order to break through at any price the British and French continued attacks in which strong forces were employed. In spite of their use of masses of troops, they suffered a heavy defeat. It is reported from the front that rows of dead are laying one upon another.

But, all military eyes are on the deteriorating situation in Romania, where striking hard against the Russian and Romanian line, Field Marshal von Mackensen has renewed successfully his offensive in Romania. Attacking along a 40-mile front, the forces of the Central Powers have made good progress almost everywhere.

On Monday, the Romanian fortress of Constanza was taken by the Germans. Constanza was one of the

principal objectives of Field Marshal von Mackensen in his campaign. It is a particular importance by reason of the fact that it is the eastern termination of the only railroad between the Black Sea and the Danube. It has been a seaport and railway entrance for Russian troops and ammunition sent to the aid of the Romanians, especially in munitions, of which the Romanians have been reported badly in need. The loss of Constanza is bound to have far-reaching consequences for Romania in carrying on her military operations.

The German drive into Romania from the south has pushed the Russian and Romanian armies apparently to the last possible line of resistance in interior Romania. On the north, pressure is also being applied by the Central Powers. As a result Romania is being crushed between the two jaws of the Teutonic military machine.

Field Marshal Von Mackensen's new campaign was begun only last week, when an offensive along the entire line from the Black Sea to the Danube was open. The earlier efforts of the Field Marshal were started soon after Romania's entrance into the war. It was notably successful in that it shut down the Danube with the capture of the fortresses of Turtukai and Silletria, but soon after it came to a halt. The opposing armies stood deadlocked for several weeks; while the Teutonic offensive in Transylvania was opened and the Romanians were driven back to their northern frontier passes.

The pressure from the south was then renewed and apparently, without a check by the Romanians, Field Marshal von Mackensen's armies have forced their way northward, advancing 20 miles a day, to within striking distance of the interior of Romania. One cannot escape the impression that on all the Romanian frontiers the defenders are greatly outnumbered, and all movements are in the wrong direction.

To read past editions of WWI News Reports From The Front, visit the Historical Society section of Emmitsburg.net.

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# HISTORY - CONFEDERATE RETREAT FROM GETTYSBURG

## The retreat through Fairfield

Part Three

John A. Miller  
Emmitsburg Historical Society

Part one of this series focused on the beginning phases of the Confederate Retreat from Gettysburg and the preparations, starting with the various wagon trains. Those vehicles used Cashtown Gap and Monterey Pass. Part one also focused on how Major General J.E.B. Stuart's cavalry was ordered to screen the right and left flanks of the Confederate army as it was retreating back toward the Potomac River.

Part two discussed the battles that occurred during the three days after Gettysburg. The Battle of Monterey Pass was fought on July 4-5, 1863. The Engagement of Leitersburg fought on July 5. The Engagement of Smithsburg was also fought on July 5. The Battles of Hagerstown and Williamsport, were both fought on July 6. This month, I will focus more on the beginning movements of the Confederate infantry as it retreated from Gettysburg, as well as the Union army and their pursuit of the Confederate army.

By July 5, 1863, the Confederate infantry was well on its way back to Virginia, marching on the Hagerstown Road. Lieutenant General A. P. Hill's Corps moved first to Fairfield. From there the advance units of Hill's Corps began marching into South Mountain at 8:00 a.m. Lieutenant General James Longstreet's Corps marched behind Hill's Corps. Bringing up the rear was that of Lieutenant General Richard Ewell's Corps. At Fairfield, Lt. Gen. Hill's Corps was the first to enter South Mountain via Fairfield Gap and Monterey Pass.

In today's terms, regarding the Hagerstown or Fairfield Road, Hill's Corps left Route 116 and marched onto Iron Springs Road. From Iron Springs Road, Hill's Corps marched due west on Gum Springs Road, which turns into Furnace Road on the Franklin County side. At the top of the South Mountain, Furnace Road became Maria Furnace Road, which connected at the Monterey Pass toll house, along Old Rt 16, west of Blue Ridge Summit. The Old Waynesboro Road, Charmian Road, and Old Rt 16 was known as the Emmitsburg and Waynesboro Turnpike during the Civil War.



It was down Fairfield's Main Street that the retreating Confederate army was able to reorganize into some semblance of the army that had crossed into the North in late June of 1863.

Iron Springs Road is a post Civil War road, and did not exist during the Civil War as many Civil Historians believe. It was expanded from the intersection of Gum Springs Road to the where the Fountaindale Fire Department is located currently, and connected there along Old Waynesboro Road. This area of Iron Springs Road was built when copper was discovered in 1868.

At Fairfield, many Confederate troops became bottle necked. To relieve the congestion, Lt. Gen. Longstreet's Corps would march along Jacks Mountain Road to the Emmitsburg and

Waynesboro Turnpike at Fountaindale. From there, they would march into South Mountain to Monterey Pass. Lieutenant General Ewell's Corps would move behind Hill's Corps on the Hagerstown Road.

That night, Longstreet's Corps bivouacked along the Emmitsburg and Waynesboro Turnpike. Major General Lafayette McLaws Division encamped along the eastern base of South Mountain. Major General George Pickett's Division encamped on the grounds of the Monterey Inn. Major General John B. Hood's Division, commanded now by Brigadier General

Evander M. Law, encamped in the area that the Monterey Pass Battlefield Park Museum is located, in addition to points west, down Old Route 16.

After marching up South Mountain, Hill's Corps bivouacked for the night. Major General Richard Anderson's Division encamped along the Maria Furnace Road near the Monterey Pass toll house. Brigadier General James Lane, now commanding Pender's/Trimble's Division, encamped along Maria Furnace Road. Major General Henry Heth's Division, now commanded by Brigadier General James Petti-



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# OBITUARIES

grew, brought up the rear.

Just at the eastern base of South Mountain, along modern day Iron Springs Road, was Lt. Gen. Ewell's Corps. Major General Robert Rodes's Division, followed by Major General Edward Johnson, and bringing up the rear of the Confederate army was Major General Jubal Early's Division.

Early the next morning on July 6, the Confederate army began marching. Lieutenant General James Longstreet's Corps would take up the lead as they marched down the western slope of South Mountain into Waynesboro, PA. Major General Lafayette McLaws's Division would take the lead down South Mountain along Old Route 16. Following behind would be Brig. Gen. Law's Division. Major General Pickett's Division was ordered to move along with Hill's Corps.

Lieutenant General Hill's Corps moved directly behind Longstreet's Corps. Brigadier General Lane led the advance of Hill's

Corps. Following behind was Brig. Gen. Pettigrew, followed by Maj. Gen. Anderson's Division. Bringing up the rear of Hill's Corps was Maj. Gen. Pickett's Division and Lee's Headquarters.

Moving up South Mountain and skirmishing with elements of the Union Army VI Corps was Lt. Gen. Ewell's Corps. His corps marched with Maj. Gen. Early in advance, followed by Maj. Gen. Johnson. Bringing up the rear of the entire Confederate army was Maj. Gen. Rodes's Division. The last Confederate soldier to march through Monterey Pass occurred at around 3:30 p.m. By that evening, the Confederate army is concentrated at Waynesboro, PA, as well as areas south of town toward the Mason Dixon Line near Leitersburg, MD.

By July 5, the Union Army of the Potomac, still located at Gettysburg, had received orders from Major General George Meade for their pursuit. Since the battle, they had been tasked with caring

for the sick, wounded, and burying the dead. Major General Meade ordered the II Corps to Two Taverns. Major General Meade also gave orders for the VI Corps, commanded by Major General John Sedgwick, to move behind the columns of retreating Confederates via Fairfield.

By July 6, the rest of the Union army began marching out of Gettysburg. With rumors of the Confederates entrenching on South Mountain, Maj. Gen. Sedgwick was ordered to leave behind Brigadier General Thomas Neill's brigade of infantry and Colonel John McIntosh's brigade of cavalry for a direct pursuit. They were to skirmish and disrupt communications, but don't get into a major battle. The rest of the VI Corps was ordered to move to Emmitsburg.

The I and V Corps was ordered to Emmitsburg and encamped at Marsh Creek. While the III, XI, and the VI Corps moved directly to Emmitsburg, the XII Corps

marched directly toward Bruceville, MD and Littlestown. The II Corps remained near Two Taverns.

To learn more about this time period of the Pennsylvania Campaign,

please log onto [www.montereypass-battlefield.org](http://www.montereypass-battlefield.org). Or visit our museum located seven miles west of Emmitsburg at Blue Ridge Summit, PA. Hours are Saturday and Sunday, 10 a.m. to 4:p.m.

## R. Marie Long

R. Marie Long, 80, life-long resident of Emmitsburg, died peacefully on Thursday, September 1, surrounded by her loving family.

Born July 29, 1936 at 139 N. Seton Ave. in Emmitsburg, she was the daughter of the late Paul A. and Regina Humerick Keepers. She was predeceased by her husband, Ralph C. Long in 1978.

Mrs. Long was a life-long member of St. Joseph's Catholic Church, Emmitsburg and a graduate of St. Joseph's High School, Class of 1954, Emmitsburg. She was employed for 35 years as a secretary in the Alumnae Office of St. Joseph's College, where she was also the editor of the Alumnae Quarterly for 15 years. She worked part time as a cook at St. Vincent's Rectory, Emmitsburg.

She is survived by five children, Cindy Ott and husband Lee of Emmitsburg, Vicki Long of Thurmont, Pam Mill-

er and husband Tom of Fairfield, Ralph J. (Mick) Long and wife Kathy of Taneytown, Mary Royce and husband Mike of Emmitsburg; grandchildren, Eric and Ryan Stackhouse, Vic Caudill and wife Rachel, Elizabeth and Jacob Miller, Emily and Lucas Royce; great-grandchildren, Rylan Stackhouse, Nathan Caudill, Fallon Stackhouse, and Hailey Caudill; sister, Barbara Nickoles of Lecanto, FL; and numerous nieces and nephews.

A Memorial Mass of Christian Burial was celebrated at St. Joseph's Catholic Church, inurnment was in the Emmitsburg Memorial Cemetery.

In lieu of flowers, donations may be made to St. Joseph's Catholic Church, 47 DePaul St., PO Box 376, Emmitsburg 21727.

Arrangements were entrusted to the Myer-Durboraw Funeral Home in Emmitsburg.

Online condolences may be expressed to the family at [www.myersdurborawfh.com](http://www.myersdurborawfh.com).

## Death Notices

**Mr. Kenneth Lee "Pete" Myers, Jr.**, 70, of Thurmont, passed away on September 11, after a lengthy illness.

**Diane M. Miller**, 59, of Sabillasville, passed away September 11. She was proprietor of Dee's Hair Stylists in Thurmont.

**Josephine Rebecca (Free) Gills**, age 95, of Thurmont died peacefully at her home September 24. She was born in Creagerstown and was a life long member of St. John's Lutheran Church in Creagerstown.

## Living large, dying large

**Colt Black, F.D.**

As a funeral director I regularly see tragic situations; each having their own set of circumstances which makes them unique. Creating unforeseen burdens on the family the deceased has left behind.

One of the largest (no pun intended) that many never consider is the effect of the obese person when a death occurs.

Now in no way am I picking on folks who are larger, but it's a fact everything from the clothing worn to the healthcare received by those in our society who are obese comes at a higher cost to those paying for it.

That said when families come into the funeral home somehow so many are blindsided at the fact that funeral services for those who are obese cost more, unfortunately there is no way around that.

And whether a family chooses burial or cremation has no bearing on the impact of the cost of funeral services.

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is summoned to serve our effort to do so is doubled. Twice the manpower in transferring the deceased from the place of death to the funeral home, twice the manpower to prepare the deceased's remains be that for burial or cremation and again twice the manpower for services and final disposition.

Additionally the selection of merchandise such as caskets, burial vaults and alternative containers not only becomes limited as the size of the deceased increases but the cost of the products themselves also increase as there is more materials involved to make them.

In a perfect world there would be no one overweight or obese, however with the current trends in society it is doubtful that we will curb this epidemic anytime soon. Therefore if you or someone you know is obese help protect those who would survive them after their demise by putting in place prefunded funeral arrangements, because in the end it's those you love who will bear the burden.

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## MOM'S TIME OUT

# Childhood obesity

Mary Angel

In a country that is in the top five for childhood obesity you would think there would be more options to help these children. As the mother of a child who is extremely obese I have looked everywhere for something or someone to help. So, I guess you have figured out that this month is going to be written on a bit of a soap box. I apologize ahead of time but I am desperate and slightly frustrated. How can we top the list of countries that have childhood obesity and yet we don't offer enough to help the families who are struggling.

I am not sure it matters though. Most childhood obesity is simple the result of children sitting around playing video games. If they would just get up and move

then they would be the size they are supposed to be. Don't get me started on what they are eating. All these kids eat is junk food and fast food. If their parents stopped taking them to McDonalds for every meal then the problem would be solved. REALLY! I can't tell you how many times I have heard these kinds of statements about children I know or worse yet about my child (usually not realizing who they are sitting next to). Is childhood obesity affected by all of the screen time our kids have, YES! However, to say that removing screen time would obliterate childhood obesity is absolutely ridiculous. This is the same for fast food. There are many factors to childhood obesity. Exercise and nutrition are big factors in the fight against childhood obesity, but you cannot overlook heredity

and other biological factors.

Over the past two years one of my children has progressively gained weight. We have tracked her food and documented her exercise. She has made amazing food choices even when her siblings have not. We have seen the family doctor and had blood work. We have been referred to a pediatric endocrinologist who would not see us. We have been referred to a pediatric weight loss clinic that our insurance won't cover. We feel like we are doing what we are supposed to. Our hearts break on a daily basis as we watch our daughter turn down foods she would love to have, exercise when she has had her fill, and avoid the kids who make her feel bad about her size.

I have gone to local gyms and Rec Leagues to find out what might be available for her to join to add some more cardio into her day. All the Rec Leagues offer are your basic kid's sports, i.e. soccer, basketball, etc. So if you have a child who is not athletic these options are less than appealing. When I asked at the gym I was told the same thing, "We have basketball and soccer depending on the season". So I inquired about exercise equipment or maybe fitness classes and received a shrug and an apology. There was one class offered to children 14 and up, and as for equipment another apology. One place did point out that they did have a location with a child friendly room, which is more than most. That location is out of the



way and much smaller than the one I was at, and it didn't offer the things that appealed to the other kids.

My daughters recently started with a homeschool P.E. group and they love it. Everyone in the group is super supportive and encouraging. They have also started gymnastics. This was a bit more of a challenge, because of her weight and joint issues I knew she couldn't do most of the things the other kids could do in a group class. She would become more and more discouraged and eventually want to quit and consequently have her self-esteem shattered, again. Then I found out that the cost of semi-private lessons was almost the same as group, if you

had the right amount of girls. My girls started last week with the most amazing lady. She managed to give instructions to anyone who had a specific skill, while still helping my daughter to try harder and harder to attain that skill. She managed to make my girl sweat like never before and all the while with a smile on her beet red little face!

So although I found a couple of needles in the haystack of the battle against child obesity, there is still so much more that could be done. It could start at home with parents. The parents of children who don't struggle at all could talk to their kids about the struggles these children go through on a daily basis, they could explain that obese children don't want to be that way and in some cases it is out of their control. I don't want to in any way remove responsibility from the parents of the children who struggle with their weight. By all means seek medical advice if the problem seems to be out of control. Also try to add activity into their schedule, activity that just seems like fun and not a punishment. Above all be careful not to focus so much on their weight and what they eat that they develop an eating disorder or a horrible self-image. This truly is a fine line we are walking, but what if...

What if we did more and offered more to help children struggling with their weight. What if they could walk into a gym and find a yoga class, or a Zumba class, or better yet an aerobics class (set to Disney Radio songs)? What if local Rec groups got together and decided to come up with offerings that would help kids get healthier. What if there was an after school program designed to teach kids to make healthier choices and also incorporated some sort of aerobic activity. What if every town/school offered a walking club geared to help children who just need a non-competitive healthy activity options? What if we didn't give up?

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# Pumpkins and spice and everything nice

Carol Cogliano  
Hollabaugh Bros., Inc.

Has it hit you yet? Fall has arrived, and along with it, everything pumpkin-flavored! Our society has become quite obsessed with “pumpkin spice” flavored products. From your favorite coffee/latte, to breath mints and hand soap... you can't avoid it! However, if you're like me, you still enjoy the pumpkin classics: pumpkin pies, roasted pumpkin seeds, and pumpkin rolls. The pumpkin craze is a craze for a reason – we love pumpkin, and it gets us into the fall season, welcoming cooler temperatures and savory comfort foods that help us feel cozy and warm.

Pumpkins are a member of the Cucurbitaceae (cucurbit – hard “k” sound) family, which also includes squash, gourds, cucumber, zucchini, and all kinds of melons - watermelons, cantaloupes and honeydews. (Fun fact: You can't plant pumpkins too close to other members of the cucurbit family, or you will have edible lobes and melons that taste like a pumpkin!) Additionally, it is best to rotate pumpkins from year to year, as opposed to always keeping them in the same ground.

Although pumpkins are grown throughout the northeastern United States, production tends to be concentrated near population centers. Pumpkins are sold primarily for ornamental purposes, especially during the Halloween season. Depending on the variety grown, pumpkins are available from late August through October. There are many varieties of pumpkins, just like apples or peaches – and all of them have slightly different qualities. When it comes to preparing pumpkin recipes, people associate sugar or neck pumpkins with the only pumpkin you can use to make a pumpkin pie, but in reality, there are many varieties of pumpkins/squash that cook off good “meat” and make delicious pumpkin pies and other pumpkin baked goods.

Preparing a pumpkin for cooking/baking is relatively easy: Remove the stem and scrape out the inside, discarding the seeds. Cut the pumpkin in half, and place the pieces cut side down

onto a foil-lined baking sheet. Rub the skin with canola oil and bake at 375 for about one hour, until fork tender. Allow it to cool, before scooping out the softened pumpkin, and puree with a blender before use.

I encourage you to embrace the upcoming fall season by preparing some pumpkin recipes for your family, and revel a bit in the pumpkin spice fanaticism... It is well-deserved. Enjoy!

My grandmother's Pumpkin Ice Cream Pie was one of my favorite desserts as a child. That being said... I can't remember the last time I made it! I'm going to correct that situation immediately, and I invite you to join me in whipping up a treat for your family that is smooth, creamy and cool – perfect to enjoy during these late summer days.

## Pumpkin Ice Cream Pie

Recipe courtesy of: Bernice Henderson

### Ingredients and Instructions:

Graham Cracker Crust:

1 ¼ cups graham cracker crumbs (approximately 15 squares of crackers)  
3 Tbl. sugar  
1/3 cup butter or margarine

Combine crumbs and sugar. Stir in melted butter and blend. Pack firmly in 9” round pie pan. Bake at 350 for 8 minutes. Cool. Pie pan may be buttered.

Filling:

1 cup cooked or canned pumpkin  
½ cup brown sugar  
½ tsp. salt  
½ tsp. cinnamon  
½ tsp. ginger  
¼ tsp. nutmeg  
1 quart vanilla ice cream (softened)

Mix together ingredients. Pour into a chilled graham cracker crust and freeze until firm.

If you are an “online foodie” like I am, searching Facebook and Pinterest for recipes, I'm certain that you have seen a link to the following recipe recently. Everyone who's falling victim to the pumpkin spice craze has been ooh-ing and aah-ing over it for weeks now. These cupcakes are wonderful lit-

tle bites of pumpkin pie, that you can add a dollop of whipped cream to, for a preview of the slices of pumpkin pie that await you this holiday season.

## Impossible Pumpkin Pie Cupcakes

Recipe courtesy of: [www.foodcuration.org](http://www.foodcuration.org)

### Ingredients:

1 cup all-purpose flour  
15 oz pumpkin puree  
¾ cup sugar  
2 large eggs  
1 teaspoon vanilla  
¾ cup evaporated milk  
2 teaspoons pumpkin pie spice  
¼ teaspoon salt  
¼ teaspoon baking powder  
¼ teaspoon baking soda  
Whipped cream

### Instructions:

Line a 12-cup muffin tin with paper or silicone liners.

Preheat oven to 350 degrees.

In a bowl, whisk together flour, baking powder, baking soda, salt and pumpkin pie spice.

In a large bowl, whisk together pumpkin puree, sugar, eggs, vanilla and evaporated milk until well combined.

Add in dry ingredients and whisk until no streaks of flour remain and batter is smooth.

Fill each muffin cup with approximately ¼ cup of batter.

Bake for 20 minutes and let cool for 20 minutes.

Remove cupcakes from pan and chill in the fridge for 30 minutes.

Top with whipped cream and sprinkle with more pumpkin pie spice or cinnamon on top and before serving.

My husband's Aunt Dianne is famous for her scrumptious pumpkin rolls. Each Thanksgiving, she gifts family members with them (yum!), and up until this past year, I was far too intimidated to try making one myself. Not anymore! Follow this recipe to the letter for a successful - not to mention completely sinful - Pumpkin Roll of your own. Once you master it,



you too can make it a homemade gift to friends and family!

## Pumpkin Roll with Cream Cheese Filling

### Ingredients:

¼ cup 10x sugar  
¾ cup flour  
½ tsp. baking powder  
½ tsp. baking soda  
1 tsp. cinnamon  
¼ tsp. cloves  
¼ tsp. salt  
3 eggs  
1 tsp. vanilla  
1 cup sugar  
2/3 cup pumpkin puree  
For the cream cheese filling:  
1 8oz package cream cheese  
1 cup 10x sugar  
6 Tbl. butter  
1 tsp. vanilla

### Instructions:

Preheat oven to 375F. Spray a 15x10 jelly roll pan with cooking spray, line with parchment, and then spray parchment with cooking spray.

Whisk together flour, baking powder, baking soda, cinnamon, cloves and salt in medium bowl until combined. In a large bowl using an electric mixer, beat eggs and granulated sugar on me-

dium speed until thick. Add in vanilla and pumpkin, and beat until combined. Stir in flour mixture until just combined. Spread evenly into prepared pan.

Bake for 13-15 minutes or until top of cake springs back when touched. While cake is baking, lay thin tea towel flat on the counter and dust generously with 10x sugar. When the cake is done, immediately loosen and turn cake over on to prepared towel. Carefully peel off paper. Roll up cake and towel together, starting with the narrow end. Cool on wire rack (or in fridge) completely.

When ready to add filling, carefully unroll cake and remove the towel. Spread cream cheese filling (recipe in step 5) evenly. Immediately re-roll cake. Wrap in plastic wrap. Slice to serve.

For cream cheese filling: In a large bowl using electric mixer, beat cream cheese, 10x sugar, butter, and vanilla extract until smooth.

Carol Cogliano is the Director of Events at Hollabaugh Bros., Inc. which is located at 545 Carlisle Road, Biglerville, PA 17307. Visit [www.hollabaughbros.com](http://www.hollabaughbros.com) for a full listing of their upcoming events and classes or call 717-677-8412 for more information.

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# SCHOOL AND LIBRARY NEWS

## Local library events

### Frederick County Public Libraries

Many thanks to our patrons for their understanding and patience when we closed for several days in September for an upgrade to our library. There are still a few improvements we'd like to make, but we invite you to stop in anytime to see the brightened-up Adult Reading area and totally made-over Teen Department. A special celebratory reception is open to everyone as we unveil our new look on Thursday, October 20th from 6 - 7:30 p.m. There will be refreshments and an opportunity to talk to library staff about the types of activities you'd like to see us host in the future. As part of the celebration, Library Associate Penny Stockton is coordinating a Teen Art Show as part of the fun. Stop by the branch to pick up your pre-registration if you are in grade 6-12 and would

like to submit a piece of visual art or photography.

The Emmitsburg Branch Library continues to reach out to partner with organizations and businesses in Emmitsburg. Our Summer of 2016 Emmitsburg Sidekicks were Silver Fancy Garden Club; Emmitsburg Tattoo Company; Vigilant Hose Co.; Jubilee Foods; Seton Center Family Store, Zurgable Brother's Hardware Store; The Emmitsburg Antique Mall; and Next Step Marshall Arts.

They were all part of the fun and helped encourage reading in your neighborhood. And finally, here's a very special shout out to everyone who completed the Summer Reading Challenge. The Emmitsburg Branch had the highest percentage of finishers in Frederick County with 32% of those who participated completing their reading challenges to win a free book.

This fall we continue to encourage kids to read, learn and understand with a variety of programs planned for all ages. Every Monday from 4-5 p.m., kids ages 3 and up are welcomed to drop in for STEM Lab. This is an opportunity to try out all kinds of exciting science, technology, engineering, and math concepts, games, and gadgets with librarian help. Children under the age of 8 must be accompanied by an adult.

### Children's Programs

**Musical Storytime!** Every Tuesday we present an interactive musical storytime. This storytime features music, movement, and stories for the whole family. Designed for ages 0 and up with a caregiver. Tuesdays, 10:30 - 11 a.m.

**Bears in My Park:** Biologist Jeff McAfee speaks about bears in Frederick County. Program courtesy of library partnership with National Park Service Centennial. Saturday, October 8, 10 a.m.

**Catoctin Mountain National Park Archeology (Grades 4-6):** Explore Catoctin Mountain artifact replicas! Program courtesy of our 2016 library partnership of the National Park Service Centennial. Wednesday, October 12, 4 p.m.

**One Maryland One Book: Multicultural Story Time (Ages 3+):** It's a trip around the world as families travel by experiencing stories, music, and crafts of many lands! Saturday, October 15, 11 a.m.

**Party Like a Monster (Ages 3-8):** Enjoy monster activities, games, and crafts. Saturday, October 22, 11 a.m.

### For Adults

**Abstract Painting at Cunningham Falls:** Explore natural elements in abstraction with artist Mark Hatfield. Supplies provided. Park at Catoctin Mountain Park Visitor Center. Saturday, October 15, 9 - 10:30 a.m.

To register for any of these classes visit [fepl.org](http://fepl.org), or call 301-600-6331.

### Blue Ridge Summit Free Library

**Monday - Lego and Wee Build Creation night!!!** Let your imagination show its genius! All ages welcome. Starts at 3 p.m.

**Wednesday - Patron Powwow** in the community room from 3-5 p.m.! Mingle with the gang for coffee, tea, puzzles, board games, coloring books, etc. Open to all ages. Donations appreciated.

**Thursday - VITT (very important teens and 'tweens) night.**

The community room is reserved for teen use from 3:30-5 p.m. Just hang out or play Wii, board games, do puzzles, eat snacks, watch movies, etc.!

**Saturday -** Join us at 11 a.m. for story hour and all of its festivities! What could be better than a great book, a good snack, and a fun craft!

### Movies!

**Oct 18th - FREE movie "Harry Potter and the Order of the Phoenix,"** rated PG-13, starts at 6:00 p.m. at Blue Ridge Summit Free Library. "With their warning about Lord Voldemort's return scoffed at, Harry and Dumbledore are targeted by the Wizard authorities as an authoritarian bureaucrat slowly seizes power at Hogwarts during Harry's fifth year at the Wizarding School."

**Oct 31st -** We will be showing Disney's "Frankenweenie" rated PG, for Halloween. The free movie starts at 6 p.m. "Young Victor conducts a science experiment to bring his beloved dog Sparky back to life, only to face unintended, sometimes monstrous, consequences."

### Special Events

**Oct 4th at 5:30 p.m.** will be a meeting of the "Summit Stitchers," the BRS quilt club. New members welcome.

**Oct 13th to Nov 10th -** each Thursday from 6:30-7:30 p.m. the library will be sponsoring a FREE aikido self defense class, taught by the instructors from Western Maryland Aikikai in Hagerstown, Md. Ages 12 and up.

**Oct. 25th at 6:30 p.m.** is the monthly meeting of Trail Time Tuesday, our Appalachian Trail Club. This club is family friendly and open to everyone. 717-794-2240

**Oct 26th** please join us at 6:30 p.m. at the Blue Ridge Summit Free Library for the start of our womens' health series. Our first presenter will be Margie Sheaffer from Synergy. Margie will be talking to us about our lymph system and how important it is to our overall health. Also included will be some helpful tips for daily care.

For more information of these or other events at the Blue Ridge Library please call library or call 717-794-2240.



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## SCHOOL AND LIBRARY NEWS

# School year start/end days

Katie Groth  
Frederick County  
Board of Education

One of the longest lasting traditions in American public education is the notion of “local control.” This goes back to the days of the Massachusetts Bay Colony. The colony was an English settlement located near the Massachusetts Bay and founded in 1628. It was a Puritan colony and it was governed by a small group of religiously oriented leaders. As the colony grew, more and more settlers began to arrive, organize communities and build schools. Schools in those days were run by each village. Thus, the idea of “local control” was born. Towns hired teachers and supported their schools because they believed that a good education was basic to the formation of a relationship with God.

Needless to say, the first public school in the new colonies were religious.

After the colonists broke away from England and won the right to their independence, the US Constitution was adopted. In 1791, the 10th Amendment stated, “The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.” This meant, among other things, that public education is the responsibility of the States then as it is now.

In the State of Maryland, there were eventually 23 counties and one large city (Baltimore). Each jurisdiction was granted the right and responsibility to establish and manage their own public schools. In a state like Pennsylvania, where districts and townships were set up using very different models, 501 different school districts exist.

Yes, there are state and national standards – and even a Federal Department of Education. It is believed by some that having national standards is a good idea. It is believed by others that the Department of Education should be abolished. But whatever the point of view, there are vast amounts of federal money given to the states who follow the Federal government regulations. Thus we have had “No Child Left Behind,” “Race To The Top,” and the “Every Student Succeeds Act,” the current law passed in December of 2015.

The foregoing information is important in understanding the current issue with Maryland Governor Larry Hogan issuing an Executive Order that, beginning in the 2017-18 school year, all public schools in Maryland must begin after Labor Day and end no later than June 15. The law current-

ly holds that each county in Maryland will determine its own school calendar for the instructional year, being bound by the regulation that says we must have 180 instructional days and observing certain national and state holidays. In addition, state administered testing dates are also determined by the Maryland State Department of Education and the State Board of Education. All other calendar decisions are made by the local school systems. So when Governor Hogan issued his order two weeks ago, it set local school systems on edge. Can the Governor really do that? The state as well as each community seems to be divided over whether school should begin before or after Labor Day. But regardless, the Attorney General of Maryland has been asked to give his opinion as to whether Governor Hogan “overreached” his executive power by issuing the executive or-

der to begin and end all public schools in Maryland on the same dates.

Undoubtedly, when the Attorney General issues his opinion on this, it will catch the attention of the public because so much of the story has been in the news lately. But there are many points of view on whether post-Labor Day start for schools is a good thing or a bad thing. Meanwhile, we must assume that Governor Hogan’s order holds. For this reason, local school systems are preparing calendar versions that conform to that order even while they prepare versions that have been individually determined by each local school system. Calendar preparation is usually one of the most controversial decisions that school systems have to make. Don’t forget to pay attention to the way the scenario plays out: will students go back to school next year before or after Labor Day? Without extending the school year past June 15, will any holidays be cut? Will spring vacation be cut? How will testing dates be affected? And will there be some consideration of year-round-schools on the horizon?

# Board of Education race

Joy Schaefer,  
Candidate for Board of Education

As local elections go, the Board of Education race is often over-shadowed by national or state-wide contests. But on November 8, it is the only local race on the ballot for Frederick County citizens. Board Policy 100 states, in part: “The Board is responsible for determining the mission and vision for the school system, and adopting goals to help achieve that vision. The authority of the board is collective...members cannot act on behalf of the Board.” An effective Board of Education results in strong schools, and strong schools make strong communities.

Boards of education are the only elected bodies that focus solely on public education, students and their families. Through open public meetings, local boards provide the venue to have community-wide dialogue around educational goals and expectations. And because board members come from the local community, they can spend time seeking feedback, opinions and ideas, speaking with students, families, teachers, and community and business leaders.

Local boards of education best understand their communities’ val-

ues and goals, as well as their schools’ strengths, weaknesses, and needs. Local boards know where their system stands in relation to any broad vision set at the state or federal level. Local boards are uniquely positioned to determine next steps their district should and can take, and they are the most effective governing body to ensure that local capacity and resources are aligned with those priorities.

Local school boards also provide an important check and balance to state and federal mandates and directives. As members of the communities they serve, board of education members can effectively communicate and reflect community concerns, give feedback and suggestions on laws, regulations or student performance targets set at the state and federal level. Local boards of education are the local voice and advocate on education issues.

Beyond fulfilling these important and fundamental functions, boards of education have a direct impact on effective school system operations and student achievement. School boards set policies that determine what students learn, how they are taught, what materials are used, and how performance is measured. Boards of education establish budgets that not only support the priorities of the school sys-

tem, but that provide conditions that are conducive to effective instruction and successful learning.

They must also be mindful that the school system budget is part of the larger county budget. Board members have the responsibility to use taxpayer dollars in the most effective and efficient way – in a way that supports the continued economic health and growth of Frederick County. Educating our children is an important public service. Board members, like all public servants should, know that other public services – public safety, health, transportation – are critical, too.

In this next election, every voter, regardless of political affiliation, has the important task of choosing three Board of Education members who will build on the strong foundation of our outstanding school system and ensure the continued progress of our students, teachers, and community. High performing boards, with members committed to and invested in strong decision-making processes, result in high performing schools for our students, which in turn have a direct impact on property values and business investment.

Voters should choose candidates, first and foremost, who care strongly about students and their families, and

who have a depth of knowledge on a broad array of education issues. The best candidates should have the ability to provide wise leadership that is rooted in a great respect for the values and traditions of our county. Effective Board of Education members, while holding strong beliefs and points of view, work well with others and constantly strive to improve their own performance, while encouraging others to do the same. They are concerned

about every single student, not just a specific group, and their concerns go beyond one issue or special interest.

Our students, schools, and communities deserve dedicated, responsible, and responsive public servants who will provide leadership on the Board of Education of Frederick County. Your local board will have a lasting impact – not just on our schools – but also on our county. During this election, we urge voters to give this local race as much thought as they would give to the presidential or congressional races because our county, our communities, and our children deserve our utmost attention.

On September 1, Kirby and Tina Deluater, the owners of Silo Hill Car Wash in Emmitsburg presented Mother Seton School principal, Sister Brenda Monahan, D.C., with a \$500 donation. The gift was the result of funds raised during the Mother Seton School Family Fun Day held at the car wash in July. For five hours, 100% of the proceeds made at the car wash were earmarked for Mother Seton School. The event was organized by Kirby and Tina Deluater, who recently acquired Silo Hill Car Wash.



“Kirby and I are grateful to be part of the Emmitsburg business community, and are happy to support Mother Seton School’s educational efforts,” said Tina Deluater, MSS Class of 1977. “We felt compelled to give back to my alma mater this year as a way of honoring my mother, Patricia Zanella, who loved all children and valued our Catholic education at MSS.”

“Our school community was very happy to benefit from the partnership with the Delauters,” said Sister Brenda. “Their generosity helps us to strengthen our mission in providing an academically-excellent, Christ-centered education to our children.”

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## FOUR YEARS AT THE MOUNT

Fall has officially begun! To get into the fall spirit as we await the befitting weather, our Four Years at the Mount writers tell us about their favorite activities of fall from romping in piles of leaves to charity events in the area.

### Freshman Year

#### Stop and smell the leaves

Angela Tongohan  
MSM Class of 2020

I was standing by the side of the road. Around me stood wide oak trees as tall as buildings. The tired houses of my neighborhood uniformly lined the street, each sitting a few feet behind a small square of dull yellow grass. The crisp air shocked my skin, leaving it red and rosy. The sky was a bright light blue. It could have been summer, except the leaves of the trees were deep hues of red and orange. They hung as a beautiful mixture of electrifyingly, bright shades: leaves as red as tomatoes, oranges as intense as fire, yellows as brilliant as the sun.

Fall was such a beautiful season. The colors brought so much life to my surroundings that it was ironic how it traditionally and symbolically warned of death. The leaves were dying, one-by-one, slowly drifting their ways from the strong branch-

es to the solid, cold ground. Every so often, the wind would blow especially hard and throw a handful of leaves across the street. The wind was different in the fall. It blew stronger and faster and swept my hair across my face and around my head. If during the spring it was a sigh, during the fall it was a pant. The smells were also very different. It was more woody and maple-y, as though someone had taken a box full of pine cones and dumped it on my head.

Of course, as a child I never thought of fall like that. I didn't think of death and cold crispness. It was never about strong winds or overwhelming smells. For me, fall was altogether happy. It was the season of pumpkin patches and jack-o-lanterns, hot cocoa and sweet potatoes, Halloween and birthdays. It was the season before snow and after sun. It was the in-between season. The season of rest and rejuvenation.

Everything seemed to be calmer during the fall, slower, even, at times. It was the only time of the year that my mother would slow down in the middle of our morning drive to school and say to me, "Wow, isn't the world beautiful?"

And I would always nod my head and say, "Yes. Yes it is."

I grew up an only child in a small family. Despite the common misconception that being an only child is the most ideal situation, when I was younger, I found myself constantly yearning for someone to play with. There was a particular fall when I had just moved into a new house. All my friends no longer lived near me, so it was nearly impossible to schedule a play date. I had been sitting around all day with no one but my mother to keep me company. I'm not suggesting that time with my mother was unpleasant, it was simply boring.

After a few loud sighs and slight whining, my mother looked up from her book and suggested that I go outside. With another grumble and a few stomps, I made my way to the backyard. The backyard was a

desert of dry grass and intense loneliness. A plastic bag bounced across the yard like tumbleweed. The dry, dead leaves were scooped up into a pile in the very middle of the yard. I trudged my way towards it.

Angrily, I gave it a small kick. A tiny mushroom of dead leaves exploded into the air. Distracted, I did it again. Another explosion. I accidentally stepped on a leaf. A loud crunch shot through the empty air. I stepped on another leaf. Another crunch. Soon I was taking large steps around the rim of the pile of leaves. Crunch, crunch, crunch. I giggled to myself. Then I had the most spectacular idea. I pushed the leaves that had been separated from the pile back into place. I took a few steps back. I was about to experience a liberation that millions of children have certainly experienced before me. It was a grand occasion. With a deep breath, I broke into a run and jumped.

The leaves burst into the air and slowly came fluttering down like a million red, orange, and yellow umbrellas. I sat in the center watching the leaves twirl and spin in the

air, dancing around as though they were talented ballerinas. I laughed.

To the displeasure of my mother, I was found destroying leaf-piles every year after that. Fall may signal the time for change and the end of life, but it also portrays liberation and renewal. It is the time that, yes, things end, but things also begin. Leaves, I find, are like people. They live out their lives doing what they are meant to do, and when they have finished serving their purpose, they slowly drift away. Every leaf is different, and some leaves are meant to stay longer than others. But in the same way, every leaf is important and beautiful. Fall is a time to appreciate life and all that it offers you. We, as people, are always in a rush to get something done or to be somewhere else that we don't realize that things are continuously changing whether we stop to enjoy it or not. Maybe, just maybe, fall is the time to stop and smell the roses, or in this case, the leaves.

To read other articles by Angela, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

### Sophomore Year

#### Special Olympics Fall Fest

Michael Kenney Jr.  
MSM Class of 2019

*"Let me win, but if I cannot win, let me be brave in the attempt"*  
—Special Olympics oath

I am convinced that Emmitsburg was designed for the autumn season. The Mount in particular comes alive in the fall: football game watching fuels student camaradery, pumpkin spice and cinnamon find their way in almost every cafeteria meal, and the campus

seems increasingly picturesque with each coming day. Although it would be hard wrought to rattle off all of the spectacular fall pastimes available in Emmitsburg, there is one fall tradition hosted at Mount St. Mary's that is a cut above the rest — the Special Olympics' Fall Sports Festival.

The annual Fall Sports Festival is an anticipated event for over 300 Special Olympics athletes. Athletes compete in sports including tennis, power lifting, flag football, long distance running, and cycling and

will have opportunities to qualify for the national team. This fall, Mount St. Mary's will host the annual event for the 29th year. The festival will take place on October 22 at Mount St. Mary's University athletic complex and Ft. Ritchie Community Center.

A strong showing of over 200 Mount community volunteers are anticipated for this year's event. The Mount's Office of Social Justice plays an integral role in orchestrating the event.

Ian Van Anden, the Director of the Mount's Office of Social Justice, described the positive experience that the Fall Fest provides for both the Special Olympics athletes and the Emmitsburg community.

"This has been a program that the Mount has hosted for 29 years now, and the Office of Social Justice has been a proud and

committed part of that relationship," he stated. "With over 250 students serving each of the last two years, this is the largest single day of service at Mount St. Mary's University. This day is a tremendous opportunity for the Mount to host over 300 athletes along with their families, friends, and fans."

The Fall Sports Festival has played a formative role in Mount students' experiences as well. John O'Connor, a junior at Mount St. Mary's, is an avid athlete and proponent of the Special Olympics organization. Since volunteering at the Fall Sports Festival as a freshman, O'Connor has become a CORE leader within the Office of Social Justice and the co-president of Best Buds, an organization that serves individuals with intellectual disabilities.

Like many other Mount St. Mary's students, the Fall Sports Fest has become a capstone event for O'Connor.

"I think this definitely is my favorite fall activity because everyone is together at this event. We're serving together, we're volunteering together, we're celebrating together. And [we] get to celebrate the joys of the athletes competing. You also get to celebrate being with them and being with each other," O'Connor says.

Opening Ceremonies will kick off the day 9 a.m. As in years past, the atmosphere will be electric. Athletes traditionally process in, waving their county flags, and the entire audience rises to their feet. The stadium erupts in music, cheering, and announcements. Participating athletes recite the Special Olympics oath and the games begin shortly after.

As an athlete myself, I am continually inspired by the talent, dedication, authentic sportsmanship, and infectious joy displayed by the Special Olympics athletes. The Fall Sports Festival is one of the best events of the entire year.

Clear your calendars for the Fall Sports Fest this month! This annual opportunity is not one to pass up. Pumpkin carvings, apple orchards, and leaf raking can wait another day-- but the Fall Sports Fest at the Mount is sure to become your favorite autumn tradition. For more information regarding the event and potential volunteer opportunities, visit the Special Olympics website for the Maryland Chapter at [www.somd.org](http://www.somd.org) or contact the Office of Social Justice at Mount St. Mary's University.

To read other articles by Michael, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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# FAVORITE FALL ACTIVITIES

## Junior Year

### Falling for Autumn

Sarah Muir  
MSM Class of 2018

It is the time and the season that I love above all others, fall! Otherwise known as sweater weather and the time of the year where you can scarcely turn around without seeing or smelling some kind of pumpkin spice whatchamacallit. The breeze carries with it a crisp newness, the oppressing humidity from summertime is swept aside, and the world can breathe again. Autumn on campus has always been my favorite, especially watching the leaves on the trees turn the whole mountain crimson and gold. Granted, my morning commute becomes darker and colder this time of year, and I struggle to leave the warm cocoon of my bed in the morning, but that does not damp-

en my love of the season.

During the month of October, I have two of my favorite events. The first is my birthday, during which the appearance of the almost completely processed Carvel ice-cream cake is mandatory. The second is, of course, Halloween. Unfortunately, I am too old to traipse around, begging for candy and, between school and work, I haven't the time to sit in a sincere pumpkin patch waiting for the Great Pumpkin. Luckily, one is never too old to dress up in costume (I am thinking of going as a flapper this year). In the spirit of the season, I also take extra special time to curl up with some apple cider to a nice B-list horror flick or two (B-list because they are predictable and not as scary).

Another crucial element of this month is my annual reading of *A Picture of Dorian Gray* by Oscar

Wilde. For some reason, my brain has associated this novel with this season, so now I cannot let the month pass by without re-visiting the Faustian tale. In the morning, weather permitting, I find myself sitting under the trees in Peace Plaza, reading as everyone's favorite, iconic, stubby-tailed squirrel reads himself for winter.

This year however, there will be a slight change to my usual October schedule, because during the blessed week of fall break, I am going with my family to New Orleans! We will be staying in the French Quarter, which is a beautiful place in a beautiful city. I have only been here once before for about three days, and I am thrilled to have the opportunity to have time to explore a little more. The food, of course, will be another upside to my trip to the Big Easy. What I remember of my last visit was impromptu parades, sidewalk jazz musicians, and walking nervously in and out of a

Voodoo shop. I have been dreaming of Gumbo, beignets, and the Central Grocery ever since I found out we were going. I am looking forward to spending time with my family and experiencing what the French Quarter has to offer.

I have talked about my most favorite things I do throughout this season, but now it is time I turn towards the most important. During the mornings when I am on campus, when it is not dreadfully busy, I try to make my way up to the Grotto (each time horribly underestimating the stairs). The Grotto is one of the main reasons why I choose Mount St. Mary's University. As I have mentioned in previous articles, my Catholic faith has always been, and will always be, very important to me. It has been a part of my life forever and without it, I would not be me. What I value most highly about the Grotto is that it is a place that provides an escape from the loud and chaotic world.

The Grotto is a place of sanctuary, a small silent space in the middle of a troubling world. I think that in today's world we all need a place like that, for in the words of the immortal William Wordsworth, "the world is too much with us." Everywhere you turn, there is some new and vibrant problem that needs to be solved, but the Grotto is proof that there are still pockets of peace left on earth.

It is a shame I do not go up there more often, but life is like a spoiled toddler and has a habit of drawing my attention away from quiet solitude. It has always been my humble opinion that autumn is the last flash of Nature's brilliance as it retreats from the descending chill. So let us pause in carving pumpkins and raise our glasses of apple cider to fall!

To read other articles by Sarah, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

## Senior Year

### The peace of Fall

Leeanne Leary  
MSM Class of 2017

There is, never has been, and never will be anything quite like the Grotto of Lourdes at Mount St. Mary's during the start of fall. From the truly inimitable atmosphere to the beauty of the surrounding nature, the Grotto is, by far, my favorite place to be in the fall. My first time ever visiting the Grotto was during autumn, and I'm not sure if it is the sentiment and memory that makes it my favorite to this day or if it is the swarm of colors, mountain scenery, bearable temperatures, and natural peace and quiet. Regardless, it is my favorite, and according to the internet, it is also number two of 18 things to do in Emmitsburg! (I'm not sure what is number one, but it must be cool.)

Walking up the stairs to get to the Grotto from the Mount's campus is, admittedly, exhausting. Running these stairs for a workout is close to torture, but the bitterness in my head after every other step disappears immediately upon reaching the top. In an attempt to avoid the cliché expression, "the view is breathtaking," I will simply call it a work of art, and a natural one at that. Whether you drive in and park or brave the stairs, your efforts will be rewarded as soon as the visitors' center and bell tower are visible, and this is just the beginning. Turn around, and you'll get a view of campus and Emmitsburg that is delicately coated with fall colors of auburn, birch, and crimson orange. The sign that you will read declares, "We are half in the sky; the height of our situation is almost incredible." This is Saint Elizabeth Ann Seton's description of the site; again, this is just the beginning.

Before visiting the Grotto, whether it is your first or 50th time, there are some things you should know. Its rich history certainly adds to its

beauty as it is over a century old and is one of the oldest American replicas of the shrine in Lourdes, France. The shrine in Lourdes is home to the first, and the year-long series of Marian apparitions in Lourdes, France in 1858. The first apparition was reported by a fourteen year old peasant girl, Bernadette Soubirous, who is now a canonized saint. Her description of the woman with whom she spoke on that day matched 17 other descriptions throughout that calendar year. These visions, or conversations, were deemed Marian apparitions, a church was built at the Grotto of Lourdes, and the natural beauty of the site has been preserved ever since. However, it was not a seamless road to becoming the pilgrimage site that it is today. When the apparitions became more regular, and "miracles" that later proved to be hoaxes were revealed, the Grotto gained more and more attention. This attention included concern from the Church and confusion from the government that led to the site actually being shut down and fenced off. Over the next several years the controversy continued until the site was eventually reopened. Now, between four and six million visitors travel to the Grotto every year.

Our own Grotto, here in Emmitsburg, Maryland, is a replica

of the one in Lourdes. This replica was established in 1875, not even 20 years after the first apparition. Similar to Lourdes, the Grotto here is devoted to Mary and attracts hundreds of thousands of annual visitors.

Each of these visitors start in front of the bell tower, and then begin the trek to the Grotto itself. Once you have turned your back to the view earlier deemed incredible, you will walk a clearly dictated path that will take you past the glass chapel, to the Grotto cave, where you may either stop or continue to the cavalry scene. This part, I will leave for you to explore. This part of my Grotto visits has always been the most personal, offering the most time for reflection and the most conducive environment to doing so, especially in the midst of the peace of fall.

My first Grotto visit, aside from the candle-lit ceremony during freshmen orientation, was during October of the same year. Before I knew the significance of the site, cared much about the religious history or relevance, or even knew where everything was located, I walked up to the Grotto as if I didn't belong. I knew that I wasn't getting the whole picture, but that didn't matter much. What made me uncomfortable was how comfortable everyone around me was. I wondered why I couldn't also feel at home here, and I continued my

walk up the stone path. I breached the entrance to the shrine, passes the sign that requests silence, and found somewhere to sit on the wooden benches usually used for services. I wasn't too far from the shrine, but I certainly wasn't too close. I sat for almost 20 minutes before moving, simply watching people pass through. It was a Saturday, and happened to be a tour day. At least a hundred people, not from the area, started walking up and I, admittedly, panicked. I don't know what I'm doing here! So, naturally, I sat there until they had all left. All in all, without pausing along the path, at the fountain, approaching the shrine, or walking to the scene of the cavalry, I spent nearly two hours sitting at the grotto. I had coffee, but I'm not sure I needed it. The experience was serene, to say the least, and although I wish I had done a better job at dedicating time to this place over the last three years, my experiences only got better as the months went on. It did, however, take

months until I stopped sitting in the middle of the third bench up on the right, and moved forward, but this was necessary. I learned quickly that the only reason I was uncomfortable was because I was forcing myself to be. Soon, I picked up a pamphlet, walked into the visitors' center, and learned about where I had spent so much time sitting. In learning all of this, I learned that the natural peace surrounding the Grotto is one so unique, and so truly exceptional, that I could not waste the four years I would spend in such close proximity. Although I will hopefully have time to spend here year-round, the sentiment of fall, my first visit, and the over-abundance of beauty in this particular time of year make it, by far, my favorite fall activity and although it is only the second most exciting thing to do in Emmitsburg, as deemed by Travelocity, I'm certain it could be one of your favorites, too.

To read other articles by Leeanne, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).



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## FASHION

## Back to school fashion

Valerie McPhail  
MSM Class of 2015

Through a deeply devoted interest in fashion's allowance towards expression, tweens, teens and young adults have taken over the fashion industry. Their relationship to fashion is predominantly concerned with how clothing is worn. Blog spots such as Lookbook and Tumblr, and cell-phone apps including Instagram fuel such interests. Selfies are no stranger to this community. The Internet has become a resource that creates a larger scale of exposure for the fruits of this industry—how design translates into an illustration of feelings, thoughts and ideas about the world around us, even if it seems that much of this attention is fueled through the surveillance of the way celebrities wear beautiful clothes, as well as the connection to clothing and the outfits they form.

Teens use these resources religiously; the internet connects their young minds to an outlet for personal expression and these platforms allow them to explore their interests, as they develop their own cognitions on the self and the world. Through their contributions, fashion, clothing and style remain major influences. Without a doubt, fashion's relationship with the internet has developed its impact on society.

The changes in how fashion is understood since my own teenager years are expanding with visibility and personal touch. In my youth and into my teenage years, I developed an interest in shopping with attention to brand names. My intrigue took me to trips to the mall with my best friends, where we would enter into a creative outlet; a whole new world where bright lights and brand names introduced the luxuries of life. My interest held so strong to the point in which I considered shopping a hobby. In those days, my shopping destinations included Limited Too, and Old Navy. As I coveted a burnt orange embroidered graphic t-shirt of a surfer at the scene of catching a wave from Hollister, all the cool kids in my class had a wardrobe filled with floral printed tank tops, navy cardigans and polos from Abercrombie and its subsidiary, Abercrombie and Fitch. As I reminisce, there seems to be a shift in perspective. The preppy style that once navigated the needs of teen culture is now in a sad spot. Young adults are now consumed with clothing of a more dingy and solemn point of view. Shades of color remain in dark tones as the seasons change and more skin continues to become exposed. The outfits they aspire to and create reveal a clouded perception of sexual identity and disservice their idea of self, by communicating desper-



Choker necklace with charm, a Grunge Style from ASOS.com.

ation for attention.

Such times have formed fashion into an explicit plea for worth, a hope that someone will pay them mind. Those with such prerogative appeal through clothing—the weirder, the better. In a sense, clothing volumizes the voice of youth. This interest has created a new platform for the fashion industry, and its movement smells like teen spirit. Here are the three trending styles that make its presence know.

### Grunge

Its disposition is oh so dark, silhouettes and colors form a perspective so underground it has become trendy. Although loads of dark eyeliner define the look, these pieces create the grunge perspective because they exaggerates the nominal through designs that offer an edge, and shake things up with a rock and roll sensibility.

#### Cropped turtleneck

The cropped turtleneck is a form of the cropped t-shirt, just with extended fabric covering the neck. Both features of the top make an equal statement. The addition of the turtleneck is plainly a stylistic preference. Find the cropped turtleneck in stores such as Forever 21 and H&M. Each company makes both the runways trends and fashion's favorites a reality for everyone to try.

### Choker Necklace

Cleopatra's statement jewelry reincarnated as a dominant piece of the recent grunge trend. The choker is a simple accessory in design. It comes in a single strap of fabric, the size and thickness varies and sometimes its design is decorated with gemstones and jewels. The choker is an intentional last detail, a true accessory that finalizes the look. Shop this added bonus at Urban Outfitters or online at ASOS.com to easily access this piece of jewelry.

#### Combat boots

Dr. Martens are a leading brand of this aesthetic. Its heritage with rock music has kept its style grounded and timeless. Dr. Martens are the combat boot made for the grunge style because since 1901, when the boot began as a gardening shoe, it continues to



Corduroy baseball cap from Zara.

keep the grittiness of grunge fashionable.

### Festival Child

The hot hot heat lives within the festival season of the summertime. Unashamedly, youths waste their efforts into contriving outfits most appropriate for days secluded at the beach, and not appropriate in any other public setting. Bathing suit tops and Daisy Duke shorts create the uniform. Los Angeles' American Apparel encourages similar nuances through a new type of minimalism. This style sensibility is convinced that the fewer articles of clothing, the better.

### Crop Tops

Most commonly embraced during the summertime, the interest in the crop top is not for its practicality, but for its look. It confidently cuts a regular top in half, and exposes the stomach. Through its inherent design, crop tops embrace a freedom for fashion. To turn this piece in to its most flattering form, pair with high waisted jeans. I bought my first crop top at Charlotte Russe. It was a bedazzled grey Kitson top that epitomized Southern California's youthful nature. Charlotte Russe is a store that offers a like sound of mind.

### High Waisted Jeans

Wrangler and Levis are back in fashion. This time, not for their durability in day-to-day life, but for their long-standing force for their high waisted design. Appreciated for their comfort and cuteness appeal, vintage store, Brandy Melville curates its collection of these brands and other unacknowledged brands to reinvent this style for a new generation.

### Converse

Originally launching as a piece of



Tasteful style is thankfully back in vogue for back to school fashion.

a basketball player's uniform and a skateboarder's style in the year of 1908, Converse, now joined with Nike, is the shoe fit for everyday life. The Converse shoe is a phenomenon of youth for its heritage label. The white, low top with red lining pairs as a sign of classic style, restyled to shine most bright in the summertime. Converse have become mainstream to the point where they are available in the large retail world of department stores and Kohl's.

### Sporty Spice

This style relates to the team player. Its denim factor keeps it casual, but its baseball cap accessory and Stan Smith statement, each mark its sporty sensibility. Athletic brands Adidas and Nike offer favorite staples.

#### Baseball cap

The baseball cap has quickly become a symbol of sportswear chic. What was once beckoned as an accessory for sports teams, took interest in the North East where preppy families in New England and South Jersey found its accessory appropriate for sunny days out at the lake house or in Cape Cod. Now, the baseball cap is coming back to its roots as an emblem of sportswear. New York City label Kith is a cult followed brand that carries the coveted hat. Topshop and Zara are outlets of everyday fashion that also offers the accessory.

### Skinny Jeans

The difference between the high waisted shorts known in the summertime and skinny jeans is how they extenuate the body. This is

the practicality of women's fashion. The skinny jean makes the legs look longer, just as the high waisted jeans turn attention to the waist. The mall shop that has confirmed its bankruptcy, Pac Sun and its surfer-skater brands, Billabong, Volcom and Bullhead offered a substantial supply of skinny jeans. American Eagle is another brand that provides the similar quality to its design and production of this style of jeans.

### Stan Smiths

This Adidas style remains the world's most coveted fashionable sneakers right now. Since taking on the streets of New York shortly after last year's US Open, the original green and white stripe has become a symbol of the athletics' mark on high fashion. Its style, now offered in a variety of colors, has since cultivated a mass following for sneaker fashion simply because it is the shoe almost everyone and their best friend is wearing. Its influence surpasses the Adidas flagship stores, shop this sneaker from the sportiest to the trendiest destinations in the retail word, Footlocker, Urban Outfitters and Nordstrom included.

These styles dictate how a young generation understands fashion. This youth revival is on a mission that seeks clothing and design with personal interest in expression. This dependent relationship between the industry and its followers allows each voice to grow stronger.

To read other articles by Valerie, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

# Trainor advances Mount legacy

Angela Smith  
MSM MBA Class of 2017

Mount St. Mary's University has commenced the fall semester with a new batch of freshmen as well as a new president, hoping to initiate big improvements to the college. The university's Board of Trustees announced the appointment of retired Brigadier General Timothy Trainor as the interim president of the university in June, and he began his new position on August 15 of this year. Trainor and his wife, Col. Donna Brazil (ret.), have since moved into the President's house, have become residents of the town of Emmitsburg, and settled in as members of the Mount community.

several meetings. He's even had opportunity to sit in on some undergraduate classes, and introduce himself in the dining hall during the lunchtime rush.

Though Trainor already has a background in higher education, his position at the Mount has given him a new perspective. As the former dean of the academic board at the United States Military Academy at West Point, he has gone from working at a public university centered on preparing young people to serve as commissioned officers in the Army, to a broader scope of students pursuing various occupations. The Mount, a Catholic, liberal arts university, is ranked in the top 30 out of 195 Regional Universities in the North by U.S. News and World Report. Trainor hopes that



Trainor has a bright outlook for the Mount's future, and believes the changes he will bring during his time as president will set the university up for long term health and growth.

"Both of us feel very connected to the Mount now," President Trainor stated, "We are loving the environment, the beauty of this place, and commitment of the people. We are settling into the normal rhythm of university life."

Trainor made it through his first Move In Day at the Mount in late August, helping new freshmen carry their belongings to their rooms. He has now experienced the beginning of this university's classes and Family Fest weekend. He has spent his time on campus getting to know students, faculty, and staff through

the improvements he will bring to the Mount will help the university move forward and stand out amongst the competition.

"Higher education is frankly, a business, and we are in a competitive marketplace. There are many opportunities to get an education at a lot of different places, so we have to develop and offer programs that meet the needs of the people who will come to us. We need to be prepared to continue to evolve to meet the changing needs of society."

Some of the ways Trainor wants to implement positive changes at the Mount include an expansion

into the online realm for undergraduate and graduate classes, as well as increase the opportunities for graduate school programs through the university's Frederick Campus and continuing education programs for non-traditional students. He also hopes to invest in new facilities, and further develop the university's Division I athletic programs. Trainor announced the reinstatement of the men's NCAA Division I soccer program at the university's opening convocation ceremony in August. The team will begin with competition in the fall 2018 season, and Trainor foresees the university introducing more women's Division I sports in the near future, as well as other improvements.

The president is also interested in hearing what the students have to say about their experiences at the Mount, and what he can do to help them. He has held town hall discussions, inviting all who are interested to get to know the student body and hear their concerns and ideas.

"My first few weeks on campus have reinforced my initial impression of this place: that we have people here that are very proud of the Mount and who are committed to

the long term success of the institution," he stated, "We have very vibrant student life programs and the students are also very engaged and interested in how the university runs and ensuring that the university is sound for the long term. The students are very positive about their experiences here."

Extending to off campus, Trainor hopes to develop more of a relationship between the university and its local community. The Mount and the Daughters of Charity recently signed a historic agreement called the Seton DuBois Initiative, named for the institutions' Emmitsburg founders, Saint Elizabeth Ann Seton and Father John DuBois. This initiative will foster a collaborative effort between the Catholic institutions, to share in the mission and serve the Catholic Church.

"We are in the early stages of discussion with the Daughters of Charity to better support them and bring greater visibility to the great work they do in Emmitsburg and around the country," stated Trainor, "We are looking for ways to partner with them and the Elizabeth Anne Seton Shrine. This could bring positive exposure to

Emmitsburg as well as potentially more visitors and tourists."

Trainor will be meeting with Mayor Don Briggs in the coming weeks to discuss other ways to partner with Emmitsburg and further the relationship between the community and the university. As for becoming a new member of the community and resident of the town, he has used the past few weeks to get to know his surroundings.

"I will be getting involved with the VFW, and have a strong relationship with St. Joseph's Parish. I have also been to the Ott House a few times and struck up a friendship with Bobby. I look forward to exploring the area more."

Trainor has a bright outlook for the Mount's future, and believes the changes he will bring during his time as president will set the university up for long term health and growth.

"There are so many people who are committed to the Mount, and that bodes well for our long term success. This place persevered through the challenges of last year and will go forward," he stated.

To read past articles by Angela, visit the Authors section of [Emmitsburg.net](http://Emmitsburg.net).

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ARTS

# Majestic welcomes Havana Cuba All-Stars

Direct from Havana, Cuba (under the Auspices of the Ministry of Culture), the 15-piece Havana Cuba All-Stars band will appear at Gettysburg College's Majestic Theater on Wednesday, October 19 at 7:30 p.m. "Cuban Nights" is the debut tour of Cuba's greatest musicians in the United States!

The joy of the Caribbean will fill the historic Majestic Theater as Cuba's most prominent musicians share their rich musical heritage, from the Rumba to the Cha-Cha-Cha to the Habanera.

"Come join us for a vacation to the land of white sand beaches, swirling cigar smoke, and swinging Latin jazz," enthused Jeffrey W. Gabel, the Majestic's Founding Executive Director who booked the show over a year ago as soon as the ground-breaking tour was announced. "This dy-

namic band presents an authentic Cuban experience, with rhythmic drums and castanets, wailing trumpets, and masterful acoustic guitar."

Devoted to presenting the wide tapestry that exists in Cuban music — from Latin dance to soulful ballads - this concert presents the great musical traditions of the Cuban people. "The Asere Friendship Tour" is The Havana Cuba All-Stars' first-ever U.S. tour and celebrates the new open friendship between the United States and Cuba. Bringing the musical traditions of their forefathers to the States for the first time, the group's Spanish vocals, traditional songs, and sizzling rhythms will light up the stage and fill the hall with exciting sounds.

To purchase tickets \$54, \$46, \$40, call 717-337-8200, vis-



The 15-piece Havana Cuba All-Stars band will appear at the Majestic Theater on Wednesday, October 19. "Cuban Nights" is the debut tour of Cuba's greatest musicians in the United States!

it [www.gettysburgmajestic.org](http://www.gettysburgmajestic.org) or stop by the Box Office, 25 Carlisle Street, Gettysburg. The Box Office is open Monday through Sat-

urday from Noon until 7:30 p.m. and on Sunday from 1 to 5 p.m.

The Majestic Theater at the Jennifer and David LeVan Per-

forming Arts Center is owned and operated by Gettysburg College as a cultural treasure for its campus and the community.

# The Way Off Broadway goes "Into The Woods"

Way Off Broadway Dinner Theatre, continues its 2016 Mainstage Season this fall with a production of Stephen Sondheim and James Lapine's fairytale inspired musical, Into the Woods.

In the show, everyone's favorite classic storybook characters come together in one enchanting mod-

ern musical. The story follows a Baker and his wife who wish to have a child, Cinderella who wishes to attend the King's Festival, and Jack who wishes his cow would give milk. When the Baker and his wife learn that they cannot have a child because of a Witch's curse, the two set off on a journey to break the

curse and run into Little Red Riding Hood, dashing princes, a maiden trapped in a tower, and a mysterious man along the way. Everyone's wish is granted, but the consequences of their actions return to haunt them all with disastrous results.

The original Broadway production began previews in New York at the Martin Beck Theatre on September 29, 1987, following its world premiere at the Old Globe Theatre in San Diego the year before. The company included a number of stage veterans including Chip Zien as the Baker, Joanna Gleason as his wife, Robert Westenberg as Cinderella's Prince, and Bernadette Peters as the Witch.

Into the Woods won three Tony Awards, including one for Gleason as Best Actress in a Musical. In addition, it won five Drama Desk Awards including Outstanding Musical, Outstanding Book of a Musical (James Lapine), Outstanding Lyrics (Stephen Sondheim), Outstanding Featured Actor in a Musical (Westenberg), and Outstanding Featured Actress in a Musical (Gleason).



Thirteen years after the show first appeared on Broadway, it returned for a brief revival starring Laura Benanti as Cinderella and Vanessa Williams as the Witch. The production won both the Tony and Drama Desk Awards for Best Revival of a Musical in 2002, as well as garnering a number of other nominations.

The cast of Way Off Broadway's production includes Jessica Billones as the Witch, Paul Cabell as the Royal Steward, Melani Drummer as

Jack's Mother, Jeanine Evans as Cinderella's Stepmother, Skylar Hardee as Lucinda, Jaimie Lea Kiska as Little Red, David I. Marcus as the Narrator and Mysterious Man, Melissa Ann Martin as Florinda, Ariel Messeca as Cinderella's Prince and the Wolf, Jordan Moral as Jack, Mallory Rome as Cinderella, Jordan B. Stocksdales as the Baker, Caroline Vette as Rapunzel, Joseph Waeyaert as Rapunzel's Prince, Tori Weaver as the Baker's Wife, and Megan E. West as Cinderella's Mother and Granny.

Into the Woods will run from October 7th through November 12th and has music and lyrics by Stephen Sondheim and a book by James Lapine. Way Off Broadway's production is directed by Bill Kiska, with music direction by Jordan Stocksdales.

Doors open for dinner on Friday and Saturday evening at 6 p.m. with the show beginning at 8 p.m. On Sundays, doors open for lunch at 12:30 p.m. with the show beginning at 2:15 p.m. Tickets are \$45 on Friday evening, \$48 on Saturday evening, and \$44 for Sunday matinees.

To purchase tickets, call the Box Office at 301-662-6600. To learn more about Way Off Broadway or any of its productions, visit [www.wayoffbroadway.com](http://www.wayoffbroadway.com).

The Musical Adventure Begins October 7th

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**Capitol Steps** Saturday, October 15, 2 p.m. & 8 p.m.

No matter where your political loyalties lie, you'll find plenty to laugh about when the CAPITOL STEPS return with an all new show right before the Presidential Election. These current and former Congressional staffers are the nation's premiere musical satire group who is never, thanks to our elected officials, at a loss for material. This is a fundraising event presented by the Gettysburg Rotary Club.

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Looking for a fun filled evening? Then may we suggest the Bottle Rockets Living Room Show October 6 in Fairfield? It's an all acoustic, all request show playing in the old Catholic church at 12 East main Street in Fairfield, October 6. Arena rock excitement, without the arena inconveniences! No stage, no sound system. Limited to just 40-60 tickets. Tickets must be bought in advance. Show starts at 8 p.m.. Tickets \$25 - available of Facebook (search Facebook for "Bottle Rockets Fairfield.")

# Inside the Taneytown Dance Center

Jack Williams  
MSM Class of 2017

There is a humbling variety of artistic interests in Taneytown, and in the past, I have spoken with several business owners that participate in this growing trend. Taneytown for the Arts' mission is to cultivate the arts in a local, welcoming environment. RUST by Justin Staudinger offers a unique collection of antiques handcrafted by local creators, and the Red Door Boutique sells inviting home décor and other gifts with a trendy appeal. But there are more artistic outlets in Taneytown as well. Located at the intersection between Frederick Street and West Baltimore Street is the Taneytown Dance Center, whose mission is to teach the art of dance to both the young and the old alike. For this article I had the absolute pleasure of speaking with Kimberly McCord-Golli-day, or as her students often call her, "Miss Kim."

Kimberly is the founder of Taneytown Dance Center LLC, which opened in Taneytown in September of 2004. She named it the Taneytown Dance Center because she envisioned an equivalent to Broadway Dance Center in New York City. While there has been a recent wave of artistic activism in Taneytown, Kimberly was one of the first to spark this recent communal interest, "I was teaching for many studios in the Baltimore area and decided to try opening something for kids in the area to help expose them to the arts... My goal when I opened was to have at least 30 children. I finished my first year with 67 students."

Kimberly has an extensive background in dance, one that began at a very early age. Her interest in the Baltimore area was in many ways a result of her upbringing, "I was born in Baltimore City and started dancing when I was two and a half years old," she said, "When I was 14, I auditioned for the Baltimore School for the Arts and was accepted into the program."

The Baltimore School for the Arts, BSA for short, had an immense influence on her choice of career, as well as her love for teaching others what she had learned. She shared with me, "I was drawn to teaching at a young age. Right before high school I was able to teach dance to inner city youth. It was so rewarding and it made my heart full to see these kids that may never have this opportunity to feel good about themselves as well as give them hopes and dreams."

Oftentimes, there are certain forms of art that we familiarize ourselves with more than others. These include paintings, sculptures, novels, poetry and film. The compelling detail about dance, as a form of art,

is that no verbal communication is expressed to the viewer. Like a painting, you can participate in an artistic experience merely from the movements and facial expressions of the subject. Kimberly's transformative experience came at the age of six, "When I was six my sister took me to the Baltimore Museum of Art. Many museums are free and I was obsessed with always going there. When I saw Edgar Degas' dancer statue I looked at her and knew I wanted to be a dancer."

Her dream of becoming a dancer motivated her, while at BSA, to join the New York City Ballet, one of the foremost dance companies in the world. During her senior year, however, she suffered an unfortunate injury. This setback took her life in a new and exciting direction, "When this happened I was asked to assist in learning choreography, running the pre-performance master classes as well as rehearsals. It was a whole new learning experience that was so exciting! I was told that I would never dance again. However, I did not feel in my heart that that was really an option."

She later spent time learning business at Morgan Stanley and met the love of her life, "I met my husband from Carroll County. I am blessed with him, two amazing sons, and great friends. But I still felt that dance was missing." This inspired her to begin teaching again, opening the Taneytown Dance Center twelve years ago this past September.

The Taneytown Dance Center is a lovely studio in a very quaint section of Taneytown which offers a warm and welcoming environment to both dancers and non-dancers alike. This is something that Kimberly emphasized very strongly, "Taneytown Dance Center is all about feeling good about yourself and who you are. And if you don't know who you

are, you may find it while you're here. It's such an amazing family in our corner of the world here."

There are a number of benefits associated with learning to dance, regardless of your age! There are the physical benefits involved with moving for an extended period of time, but there are other positives to note as well. The art of dance creates tightly-knit communities, and these communities not only help you make new friends, but can help increase your own self-confidence at being able to complete a task you never thought that you would even try.

There are a number of different programs for children, who can begin taking classes at Taneytown Dance Center starting at one and a half years of age up through high school. For those between the ages of one and a half and five, there are four available classes. Baby Ballet is for those aged 18 - 36 months, consisting of specially developed and engaging movements meant to get your son or daughter up on their feet. Tiny Tots is a class for those ages two to four, where the very basics of dance are taught to boys and girls. The fundamentals about coordination, rhythm, and space are very important for the Intro to Foundations of Dance Class, the third that's offered to younger children. In this third class, toddlers begin to learn the basics of ballet. The fourth is called Ballet & Ballet Stories, where the basics of ballet are emphasized more than in the other classes.

While dance studios are commonly associated with ballet or dance classes for children, this is not the case with the Taneytown Dance Center. There are plenty of different forms of dance that are worth your consideration. The studio offers classes in Tap, Jazz, classes for children with special needs, Musical Theatre, Hip-Hop, and Contemporary Fusion, among others!



Young dancers gather around their favorite dance teacher "Miss Kim" who congratulates them on their phenomenal performance.

For any adults interested in taking up dance as a hobby, Kimberly shared this detail about adult participation in dance, "My adult classes are dance classes for the non-dancer. Our Adult Tap, Ballet and Body Therapy classes range between 29-65 usually. They are amazing."

Many members of our area already enjoy the Body Therapy dance class, one which Kimberly says can fit just about anyone's needs, "It's for anyone that just wants a little exercise, fun and friendship. It's quite interesting and very relaxing. In the fall and

winter months, this class is done by candlelight."

If you're interested in learning dance from the capable and caring instructors at the Taneytown Dance Center, you can find it at 2 Frederick Street in Taneytown. Questions about particular classes, their schedules, or enrollment availability can be made by email at [dance@taneytowndancecenter.com](mailto:dance@taneytowndancecenter.com), or by phone at (410) 756-9311.

To read other articles by Jack, visit the Authors section of [emmitsburgartsandscenewordpress.com](http://emmitsburgartsandscenewordpress.com).

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## SPORTS

# Catoctin Soccer season in full swing

Sean Vietri

In the second week of September, the Cougar Stadium hosted two home games for both the Catoctin boys and girls soccer teams. The boys played a non-conference game against Clear Spring on September 13, and the girls went up against conference opponent, Thomas Johnson on September 15.

The boy's game started off even, as both Clear Spring and Catoctin fought for control. The Cougars were aggressive, particularly with headers, as they won the majority of 50-50 balls. On the ground, Clear Spring showed a slight advantage in ball movement but didn't break through Catoctin's defense until about a quarter into the game. Two shots were taken early on, one in the twelfth minute of the game by Catoctin's Noah Olson, and by Clear Spring's

Joseph Micco, but neither went in. In their attempt to go on the offensive, Clear Spring found itself too far up the field when Catoctin midfielder, Kyle Gasior, and defender, Devin Stafford, utilized their speed and made a run towards goal. Gasior sent a through ball to Stafford, who positioned himself to score, but keeper Collin Halterman made the save.

Near the half, Catoctin's defense tired while holding their third, and eventually Clear Spring's Garrett Landman split two defenders with a ball that found its way into the net. Just two minutes later, Joseph Micco took a stab at it again but was stopped by Drumheller. Up the field, Catoctin's offense saw some difficulty finishing. In the 32nd minute of the game, Olson crossed the ball to teammates in the box but the Cougars failed to finish. Near the end of the first half, Drumheller faced a lot

of action with three saves and one that got past him. Clear Spring led (0-2) at the half.

Kicking off the second half, Clear Spring's momentum mounted as the ball became loose in the Cougar's box and went over the goal line. Catoctin had a brief surge when Olson shot twice in three minutes, one from outside the box and a goal from a one on one encounter with the keeper. The last 20 minutes of the game consisted of Catoctin hanging on the score in the defensive third. Drumheller saw consecutive shots in the last quarter, though no more goals were scored. Drumheller, who was interviewed after the game, reported that Clear Spring took 20 shots, scored three times and was blocked by Drumheller eleven times.

The girls' game was a bit more of a toss up and a great game to watch. Thomas Johnson started the game with a bang in the eleventh minute when Ainsley Jeter crossed the ball to Tiana Fitzgerald who tapped it in for a goal. Jeter returned to the box just three minutes later as she shot just over the goal post. Catoctin, having difficulty stopping Jeter's tempo, placed freshman Abigail Weagley to stay on her and shut her down. On the offensive, the Cougars tried utilizing Taylor Crum's speed up top delivering long balls to her for break-



Catoctin Cougars gave it their all against Thomas Johnson and scored an unexpected last minute goal against the opposing team.

balls again and again to Crum in the first half, and finally in the 25th minute of the game, it worked. Crum flew past the Patriot's defense and beat the keeper to easily finesse the ball into the back of the net. As the clock stuck 40 minutes, it looked as if the game would be tied at the half. However, with three minutes to go, Thomas Johnson's Sara Hohn shot the ball over Catoctin goalkeeper Lauren Drumheller and scored for the Patriots. They didn't stop there. With less than a minute to go, Ainsley Jeter took the ball to the flag and cut inwards from the wing leaving Weagley to play catch up. Jeter scored giving Thomas Johnson a (1-3) lead at the half.

In the second half of the game the Cougars tried to bridge the gap with unlucky shots from both Crum and Reaver. The Cougars got lucky, however when in the 55th, minute TJ

committed a handball in their own box and the Cougars were awarded a Penalty Kick. Crum took the shot, and scored. If Catoctin's second goal was luck, then so was Thomas Johnson's fourth. With four minutes remaining on the clock, Catoctin keeper Lauren Drumheller got a yellow card in the box in what appeared to be a non-intentional foul on Jeter. Patriot Jesse Titus was chosen to take the penalty and scored.

In a near impossible attempt to get two goals in two minutes, the Catoctin girls impressed the crowd by scoring one. Cougar's Reaver dribbled the ball up the field and crossed to Gracie Harrison who scored. Even with the final score of (3-4) Thomas Johnson, the audience could clearly see the fight and perseverance the girls had shown that night. Both teams look forward to polishing up and bringing their all to upcoming matches.

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# Diving in deep at the Mount

Kelly Smith  
MSM Class of 2017

Mount St. Mary's University is ready to dive in to the new addition of men's and women's diving and men's swimming. The Mount will enter a new era of college sport participation, and the excitement is evident.

Head swim and diving coach, Neil Yost, explained how the addition of the sport will benefit the Mount community, "Any new program, be it athletics or academics, is an opportunity to enhance our campus and attract new students that otherwise would have looked elsewhere. Diving alone will, in the short term, open up opportunities for six new students on campus and has the potential to be in the ten to 12 range. The new men's swim program brought eight new freshman this year and has a current roster of 13. The near term goal is 18 and the potential for 20+ is there. So between the two new programs, we have the ability to attract more than 25 individuals from a broad spectrum of backgrounds."

Athletic Director, Lynne Robinson said about the benefits of the program, "One of the goals of the University is to grow enrollment. So if one of the Mount's aspects is that we need to grow, we can strive to grow and continue to grow in the future." Robinson also explained the process in the arrangement of adding the sport, "We asked ourselves, what are some aspects about growing enrollment? The first is to look at the academic programs and athletic programs being offered currently. Looking at athletics, one way to help grow enrollment is to add sports. If you add sports, what sports would you look at? So we started looking at different sports and if increasing enrollment is one of the goals of the university, a natural connection is to grow athletics."

The recruiting process is the same as with any other sport offered at the Mount. Yost said, "The initial recruitment process was the same as it has always been and will continue to be. The goal is to find young men and women of character with strong will, great academics, and a desire to achieve." Yost continued, "As evidenced by the geography of the current freshmen men and women this year, we are willing to cast the net very far to find those people. While a smaller, more intimate roster would be great, it doesn't provide enough to fill out a competition, so roster expansion is a must for us."

The Athletic Department always looks for academic success in a student-athlete. Robinson said, "We want to make sure the athletes are coming for all the right reasons, when it comes to recruiting. Swimming is one of the best teams who are academically solid at the Mount and across the country."

With the conclusion of the Rio Olympics, diving has become an extremely popular sport. Yost stated,

"Diving and men's swimming, while very popular outside the collegiate ranks, has been diminished in recent decades at the Division I collegiate level. The reasoning has never been popularity of the sport but instead has tended toward finances or occasionally Title IX compliance. That said, in recent years there has been a surge in the additions of competitive aquatic programs in college athletics, including D1."

The new Mount program is headed in the right direction. Yost said, "The diving program has started out great. While we do not have any men for that part of the program yet, we currently have three women practicing four days a week and a great coach leading the way."

A new coaching staff has recently been announced that will assist Yost throughout the season. Karli Richards has most recently been added to the diving coaching staff. Richards was a former diver at Notre Dame and was the head diving coach at the University of Pennsylvania. Richards spent four years at Notre Dame, while being coached by former Chinese Olympic diver, Cai Ming Xie. Richards was a three-time NCAA zone qualifier and won the team's Most Improved Athlete Award during her third year at Notre Dame. In addition, Richards earned the Big East Conference Scholar-Athlete Award in 2001. Interestingly enough, Richards earned a medical degree and is currently a licensed foot and ankle surgeon at Richards Orthopedic Center and Sports Medicine in Chambersburg, PA.

Coach Yost said in regards to the addition of Richards, "We're really excited to bring Karli on board as we build and develop our diving program here at the Mount. Karli brings an exceptional amount of knowledge and great pedigree, and our divers are eager to learn from such an accomplished athlete."

In addition to Richards, the Mount's men's and women's swimming and diving programs have also

announced the addition of Zander Taylor and Kristie Langford as Assistant Coaches. Taylor spent three years as an assistant swimming and diving coach at Alfred University. He guided the team to the 26 school records as well as ten NCAA "B" cut times. Taylor also was a coach to an NCAA diving regionals qualifier, NCAA qualifier, and three Academic All-Americans.

Langford graduated from UMBC and comes to Maryland from The Port Hope, Ontario, Canada. She was the team captain her last two seasons at UMBC. As captain, her team went to the American East Conference Championships both years. Her final year at championships for UMBC, Langford claimed second place in the 50 free, third in the 100 free and fifth in the 200 free. In addition to her success at championships, she also participated in the 200 medley relay setting a school record and placing first.

Yost said about the new assistant coaches, "With the addition of men's swimming and the expansion of the women's roster, adding staff was imperative. Both Zander and Kristie come from strong and diverse collegiate backgrounds and should bring new ideas and a fresh enthusiasm with them. I am excited to work with them in providing opportunities for success and growth for our swimming students."

Coach Yost announced the new talent that has been added to the Mount Athletics program for both the men's and women's 2016-17 season. Twelve athletes have been announced to the new men's team: Brock Cudahy (Manassas, Va.), Matt Hart (Haddon Township, N.J.), Vincent Huang (San Ramon, Calif.), Andrew Quinan (Manassas, Va.), Michael Rebarchak (Harrisburg, Pa.), Liam Taylor (Saskatoon, Saskatchewan), Will Twizell (Adelaide, Australia), Matt Wehmeyer (Point Pleasant, N.J.), Eiann Bulatao (Reisterstown, Md.), Michael Kenney (Livonia, Mich.), Roland Edge (Mechanics-



For world class swimming, you need not look any further than the Mount swimming and diving team.

ville, Md.) and Aidan McCormick (Yorktown, Va.).

On the women's side, freshmen swimmers include Victoria Aung (Springfield, Va.), Maggie DeTar (Post Falls, Idaho), Peyton Fuller (Ellicott City, Md.), Shannon McCloskey (Earlville, Md.), Brianna Rizzo (Pequannock, N.J.) and Colette Robinson (Hershey, Pa.). Peyton Fuller will be the first diver in program history for the Mountaineers.

Yost said about the freshmen, "We are really excited to announce not only another strong incoming group of women for the fall of 2016, but also our first class of men. All of these first-year athletes display the hard work, determination, and grit that we look for in Mount students. These qualities have already carried them to success in the classroom and the pool, and will continue to do so through their time with us and beyond." Yost continued, "Our first priority is always to achieve academic All-American team status, and that hasn't changed. Outside of that, whether it is in the classroom, the

pool, or in the community, the most important goal is to represent the Mount and each other in the most positive way possible. If we strive for those things, we will always have a successful year."

To witness Mount history, Coach Yost has released the fall schedule for both the men and women's swim and dive teams. The Mount will host two meets as the men's squad begins its inaugural season. On October 8, the women host Virginia Military Institute and Manhattan at 1 p.m. The Mount hosts Howard on November 11 at 5 p.m., then the swimmers travel to the Franklin and Marshall Invitational November 18-20 to conclude the fall season. To keep up with the new program, all information on meets and results can be found at MountAthletics.com. Let's dive into another great chapter in Mount sports history!

All schedules and the latest up to date information on MSMU sports and results can be found at mountathletics.com.

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## COMPLEMENTARY CORNER

# Letting go could save your life!

Renee Lehman

Fall is nature's season of harvest. It is a time for gathering nature's crops before Winter settles in. In nature you can see the leaves changing color and beginning to fall to the earth. Sap in the trees drops to the roots, light and warmth of the sun grows scarce, and there is an abundance of fruits, vegetables, nuts and grains. Can you see how nature's energy is moving downward (letting go) and inward?

One of the many gifts of Fall is the opportunity for nature (and us) to "let go." The trees let go of their leaves to enrich the soil for Spring's growing season. With the leaves falling off the branches, we can see more clearly through the trees. This allows us to acknowledge nature's beauty and awe, and acknowledge the intrinsic value of everything of creation.

In Traditional Chinese Medicine, the season of Fall is associated with the Lungs and Large Intestines. In TCM, the Lungs (LU) and Large Intestines (LI) have many functions on a body, mind and spirit level. Overall, they allow for the natural flow of "letting go of the old and taking in the new." They are so interdependent, that if one does not function well, the other will fail. Just think of how if you don't let go (LI), you won't be able to take in (LU), and if you don't take in (LU), you won't have anything to let go (LI). Can you see any examples of this with your own body/mind/spirit?

The Lungs are considered to be the Minister and Chancellor to the Heart. They regulate the rhythm of your life. Think about how your breathing is very rhythmical without you having to concentrate on it. On a physical level, the Lungs literally receive the pure Heavenly Qi (also known as air). The Lungs then release the waste product of carbon dioxide to the outside environment (so that more oxygen

will then be taken in). We breathe in a very matter of fact way. However, in many world cultures and religions, meditation and prayers are done by being mindful of one's breathing. The Lungs also regulate the strength of your voice. When the Lungs are in balance, you will have a strong voice, breathe easily, and have no problems with phlegm/mucus.

On an emotional and mental level, the Lungs are responsible for receiving inspiration, the feelings of self-worth, and realizing the richness of life. How many times have you had an "Ah Ha" moment? Suddenly, you "see" the answer or understand something so clearly. That "spark" of inspiration comes from the Lungs. If the Lungs are out of balance, then you may experience life as dull or "cold," feel inert and uninspired, lack respect for and devalue yourself and others, or even strive for perfectionism (instead of excellence).

On a spirit level, the Lungs are responsible for your inspiration that "feeds" your spirit. Since the Lungs are connected with the Heavens, they give our life a sense of quality and higher purpose. We need this guidance from the Heavens to inspire us. Possible examples of this would be religious experiences (visions of saints, enlightenment experiences, and mystical experiences of prophets of all religions), or even your own experience of the connection with the Heavens that brings you joy.

The Large Intestines are considered to be the "Drainer of the Dregs," and remove the waste products from within us. As it carries away the impurities of the body, mind, spirit, it leaves us pure and brilliant. Letting go of the old and worn out ideas, beliefs and actions allows for us to make positive life transformations.

On a physical level, the Large Intestine is the "Great Eliminator." It receives the transformed food/drink from the small intestine,

absorbs any remaining fluid and minerals, and then eliminates the waste, also known as the "mundane qi" (the qi that has lost its value). When the Large Intestine is out of balance, you may have constipation, diarrhea, or find yourself over-collecting things that are of value to you (knick-knacks, baseball cards, jewelry, etc.).

On an emotional and mental level, the Large Intestines are responsible for letting go of impurities of the mind. It judges the value of things that will affect our quality of life and releases the worthless thoughts and behaviors that could keep our life unpleasant. When the Large Intestine is in balance then we are able to let go of the past, impure thoughts, and grudges; while at the same time keeping things of value.

On a spirit level, the Large Intestines are responsible for the letting go of things that no longer serve us. This allows space for new growth and changes in your life. For example, a balanced Large Intestine would allow for you to extract the "gems" from rubbish that you are exposed to daily, and allow you to grieve the loss of a loved one and then move through the grief, allowing space for new growth in that area. It would also give you a sense of quality to your life, because it removes the things that could contaminate your spirit; therefore, causing you to feel "stuck" or "blocked up."

TCM states that when Qi flows smoothly through the body then disease or illness cannot enter. So, when your Qi is stuck or blocked, illness occurs. Think about the emotions that you have held onto from your past. Could they be connected to your current state of physical health? Absolutely! Suppressed emotions associated with stress, anger, regret, sadness and fear have a negative effect on our level of health. Letting go of these suppressed emotions can be incredibly healing for the body/mind/spirit.



Looking to lose stress? Take a lesson from a cat - find a comfy chair in the sun and sleep.

In a groundbreaking stress study published in the New England Journal of Medicine in 1991, 420 men and women took surveys on a variety of factors, including their stress levels. Then some of the subjects were given a nasal spray that contained saline, while others were given a nasal spray that contained the common cold virus. They all knew this information, they just didn't know which one they would be receiving. The individuals who reported that they were more stressed developed a full-blown cold, while those who reported being less stressed were better able to fight off the cold. This study demonstrated that holding on to stress makes you more vulnerable to developing disease. Hundreds of other studies have continued where this study left off, showing that suppressed emotions weaken the immune system.

The good news is that studies have shown that "letting go" of feelings of stress, anger and/or fear can strengthen your immune system – and very quickly,

too (Radical Remission by Kelly Turner, PhD). This makes sense from a TCM perspective – by letting go, Qi can move freely and allow for balance and harmony within the person; therefore, allowing no room for illness or disease to exist.

So, allow yourself to be supported by the energy of Fall, and LET GO for your own sake! In the upcoming November article you will learn about some helpful strategies to Let Go.

"Anger is an acid that can do more harm to the vessel in which it is stored than to anything on which it is poured." - Mark Twain

"Healing may not be so much about getting better, as about letting go of everything that isn't you - all of the expectations, all of the beliefs - and becoming who you are." - Rachel Naomi Remen

Renee Lehman is a licensed acupuncturist and physical therapist with over 25 years of health care experience. Her office is located at 249B York Street in Gettysburg. She can be reached at 717-752-5728.

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# FITNESS AND HEALTH

## Keep moving

Fall is coming

Linda Stultz  
Certified Fitness Trainer

Fall really is coming even though while I am writing this the temperature is supposed to hit 100 today. While we wait on the cooler temperatures we can be thinking of how to keep our outside exercise routine going through the nice cool weather

and even into the cold times of winter.

This summer has been very hot and humid for long periods of time and many of my clients have told me they just could not take the outside temps, especially to exercise in them. Being the dedicated troopers that they are they found interesting things to keep moving inside and still challenge

themselves. Some even decided to alternate inside and outside exercise just to keep things fresh and interesting. In past articles I have suggested videos and exercise programs on TV to guide you through an exercise routine and to keep you motivated. I do think these are good tools to get you to stick to an exercise time and not let you develop a habit of skipping exercise.

New and challenging ways to keep moving are coming out every day. Take a dance class, skiing lessons, horseback riding, Tia Chi or anything that makes you move

and you enjoy doing. The really big challenge is to keep up the time you set aside for yourself. I realize that sometimes, because of school programs or other appointments that are scheduled and you cannot change makes you have to do your workout at a different time, but please don't just skip it. Commit to yourself and find another time that is just for you.

Coming off a hard, hot summer for my family this year has taught me the importance of taking care of you. I will admit I have struggled to find time to exercise this summer but seeing how I feel from not sticking to a routine tells

me that you really can't take care of others and your daily jobs if you don't take care of yourself first. That really is not being selfish, it is being smart and productive. I will be glad to hear any ideas you may have for interesting ways that you maintain your exercise routine during the fall and winter.

Please contact me with questions or ideas at 717-334-6009. Remember, Keep Moving, it is so important to your health.

*If you have any questions or suggestions you can contact me at 717-334-6009. Enjoy the summer and remember to Keep Moving!*



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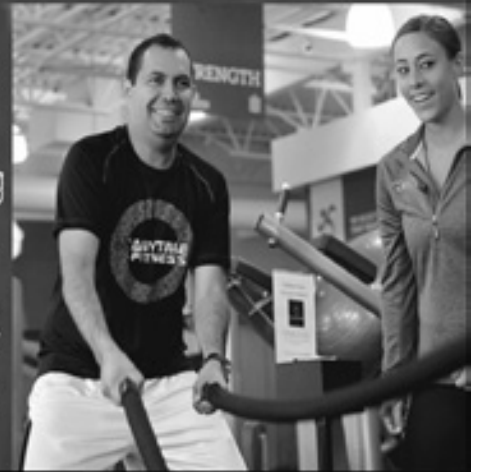
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## ASTRONOMY

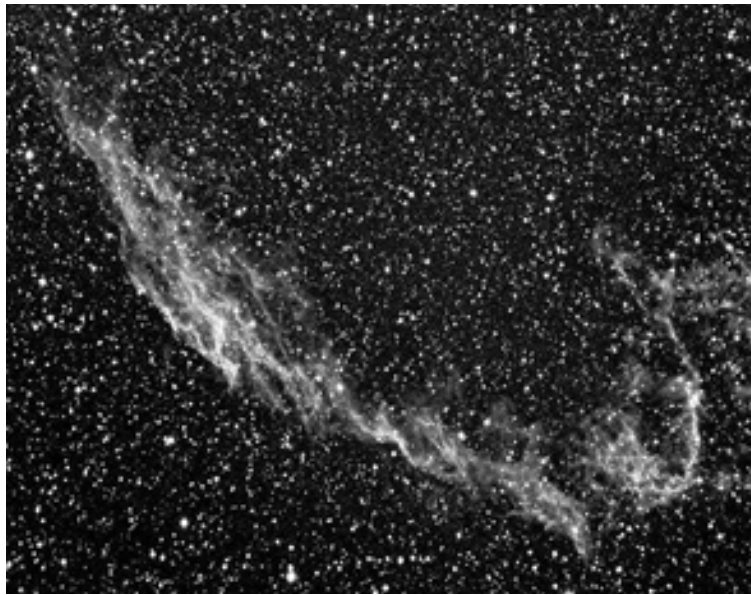
# The night sky of October

Professor Wayne Wooten

For October 2016, the moon is new on October 1st. Both the Muslim and Jewish calendars celebrate their new year on October 3rd; it is 1438 AH for the Muslims, and 5777 AM for the Jewish celebrants. Peace be on both your houses in this new year! The waxing crescent passes five degrees north of Venus on the same evening, the star and crescent of Islam. On October 6th, the moon passes ten degrees north of Antares, and four degrees north of Saturn in the southern sky.

The waxing crescent moon passes seven degrees north of Mars on October 8th. The first quarter moon on October 9th will be setting at midnight. The full moon, the Hunter's Moon, rises at sunset on October 16th. The waning gibbous moon will interfere with the peak of the Orionid Meteor Shower on the morning of October 20th. This is debris from Comet Halley, and about a meteor every 3-4 minutes seem to come out of Orion's head were the skies dark enough. The waning crescent moon passes 1.4 degrees north of Jupiter in dawn's glow on October 29th, and the second new moon of the month occurs the day before Halloween, so no moon for trick or treat's gazing this year.

Venus dominates the western sky after sunset, and is a tiny wan-



The exquisite Veil Nebula, the remains of a supernova from thousands of years ago that is about 1,500 light years away.

ing gibbous disk in telescopes. She passes 3 degrees north of Saturn is low in the SW evening sky on October 29th, just north of Antares in Scorpius. Saturn will be lost in the Sun's glare by mid November. Mars is fading fast, and moving eastward into Capricornus this month; Venus will not finally overtake Mars until early 2017, however. Jupiter returns to the dawn sky just before sunrise, but Mercury is too close to the sun for viewing now.

While the naked eye, dark adapted by several minutes away from any bright lights, is a wonderful instrument to stare up into deep space, far beyond our own Milky Way, binoculars are better for spot-

ting specific deep sky objects. For a detailed map of northern hemisphere skies, about September 30th visit the [www.skymaps.com](http://www.skymaps.com) website and download the map for October 2015; it will have a more extensive calendar, and list of best objects for the naked eyes, binoculars, and scopes on the back of the map. Also available as the next month begins is wonderful video exploring the October 2016 sky, available from the Hubble Space Telescope website at: [http://hubblesite.org/explore\\_astronomy/to\\_nights\\_sky/](http://hubblesite.org/explore_astronomy/to_nights_sky/).

The Big Dipper falls lower each evening. By the end of October, it will be only the three stars in the handle of Dipper still visible in the northwestern twilight. By contrast, the Little Dipper, while much fainter, is always above our northern horizon here along the Gulf Coast.

To the southwest, Antares and Scorpius also set soon after twilight, and will be gone by month's end. East of the Scorpion's tail is the teapot shape of Sagittari-

us, which marks the heart of our Milky Way galaxy. Looking like a cloud of steam coming out of the teapot's spout is the fine Lagoon Nebula, M-8, easily visible with the naked eye. This stellar nursery is ablaze with new stars and steamers of gas and dust blown about in their energetic births. In the same binocular field just north of the Lagoon is M-20, the Trifid Nebula. Many other clusters visible in binoculars as you sweep northward along the Milky Way, and are plotted on the sky map for the month.

The brightest star of the northern hemisphere, Vega dominates the sky overhead. To the northeast of Vega is Deneb, the brightest star of Cygnus the Swan. Just beneath of eastern wing tip is the exquisite Veil Nebula, the remains of a supernova thousands of year ago, and about 1,500 light years distant. Our feature photo shows only a portion of the whole 3 degree (6x the size of the full moon!) blast.

To the south of Cygnus is Altair, the brightest star of Aquila the Eagle, the third member of the three bright stars that make the Summer Triangle so obvious in the NE these clear autumn evenings. To the east of Altair lies tiny Delphinus, a rare case of a constellation that does look like its namesake.

To the east, the square of Pegasus is a beacon of fall. South of it lies the only bright star of Fall, Fomalhaut. If the southern skies of Fall look sparse, it is because we are looking away from our Galaxy into the depths of intergalactic space. The constellation Cassiopeia makes a striking W, rising in the NE as the Big Dipper sets in the NW. Polaris lies about midway between them. She contains many nice star clusters for binocular users in her outer arm of our Milky Way,

extending to the NE now.

Her daughter, Andromeda, starts with the NE corner star of Pegasus' Square, and goes NE with two more bright stars in a row. It is from the middle star, beta Andromeda, that we proceed about a quarter the way to the top star in the W of Cassiopeia, and look for a faint blur with the naked eye. M-31, the Andromeda Galaxy, is the most distant object visible with the naked eye, lying about 2.5 million light years distant. It is a bigger version of our own Galaxy, which it may collide with about three billion years from now.

Below Andromeda is her hero, Perseus. In his hand is a star most appropriate for Halloween, Algol. This star "winks" at us for six out of every 70 hours, which Arabic astronomers centuries ago found spooky, hence naming it "the ghoul". We know today it is an eclipsing binary system, with the larger, cooler orange star covering 80% of its smaller, hotter neighbor during the "wink". At the foot of Perseus, the hero of "Clash of the Titans" is the fine Pleiades star cluster, the "seven sisters" that reveal hundreds of cluster members in large binoculars. This might be the best object in the sky for binocular users.

Winter will be coming soon, and in the NE we see yellow Capella rising. It is the brightest star of Auriga the Charioteer, and pair of giant stars the same temperature as our sun, but at least 100X more luminous and about 10X larger than our sun. It lies about 43 light-years distant. A little farther south, below the Pleiades, orange Aldebaran rises. It is the eye of Taurus the bull, with the V shaped Hyades star cluster around it making the head of the bull. This colorful giant star is only 2/3 as hot as our yellow sun, but 44X times larger and at 65 light years distant, one of the closest of these monster stars.

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## Farmers' Almanac

*"October is Nature's funeral month. Nature glories in death more than in life. The month of departure is more beautiful than the month of coming—October than May. Every green thing loves to die in bright colors.*

—Henry Ward Beecher (1813-1887)

**Mid-Atlantic Weather Watch:** Fair and warm (1, 2, 3, 4, 5, 6) with showers, cooler (7, 8); fair and mild (9, 10, 11, 12) with more showers and cooler (13, 14). Fair and mild (15, 16, 17, 18, 19, 20, 21) with remnants of tropical storm, heavy rain (22, 23, 24); warm and humid (25, 26, 27, 28) with yet more showers, cooler temperatures (29, 30, 31).

**Full Moon:** Hunter's Moon is the name given to October's Full Moon. Because of the extra light it provided, many Native Americans were able to continue their hunt for food into the early evening.

It will occur on Saturday, October 15th. It has also been known the Big Feast Moon because of the bountiful harvests and Fall celebrations going on at this time. The Cree Tribe called it Yellow Leaf Moon and Moon Of Falling Leaves because of the many leaves turning that color at this time and that many of trees will be losing the last of their leaves during the month.

**Holidays:** Columbus Day falls on Monday, October 10th in 2016 and United Nations Day is celebrated on Monday, the 24th. The Jewish New Year, Rosh Hashanah, begins on Sunday, October 2nd and the Jewish Day of Atonement, Yom Kippur, begins on Tuesday, October 10th, both at sunset. In 2016, Halloween falls on Monday, October 31st. Plan to have youngster's "T&T" end before dusk and be sure to have older children wear reflective clothing (or costumes!) if they venture out after dark. On the home front, consider giving sensi-

ble treats like sugar-less candies and gums or nonfood alternatives like stickers, whistles, toy animals, etc. Be sure to check all treats when the children return from their fun!

**The Garden:** Shredding leaves, along with lawn clippings, dead plant stalks from the vegetable garden make a fine addition to the compost heap. And try this simple trick: remove all large vines and spent plants from the vegetable garden. Mix 1 can of cola (not diet), 1 cup of dish soap, and ¼ cup of ammonia and add to 20-gallon hose end sprayer and fill to top. Saturate the layer of mulch that's left on top of the garden's soil and then say, "Good Night" until the next growing season! The longer your house plants were allowed to remain outside in the fall, the more shock they will go through when they are finally moved indoors. If you haven't brought them in yet, do it now!

**J. Gruber's Thought For Today's Living**

*"We are about as happy as we make up our minds to be"*

# COMPUTER Q&A

## Should I get a hotspot?

Ayse Stenabaugh  
Jester's Computer Services

Whether you are living in an area with no high-speed internet and are searching for alternative options or just want wireless internet access for your devices on the go, there's a few things about Wireless Hotspots that you should know first.

Hot Spot Devices – a small device that uses data connections from cell providers to provide internet access to your devices (usually wirelessly) anywhere that the provider gets data service. There are 3 different types of hot spot “devices”

The first type of device is an independent wireless device or small “box” that usually has a small screen and a charging port and displays the network information and can even display your data usage.

The second type of device Is a USB and plugs directly into your computer this type of device does not always provide wireless access for multiple devices.

The third type of hotspot is built into many newer cell phones tablets that already have cellular service. In your settings menu you may have an option for “hotspot” but you will want to check with your carrier first to see if there are any additional charges for using this service.

Carriers and Fees – Choosing your carrier and your plan are the most important part of the process. First you want to choose a provider that gets good data coverage in the areas that you will be using the devices most. I highly recommend asking friends and family that use different carriers in those areas to get an accurate depiction of speeds and service qualities. Some carriers like Sprint allow you to test your device and service for 30 days and if you are unsatisfied you are able to return your devices and cancel your service with no termination fees.

If your hotspot device is free chances are your signing a 2-year contract to stay with your carrier so be sure to ask about purchasing the device outright if you don't want to be locked into a carrier. It's important to note that in most cases your device will not work with a different service provider so choosing the right one is important. Once you have chosen a carrier you need to determine how much data in a month you might consume. This can be very tricky and not choosing enough data on your plan can result in very expensive overages so you want to ensure that you pick enough data. Most carriers will let you change your plan (ask about this first!) so you may want to start a little big and reduce your plan size if you aren't using all of your data in a month.

Choosing a data plan - It's crucial that you get enough data but how much is enough data? Most carrier plans will start at 1 GB in size and we recommended that as a minimum for anyone who will be searching the web, using GPS, check-

ing email, Facebook, etc. If your hotspot is going to be used for more than 1 mobile device, you should a lot at least 1.5 GB per device. If you're going to be connecting your computers or using your devices for streaming video, you will want much more data. Streaming videos, Online Gaming, and downloading can use a lot of data and usage can fluctuate a lot. Always check your usage regularly to avoid any overages and if you get into the “danger zone” (75% or more usage) with more than a week left in the month you may want to consider upgrading your plan before the month is over to avoid going over.

You should always connect to your high spend internet's WIFI access or use another free WIFI provider if one is available to avoid unnecessary data usage. It's a good idea to turn off your hotspot when you are not going to be using it to prevent accidental use. Most carriers will give you the ability to send yourself email or text

message alerts when your usage gets close to the limit. If your using Windows 10 you won't be able to turn off Windows updates, which can use a lot of your data up however, under the wireless network you choose set your network as a “metered connection” which will prevent those updates from being downloaded while you are using that specific network. This can only be used if the network is wireless therefore USB hotspots won't allow you to utilize his feature.

If you need help setting up your Wireless Hotspots, would like one-on-one training or need reliable computer repair or services contact Jester's Computers in Fairfield PA at (717) 642-6611 or visit us on Facebook or our website at [www.jesterscomputers.com](http://www.jesterscomputers.com)

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# UPCOMING EVENTS

**October 1**  
Adams County Arts Council Rummage Sale at Arts Education Center located on 125 South Washington St., Gettysburg. Look for bargain prices on art supplies, frames, books, office accessories, and much, much more. There are a limited number of spaces available to the public. Cost to set up is \$10 and includes a table. For more information call 334-5006 or visit [www.adamsarts.org](http://www.adamsarts.org).

**October 2**  
Annual Pilgrimage for the Sea Services at the Seton Shrine. The annual Pilgrimage

of the Sea Services is an opportunity for the men and women of our Sea Services to join with family and friends in prayer. This year, the Archdiocese for the Military Services, USA is co-sponsoring the event. The Archdiocese serves the men and women of all branches of the military services. For more information call 301-447-6049 or visit [www.setonshrine.org](http://www.setonshrine.org).

**October 4**  
Annual Mother Seton School Blessing of the Animals. In honor of St. Francis and his love for animals, we invite you to bring your furry, feathery, scaly, and stuffed friends to be blessed. The ceremony

will begin with a brief opening prayer followed by the blessing. All creatures great and small welcome! 100 Creamery Rd, Emmitsburg. For more information, visit [www.mothersetonschool.org](http://www.mothersetonschool.org).

**October 8**  
St. John's Lutheran Church's Fall Fest Dinner. Fried chicken, country ham, and slippery pot pie, served with green beans, harvard beets, pepper slaw, apple butter, rolls, coffee, ice tea and cake for dessert, served family style. adults \$16, children (7-10) \$7, 6 and under are free. Carry outs \$17, quarts of pot pie \$6, there will be a Bake and Fancy Table. 8619 Blackmill Road, Creagerstown. For more information, call 301-304-2507.

**October 8 & 9**  
Mt. Tabor Church of Rocky Ridge's Ridgefest at Mt. Tabor Park. There will be an Apple Butter Boiling demonstration (Sat. only), Food Stands featuring good home-cooked food both days, and Flea Markets. Apple butter will be available for sale on Saturday and Sunday for \$3.50 a pint; all new jars will be provided and no advance orders will be taken. Of course, the Rocky Ridge Fire Company will be making their famous Fried Ham Sandwiches for sale both days and will remain open until 6 pm on both days. Directions to Mt. Tabor Park: follow Route 77 East to Rocky Ridge, turn onto Motters Station Road, the park is just ahead on the left.

**October 13**  
Thurmont Lions Club's North Frederick County Candidates Forum—Con-

gressional District 8. The four candidates for the District 8 House of Representatives seat will participate in the Candidates Forum at the Thurmont Middle School cafeteria. The Forum is sponsored and hosted by the Thurmont Lions Club for the public, and all are welcome. Candidates participating include Republican Dan Cox, Democrat Jamie Raskin, Green Party Nancy Wallace and Libertarian Jasen Wunder. Plentiful parking is available in the lot off Summit Avenue, where the cafeteria entrance is located.


October Cooking Class at Hollabaugh's - it's Apple Harvest time! Join us and learn how to prepare a batch of homemade applesauce and share

a recipe for sweet, baked apple hand pies. Here at Hollabaugh Bros. Fruit Farm we love good food and great company. That's why our cooking classes are the best way to spend an evening! Our classes fill quickly, so call today to register! Visit [www.hollabaughbros.com](http://www.hollabaughbros.com) or call 717-677-8412 for more information. Be sure to check our website frequently for new class information!

**October 15**  
The Land Conservancy of Adams County's at their 18th annual fall classic Road Rally. Contestants are invited to vie for the prestigious Conservancy Cup, adorned with its coveted "fuzzy dice." Rally teams travel Adams County's pub-

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# UPCOMING EVENTS

lic roads, traversing its unparalleled landscape while following numbered route instructions and looking for clues to find its hidden treasures. No experience is necessary to participate, and speed is not a factor. Participants are judged on their ability to follow directions, find and solve clues, and arrive at the finish line with the most correct answers. The Rally concludes with a Finish Line party featuring food, entertainment, door prizes, sponsor recognition, and awards for top-performing teams. Rally teams must pre-register, and early registration is encouraged for this popular community event. The Rally is held rain or shine. For more information visit LCACnet.org.

**October 20**  
Silver Fancy Garden Club of Taneytown and Emmitsburg present - Garden Myths by Carroll County Master Gardener Carolyn Puckett. Carol will share the myths and truths in gardening and have research-based answers for your questions This free program is open to anyone interested in gardening For more information, contact Marie at 410-876-0483. 12:30 p.m. at Trinity Lutheran Church, 38 W. Baltimore St., Taneytown.

**October 21**  
Grace United Church of Christ's Basket, Pottery, Bags, & Cash Bingo. Attendees who bring one canned good for the Taneytown Food Bank will receive a free Jr. Jackpot Card Doors open at 5:30 p.m. and games start at 7 p.m. Tickets are \$12 in advance and \$15 at the door. Every seat requires a ticket. There will be food available for purchase. Games feature baskets, pottery, Vera Bradley and evening events have 31 bags and \$50 Cash Games as prizes and include Junior and Senior Jackpot games, door prizes and 50/50 Raffles. Taneytown Firemen's Activities Building located at Memorial Drive in Taneytown. There is limited seating so please reserve early by calling Michelle at 410-756-2898

or Joan at 410-756-2043.

**October 22**  
2nd annual Thurmont Think Pink 5K Run/Walk. The event will begin at Eyer Road Park. The event will provide awards for overall male and female top 5 finishers. Each participant will also receive a Think Pink t-shirt and other goodies. The cost of the event is \$25 per participant; \$35 the day of the event. Runners and walkers may register online at [www.thinkpink5K.com](http://www.thinkpink5K.com). For more information call 301-271-7313.

**October 28 & 29**  
Graceham Moravian Church's Family-style Turkey and Oyster Dinner. Adults \$18, Children 6-10 \$9. 8231-A Rocky Ridge Road, Thurmont.

**October 29**  
Thurmont's Annual Halloween in the

Park! Get ready for a thrilling good time at Halloween in the Park. There will be a Haunted Hayride (hop a ride if you dare!), Haunted House, Little Shop of Horrors, a non-scary children's area, Snacks, Refreshments and more!!! Admission is \$2 plus a canned food donation to support the local food bank (children 5 and under are free). The children's area (12 and under) will feature a variety of games and crafts like: Ring a Monster, Eyeball Toss, Apple Dip and a Candy Corn Ball Toss! Crafts will include: Mini Pumpkins, Halloween Books Marks and Masks. There will also be magic shows, face painting, plus a Halloween egg hunt at 6:30! Parking available across from Criswell Chevrolet.

Hollabaugh Bros's Halloween Fun. Join us for our annual Halloween event, full of ghosts and ghouls, Halloween Games, Wagon Rides and Costume

Contest Categories for this year's contest include: best homemade, prettiest, scariest, best baby, and best overall! Visit [www.hollabaughbros.com](http://www.hollabaughbros.com) or call 717-677-8412 for more information.

**October 30**  
The 2nd Annual Friends 5K Fun Run/Walk and Tot Trot, a family-friendly event!

5K - Challenging, paved course near Hunting Creek Lake in Cunningham Falls Park's Houck Area. 9 a.m. Fun Run/Walk - A paved 1.4-mile stroller-friendly event near Hunting Creek Lake and Cunningham Falls. 9:05 a.m. Tot Trot - A sprint for the youngsters! 8:50 am. For more information visit [www.runningahead.com/events](http://www.runningahead.com/events).

## Apartment For Rent

Fairfield Schools. On Route 16: 2 bedroom upstairs apartment, eat-in kitchen, living room, covered balcony. Yard, garage plus driveway. No smoking. Outside uncovered steps to entrance. All appliances including washer & dryer provided. You pay electric, trash, cable/phone/internet.

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| <p><b>NEW PRICE!</b></p>  <p><b>ALL BRICK, 3BR/2FB &amp; 2HB RANCHER ON CUL-DE-SAC. 2 MASTER SUITES. FAIRFIELD. \$449,900 MLS#21606775</b></p> | <p><b>NEW PRICE!</b></p>  <p><b>UNIQUE 2-STORY FARMHOUSE W/4BR, 3BA ON CORNER LOT. TANEYTOWN. \$184,900 MLS#CR9653888</b></p> |
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6 Hickory Trail, 1+ Acre, \$29,900 MLS#21413705  
48 Henry Lane, Gettysburg, 2+Acres, \$114,000 MLS#21600647  
35 Henry Lane, Gettysburg, 5+ Acres, \$126,000 MLS#21600646

18 Carlisle Street, Suite 300, Gettysburg, PA 17325  
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[www.GettysburgRealEstate.com](http://www.GettysburgRealEstate.com)

## SPORTSMAN'S BINCO

**Saturday, October 22, 2016**

### Rocky Ridge Vol. Fire Company Activities Building

**Doors Open at 4 p.m. - Meal at 5 p.m.**  
**Bingo starts at 7 p.m.**

(Only 200 Tickets Will Be Sold)  
We reserve the right to cancel if a minimum of 150 tickets are not sold.

**\$40 Per Person - Includes Meal**

**10 Games \$200 Cash Prize**  
**10 Games Gun Prize (or \$300)**

Bingo Balls & Gun Jar Holders Available All Night  
Door Prize: Ruger 22 MAG

1. Savage 17 HMR 2. Savage 22 MAG 3. Mossberg 410 GA
4. Remington 223 REM 5. Thompson Ctr 50 BP
6. Weatherby 12 GA/20 GA 7. Remington 12 GA/20 GA
8. Howa 204 Ruger 9. Remington 243 Win/308/270/22-250/30-06
10. Marlin 30 30

**For Information and Tickets Call:**  
**Buddy Stover at 301-271-4650**

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## BASKETBALL SEASON IS COMING SOON!

Grab your blue and white—the 2016-17 basketball season begins in November! The men's schedule opens with a home exhibition game on November 5 against Hood College. The Mountaineers will then embark on a challenging nine-game road trip. The men's regular season home opener is December 7 against UMBC. The women's team begins their season on November 12 at Pittsburgh. Their home opener against Morgan State is on November 15.

For information about season tickets, contact the Mount's ticket office at (301) 447-5700. Visit [www.mountathletics.com](http://www.mountathletics.com) for full schedules.

## Advance Your Career with a Degree from the Mount!

Graduate Degrees, Graduate Certificates, Adult Undergraduate Degrees

The Mount's Frederick Campus is where working adults attend affordable, accelerated evening classes one night a week. Seventeen programs offer the opportunity to gain new skills and knowledge to advance your career.



### Graduate & Adult Programs Open House

November 9

Drop in: 11am-1pm or 5-7pm

Presentation: 6pm

Frederick Campus

5350 Spectrum Drive, Frederick, MD 21703

Register today! [www.msmary.edu/OpenHouse](http://www.msmary.edu/OpenHouse)

[www.msmary.edu](http://www.msmary.edu)



## National Shrine Grotto of Our Lady of Lourdes

### Mass at the Grotto Cave

Hours: 9am to 4:30pm daily (gates close at 5pm)

### Respect for Life Sunday Mass

Sun., Oct. 2, Noon at the *Grotto Cave*

### Feast of Our Lady of the Rosary Mass

Fri., Oct. 7, Noon in *St. Mary's Chapel*

### All Hallows' Eve

Mon., Oct. 31, Mass at Noon in *St. Mary's Chapel*.

On the eve of All Saint's Day, join us for a "festival of saints"—bring your children and others dressed up as his or her favorite saint, bring a brief biography of the saint to share with others. We will give out treats as we walk these hallowed grounds and pray to our favorite saints! Contact us for reservations, [grotto@msmary.edu](mailto:grotto@msmary.edu) or (301) 447-5318.



## Events

### Fall Break

Oct. 8-16

Classes will not be held on the main campus in Emmitsburg—classes will be held at the Frederick Campus.

### Wind Ensemble Concert

Sat., Oct. 29, 7:30-8:30pm

Mount St. Mary's University, Department of Visual & Performing Arts, Wind Ensemble will perform their first music concert of the semester.

Free admission.

*Knott Auditorium*

### The 22nd annual Bolte School of Business Corporate Social Responsibility Symposium

Business Ethics and White Collar Crime

With Guest Speaker—Weston Smith

Tues., Nov. 1, 7pm

*Knott Auditorium*